At Home With Trudy McNall

Egg Delights

Here it is the first week in March . . . and Spring is just around some corner . . . it's Mid-Lent . . . now is no time to get discouraged about Lenten meals. Meatless meals should offer no hardship, but quite the contrary, family delights.

Eggs are up in production and will be plentiful all month. Use eggs often in your family meal. . . . enjoy them in many ways. For a Lenten Feast try this menu: Spanish Eggs, buttered broccoli, Tossed Green Salad, Fresh or canned fruit and Peanut Oatmeal Cookies.

SPANISH EGGS

(Stuffed Eggs atop a cheese-noodle casserole)

5 or 6 ounce package noodles
½ c. chopped onion
½ c. chopped green pepper
3 T. butter
2½ c. canned tomatoes
1 c. grated American cheese
¼ c. butter
3 T. flour
½ t. salt
4 hard cooked eggs
½ t. salt
Dash pepper
3 T. mayonnaise

Cook noodles in boiling salted water until tender; drain. Meanwhile saute onion and green pepper in the 3 T. butter until tender but not brown. Add tomatoes, simmer 10 minutes. Add cheese and stir until melted. Remove from heat. Melt butter, blend in flour ½ t. salt; stir in tomato mixture and cook, stirring constantly until thickened. Place noodles in 10 x 6 x 1½ inch baking dish. Pour sauce over. Bake at 350 degrees for 20 minutes. Meanwhile cut eggs in two. Remove yolks and mash fine, add salt, pepper and mayonnaise. Fill egg whites. Top casserole with stuffed eggs, spoon sauce over and bake 5 minutes longer. 6 servings.

Trudy's Tip: Everyone can cook eggs so that they retain their flavor, tenderness and attractiveness if a few simple rules are followed. To hard cook eggs: Cover eggs in pan with cold water to come at least 1 inch above eggs. Bring water rapidly to boiling. Turn off heat. Cover and let stand 15 minutes. Cool promptly in cold water. This makes the shells easier to remove and helps prevent a dark surface on the yolks.

Did you know that March is called National Egg Month? This is the time when egg supplies are abundant. Modern, thrifty homemakers will use them often right now during Lent and the first week in March is also National Peanut Week. Peanuts and peanut products are in plentiful supply. Whoever heard of eating one peanut and stopping? That's the way your family will feel about these delicious Peanut Oatmeal Cookies.

PEANUT OATMEAL COOKIES

1 c. shortening
1 c. white sugar
1 c. brown sugar
1 t. vanilla
2 eggs
1½ c. flour
1 t. baking soda
3 c. rolled oats
½ pound salted Spanish peanuts

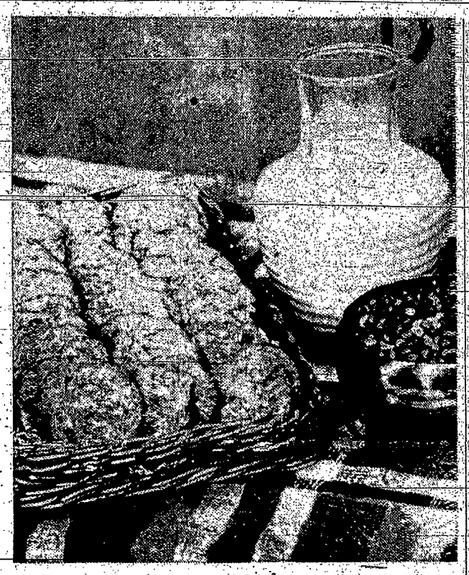
Cream shortening, add sugars and blend well. Add vanilla and eggs. Sift flour and soda. Stir into first mixture with rolled oats. Add peanuts. Form dough into small balls, place on ungreased cookie sheet, flatten slightly. Bake at 425 degrees about 7 minutes. Store in tightly covered container. Makes 6 dozen.

If your children like peanut butter sandwiches, you'll be happy to learn that peanuts are a good source of protein and are also an excellent source of food energy. . . that's important for growing youngsters. HERE IS A SALAD that youngsters will like; Drain 1 can (14 ounces) crushed pineapple; mix it with ½ c. finely diced celery and 1 c. grated carrot. Use just enough mayonnaise to moisten. Serve on crisp lettuce and sprinkle with chopped peanuts. Will serve 4.

