

At Home With Trudy McNall

Nature's  
Sweetness -- Corn



...in the early days of the earth, when the Spirit of God brought the birds and animals from the sun land, one of the birds, the crow, carried in his talons a grain of maize. The Spirit of God planted this on his Mother's (the earth's) breast, and it became the first grain, the "life" of the red man. So runs the Iroquois legend of the origin of corn.



CORN "OYSTERS"

GOD LOVE YOU!

By MOST REV. FULTON J. SHEEN

WOULD YOU RATHER HAVE MAN OR GOD PUNISH YOU FOR YOUR SINS?

This choice was given to David who had sinned against God by claiming for himself God's sovereignty over Israel. He was given a choice of three punishments: a seven-year famine, three months of flight before his enemies, or three days' pestilence.

Every sin demands some kind of reparation, because it disturbs the balance of justice. A boy who is well brought up will go to his neighbor to pay a neighbor for a window he broke while playing ball. The modern man does not take his sins very seriously. But God takes them seriously.

- 1. To closely associate it with our Catholic faith.
- 2. To make it as general as possible, so that all will benefit.
- 3. To use it for the salvation of souls.

These three are high ideals and all are reached when you make sacrifices to the Society for the Propagation of the Faith because: 1) your money goes to the Holy Father (2) he uses it for aiding all missionary societies and (3) thanks to his wise direction, it helps convert souls in Asia, Africa and Oceania. Make a tiny sacrifice daily and send it at the end of the month to the Holy Father through his Society for the Propagation of the Faith.

GOD LOVE YOU to E.R.B. for \$2. "This was sent to me for cigarettes. I am a shut-in so I am sending it to you for the Missions." ... to M.A.K. for \$1. "With love from one family to another." ... to F.K. for \$5. "Every time I become pensive at another motorist, I fine myself \$5. It now amounts to \$3. which I enclose for the Missions."

- \$ 2 Small silver medal
- 3 Small silver medal with chain
- 3 Small 10k gold filled medal
- 4 Small 10k gold filled medal with chain
- 5 Large Sterling silver medal
- 10 Large 10k gold filled medal

Get out this column, pin your sacrifice to it and mail it to Most Rev. Fulton J. Sheen, National Director of the Society for the Propagation of the Faith, 306 Fifth Avenue, New York 17, N.Y., or your Diocesan Director, Rev. George S. Wood, 50 Chestnut Street, Rochester 4, New York.

HOW TO BUY CORN: When you select corn in the husk, keep your eye peeled for ears with bright green husks which fit snugly against well-filled milky kernels. Strands of dark brown silk at the end of the husk is a clue to sweet corn quality. Corn kernels line up in even rows on good quality ears, but these kernels may be large or small, yellow or white depending on the variety.

Science is hard at work developing new varieties for you and your family to enjoy. Remember the old Golden Bantam. This variety was introduced back in 1902 and was the first yellow sweet corn to be popular. Most of today's varieties are hybrids developed by plant breeders during the past 30 years.

HOW TO COOK CORN: Husk the corn and remove all the loose silk. Drop the ears in steppan with a few inches of boiling salted water. Cook the corn 5 to 6 minutes. Husk is done when the milk quality. Corn kernels line up in even rows on good quality ears, but these kernels may be large or small, yellow or white depending on the variety.

Roasting corn in the husks on a good bed of coals takes a little longer than in a foil wrap. Corn is done when the kernels are slightly brown. Here's a recipe to serve as a main course for lunch with plenty of maple syrup and lots of crisp bacon or to serve as a vegetable accompaniment with chicken. Called "Oysters" because of their resemblance to oysters.

CORN "OYSTERS"

- 6 ears corn
- 3 egg yolks
- 1/4 c. flour
- 1/2 t. baking powder
- 1/4 t. salt
- 1/4 t. pepper
- 3 egg whites, stiffly beaten

Cut corn from the cob. Add egg yolks and blend with a fork. Add flour, salt and pepper. Stir into corn-egg mixture, blend. Fold in egg whites. Drop by spoonfuls on hot, well greased griddle. Fry about 3 minutes on each side. Makes 24 oysters.

Note: If corn is young, cut the kernels from the uncooked ears. Older corn should be cooked first. This is also a wonderful way to use up those left over ears.

