

Russian In Latin Out

Syracuse (NC) — Syracuse College will introduce Russian language courses next fall and drop its requirement that Latin must be studied for a Bachelor of Arts degree. Father Robert A. Mitchell, S.J., college dean, announced.

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At Home With Trudy McNeil Sauerbraten and Potato Pancakes

Sauerbraten and Potato Pancakes for dinner. That's a meal that could melt any man's heart. And if you are like most homemakers, you are certainly interested in pleasing the men of your life and you are always looking for ways of serving the different cuts of meat. Sauerbraten is a delicious way of preparing one of the less tender cuts of beef.

For this recipe you can use best choice, rump or for a real elegant dish, a rolled roast like the one in the picture. Another wonderful cut is the head of the round. Sauerbraten means "sour pot roast."

THE MEAT IS marinated in a spicy mixture of oil, vinegar and seasonings for 2 to 4 days before it is cooked. This imparts an elusive flavor to the meat. Then the meat is braised until it is tender.

Sometimes the gravy is made from sour cream, but many cooks of German background make a superb gravy using gingersnap crumbs. This is my favorite recipe for Sauerbraten along with another favorite Potato Pancakes. Hope you'll try them both real soon.

- SAUERBRATEN**
4 pounds beef (chuck, round, rump or rolled roast)
1 1/2 c. vinegar
1 1/2 c. water
2 bay leaves
1/2 t. pepper
1/2 t. sage
1 1/2 t. salt
1 c. sugar
3 medium onions sliced
1/2 c. salad oil
1/2 c. flour
3 t. shortening
- Heat vinegar, water, spices, salt and sugar to boiling point. Pour over sliced onions and stand until cool. Stir in oil.



Place rack under meat and add 1 1/2 c. of strained marinade. Save remaining marinade. Cover meat closely and simmer 3 to 4 hours or until meat is tender. Remove to hot platter and make gravy. 8 to 8 servings.

GINGERSNAP GRAVY
2 c. marinade and drippings
3 T. flour
Salt and pepper
1/2 c. crumbled gingersnaps

Add enough strained marinade to liquid in pot roast kettle to make 2 cups. Make a smooth paste with flour and 1/2 c. of cold marinade. Add flour-marinade mixture to pot roast kettle. Bring to boiling point, stirring constantly. Cook until thickened. Season. Add gingersnaps just before serving.

POTATO PANCAKES
(These are thin, crisp and delicious)
5 large potatoes
1 medium onion
1 t. salt
2 eggs, separated
1/2 c. flour
1/2 c. baking powder

Grate potatoes and onion very fine. Add salt and egg yolks and mix well. Sift flour and baking powder, blend into potato mixture. Beat egg whites until stiff but not dry. Fold into potato mixture. Bake once on greased hot griddle. Allow 1 good tablespoonful of batter for each pancake. Bake 3 minutes on each side turning once. Makes 6 or 8 servings. Note: A good thing to remember is that Sauerbraten may be sliced and reheated in the spicy gravy. It is fine served cold sliced, too.

Plight Of A Catholic

Can't Run Even In Track Meet

Newark (NC) — Catholic high schools in New Jersey have not been invited to take part in the state high school track championships at the Jersey City Armory on Jan. 30, although they are bona fide members of the state athletic association.

The decision to bar the Catholic schools was revealed by James Grownney, president of the New Jersey State Interscholastic Athletic Association.

Catholic schools never before have been barred from any championship event run by the state association. These events include cross-country, tennis, golf, swimming, basketball and outdoor track. The schools compete annually in the state indoor relay championships in the meet sponsored by the Essex County Catholic Youth Organization.

Mr. Grownney said the reason the meet is limited to public schools this year is because it will be the state association's first attempt to run an indoor meet. He said Catholic schools probably would be included next year.

Catholic School Gains Top Public School Totals

New York (RNS) — Roman Catholic schools in New York expect to register four times as many new pupils next fall as will public schools, according to current enrollment trends reported by Dr. John J. Theobald, Superintendent of Schools.

At present Catholic parochial school enrollment comprises about 37 per cent of the total public school pupils.

Staten Island expects an increase of 4,400 pupils or nearly 3 per cent of last fall's 152,294 total.

An increase of 10,455 to 16,728 is expected in the Diocese of Brooklyn (which also covers Queens) — a gain of 5 to 8 per cent over last year's enrollment of 206,103 pupils.

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Unity Said Task Of All Faithful

Washington (RNS) — Catholics should exhibit charity and understanding toward Protestants to heal the breach in the unity of the Church, declared the Very Rev. Augustine F. Delshunt, A.A., Superior General of the Franciscan Friars of the Atonement.

He delivered the sermon at the opening of the Chair of Unity Octave at which Archbishop Patrick A. O'Boyle of Washington celebrated a Solemn Pontifical Mass.

THE ANNUAL eight-day period (Jan. 18-25) of prayers for Christian unity was held for the first time in the great upper church of the newly dedicated National Shrine of the Immaculate Conception on the grounds of Catholic University of America.

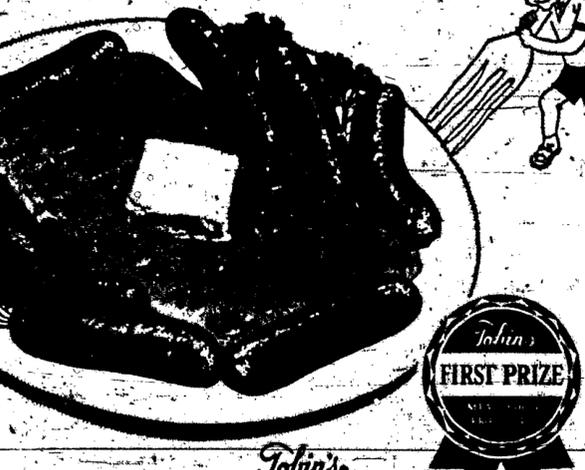
Father Delshunt told more than 3,000 worshippers that "the disunity of Christians constitutes a problem of first importance." He noted that the breach in the Church occurred in the 1064 schism of the Eastern Orthodox Churches with Rome and in the 16th century Protestant Reformation.

"A sense of urgency ought to compel us to seek every means to heal the breach," Father Delshunt said. "No useful purposes will be served by burning charges and counter-charges, on the side of the so-called reformers for their ill-considered and misguided zeal which led to excesses that did nothing to reform the Church or on the side of Catholic leadership which met with inexplicable reluctance to take the initiative in setting in motion a genuine Catholic reform."

"It is one of the most encouraging signs of the 20th century," he observed, "that the lines are now 'hips' for calm and studied appraisal of the issues at stake in the 19th century."

"Until recently, Father Delshunt said, Protestants have looked upon all that separated them from the Catholic Church with suspicion if not outright hostility," while "on the other hand, Catholics have too often assumed an arrogant attitude toward Protestants hardly consistent with the meekness and humility so essential to those who look to the day when there shall be one fold and one shepherd."

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THIS WEEKLY NOTE FROM MR. PEPSI:

Mankind is composed of individuals. Each being entitled to his freedom in the common ties of hope, love, joy, sorrow and hate.

The Chinese farmer sows the seed of a son no less than the audacious Wall Street financier. A Nubian tribesman loves his mate no less than the hand-holding teenagers on an American street. The joy of seeing Spring's first rose is felt as ardently by an Argentinian in New York. Each gift of emotion, then, is also the gift of life — "individual life" — and each man can claim but one.

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