

Guinea Pig Role For Monks

Conyers, Ga. — (RNS) — Trappist monks at the Cistercian monastery near here, and monks at St. Bernard's Benedictine monastery at Cullman, Ala., are taking part in an unusual medical research project to investigate the theory that fats in the diet may be related to hardening of the arteries.

— Researchers are comparing the effects of different eating habits of the volunteers in the project, being conducted under the heart disease control program of the Georgia Department of Health with a \$200,000 grant from the National Heart Institute, U. S. Public Health Service.

The Roman Catholic Orders were chosen for the experiment because the Trappist monks are almost lacto-vegetarians, eating vegetables, fruits, grains, milk and milk products—but no meats. The Benedictines, on the other hand, have a high-fat diet similar to that of the average American.

Eighty Trappist monks and lay brothers and 70 monks at St. Bernard's monastery are taking part in the experiment. Blood samples from the monks are taken every three months for analysis in a State Health Department laboratory—Atlanta's Emory University, Methodist-related institution.

Lab technicians here do a battery of tests to identify and measure the "concentration of fats in the blood. One of these fats is cholesterol, a substance that some scientists believe is a cause of hardening of the arteries.

Monks make reports of everything they eat, including the amount. Cooks at the two monasteries provide researchers with information on the exact composition of menus.

Father Augustine Moore, abbot of the Trappist monastery,



Conyers — (RNS) — Two Trappists, volunteer "guinea pigs" for a current medical experiment, do regular monastic chores as part of a research project to investigate the theory that fats in the diet may be related to hardening of the arteries.

said monks and lay brothers are happy to co-operate with medical researchers. "So many people have a hard time understanding the spiritual side of monastic life," he said. "We do not live away from society, and we are glad to be 'guinea pigs' and contribute what we can to scientific knowledge."

Trappist monks, usually required to remain silent, are given special permission by the abbot to talk to the doctors conducting the tests.

66,081

LAST WEEK'S PAID CIRCULATION

THE CATHOLIC Courier Journal

OFFICIAL NEWSPAPER OF THE ROCHESTER DIOCESE

70th Year

ROCHESTER, N. Y., FRIDAY, MAY 1, 1959

PRICE 10c

May Prayers Asked For Church Council

Meat Allowed Today, May 1

Vatican City — (NC) — Pope John XXIII has exempted Catholics of the world from Friday abstinence for today, May 1.

Today is observed in most European and some Asian nations as Labor Day, a workers' holiday. Pope Pius XII two years ago established the date as the feast of St. Joseph, patron of working people.

Radio Mass This Sunday

Dialogue Mass will be broadcast over radio station WHAM from the Sisters of Mercy Motherhouse Chapel this Sunday, May 3, 11 a.m. to noon.

Rev. Richard Torrey will celebrate the Mass and preach. Rev. Henry Atwell will be celebrator.

Members of the Rochester Adult Sodality will assist at the Mass and make the responses. A choir of Mercy nuns will sing.

The Mass will exemplify full congregational participation as outlined in a 1958 Vatican instruction.

Nephew Awaits Papal Delegate

Washington — (RNS) — When Archbishop Egidio Vagnoni, newly-appointed Apostolic Delegate to the United States pays his first visit to the Catholic University of America, he will be welcomed by his nephew, Mario Jossa, who is a member of its student body.

Jossa, a fourth year student in the university's school of architecture and department of engineering, has been chosen to speak on behalf of the student body at an official reception for the Apostolic Delegate on May 11. Jossa came here in 1957 after transferring from the University of Rome.

Archbishop Vagnoni, who is arriving in New York May 8, will celebrate his first Mass at St. Matthew's Cathedral here on Sunday, May 10. Many prominent government officials and members of the diplomatic corps will attend.



Housemaids Visit Pope John

Vatican City — (RNS) — Holding a symbolic wooden house, one of 10,000 Rome housemaids received in audience by Pope John XXIII. The Pontiff told the women that they had reason to be proud and happy in their work. "You are nearer in many respects to Jesus," he said. "The Son of God came on earth not to be served, but to serve."



Queen, Princess At Vatican

Vatican City — (RNS) — Britain's Queen Mother Elizabeth and Princess Margaret pause for photographs following a 20-minute audience with Pope John XXIII in his private library. Flanking the royal pair are British officials in Rome. Pope John chatted with the royal pair in French, which all three speak fluently.

