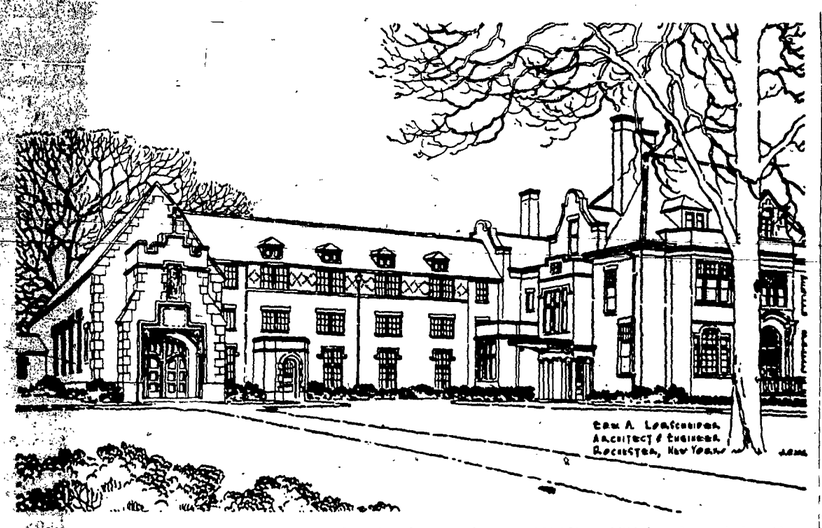
LAST WEEK'S PAID CIRCULATION 54,440

THE CATHOLIC
Courier Journal
OFFICIAL NEWSPAPER OF THE ROCHESTER DIOCESE

68th Year — ROCHESTER, N. Y., FRIDAY, MARCH 29, 1957 — 10 Cents

Pope Eases Laws On Communion Fast



WOMEN'S RETREAT HOUSE — Architect's sketch shows $400,000 addition planned by the Religious of the Cenacle Nuns for their Rochester Cenacle, diocesan retreat house for women. Designed in English Tudor, the new addition will join the present Cenacle (right in sketch) and include an "Adoration Chapel" (left) and a connecting wing (center) providing dormitory and conference facilities.

$400,000 Addition Includes Chapel

Cenacle Nuns To Expand Women's Retreat House

A three story wing featuring a chapel, will be constructed at the Cenacle Retreat House, 693 East Ave., Reverend Mother Mary C. Connolly, Superior of the Rochester Congregation of Our Lady of the Retreat in the Cenacle, announced today.

The $400,000 structure will join the main building on the Oxford Street side of the property. It will include a chapel large enough to seat 100 worshippers, 20 single rooms for retreatants, living quarters for the Religious, a meeting hall and retreatants' dining room.

AS DESIGNED by Edward M. Lorscheider, architect and engineering firm of Rochester, the new chapel wing will follow the English Tudor style of the present Cenacle building and be finished in brick.

The need for expansion of facilities has been created by the ever-growing interest in retreats among women of the diocese. "As a result overcrowding has become a year round problem," Mother Connolly explained.

"IN THE FIRST three months of this year alone," she added, "we were forced to turn down requests of more than 150 women who wanted to make their closed retreat at the Cenacle."

The Cenacle Superior also announced that "all the remaining weekends until June are filled and reservations are coming in now for the six-day retreat in July and the eight-day retreat in August."

Financial help in enlarging Cenacle facilities will be sought through a fund campaign and loans, Mother Connolly said.

A $250,000 fund drive will be launched by volunteer workers on Wednesday, April 3, at 7 p. m. when the Special Gifts Committee meets for dinner at the Cenacle. The Honorary Chairman of the campaign, The Most Reverend James E. Kearney, Bishop of the Diocese, will be the speaker.

Donald Woerner and Mrs. Lewis J. Boyce, Co-chairmen of the Special Gifts Committee, will outline the campaign program.

The wind-up of the Special Gifts appeal has been set for Apr. 17, according to Mrs. J. William Quinlan, General Chairman of the financial campaign.

Women of the diocese who have made retreats or days of recollection at the Cenacle will be canvassed April 24 to May 6. Mrs. Quinlan has Mrs. Gerald M. Luke as her co-chairman and Mrs. Edward L. Zimmer as her assistant chairman.