Back to eggs for a moment: SCRAMBLED EGGS for breakfast or lunch are delicious if properly prepared. The secret is to cook them over low heat and only until they are cooked and are still moist. For the creamiest scrambled eggs you ever ate try adding Dairy Sour Cream or Dairy Dressing, about 1 T. for each egg you are scrambling. Beat eggs slightly, add seasonings and Sour Cream.

Have you tried DAIRY DRESSING? It is a combination of half cottage cheese and half sour cream, can be used wherever sour cream is called for has 50 per cent more protein, 50 per cent less calories. And don't neglect many favorite desserts made with eggs — cakes, puddings, custards, pies — just to mention a few.

Remember egg dishes never are enjoyed more than in Spring time. Lent encourages us to use them often, followed soon by Easter with many colored eggs to delight the children.



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Father Dunn Gives Geneva Cana Talk

Geneva—A Cana Conference, conducted by the Rev. Gerald Dunn of St. Monica's Church, Rochester, was held last Sunday in St. Stephen's School hall.

A special Lenten activity for the married couples of the parish, Cana Conferences are similar to the better known Pre-Cana Conferences promoted for engaged couples.

THE NAME is derived from the occasion of Christ's first public miracle. Topics are selected for their interest to those in the married state with emphasis placed on the beauty of Christian marriage as the Church teaches it, and on the acceptance of routine duties as instruments of holiness and happiness.

The program consisted of three conferences with brief intervals between, and concluded with Benediction in the church, and renewal of marriage vows.

THE CONFERENCE was scheduled under sponsorship of the St. Stephen's Club of the parish. Host couples were Dr. and Mrs. James Walker, Mr. and Mrs. John Davie, and Mr. and Mrs. William McDonald.

Notre Dame Nun Wins Grant

Sister Mary Louis, S.S.N.D., Associate Professor of Chemistry, College of Notre Dame, Baltimore, has received one of the 50 Grants of the National Science Foundation to attend the Institute for College Chemistry Teachers at University of North Carolina, June 8-July 17.

Sister Mary Louis is the sister of Rev. John S. Whalen, pastor of Our Lady of Mercy Church, Greece.

THE OAK RIDGE Institute of Nuclear Studies, Oak Ridge, Tennessee has likewise informed Mary Louis that she is accepted for the July 27-August 21 session of the course in radio-isotope techniques.

This latter is under the auspices of the Atomic Energy Commission.

Recollection Day

A day of recollection for women will be conducted at the Cenacle Retreat House, 693 East Ave., Rochester, on Thursday, March 12, by Rev. George E. Flattery, S.J. of the New York Jesuit Mission Band.

THE EXERCISES will begin with a Conference at 10 a.m. and will close with Benediction of the Blessed Sacrament at 3:45 p.m.

Reservations may be made by phoning: Mrs. John Beaty, CHarlotte 2-5740; Mrs. Richard Susat, MUrray 8-4818 (for Scottsville) or the Cenacle Convent: BRowning 1-8755.

Seton Groups In Action

20TH BRANCH of Seton Workers of St. Mary's Hospital attended a Lenten Supper, Tuesday, March 3 at the home of Mrs. Thomas J. Meagher. Mrs. Meagher is vice chairman in charge of work projects of all Seton Groups. The 20th branch is continuing work on bibs for the Pediatric Department. Mrs. Robert J. Hand of Sumner Park was re-elected chairman of the 20th group for the coming year.

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49TH BRANCH will meet tonight, Friday, March 6 at 8 p.m. in St. Mary's Hospital.

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9TH BRANCH will meet at the home of Mrs. Arthur Lintz, Willowbend Road, Wednesday, March 11. Dinner will be served by the hostess at 6:30 p.m.

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35TH BRANCH met at a February dinner in the home of Mrs. Peggy Yeoman of Lettington Drive. Mrs. John Mally, president, presided. Other officers for the coming year are Mrs. Richard Mack, treasurer and Mrs. Edward Thancy, program chairman.

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11TH BRANCH will conduct a business meeting at 10:30 a.m., Tuesday, March 10 in the hospital conference room. Plans for a Spring luncheon and card party will be discussed.

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66TH BRANCH luncheon will be held at the home of Mrs. Thomas Soebbing of Elmore Road on Saturday, March 10.

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63RD BRANCH will meet at the home of Mrs. Robert S. Wetmore of Hunters Lane, Thursday, March 12.

