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At The Library

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Dictionary of Papal Pronouncements, Leo XIII to Pius XII (1878-1957), by Sister M. Claudia Carlson.

What Is Faith? by Eugene Jolley.

The Sanctuaries by Louis M. Martinez.

First Steps to Sanctity by Father Albert J. Shimmon.

The Catholic Church in Action by Michael Williams.

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**DOINGS AT
THE DALY'S.**

By Mary Tinley Daly

Suddenly, it's Lent. Coming early this year, the Holy Season seems to fit in perfectly with the spirit of the times.

It's a serious America, this pre-spring of 1959. Politically, educationally, economically, sociologically, America is re-evaluating itself. For quite some time the U.S.A. has been taking an objective look. As Catholics, we observe some trends to indicate what we are not going its way.

What can we, as individuals and families, do? We can impart the real spirit of Lent into our families—that stiffening of the backbone to deny self in the small things and to reawaken a realization of what is and what is not important.

LIKE A WELL disciplined child, we at this time feel the firm but loving reins of Holy Mother Church.

Fasting and penance are part of life so much so that our very physical and spiritual natures cry out for such retrenchment or indulgence, for withdrawal from things of this world.

But, like children who would play on and on until play has lost its zest and exhaustion has set in—or like the fat lady who is always going to diet tomorrow—our natural inclination would be to put off the healing catharsis of self-restraint unless a definite time were set for it.

Now, this is it.

Rather than a season of Lenten austerity, Lent is a time for real living, with penance taking its rightful place in our way-of-life.

Goodness knows, with the new

**Fish,
Anyone?**

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Each person, each family makes individual decisions on this, up to a point. For some, it means Mass and the way of the cross daily; for others, attendance at a series of semi-weekly Lenten services; still others "give up" a pet indulgence; a great many Catholics do all of these things and more.

AT OUR HOUSE, Lent has its own particular exhilaration—a combination of physical, mental and spiritual practices built up over the years that seem not only to help us individually but as a family.

There is the penance of going to bed earlier (and that's a BIG penance for us) so that we can get up—at least half-an-hour early Mass.

Then the warm-up of the car, and when it won't start, the trek over the hills to church and the semitrot trip back. Then the small breakfast—allowed the elders and the whopper—complete with steaming bowls of oatmeal—for the younger non-fasters. Lunch packing brings its own problems, too.

With the plain living comes an alert feeling during the day—with the slight hunger pangs that make us remember why we are doing these things. The barring of the candy bar (excuse the pun), the avoidance of snacks—all veering away from the softness of self-indulgence gives us a keener perspective.

For homemakers, Lent dinners can be real budget savers. This may seem like a slightly cruel way of handling the situation, but it's realistic. A good, wholesome, though low-cost dinner consumed by people who haven't nibbled during the day is better than a gourmet's banquet.

AND THEN, Wednesday and Friday, whenever they have services in your parish church, is family-united participation in Lenten activities. It's "togetherness"—though I hate that word!

Coming home in the cold darkness, an hour or so spent in reading—surcease from footloose indulged in driven on TV.

Then the penance of "early to bed" and another REAL day of living—Lent!

Family Rosary Radio Program

Friday, Feb. 13—Norbert Boss, Holy Family.

Saturday, Feb. 14—Paul Atzell, Blessed Sacrament.

Sunday, Feb. 15—A representative of St. John's, Greece.

Monday, Feb. 16—Henry Ballisty, Blessed Sacrament accompanied by Capri Club.

Tuesday, Feb. 17—Leonard Nickel, St. Andrew accompanied by Holy Name Society.

Wednesday, Feb. 18—David Janick, St. Salome accompanied by Holy Cross Alumni Club of Rochester.

Color Films At Museum

Three films in color will be shown at Rochester Museum of Arts and Sciences on Sunday, Feb. 15, at 3 p.m.—to which the public is invited.

The audience will be taken on "A Trip to the Moon," a "Musical Ride" with the Canadian Mounted Police—and a visit to the "Island of Sark" showing its scenic attractions and the way of life of its people.

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