Miss Regina Kennedy is Chairman of the campaign that will be conducted in communities outside of Rochester.

THE HISTORY of the Cenacle Retreat House in Rochester goes back to 1948 when Bishop Kearney asked the Religious of

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Courier Circulation Over 55,000!

Courier Journal subscriptions have topped the 55,000 mark for the first time in the diocesan paper's 68 year history.

Elmer Grapenstetter, circulation manager, stated that tabulation of subscription reports from all parishes will be published in next week's issue of the Courier Journal.

New subscriptions submitted during the February circulation campaign begin next week with the April 5th issue.

This week, St. Mary's parish, Canandaigua, renewed its "total family coverage" plan with a total of 934 subscriptions, 72 more than last year, according to Rev. Alphonse P. Crimmens, pastor.

Also renewing the 100 per cent plan were Our Lady of Mt. Carmel parish, Rochester, Rt. Rev. Msgr. Charles J. Azzi, pastor, 255 subscriptions; St. Theresa, Stanley, and St. Mary, Rushville, Rev. Francis W. Harding, pastor, 18 subscriptions.

St. Monica's parish, Rochester, also announced this week 163 additional subscriptions to their previously published total. Rt. Rev. Msgr. Gerald C. Lambert, pastor, now counts 853 subscribers from this parish.

Rev. John E. Napier, pastor of St. Dominic parish, Shortsville, reports 28 subscriptions from parishioners there.

Love Speaks From The Cross

By MONSIGNOR PATRICK J. FLYNN

IV — "My God, my God, why hast thou forsaken me?" (Matthew 27:46; Mark 15:34)

GOD DROPPED a merciful curtain of darkness around Calvary during the three hours that His Divine Son hung dying on the cross. And as the deathwatch of the dying Christ enters its final hour there comes also to Calvary a stillness.

The bystanders are growing silent, haunted, perhaps, in this strange darkness, by the memory of the Prophet's warning: "Behold the day of the Lord shall come, a cruel day . . . the sun shall be darkened in his rising, and the moon shall not shine with her light." (Isaias 13:10).

LENTEN READING

This article is the fourth of a series on Our Lord's Seven Last Words from the Cross.

It is nearly three o'clock. Those who earlier challenged Christ to come down from the cross, now stare dumbly through the shadows, seemingly appalled and frightened because He has stayed on the cross.

The Crucified Christ, silhouetted against the greying skyline, becomes a challenge to those who had come to mock. Now the bloody gibbet silently challenges those who raised it to see their evil work through, to stand, if they dare under the cross until the end.

Already some of the bystanders are leaving Calvary. Already the cross conquers those who raised it. Frightened by what they have seen, by what they did not expect to see, some are departing. And as they go, turning their backs on the cross and Christ, they beat their breasts.

* * *

NOW SUDDENLY the stillness of Calvary is shattered by a piercing cry. It comes down from the cross. With a loud voice, surprising in one so close to death, Christ cries out in His native Aramaic: "Eli, Eli, Lamma sabacthani?"

Translated these words of Christ mean: "My God, my God, why hast thou forsaken me?"

These words of the dying Christ are not, as some mistakenly have thought, a cry of utter despair. Neither are they the cry of a soul totally abandoned by God.

This suffering Christ on the cross is still divine. Here in this moment of acute anguish, Christ is still the God-Man, united with His Father and ever conscious of the glory of God.

Just as Christ did not cease to be God at Bethlehem when His mother swaddled Him in a crib, so also He does not lose His divinity here on Calvary

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Send flowers for a true expression of sympathy. Flowers often express your thoughts and respect more simply and more beautifully than words. Call Blanchard Florist at BAker 5-9494 53 Lake Avenue.—Adv.

Church Collection For Needy

Catholics of the Rochester Diocese will contribute this Sunday to the American Bishops' relief collection to aid the world's needy.

A nation wide goal of five million dollars has been set for this year's annual collection.

Bishop Kearney, in a letter read in all parish churches of the Diocese last week, asked Catholics to "be as generous as possible."

Bishop Kearney's Letter on Page 4

Pope Pius XII, in a special message to the bishops of the United States, expressed confidence that America's response to the 1957 appeal will "surpass the munificance of other years."

THE POPE pointed out that the need for charity "has increased" during the past year.

