

At Home With Trudy McNall

Irishman's Menu



The day of shamrocks and Irish flags is just around the corner. The creative homemaker will certainly not let this day pass without some special foods in honor of the patron saint of Ireland.

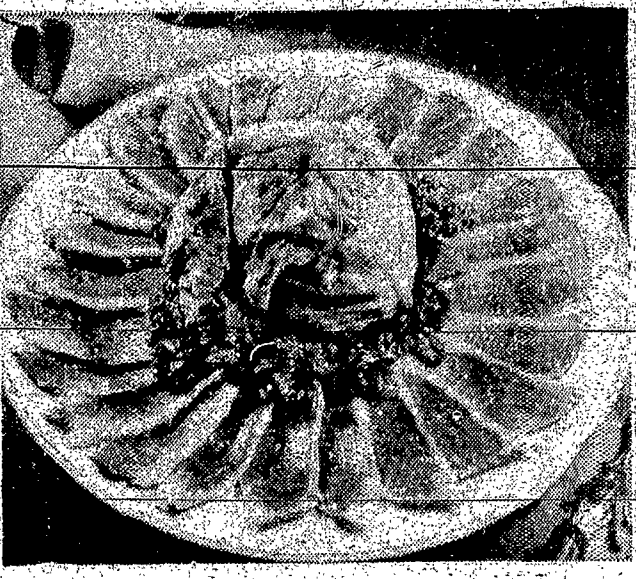
Green is the color of the day; the family dinner table could be spread up a bit with green candies or mappins, but better yet... how about emphasizing certain foods—Corned Beef and Cabbage, perhaps a green vegetable salad in shamrock motifs, clover leaf rolls, and for dessert, Patty's Parfait.

Years ago when refrigerators or ice boxes were not part of our kitchens curing and drying were a necessary skill to be learned in the preservation of meats. The art of curing meat by adding salt dates back hundreds of years in Ireland... coarse grains of salt (called corns) were sprinkled over the meat in order to help preserve it. Beef which had been cured in this manner was called CORNED BEEF... and the name still holds today.

CORNED BEEF AND CABBAGE
Cover corned beef with cold water, bring to a boil, cover and simmer until tender about 1 hour per pound of meat. (If you wish the corned beef can be cooked a day ahead of time and warmed just before serving.) Corned beef is wonderful to have on hand for sandwiches and left overs disappear like magic.

To cook cabbage to serve with corned beef try this. Select a whole head of cabbage and completely remove the center core. Place the cabbage on a rack in a deep kettle. Add water to a depth of about 1/2 inch. Cover lightly and steam for 20 to 25 minutes.

FLUFFY BAKED potatoes would make a fine accompaniment for the corned beef... I don't believe any meal is complete without dessert. A frozen dessert is sure to be popular and whether you are



Corned Beef and Cabbage — a St. Patrick's Day favorite!

This way: Heat 1 cup of cream or evaporated milk if you prefer, in top of double boiler. Add 1 cup of tuna fish, lobster, crabmeat, shrimp or what have you and let simmer. Melt 4 T. butter, add 2 T. flour, stir in 1 c. milk and cook until thickened, stirring constantly. Stir in the hot cream and fish, season to taste with salt, pepper and paprika.

Let simmer for about 10 minutes, add 2 T. sherry and a dab of butter. Serve at once on hot buttered toast. Serves 4.

Do you serve tea in your home in the afternoon? It's such a nice idea. Over in Ireland they have what is known as "high tea" and "low tea". The low tea is in the middle of the afternoon and they often serve tea and scones or little cakes with

Hospital Alumnae Lists Bake Sale
St. Joseph's Hospital Alumnae Association will conduct a Bake Sale in the hospital lobby on Tuesday, March 17 starting at 7:30 a.m. The proceeds will be donated to the Sisters of St. Joseph's Infirmary - Novitate Appeal.

CHAIRMAN IS Mrs. Francis Gates, assisted by Sister M. Liguori, Sister Anne Maurice, Sister Bernard Marie, Misses Doris Stenberg, Helen's Milliken, Ruth Mace and Mrs. Jean Sweeney.

Friends wishing to donate baked goods may bring these to the hospital on Monday evening, March 16 or early Tuesday morning.

Corning Deaths

Corning — Requiem Mass was celebrated in St. Patrick's Church Wednesday morning, March 5, for Mrs. Susan C. Coyle of 43 Flint Ave., who had died at Corning Hospital the previous Monday evening. She had been a hospital patient for eight weeks.

Burial took place in St. Mary's Cemetery. Mrs. Coyle was born in Springfield, Mass., October 25, 1880, the daughter of the late Michael and Mary Cody Maroney. A resident of Corning for over 50 years, she was the widow of Frederick D. Coyle, who died here April 30, 1928. For many years the family resided on East Second Street.

MRS. COYLE was a member of St. Patrick's Parish, its League of Sacred Heart and Stella Maris Society. Surviving are: one daughter, Miss Mary Catherine Coyle, with whom she made her home; two sisters of Erie, Pa., Miss Nora F. Maroney and Mrs. W. Van Wert Ross; two brothers, John F. Maroney of Fort Pierce, Fla. and Michael J. Maroney of Corning.