See Inside

May Day Page 4 Local News Second Section

Monuments and Markers for Holy Sepulchre. The letter way to choose a monument is to see our indoor display. You will appreciate our program. TROTT BROS. 1120 Mt. Hope GE 8-3271.—Adv.

Priest Son Visits Dulles

Washington — (NC) — Father Avery Dulles, S.J., Jesuit son of cancer-stricken former secretary of State John Foster Dulles, flew here from Rome to visit his father.

The former Secretary of State is undergoing treatment for abdominal cancer and possible cancer of the cervix at Walter Reed Army Hospital here.

Father Dulles arrived in Washington April 27 from Rome, where he is pursuing graduate studies at the Pontifical Gregorian University.

Pope's Plea Specifies Daily Mass, Rosary

Vatican City — Pope John XXIII appealed this week to the Christian world to make May a month of prayer for the success of the 1961 ecumenical council.

He also asked that the May 8 to 16 novena before Pentecost "be carried out with a particularly intense fervor."

The Pontiff's plea was directed to bishops, clergy, nuns and laity. It was made in a special Vatican radio broadcast last Monday.

According to N.C.W.C. News Service, the faithful were asked to go to church each day during May for holy Mass and to recite the Rosary.

Families were asked to pray together in their homes if they cannot get to church. Children and the sick were appealed to for their prayers which were called the most acceptable before God.

The message was the latest and most impassioned call to date by the Pontiff to mobilize the Christian world for the ecumenical council, scheduled to be held in about two years, which is being increasingly recognized as one of the most important events of modern Christian history.

The Pope began by reminding the faithful of the Church's experience in always finding Mary's help in times of trial, especially when "the threat of impending disaster everywhere increases."

Referring to the first Pentecost when Mary united with the Apostles in the Cenacle to call down the Holy Spirit upon the Church, the Pope concluded that "the intentions of the Church and the difficulties that trouble her are also those of the Mother of God in the greatest degree."

He declared his lack of confidence in human resources alone to bring about success of the ecumenical council, but solemnly stated his trust in the prayers of the faithful to Mary.

He appealed to Christendom to storm heaven with "an almost unanimous voice," saying that those who wish the Church well could do no less.

The Pope himself has prepared to do what he asked of the faithful. He has announced that during the entire month of May, he will assist at daily celebration of Mass in honor of Mary in St. Paul's Chapel of the Apostolic Palace.

After daily Mass, there will be a short sermon on Mary which will be followed by recitation of the Litany of Our Lady. His customary evening Rosary will also be for the intentions that he recommended to the Catholic world.

FOLLOWING IS a translation of the Pope's Latin appeal: Venerable brothers of the episcopate and beloved sons of the Catholic world:

In this age of ours, the holy Mother of God makes her presence and her help felt in human events in a special way — just as Christians often in the past and still have occasion of experiencing it.

The more charity grows cold, the greater is her haste to call her children again to sentiments of piety, love of virtue and penance for their sins. And...

Parish Rites In Diocese

Priests of the Rochester Diocese will lead their congregations in special prayers during parish May devotions for the success of the council as asked by Pope John, Auxiliary Bishop Lawrence B. Casey said today.

Many pastors have scheduled late afternoon or evening Mass each day during the month traditionally dedicated in honor of the Blessed Virgin Mary.

Parish bulletins should be consulted for exact time of services.

While the threat of impending disaster everywhere increases, we know that she, most clement Medatrix, implores divine mercy for us and protects us from the punishment that our sins deserve.

We have, therefore, a patron who can do very much for us before the divine Majesty, we alone to bring about success of the ecumenical council, but solemnly stated his trust in the prayers of the faithful to Mary.

The most holy Mary is more-over closely linked with the Church. She, in fact, "persevering in prayer" (Acts 1, 14) together with the Apostles, awaited in the cenacle the coming of the Holy Spirit who, on the holy day of Pentecost, gave the Church divine strength and made it possible for the Church to welcome to its bosom the multitude of the peoples.

Indeed, as was stated by Our predecessor, Pius XII, "it was she who, with her very powerful prayers, implored that the Spirit of the Divine Redeemer, already given on the Cross, should be conferred on the day of Pentecost on the Church, born shortly before with prodigious gifts" (Encyclical "Mystici Corporis").

Who, therefore, can deny that the intentions of the Church in the difficulties that trouble her are not also those of the Mother of God in the greatest degree?