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27TH BRANCH will meet Tuesday, March 10 at Oak Hill Country Club at 12 noon. Mrs. Frank Feerick will be hostess.

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67TH BRANCH will meet Monday, March 9 at the home of Mrs. William Schiefer of Desmond Rd.

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Arthur Reiland Requiem Held

Funeral services for Arthur J. Reiland, aged 60 years, of 31 Willite Dr., who died suddenly of a heart attack Friday, Feb. 20, 1959, were held at the August M. Maier Funeral Home, and in St. Andrew's Church on Tuesday, Feb. 24.

Rt. Rev. Msgr. George W. Eckl was celebrant of the Solemn Requiem Mass, assisted by Rev. Wm. J. Brien as deacon, and Rev. Michael Volpe as sub-deacon.

As a young man Mr. Reiland operated his own battery and ignition shop on Siebert Place. Later, he joined his father in the John A. Reiland & Son Coal Co., and was active in the operation of this business for about twenty-five years, until his retirement two years ago.

Mr. Reiland was a member of the Holy Name Society of St. Andrew's Church, and of the Daily Mass League.

He is survived by his wife, Edna Bloomer Reiland; two daughters, Mrs. Charles (Dolores) Englert of Rochester, and Mrs. Louis (Barbara) Buchner of Hempstead, Long Island; one sister, Mrs. Francis Conhead; four grandchildren, John, Ann, and James Englert, and Susan Marie Buchner.

Interment was made in Holy Sepulchre Cemetery, where the final blessing was given by Father Brien.

Women's Groups

Mercy Guild Drive Report Readied

First reports on the membership drive for Mercy Guild of St. Therese of The Little Flower will be made Tuesday, March 10 at the Catholic Women's Club, 215 Alexander St.

Mrs. Charles Ross and Mrs. Florence O'Connell have requested that captains and workers make their reports at 12:30 p.m. Information on enrolling may be had by calling Mrs. Walter Scholand, LUdlow 6-6313.

The regular Guild meeting will be held at 1:30 p.m. according to Mrs. Harold Wintish, president. Mrs. Justin Williams, chairman of the Spring luncheon to close the membership drive April 7 will appoint her committee.

WAYS AND MEANS chairman, Mrs. George Geiger, will report on projects she is handling.

MISSION GUILD

Catholic Mission Guild will meet in the Chapel of Columbus Civic Center at 8:15 p.m. on Monday, March 9, for recitation of the Rosary. Meeting will follow in Parlor A.

A nominating committee will be named to select the new officers for the coming year.

ST. AGNES MOTHERS

Mothers Club of St. Agnes High School will meet Monday, March 9 at 8 p.m. at the school. A Red Cross Work Project will be held after the business meeting.

AQUINAS MOTHERS

Aquinas Mothers Club will meet Tuesday, March 10, at 8:15 p.m. in the school auditorium. Rev. Joseph J. Abend, C.S.B. of Aquinas Institute will be the faculty speaker. His topic will be "Vocations."

The mothers will hear boys of the Aquinas Band play under the direction of the Rev. Cyril D. Udall, C.S.B.

Mrs. Bittner Rites Conducted

Mrs. Mary Knapp Bittner, aged 81 years, mother of City Councilman John G. Bittner, died Friday, Feb. 20, 1959, after a brief illness. Mrs. Bittner resided at 64 Fairbridge St.

Following services at the August M. Maier Funeral Home on Monday, Feb. 23, a solemn Requiem Mass was celebrated in Our Lady of Perpetual Help Church.

Rt. Rev. Msgr. Frank J. Hoeffen was celebrant, assisted by Rev. Orrin W. Feller as deacon, and Rev. Joseph Reinhart as sub-deacon.

Mrs. Bittner was a member of the Women's Sodality of Our Lady of Perpetual Help Church.

Besides her son, Mrs. Bittner is survived by four grandchildren; one great-grandchild; and three nieces.

INTERMENT WAS made in Holy Sepulchre Cemetery, where the final blessing was given by Father Reinhart.

The following were pall bearers: Joseph, George, and John Bittner, grandsons of the deceased; David Bloomer, Donald Dann and Robert Novak.

Holy Childhood Parents To Hear Sr. Marie Martin

The parents' meeting of the Holy Childhood School will be held on Tuesday, March 10, commencing at 6:30 p.m. with a pot luck supper.