HOME PRESERVATION OF CORN: Families who have corn in their garden or can buy it from nearby farms may want to can, freeze, dry, or pickle corn at the height of the season. That's when the best corn is obtainable at the lowest price. Select corn with well formed kernels, with thin, sweet milk to freeze. Some varieties freeze better than others. Some of the good varieties are Golden Bantam, Seneca Golden, Tender Gold, Golden Cross. You will get 1 pint of canned or frozen corn from 4 to 5 ears of fresh corn.



'Angel of Slovakia'

Reading -- (RNS) -- Sister Cecilia, the "Angel of Slovakia," whose escape from the Communists in her native country eight years ago is described in her new book, "The Deliverance of Sister Cecilia," answers questions of three of the 650 youths she addressed at the 19th national gymnastic, track and field meet sponsored by the Slovak Catholic Sokol in Reading. Sister Cecilia, now a U.S. citizen, teaches kindergarten at St. Ann's parochial school, Homestead, Pa.

Religious Orders Report Gains In Applicants

Cologne -- (NC) -- More German seminarians are entering religious orders while the number of those studying for diocesan work in Germany is decreasing, according to a study made here. The shift in vocation recruitment was reported by Dr. Franz Groner, director of the Central Office of Church Statistics here, following a report by newspapers of the Cologne, Aachen and Essen dioceses which noted sizeable decreases in the number of vocations to the diocesan priesthood.

The Weekly Note from Mr. Pepsi

Summertime, some women will avow, is the time when it's too hot to cook and all the relatives come for dinner! You may wearily agree with that at one time or another, but you can prepare yourself for entertaining over the holiday if you stock up this weekend with all the things like salad materials, cold meat, tuna fish, and the other delightful makings for tasty, cool summertime meals. In making your plans to be sociable, don't forget Pepsi-Cola. If you haven't already heard, Pepsi now comes in a "Single Drink" size for those with the single size thirst. The regular and the hostess bottles are still available, of course.

Frank G. Staropoli, Pres. Pepsi-Cola Rochester Bottlers, Inc.

One Down 19 To Go

Sayusay, East Africa -- Don't mention the word "snake" to a young missionary here for awhile.

When Father Marvin F. Deutsch, M.M., of Minneapolis, Minn., saw a cobra slithering into his bedroom he grabbed a rifle, aimed carefully and killed it with one shot.

The 31-year-old Maryknoll priest was quite proud of his feat until an African took one look at the cobra and exclaimed: "This cobra is only a baby, and since they are born 20 at a time, you only have 19 more to worry about!"

Ontario Priest Builds Houses

Alliston -- (NC) -- Father V. L. McGivney, pastor of St. Paul's Church, is developing a \$500,000 cooperative housing development on the outskirts of Alliston, 60 miles from Toronto.

By borrowing \$3,500 from St. Joseph's Credit Union at Alliston and raising another \$6,500 privately, Father McGivney purchased 29 acres of land and launched St. Paul's Homes Limited.

This was 18 months ago. To day 30 homes have been built and another 20 are going up.

Cuba Guarantees Schools' Rights

Hayana -- (NC) -- Close cooperation between the Cuban government and Catholic schools in Cuba was mutually pledged at the 15th Congress of the National Federation of Catholic Secondary Schools here.

Dr. Marino Perez Duran, secretary general of the federation, affirmed the policy of the organization to cooperate with the government's Ministry of Education to improve the education of Cuban children.

HE ANNOUNCED that the ministry had agreed upon guarantees with respect to religious education in private schools. The Education Undersecretary, Dr. Margot Machado, who appeared as the representative of the Minister of Education, verified this agreement by saying that "every citizen has the right to educate his children according to the doctrinal orientation of his choice."

Bishops' Union Approval Voiced

Moncton, B.C. -- (NC) -- Those who are in charge of adapted a recommendation of the Catholic bishops study the social doctrine of the Church and put it into practice without delay, if they have not already done so.

The 1958 statement was issued by the Canadian Catholic Conference and charged that in too many Catholic hospitals the administrators act as if they were unaware of labor's right to organize. The resolution said that the

Attends Institute

Rev. Francis J. Shebell, S.J., of McQuaid Jesuit High School, is attending the Summer Institute for High School Teachers of Mathematics at Boston College, Chestnut Hill, Mass.

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