Therefore, anyone who has the same sentiments of the Church and wishes her well, must raise frequent and fervent prayers in her behalf to the Virgin Mary. (Continued on Page 2)

Long Fight Said Price Of Freedom

Washington — (NC) — Gen. Alfred M. Gruenther warned here that the failure of the United States "to project a correct image of itself" to the rest of the world puts its country at a disadvantage in the "cold war."

The fight against international communism will be "a long, tedious, arduous struggle," the president of the American National Red Cross told Knights of Columbus at a banquet here honoring Latin American diplomats.

IT WILL CALL for "dedication, wider knowledge of other peoples, and the ability to communicate," he said.

The people of the United States, the general stated, have largely failed to match the dedicated spirit of the communists. He cited the fact that relatively few people of this country know any foreign language as an instance of the failure of the United States in the field of international communication.

Today in Russia, he said, an estimated 10 million people are studying English. By contrast, he continued, the U. S. State Department has had to make knowledge of a foreign language optional for persons entering the foreign service, since so few applicants had a command of any language other than English.

Jap Zeroes Blast Seals

Hokkaido, Japan — Japanese fighter planes were reported to have shot down a U.S. Navy patrol plane from the southern coast of this island recently.

The small rowboats of the peace-loving fishermen proved no match for the great wave of voracious sea lions which attacked the fishing nets.

Tearing into the fishing fleet, the mammals feasted on the trapped fish and then fled, leaving the nets torn and useless.

"Deprived of their livelihood, the fishermen became desperate and called on the Government for assistance," reports Father James P. Golligan, Maryknoll Missioner of Pittsburgh, Pa.

Room Enough For 28 Billion

Oxford Scholar Denies Starvation Menace

Louvain — (NC) — The material resources of the earth, if properly developed, could provide a satisfactory livelihood for the entire human race now and for a long time to come, according to an Oxford University professor.

The professor, Colin Clark, expressed this opinion in the first issue of World Justice, quarterly official organ of Louvain University's new Research Center for International Social Justice.

Prof. Clark says that in the light of technological and scientific advances, the fact that so many peoples fall short of a satisfactory livelihood must be blamed entirely on human shortcomings, not on the inadequacies of nature.

He states that much current information concerning the extent and availability of natural resources is "out of date" because of the rapid progress being made in science and technology.

After surveying the world's potential in regard to the supplying of food, clothing, building materials and fuel, Prof. Clark concludes that the earth could now provide a standard of living comparable with that of Holland, which has one of the world's best health records, for a total population of 28 billion or 10 times the present world population.

"If we were to contemplate a predominantly cereal diet," he adds, "we could carry this figure up to 90 billion."

Prof. Clark also discusses the amount of capital investment that would be needed to develop the earth's resources sufficiently to meet its growth in population.

In this area, he feels that the potential is entirely adequate, but he admits that the transfer of such "an immense amount of capital will call for a high degree of statesmanship on the part of the leaders of both the leading and the receiving countries."

Huntilton and Omega watches. Budget terms. William S. Thorne, Jeweler, 318 Main St. East.—Adv.

Geologist

Bedford — (RNS) — The Rev. James W. Skehan, S.J., chairman of Boston College's geology department, was commissioned by Bedford, Mass., officials to locate new subterranean sources of water for the community's expanding population and industry.

The Jesuit, shown examining a recently excavated rock-cylinder in his laboratory, believes New England has untapped millions of gallons of water underground.

Formosa Underpopulated

Not Enough Chinamen

Taipei, Formosa — (NC) — A county official has taken issue with increasing propaganda here in favor of birth control by stating that Formosa is underpopulated.

THE OFFICIAL, magistrate Hsi Chih-ping of Hualien County, spoke at a ground-breaking ceremony inaugurating the Hualien harbor extension project, which is backed with U. S. aid.

an English language daily, China News, Haraldson was quoted as saying: "I hope the provincial government will launch a campaign in rural areas to popularize birth control and planned parenthood."

Father Albert O'Hara, S.J., professor of sociology at the National University, stated that the birth rate in Formosa has fallen from 47 per cent to 32 per cent in the past five years, and may continue to drop. He did not attribute this, however, to an increase in birth control methods.

Honor your Mother on her day, Sunday, May 10, by wearing a flower. Wear white in her memory, a colored flower if she is living. Blanchard Florist 53 Lake Ave., or call BA. 5-9494.—Adv.