

Double Points At Speedway

Spencer Speedway sportsmen drivers will be helping themselves to a double portion of points at the Williamson oval this Saturday.

A 30-lap feature will headline the eight event card and the driver winning will be awarded 100 points instead of the usual 50.

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NIGHT SCHOOL

Begins Monday, September 15
OR Tuesday, September 16

General information folder and schedule of classes to be held is now available. Write, telephone or call for your copy.

Registration Office Open

9 A.M. to 9 P.M. Monday thru Thursday
9 A.M. to 5 P.M. Friday; 9 to 3 P.M. Sat.

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DOINGS AT THE DALY'S

By Mary Tinley Daly

Response to the "Bread-and-Butter" column of a few weeks ago—a plea for budget-saving ideas—was most generous and heart-warming.

Personally, great satisfaction was found in the charity of the many mothers of families who took time to share their experiences.

From time to time, we hope to publish most of the splendid ideas.

Let's start off with "Our Daily Bread"—an idea sent in by Martha O'Keefe of Washington, so well expressed that, with Martha's permission, we reprint parts of her budget-saver.

"My single best way to reduce the food bill of a large family," she says, "is to have home-made bread—always! It costs about 12 cents a pound, which is less than any store-bought bread—and a great deal less than the best."

"THE CHIEF reason this daily bread is so helpful to the budget, is that it is so good. The children eat lots of it."

There are eight young O'Keefes, the eldest 16 years of age.

Martha writes that once, in a 48-hour period, the younger O'Keefes ate eight loaves, though that is exceptional.

"Whether for a binge or a steady diet," Martha continues, "it is nutritious so that bread becomes what it should be—the staff of life."

Certainly the O'Keefes show the effects of excellent nutrition—plus a splendidly rounded home life. Bodies are firm and pink, minds keen and alert, emotions and sense of humor are a plus...

As to the "how" of her bread-making, Martha says, "I am fortunate in possessing a 50-year old bread-making machine in which I can make eight loaves at a time—one ovenful. But, even by hand, it takes only ten minutes of kneading to make four loaves. And, the scolarly Martha adds, "remember that the ancient meaning of 'loaves' was 'the maker of the loaves.'"

WE WERE so intrigued with Martha's 50-year old machine and the ease with which it operates that we tried to get it duplicated. Matter of fact, it is the same kind of contraption my mother had many years ago—

"Our Daily Bread"

By Mary Tinley Daly

and her home-made bread will always be a fond memory. Recently we were looked-down-the-nose-at in every store where we applied—we might as well have been asking for a horseshoe forage...

Does any reader know where such a contraption can be purchased?

Even without it, we followed Martha's recipe and though it causes a bit of arm work the result is well worth it.

Here is the basic recipe with various additions:

For one loaf ("Though no one should be bothered with one loaf"—Martha): Use one and a third cups of liquid and one pound of flour (and remember, "a pint's a pound, the world 'round").

For six: Start with a pan in which eight cups are marked. Put a little water in it and melt one stick of margarine. Add six teaspoons salt and six tablespoons sugar (or one-third of a pint jar of molasses, rich in iron), one can of evaporated milk (because fresh milk must be scalded and is therefore a nuisance), and enough warm water to make eight cups of a warm mixture. Dissolve one or two envelopes of yeast in a quarter-cup of warm water and add to mixture.

Use one envelope of yeast for about four-hours rising time and maximum economy; two envelopes for faster results, if it is late in the day)

Add one-third jar of wheat germ (so good for children and adults.)

Toss in a box of raisins occasionally (not figured in the 40 cents per pound cost, but good nourishment).

Finally, add six pounds of flour. Stir in as much as possible and when stirring in is impossible, knead it in. (With a machine like Martha's your problems of kneading are needless—poor pun!)

Let rise, punch down, and shape according to the instructions in most cookbooks.

These are Martha's directions as day-by-day bread-maker. (We advise consulting said cookbooks for detailed instructions as to kneading "with the heels of your hands" as my grandmother used to tell us—watching for elasticity, double-in-bulk, etc.) Once over the course, you can do it easily.

FOR FRILLS, Martha advises: "Add up to a cup of sugar and butter and you'll have sweet bread like buns. Add beaten eggs as part of the liquid, citron, nuts and raisins in holiday times. Use all white flour or part whole wheat or part corn meal, or perhaps some soy bean flour. Make it a different way every time, and you'll never have a failure!"

First, get the basic... You'll save money and give your children a treat. Again, quoting Martha, "The children's playmates consider it a privilege to have a slice of fresh bread hot out of the oven. Could one feel generous and friendly providing plain bread and butter to guests otherwise?"

We've tried Martha's recipe—perfect! Only hope that the response of your family and friends is as favorable.

Special Race Heads Fairgrounds Events

A 25-mile, 50-lap stock car race will head the final program of the season at the Monroe County Fairgrounds at 8 p.m., Friday, Sept. 12.

In addition, the "Powder Puff Derby" for women drivers, postponed from last week, will be staged.

Almost 2,000 inquiries about convert work were answered and personal assistance was given by the organization to those who requested it. Convert Makers of America has its headquarters here.

Father Erwin A. Juraschek, CMOA national director, urged those attending to grow in knowledge of their religion, especially through "deep and constant reflection" on spiritual matters.

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"That's averaging more than nine persons saved for God for each worker," said Mrs. Robert Gibson, president of CMOA.

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Staten Islanders Visit New York

New York — (RNS) — Cardinal Spellman, Archbishop of New York, presents a religious memento to Mr. and Mrs. Austin McGowan of Staten Island, N.Y., and 12 of their 15 children to mark their visit to St. Patrick's Cathedral here. Mrs. McGowan won an expensive-paid vacation for her family as the grand prize in a nation-wide slogan contest sponsored by the National Shoe Institute.

The McGowans could have gone anywhere but chose to spend their week-long holiday in New York, five miles from their home, "to see the sights familiar to almost every out-of-town visitor." They spurned the Grand Canyon or other famous landmarks to explore Manhattan which most of them had never seen. The trip was the family's first vacation together.

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