The Pontiff said, "The ranks of the undernourished, the unemployed, the homeless, the refugees have unhappily swollen in recent months." These impoverished millions, the Pope said, voice "a harrowing plea" for help in their urgent needs.

Last year, U. S. Catholics contributed 150 million dollars worth of clothing, food, medicine, and cash relief for over 43 million needy men, women and children in 43 countries.

Catholic Relief Services totaled 65 percent of all relief supplies sent last year from the United States.

CRS supplies sent abroad for relief were four times the value of CARE shipmests and approximately 400 times more than Red Cross relief supplies, according to a tabulated report of the U. S. government Voluntary Foreign Aid Committee.

Philadelphia Lists 578 Vocations

Philadelphia — (NC) — There were 578 new vocations to the religious life in the Archdiocese of Philadelphia last year, according to figures released by the Office of the superintendent of diocesan schools here.

The 578 total is 23 less than the 601 vocations reported in the Archdiocese in 1955.

Nuns Tell Why They Joined Convent

Milwaukee — (NC) — How and why 20 nuns decided to give up a life in the world and became religious is told in the book "A Seal Upon My Heart" which has been selected as the book of the month by the Catholic Literary Foundation located here.

Irish Journalist Ordained Priest

Dublin, Ireland — (NC) — A former Dublin newspaperman has been ordained to the priesthood at Holy Cross College, Clonliffe.

Father Thomas Rock, who was assistant editor of the daily Irish Press for two years, was ordained by Archbishop John C. McQuaid of Dublin for the Archdiocese of Birmingham, England.

Milan Laymen To Preach 'Guest Mission' In Streets

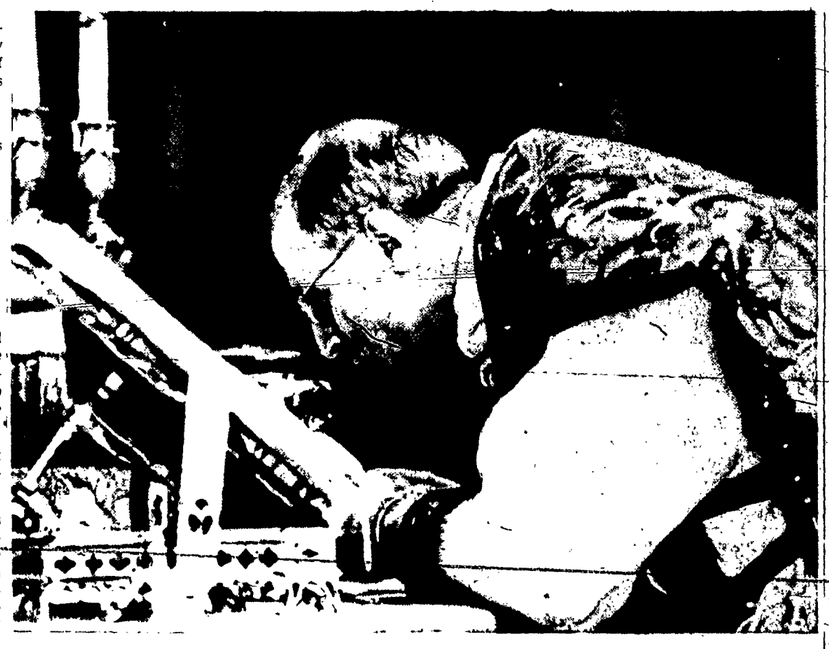
Milan — (NC) — Laymen are being trained to "preach in the marketplaces" during the Great Mission which will open here in November, 1957.

The Great Mission will be held simultaneously in all the churches of Milan. More than 1,000 preachers will conduct the coordinated mission exercises. Among them will be several Cardinals and about 40 bishops.

The laymen will not talk in churches, but before and during the city-wide mission they will speak in the principal city squares, encouraging the faithful to take part in the religious exercises.

About 450 laymen are being trained for this, being given courses in theology and in speaking techniques.

The conferences are given by Cardinal Lercaro, Archbishop of Bologna, and Cardinal Siri, Archbishop of Genoa.



'Pope Of Eucharist' "For this is My Body," are the sacred words whispered by Pope Pius XII at consecration of the Host during Mass, and prayed by priests at Mass throughout the world. In a document signed personally by the Pope, he has decreed that Catholic people are free to consume solid foods and alcoholic beverages up to three hours before reception of Holy Communion regardless of time of Mass; and that they may drink non-alcoholic beverages up to one hour before. The change is made in view of present day working and social conditions.

