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Music To Get Well By

Cincinnati — (NC) — Music has charms to soothe the shattered mind according to a Jesuit priest who is both pianist and psychologist.

In addition to its value as therapy for mental patients music can be used in diagnosing what's wrong with them by studying their reactions to compositions as other psychologists study their interpretations of ink blots.

The Xavier University psychologist, who has performed a soloist with a symphony orchestra, will have a leading role in the convention of the National Association for Music Therapy here from October 30 to November 1.

"MUSIC THERAPY is nothing new," he said in an interview. "Sporadic use of instrumental and choral music in mental hospitals has been noted for many years."

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Midget 'Missionaries' At St. Pius X Church

Dramatizing Mission Sunday, October 19, children of St. Pius X school, Chili, received Mission Crucifixes and were given "assignments" in various parts of the world. Garbed in authentic habits of various religious orders, the "missionaries" solemnly "left homes and relatives." Taking part were the following: Margaret Levick, Kathleen Gallagher, Michael O'Brien, Kathleen Wilkin, Bernard Hartman, Jean Marie Atwell, William Atwell, Susan Schickler, Timothy Schwab, Claudia Crescillo, Wade Muncell, Carolyn Mannix, David Kolb, Diane Hannah, William McCombs, Leonard Smith, Ann Marie Seidel, David Goldstein, Michael Sheehan.

GOD LOVE YOU!

By MOST REV. FULTON J. SHEEN

SAINT CATHERINE told a friend that the anguish which she experienced when Our Lord revealed His sufferings on the Cross was greater at the moment when she was pleading for the salvation of others. "Promise me that Thou wilt save them," she cried as she stretched out her right hand. Our Lord seemed to clasp her hand in His and at the moment He granted the promise, she felt a piercing pain as though the nail had been driven through her palm.

THE MOMENT we take on the burden of others, we add to our own. The mother who loves her paralyzed child, the Catholic who loves India or Africa suffers with those who are loved. Tens of thousands who read this column and the Mission story of un-redeemed millions have entered into a miniature Calvary by denying themselves something for the sake of Christ.

ALL INTERCESSION, pleading, praying or aiding others makes a drain on our vitality. We can never heal the wounds we do not feel. As St. Paul wrote to the Colossians: "I am glad of my sufferings on your behalf, as in this mortal frame of mine, I help to pay off the debt which the afflictions of Christ still leave to be paid for the sake of His Body, the Church." All who serve the Missions and all who sacrifice for them, like St. Catherine, feel the nail driven through their flesh.

ALL DIRECTORS of the Society for the Propagation of the Faith feel that nail too. The more we love the Missions the more Our Lord seems to pierce our hands. But, think not that those who actually refused to carry the burden of others are the happier. For He remembers, no burden is heavier than that of the ego.

IT IS NOT THEREFORE your money we want, but your sacrifices, your love, your living on the cross, your cooperation with the death of Christ in the ministry of salvation. Because the Society for the Propagation of the Faith is Pontifical or the Holy Father's own Society for the Missions, we want to sanctify you at the same time we aid the poor and convert the pagan.

MAKE A DAILY ACT OF SELF DENIAL, for example, one cigarette a day and at the end of the month send us the 40¢ which that sacrifice represents. That would be 10¢ more than the average Catholic gives in a year to the Holy Father for the Missions of the world. Bear one another's burden as Our Lord bore our sins on the Cross. Whatever you send to the Society for the Propagation of the Faith goes to the Holy Father.

GOD LOVE YOU to Anon for \$1.50 "Please accept all I have. I know it is small but hope it will give a meal to someone who is hungry." . . . to T.V.B. for \$10 "Just for the Missions." . . . to a Convert for \$1 "To thank the Dear Lord for letting me go to Mass" to S.C. for \$3 "I have always had enough. It must be awful to have nothing. This check will help someone."

IF YOU WANT to honor Our Lady and help the Missions just send us your sacrifice-offering and your request and we will send you the medal of your choice.

- GOD LOVE YOU MEDAL**
- \$2 small sterling silver medal
 - \$3 small sterling silver medal and chain
 - \$4 small 10k gold filled medal
 - \$4 small 10k gold filled medal and chain
 - \$3 large sterling silver medal
 - \$10 large gold filled medal

Cut out this column, pin your sacrifice to it and mail it to Most Rev. Fulton J. Sheen, National Director of the Society for the Propagation of the Faith, 224 Fifth Avenue, New York 10, N.Y., or your Diocesan Director, Rev. George S. Wood, 50 Chestnut St., Rochester 4, New York.

"The idea of music-therapy," he explained, "is to give the patient something to do in which he can experience some measure of success and pleasure."

Expert music therapists, he said, have successfully organized choral groups that include persons with the most serious mental derangements.

But it takes more than good will toward the patients to make an expert music therapist, he continued. Requirements include proficiency in a wide range of musical activities, ability to play the piano and other instruments, to teach music, to organize and direct choral groups, to improvise and transpose compositions.

"He has to know the literature of music, too," Father Reinke added. "And he ought to know something about group dancing."

In addition to all this a music therapist has to be "thoroughly trained in psychology," because he has to be able to observe the patient's reactions and to make "meaningful reports" to the physician in charge of the patient.

In-Laws Are Not Out-Laws, They Deserve Respect, Honor

By FATHER JOHN L. THOMAS, S.J.,
Assistant Professor of Sociology at St. Louis University

I think your advice about mother-in-law moving in with married children is unchristian. What's a widowed mother to do after she has brought up her ungrateful children, drop dead? I'm a daughter-in-law, but my sympathy goes out to the poor widowed mother who is beholden to her children. Were she blessed with a bundle of money, all arms would spread wide to cuddle her.

ly bonds in all healthy societies hold people closer together than acquired friendship or other sources of loyalty.

One of the Ten Commandments states that children should honor their father and mother. As St. Paul reminds us, this is the first commandment for the fulfillment of which God has added a special promise of future blessings.

As I have frequently stated in this column, May, it is extremely difficult to discuss problems involving in-laws without drawing criticism from somebody.

The case you cite is significant because our sympathy naturally goes out to the widowed mother. We have all seen as many cases, if not more, of thoughtless, cruel, and unappreciative children as we have of troublesome parents.

If you will read back through previous articles, you will discover that I have stressed the obligations of children together with the rights and duties of parents. Both groups may err, and both must be dealt with accordingly.

WE MUST NEVER view the overall picture as all black or all white. Nor must we allow our emotions to blind us to the fact that people in need may make mistakes as well as others.

Parents may justly claim respect, affection, and necessary support from their married children, but when they move into another's home, they must also acknowledge the rights of others and accommodate themselves to their changed situation.

It may help clarify the problem if we review briefly the basic principles which must be applied in handling all such cases. First, as I pointed out in the past, in-laws are not to be regarded as out-laws. The advice to avoid all contact with them is pernicious under normal circumstances.

In most marriages, in-laws are regarded with respect and esteem. Some are liked more than others, of course, but fam-

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