A business meeting will follow at 8, with Mrs. Gerald Morris presiding. The speaker will be Sister Marie Martin, senior home room teacher, who will speak to the parents on her experience in teaching exceptional children.

PLANS WILL BE outlined by Rev. George S. Wood, School Moderator, for a Mass to be said at 5 p.m. on Sunday, April 26 at St. Joseph's Church, followed by a supper at 6:30 in the school cafeteria.

Friends of the Holy Childhood School are invited to attend this supper meeting.

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WHAT'S NEW In The Parishes

ST. HELEN. Altar Society will meet Wednesday, March 11 after Benediction at 8:15 p.m. Mrs. Robert Glass, president, will preside at the business session. Irish Folk dances presented by a group of children directed by the Farrell Sisters will highlight program. Refreshments will be served by Mrs. Martha Bartholomay and Mrs. Richard Wishmeyer and committee from Brookiea Dr.

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ST. JEROME, EAST Rochester. Home and School Association will meet March 11 in the church hall after Lenten services. A speaker with a message of great importance to all parents is being engaged. All parents of children attending St. Jerome School are regarded as association members. Returns from the current project to raise money for a Special Fund, can be made at this meeting, Mrs. Susan Delgo is project chairman. Mrs. Domnic Melone will be Coffee Hour hostess assisted by mothers of the Afternoon Kindergarten group. Plans for new projects and future meetings will be discussed. Mrs. John Pond, president, will preside.

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OUR MOTHER OF SORROWS. Rosary Society meeting is changed to Tuesday, March 10 according to Mrs. James Noble, president. A tureen supper meeting will take place at 6:30 p.m. Women are asked to assist at Mass and receive Holy Communion at 5:30 p.m. All women of the parish are invited. A call on favorite casserole dish, salad or pie to be brought should be made to Mrs. Vincent Carozza, CHarlotte 2-4849R, Mrs. Gerard Bleier, CHarlotte 2-5398J or Mrs. Edward Williams, CHarlotte 2-0063J.

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ST. JOHN THE EVANGELIST, Greece. Thomas Hastings of the Police Driver Education Program will speak at a Communion Breakfast of the Men's Club in Ridgemont Country Club at 9 a.m., Sunday, March 8. The men will receive Holy Communion at the 8 a.m. Mass. Tickets are available at the rectory or from Henry Conte, chairman, GLenwood 3-4236.

A Mothers Tea will be conducted by 11 Girl Scout Troops in St. John's hall on Sunday, March 8 from 4 to 6 p.m. Display tables will show the work of each troop.

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GOOD SHEPHERD, Henrietta. A Fashion Show and Card Party are being planned for St. Patrick's Day by the Rosary Society to include dessert smorgasbord in the school hall at 7:45 p.m. Fashions by David's, Southtown and hair styles by Pink Puff are on the program. Tickets are $1 each.

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HOLY REDEEMER CHURCH. Sacred Heart Society is planning the annual Card Party for Friday, April 10 at 8 p.m. in the School Hall for the benefit of the church. Mrs. Peter J. Steiger is chairman and Mrs. Martha Brand, co-chairman. Table prizes. Refreshments will be served.

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ST. BRIDGET, East Bloomfield. Annual St. Patrick's Day Smorgasbord of this parish will be held March 17 at the East Bloomfield Fire Hall with serving from 5 to 8 p.m. Assisting Robert Rayburn, general chairman are: Mrs. Dominic Marinnaci, kitchen; Mrs. Carl Sickering, dining room and Mrs. Robert Harrison, tickets and advertising.

HOLY ROSARY. A special Lenten meeting of the Mocubs will be held March 12 at 8 p.m. in the school hall. A speaker from the Diocesan Council of Catholic Women will discuss "Living the Church in the Home." The meeting is open to the public. Liquids will be served after the meeting.

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ST. PAUL OF THE CROSS, Honeoye Falls. Rosary Society meeting is scheduled Thursday, March 12 in the church hall. After the business session, Miss Monique Girard, an exchange student from Belgium, will speak. Miss Girard will discuss the customs of her native country. While visiting in the states, she is making her home with Mr. and Mrs. Herbert Chermside of Monroe St., Honeoye Falls.

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ST. ANNE. Holy Name Society annual Lenten Fathers and Sons Communion breakfast will be held Sunday, March 8 after the 8 a.m. Mass. Guest speaker will be Joseph De Maria of the Monroe County District Attorney's office.