Corning — The funeral of Gerald Francis Cox, 74, of 83 E. Third St. was held Monday morning of this week with Requiem Mass at St. Patrick's Church followed by burial in St. Mary's Church. The Rosary was recited at the Phillips funeral home Sunday evening. Mr. Cox died at his home early last Friday morning following an extended illness.

Mr. Cox was a native of Rochester, born September 20, 1884, the son of the late Patrick and Gertrude Gallery Cox. Ten years ago he retired as president of the Cox Real Estate and Building Company at Rochester and came to Corning to reside.

Mr. Cox was a member of St. Patrick's Church in Corning and the Elks Lodge at Rochester. SURVIVING ARE: his wife, Katherine Menzie Cox; one daughter, Mrs. Howard S. Rose Jr. of the same address; one son, Charles Cox of Syracuse; one sister, Mrs. Pauline Smiley of Wilmington, Del. and four grandchildren.

St. Gabriel Unit Retreat Movement Plans Activities Explained To CDA

Hammondsport — The March meeting of the Rosary Society of St. Gabriel's Church opened with the recitation of the Rosary in honor of the Blessed Mother, led in the church by the Rev. Earl M. Tobin, pastor.

Members then adjourned to the church hall for the regular business meeting. Mrs. Donald Miller, president, opened the session and then turned the meeting over to Mrs. Joseph W. Ryan, who conducted the business for the evening. Mrs. Simon Gormley acted as secretary in the absence of Mrs. Leonard Green.

ARTICLES TO BE sewed for the "Baby Layette" project were distributed and several members offered to purchase various articles such as towels, safety pins, absorbent cotton, etc. needed to complete the layette.

A report from the N.C.C.W. in Washington, D. C. describing the deplorable conditions in the far West, which proceeds from the Society's monthly "White Elephant" project help to alleviate, was read by Mrs. Ryan. Mrs. Andrew VanderEmpton won the March "white elephant."

Mrs. Richard Krug, chairman of favors and decorations for the scheduled card party, reported the theme selected for the party is "Blossom Time."

Mrs. Leo Hemmer and Mrs. E. J. Hampton will have charge of the Altar for this month. Mrs. Frank Zimar, a new member, was introduced and welcomed by the group. Hostesses for the evening were Mrs. Henry Schoeffler and Mrs. Simon Gormley.

Pre-Cana Unit Hears Fr. Hohman

Corning — The Rev. Louis J. Hohman, spiritual director of St. Andrew's Seminary, Rochester, last Sunday afternoon addressed the 10 couples enrolled in the Pre-Cana Conference being held weekly at the Baron Steuben Hotel.

Father Hohman spoke on "Morality and Your Marriage," before the young engaged and newly married couples. The priest was named to his current post at St. Andrew's in 1951, by Bishop Kearney. For the past several years he has taken an active role in the Pre-Cana movement.

Dr. James Muleshey, local physician, addressed the class a week ago on the topic, "A Doctor Looks at Marriage," and next Sunday afternoon, Mr. and Mrs. James Hall of Elmira, frequent parent speakers at Pre-Cana and Catholic discussion sessions, will talk on "Adjustments in Marriage." The latter are parents of three sons, six through 12 1/2 years of age.

Betrothal Noted
Corning — Mr. and Mrs. Albert O. Portner of 46 W. Fifth St., announce the engagement of their daughter, Sonja Marie to Sgt. Daniel W. Kelly, son of Mrs. Nellie Kelly of 99 Decker Pl., Elmira, and the late Mathew Kelly.

Corning — Mr. and Mrs. James A. Thayer of 206 Orange Street, Selinsgrove, Pa., announce the engagement of their daughter, Suzanne Elizabeth, to George W. Oliver, son of Mr. and Mrs. George E. Oliver of 19 Elm Street, Corning.

Mrs. Rudolph Karkoska of Buffalo and the Misses Helen, Annella, Hermenia and Pauline Pindjak, all at home; two sons, Frank and Volgan, at home; sister, Mrs. Helen Zambel of Van Nuys, Cal.; a granddaughter and a grandson.

Mrs. Pindjak Rites Held In Prattsburg

Prattsburg — Mrs. Mary Pindjak, 76, of Prattsburg RD2, whose husband, John, had died only two weeks ago, died at her home Sunday, March 1. They had operated a farm in the Town of Wheeler for the past 38 years.

The Rosary was recited at the family home Tuesday evening, March 3, with Requiem Mass offered by the Rev. Earl Tobin in St. Patrick's Church in Prattsburg the following morning. Burial was in St. Patrick's Cemetery.

MRS. PINDJAK was born in Austria April 21, 1882, the daughter of Peter and Agnes Sarley Gorney. She was a member of St. Patrick's Church in Prattsburg and an honorary member of the Rosary and Altar Society of the church.

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Nun's Article Published In Nurse's Paper

The December, 1958 issue of "The Catholic Nurse" published an interesting and informative article by Sister Margaret Adelstein, entitled "Guide For Reception of Information from Medical Records" with schematic drawings.

Sister's eight-page article on "Procedure Manuals - Medical Records" was published in the January 1959 issue of "Shop Talk" - official organ of New York State Association of Medical Records Librarians Institute, November 20-21, 1958 at Clifton Springs Sanatorium, Clifton Springs, New York. The Institute was sponsored by the Rochester Regional Hospital Council, Inc.

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"little empire" dress in pastel plaid

Little Sister Sizes: 3-6x \$4.98
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