

At Home With Trudy McNall



**Tamale Pie
Food with a Flair**

I know you homemakers are always looking for new ideas in new food-combinations and new ways of preparing familiar dishes. That's why I think you'll like this recipe for Tamale Pie, a one-dish meal for family or company dinners.

What's new about Tamale Pie? From south of the border comes this recipe idea. It's a Mexican specialty that combines chili-seasoned beef with a corn meal topping. The recipe has been modernized and the entire meal can be made in less than an hour.

BUT THE REAL NEWS is the way it is made. A package of corn muffin mix provides a short-cut for the tamale topping. An egg is not used, but 1 cup of evaporated milk, which gives the topping most of an authentic tamale texture. While the meat is simmering, the corn meal topping can be quickly made.

Heat oil, add onion and green pepper and saute until onion is tender—but not brown. (The new way of preparing familiar dishes. That's why I think you'll like this recipe for Tamale Pie, a one-dish meal for family or company dinners.) Sprinkle beef with Accent, salt and pepper, brown in casserole, breaking up meat with a fork. Add tomatoes and chili powder. Let simmer while preparing the topping. Add evaporated milk to dry muffin mix. Stir to blend.

REMOVE CASSEROLE from heat; pour corn muffin mixture over top. Sprinkle with grated cheese. Bake at 400 degrees for about 20 minutes or until top is brown. Cut into 8 servings. Let sit for 5 minutes before serving. This recipe is for 4 servings. Use new plastic coated plates! They are ideal for serving hot foods.

COOL, COOL, COOL... Would you seem attractive on a hot July day? Then collage cheese, as near a thing to it can grate a salad and would surely please. One of the "cooling" foods, refreshing easy to eat and easy on the eye, vanilla ice cream and high in important protein and other nutrients.

Cottage cheese is highly perishable; store in the coldest part of the refrigerator. Covered to prevent off flavors and odors, make sure to use within about three days. Cottage cheese consumption has gone up nearly 80 percent in the past 10 years according to a recent USDA survey.

Just in time for hot summer days would be this wonderful new chifon pie recipe which combines frozen fruit juice, evaporated milk and fruit gelatin for the freshest, frothiest summer dessert ever.

- TAMALE PIE**
- 1 T. salad oil
 - 1 medium green pepper, diced
 - 1 large onion, minced
 - 2 pounds ground beef
 - 2 t. Accent
 - 2 t. salt
 - 1/2 t. pepper
 - 1 can (1 pound) tomatoes
 - 1 t. chili power
 - 1 c. evaporated milk
 - 1 package (12 oz.) corn muffin mix
 - 1/4 c. grated sharp cheese



A Tasty Treat from South of the Border.

**Irish Inaugurate
New President**

Dublin — (RNS) — Civic and cultural leaders from all parts of the country as well as representatives of every religious body witnessed the solemn inauguration here of Eamon de Valera as President of Ireland.

THE CEREMONY in the cream and gold colored St. Patrick's Hall of historic Dublin castle—once the prime symbol of British power in Ireland—saw the 75-year-old former schoolmaster who became leader of the Easter insurrection of 1916 and was saved from a death sentence only because he was born in America, become the first citizen of Ireland.

Among those witnessing the ceremony was Sean Lemass, the new Prime Minister who was one of President de Valera's foremost companions in arms in the subsequent war against the British waged by the Irish Republican Army which finally culminated in the establishment of the Irish Republic.

The first President of Ireland was Dr. Douglas Hyde, former president of the Gaelic League and a renowned authority on the Irish language and literature, who died several years ago. He was a Protestant.

The new President is a devout Catholic. During his long term as Prime Minister, he could be seen virtually every morning in Mass in his parish church of the Blackrock suburb where he resided. Now handicapped by poor eyesight which makes it necessary for him to memorize his speeches and bars him from indulging his love for higher mathematics, he relaxes privately by listening to news and music programs on radio. He does not smoke or drink.

**Congo Bishop
Consecrated**

Luluabourg — (RNS) — The courtyard of St. Clement's Roman Catholic Cathedral here was crowded with worshippers who came to witness the open-air consecration of a new African native bishop.

He was Bishop Joseph Nkonkolo, 43-year-old son of a missionary school teacher, who was named by Pope John XXIII in May to the titular See of Lebdeo and made Vicar Apostolic of Luaba, a newly created jurisdiction comprising one half of the vicariate Apostolic of Luluabourg.

The date of the consecration was chosen by the priests of the Belgian Congo in memory of the first Negro priest of the area. He was Father Charles Mbuya, who died in 1943, and would have observed the 25th anniversary of his ordination on July 1 had he lived.

New Dioceses

Vatican City — (NC) — Pope John XXIII has created two new dioceses in Mexico—Tlaxcala, in the mountains 60 miles east of Mexico City, and San Andres Tuxtla, in southeastern Veracruz state near the Gulf of Mexico.

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**PINEAPPLE-ORANGE
CHIFFON PIE**

Rich baked pie shell
1 c. evaporated milk
1 pkg. orange jello
1/2 c. sugar
Dash salt
1 c. boiling water
6 oz. can frozen pineapple orange juice

Chill small mixer bowl and beaters. Chill evaporated milk in ice cube tray until crystals begin to form. Combine jello, sugar, salt and boiling water in a bowl; stir until dissolved. Add frozen fruit juice concentrate; stir until melted. Chill until thickened but not set. In the chilled bowl, whip evaporated milk until stiff and holds a peak. Fold in gelatin mixture gently but thoroughly. Chill 10 minutes. Turn into baked pie shell and chill 3 hours before serving.