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St. Agnes Seniors Take Top Honors

Sharon Kelly and Roberta Nowak, St. Agnes High School seniors and Daniel N. MacGregor, Benjamin Franklin high junior finished one-two-three in the annual Rochester essay contest on employment of the physically handicapped.

THEIR PRIZES will be U.S. savings bonds to be presented at a luncheon next October.

Miss Kelly's entry is now before a panel of state judges for consideration in the state contest. U.S. bonds of $75, $50 and $25 will be presented by Monroe County Powers Chapter, Disabled American Veterans.

There were 29 entries in the county phase of the contest, fostered throughout the country by the President's Committee on Physically Handicapped. Awarded honorable mention by the three judges were James L. Byard, Benjamin Franklin junior; Mary M. Pickens, Nazareth Academy junior.

JUDGES were Dr. Rufus R. Crain, retired medical director of the Eastman Kodak main office; Dr. Herman R. Goldberg, coordinator of instruction services, Rochester Board of Education, and Sister Cyprian, assistant principal, Our Lady of Mercy High School. The contest was open to juniors and seniors in high school.

Fr. Langworthy Set For Apostolic Talk

Continuing its series of Lenten lectures, the Rochester Diocesan Council of Catholic Women will present the third speaker in the Institute of the Lay Apostolate on Monday, March 9, at 8 p.m. in the auditorium of the Rochester Gas and Electric Corporation, 89 East Ave.

Rev. Charles Langworthy, formerly an assistant pastor at St. Margaret Mary's Church, Rochester, will discuss "The Apostolate of Love." This discussion, like the two which have preceded it, is based on an address of the late Pope Pius XII, "The Three Apostolates of Modern Women."

A QUESTION period will follow Father Langworthy's talk. The discussion leader for this period will be Mrs. Arthur P. Farren, who is also co-chairman of the Institute.

Women who are interested in furthering an understanding of Christian relationships in the modern world are invited to attend. Guests of all faiths are welcome.

Noon Hour Films Set At Library

Ballet will be featured Tuesday, March 10 in the noon-hour "Films Sandwiched In" series at the Rochester Public Library. "Hearts and Soles" is a whimsical romance told through unusual filming of dancing shoes. In "Ballet Girl" a 10-year-old girl is trained to appear with the Royal Danish Ballet Company.

These two films, sponsored by the Friends of Rochester Public Library, will be shown between 12:13 and 12:52 p.m.

Tunies New Tuna treat
Tuna with the new exciting TASTE
Tuna in the new convenient FORM
TUNIES CASSEROLE
Mix 1 cup each of drained peas, chopped Tunies, sliced mushrooms, 1 tablespoon minced onion, ¼ cup pimiento, ½ cup canned spaghetti sauce, ¼ cup mushroom juice, 1 tablespoon flour. Top with ¾ cup bread cubes tossed with 1 tablespoon mayonnaise. Bake at (350°) until brown. Makes about 4 servings.
Tunies are delicious as a meatless hot dog

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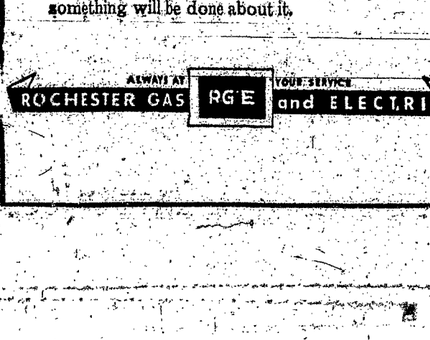
WHO'S BEEN AT YOUR PIGGY BANK?

Every year, some of your tax money is poured into unnecessary federal "public power" dams and plants in remote areas of the U.S. This is money you might have saved—or spent for things your family needs. For there's no *need* for this federal electricity. Independent electric companies are ready and able to provide all the electricity the nation needs.

Who's behind this needless billion-dollar spending of tax money? The lobbyists for federal "public power," the bureaucrats, the socialists. Every time they push another "public power" project through Congress, *your* family is taxed to pay the bill.

What can you do? Spread the word about this needless spending of your money. If enough families speak out publicly, you can be sure something will be done about it.

ALWAYS AT ROCHESTER GAS AND ELECTRIC YOUR SERVICE