

New Paper In Nigeria

MANCHESTER (RNS) — Michael Morrissey, 30-year-old Manchester Catholic Journalist left here to start a weekly news paper for Irlshtown Bishop Richard Finn, S.M.A., of Irlshtown Nigeria.

First issue of the new weekly is expected to appear in May.

GOD LOVE YOU!

By MOST REV. FULTON J. SHEEN.

Just eighteen months ago a few priests moved to Ullage Islands to care for its lepers. Within that space of time they have baptized 1400 converts and they now have 4000 under instruction. In another leper colony there is a perpetual adoration of the Blessed Sacrament. Right this day 1000 lepers gathered into a colony 140 leper victims of leprosy living under bridges. The lepers planted 1000 fruit trees to make themselves self-supporting; but many important still, the priests have converted practically all of them. Three other priests travelling by auto are enabled to care for 85 distinct and widely scattered groups. A priest went to his brother, a Bishop, and told him that the doctor had given him six months to live. Facing death, he asked the Bishop to let him start a leper colony. That was some years ago. The Bishop is long since dead, but the priest is still alive with his beloved lepers. As one leper said to another in a colony where the Sisters cared for them with the tenderness of Christ: "This is Paradise. Paradise is a place where we love one another."

There are about twelve million lepers in the world. The Church maintains 300 leper asylums throughout the Mission lands, where 1,400 priests, Brothers and Sisters serve the sick in Christ's name. How little we do in comparison with these missionaries who devote themselves entirely to the poor. May your day be a comfortable one! If you make a sacrifice in thanksgiving, if not, offer up your pains for the missions. Whatever you send is sent directly to the Holy Father who distributes it among the needy of the world.

GOD LOVE YOU to P.A.G. for \$1 "It's hard to explain when you are twelve years old, just how much you love God. Maybe this dollar with a lot of prayers will help the Missions and to spread the Faith to those who don't know and believe in God". To M.A.S. for \$5 "Hope this money will go to some needy child. I am blessed with six healthy happy youngsters, who as yet have never suffered any real want or hunger, think God". To L.M. for \$5 "To thank God for my little troubles and send this to help those with big troubles".

More's a Golden Opportunity to help the Missions. Send us your old gold and jewelry. We will resell it and the money will be used to aid our mission. Look around your house — and you may find a ring or a bracelet you no longer wear, gold eyeglass frames, gold cufflinks. Think of our missionaries and send your jewelry to us.

Write off this column, pin your sacrifice to it and mail it to Most Rev. Fulton J. Sheen, National Director of the Society for the Propagation of the Faith, 300 Fifth Avenue, New York 10, N.Y. or your Diocesan Director, Rev. George S. Wood, 80 Chestnut Street, Rochester 4, New York.

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At Home With Trudy McNeil**Lenten Ideas**

Lent, the season starts on the second of March. Easter falls April 17th. In order to ease the chores of preparing your Lenten meals for the next few weeks, I'll be giving you suggestions to begin with. Here is a parade of fish dishes which are sure to bring happy smiles from your family.

Fish is low in calories, yet high in good taste and good nutrition. Fish is versatile too, because you can serve it wet or dry, hot or cold, as a nibble or a main dish. You can fix it in every course of the meal except the dessert... but as a matter of fact, in England seafood favorites are often served after dessert!

The first casserole is called **BAKED FISH FILLETS IN SHERRIED CRAB SAUCE**. This is nice enough for a company meal. It's the elegant sort of dish you find in chic French restaurants, seafood with a different kind of seafood. In

THIS DISH the fillets are rolled so they look attractive... and it's very easy to do. Then they're poached in the oven... in them that milk, now richly flavored with the juices from the fish, is turned into a luscious cream sauce with sherry and crabmeat added. It's poured back over the rolls and browned to bubbly perfection under the broiler. This is company fare... yet you can do it easily on a budget thanks to the low price of fish compared with steaks and chops.

DOWN EAST FISH SUPPER

Mix butter and flour, add heat

and cook stirring until thick and smooth. Stir in sherry and crabmeat. Pour sauce over fish in casserole; sprinkle with paprika. Broil 3 to 4 minutes, or until bubbly and brown. 4 servings. If fillets are too thick to roll up, cut them in shallow pieces and arrange in shallow casserole.

1 package frozen fish sticks, or

2 cans Maine sardines, drained

1/4 pound Mozzarella or American cheese

1 T. Worcestershire Sauce

Parsley

Slice tomatoes and arrange in greased baking dish. Sprinkle with onion, salt and pepper, and butter. Arrange fish sticks, or sardines, in the center over the can, on top of onions. Cut cheese into strips and place a strip between each fish stick or sardine. Sprinkle with Worcester sauce. Bake at 400 degrees for 15 minutes or until fish is melted and tomatoes are cooked. 3 servings.

IF STEAKS ARE frozen, let them thaw on refrigerator shelf or at room temperature. Combine lemon juice with Worcester sauce and instant coffee, add to melted butter with onion salt and 1 T. of chopped parsley. Dip fish steaks in butter mixture. Place a few sprigs of parsley in casseroles to help keep fish from sticking. Arrange fish on top. Bake at 400 degrees for 15 to 20 minutes or until fish flakes easily when tested with a fork. Sprinkle with eggs, chopped parsley and serve with lemon wedges. Makes 4 to 6 servings. Watch next week's column for more Lenten Ideas and be sure to tune in on my TV program "Home Cooking" every day Monday through Friday from 2:30 until 3:00 Channel 5. For additional recipes send self addressed stamped envelope to "HOME COOKING" WROC-TV Rochester 2, N.Y.

BAKED FISH STEAKS

AU BEURRE CAFFÉ

This is a most unusual recipe.

"Baked Fish Steaks Au Caffé" . . . fish steaks baked in coffee butter. Yes, I did say COFFEE butter... for the butter is combined with lemon juice for tartness and with instant coffee for a rich and different flavor. It's a surprising combination, and good too. When done, you might think the fish had been brushed with Soy-Sauce.

Of course if you prefer a more conventional baked fish casserole just omit the instant coffee. Garnish the fish with parsley and lemon wedges.

2 pound fish steaks (halibut,

ATRHEITIS?

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MRS. LELA S. WIER

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Paterson, New Jersey

COURIER-JOURNAL
Friday, February 26, 1960

HOLY FATHER SAYS:
"The most important part which these training Native Clergy?" In Kenya we have only 30 African priests serving that number of students a year. We are failing to train enough clerics to meet the needs there. Will you help us send missionaries to these? We need 1000 clerics in Africa. Please send a donation today. The RECTOR, St. Peter's Seminary P.O. Box 12, Alton, Illinois.

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He is Robert K. Doran and he maintains an office of Community Counseling Service in Buffalo. Mr. Doran is prepared to make available to all the Catholic clergy in this area, the "Patterns of Success" that has made CCS the largest all-Catholic fund raising and public relations firm in the United States. To date CCS has raised over

\$300,000,000 for the Church.

Bob attended Canisius College and

with CCS he has gathered experience in all types of parochial, institutional and multi-parish drives.

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