**Real Cool Salad Features
Scallops**

Warm weather thoughts of cool ocean breezes bring salt air, and... seafood! If your taste buds are clamoring for something cool try this easy-to-make salad. It features garden-fresh vegetables and those tasty Atlantic Ocean shellfish — scallops. Scallops lend themselves to many dishes, but there's something special about a scallop salad. In New Bedford, Massachusetts, where they land most of the country's scallops, it rates above all other seafood.

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Praised For Vocation Aid

Pittsburgh — (RNS) — Archbishop John F. Dearden of Detroit told 1,700 members of Serra International at its 17th annual convention here that what gives distinction to Serra today is its devotion to the cause of those who cost the Church many priests, the archbishop said. He urged the members to promote the right of vocation to the priesthood.

**Reds Don't Want
Marxism In Schools**

Moscow — (RNS) — The Moscow Radio, in its foreign language broadcast, sharply attacked Richard Cardinal Cushing, Archbishop of Boston, for proposing that Communism be taught in American high schools and colleges so as to expose its "intrinsic evil."

Appearing on a recent program filmed for presentation over a Boston TV station, the cardinal declared that he knew of no other way to arouse people from apathy and indifference over Communism.

The Moscow station accused Cardinal Cushing of starting a crusade against Communism.

It said the views expressed by him were "typical of the majority of the American clergy," who were

GOD LOVE YOU!
By MOST REV. FULTON J. SHEEN

Being man as well as God, Our Blessed Lord showed all human emotions when face to face with a sinful world. Relying solely on Scripture, we learn that Our Lord wept three times:

- ... once in the Garden,
- ... once over the tomb of Lazarus,
- ... once over Jerusalem.

Four times He is said to have loved in a particular way:

- ... the high young man,
- ... Martha and Mary,
- ... His disciples,
- ... John

Twice He marvelled:

- ... once for the faith of the Roman Centurion,
- ... once at the unbeliever of His countrymen.

On one occasion, His soul is said to have been troubled:

- ... in the Garden of Gethsemane

Once He was moved by compassion as He saw the hungry multitude; once He was angry in the synagogue at Capharnaum. Only once did He sing, and that was the night He went out to His Death.

But with all the sadness as a kind of setting for a rich jewel, He rejoiced only once — and that was in the shadow of the cross as the disciples came back and reported on their ministry.

All these emotions found the Directors of the Holy Father's Society for the Propagation of the Faith, as news comes in from missionaries throughout the world. We are saddened at the sight of priests, Brothers and Sisters in labor camps in China; we love the young men and women of the Legion of Mary in China who endured persecution rather than deny their faith; we marvel at the zeal of priests in making converts in Kenya and Vietnam; we are troubled at our inability to stir great affection for the poor of the world; but we rejoice too, and most of all, when you resolve to do penance for your sins, namely by sending a sacrifice to the Holy Father for the 135,000 missionaries throughout the world.

GOD LOVE YOU to Mrs. W. G. C. for \$74 "On June 18th I shall be seventy-four years old. Last year to celebrate I sent you seventy-three dollars for the missions. This year I am making it 74." to M.L.B. for \$10 "This is the first money that I have saved from not smoking for the past few months." to N.M. for \$1 "I promised this dollar in the hope that it would pass my exams and I did!" to Mrs. J.D.L. for \$6 "This was given to me as a birthday present. I'm sending it for the poor who need food and shelter." to M.D.H. for \$1 "Here is that dollar with which I can buy something and with which Our Holy Father can buy so much."

For the love of Our Lady and the missions, order a God Love You medal now in any one of four styles:

- \$2 small sterling silver
- \$3 small 10 K. gold filled
- \$5 large sterling silver
- \$10 large 10 K. gold filled

Cut out this column, pin your sacrifice to it and mail it to Most Rev. Fulton J. Sheen, National Director of the Society for the Propagation of the Faith, 386 Fifth Avenue, New York 17, N.Y. or your Diocesan Director Rev. George S. Wood, 50 Chestnut Street, Rochester 4, N.Y.

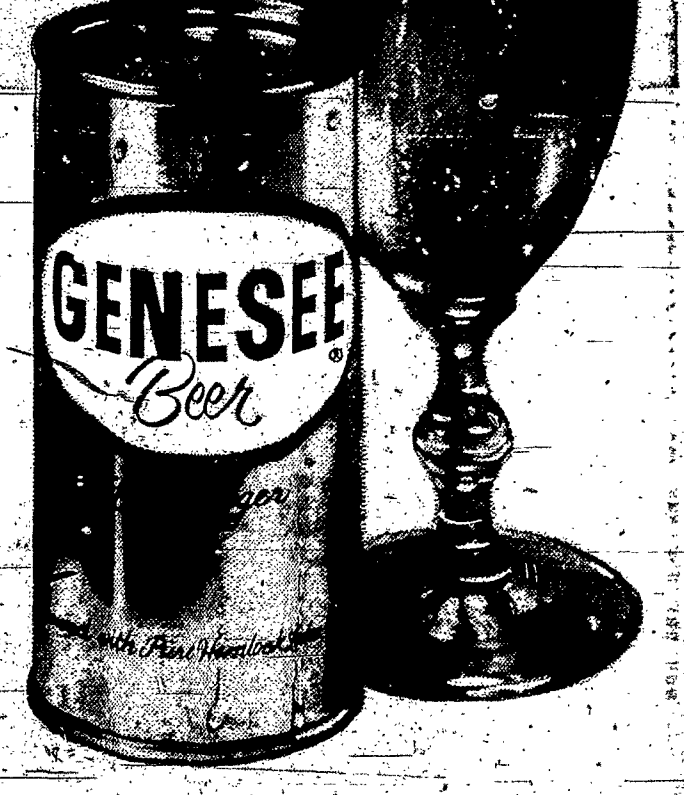
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... adds bright taste to GENESEE beer!



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