Here Are The New Rules For The Eucharistic Fast

The following is a translation of the Latin text of the new Eucharistic fasting law, issued in the form of a "Motu Proprio," a document issued by the Pope and signed by him personally:

In the early part of 1953 (January 6) We issued the Apostolic Constitution "Christus Dominus," by which we eased the rigor of the law or the Eucharistic fast so that the faithful could receive Holy Communion more frequently and more easily fulfill the precept of hearing Holy Mass on holy days. For this purpose We granted to local Ordinaries the power to allow the celebration of Mass and distribution of Holy Communion in early evening hours, provided certain conditions be fulfilled.

We lessened the time of fasting to be observed before the celebration of Mass and the reception of Holy Communion in the afternoon to three hours for solid food and to one hour for non-alcoholic liquids.

The Bishops expressed to Us their profound gratitude for these concessions, which had brought abundant fruits, and many of them have insistently asked Us to authorize them to allow daily celebration of Mass in the afternoon hours, in view of the great benefit which the faithful would derive from it.

They also asked Us to decree that an equal period of fasting be observed prior to the celebration of Mass or the reception of Holy Communion, in the morning hours.

Having taken into consideration the considerable changes which have occurred in working and office hours and in all social life, We deemed it advisable to comply with the insistent requests of the Bishops and have therefore decreed:

1 Ordinaries of places, excluding vicars general who are not in possession of a special mandate, may permit Holy Mass to be celebrated every day after midday, should this be necessary for the spiritual welfare of a considerable number of the faithful.

2 Priests and faithful, before Holy Mass or Holy Communion respectively, must abstain for three hours from solid foods and alcoholic beverages, for one hour from non-alcoholic beverages. Water does not break the fast.

3 From now on, the fast must be observed for the period of time indicated in Number Two, even by those who celebrate or receive Holy Communion at midnight or in the first hours of the day.

4 The infirm, even if not bedridden, may take non-alcoholic beverages and that which is really and properly medicine, either in liquid or solid form, before Mass or Holy Communion without any time limit.

We strongly exhort priests and faithful who are able to do so to observe the old and venerable form of the Eucharistic fast before Mass and Holy Communion. All those who will make use of these concessions must compensate for the good received by becoming shining examples of a Christian life and principally with works of penance and charity.

The dispositions of this Motu Proprio will go into effect on March 25, 1957, the Feast of the Annunciation of the Blessed Virgin Mary. Every disposition whatsoever to the contrary is abrogated, even if it is worthy of special mention.

"Given at Rome at St. Peter's, March 19, the Feast of St. Joseph, Patron of the Universal Church, 1957, the 19th year of Our pontificate." (Signed) PIUS XII.

Vatican City — (NC) — Pope Pius XII has replaced all previous rules concerning the Eucharistic fast with a new law which permits all the faithful to receive Holy Communion after fasting from solid foods for only three hours and from liquids for only one hour.

The new ruling, which the Pope said he issued "at the insistent requests of bishops," also permits the celebration of Mass in the afternoon or evening any or every day of the year if the local bishop deems it necessary "for the spiritual welfare of a considerable number of the faithful."

In simplifying and extending the relaxed fasting laws which he issued in 1953, the Holy Father urged all priests and laymen who are able to do so to continue "to observe the old and venerable form of the Eucharistic fast before Mass and Holy Communion."

He also stressed that all who make use of the new concessions "must compensate for the good received by becoming shining examples of a Christian life, and principally with works of penance and charity."

The new legislation makes the regulations governing the Eucharistic fast the same for morning Masses as for evening Masses, and eliminates the need for asking special dispensations.

IN ADDITION, there is no longer need for a sick person to ask permission from a priest to take medicine—solid or liquid—or any non-alcoholic beverage at any time before receiving Holy Communion.

Likewise the previous ban on alcoholic beverages has been modified. It is now allowed to take alcoholic beverages up to three hours before receiving Holy Communion.

The new legislation which became effective on March 25, states that the new time limits on taking solids and liquids are to be observed differently by the laity and the clergy.

The clergy must begin their three hour fast three hours before they begin the celebration of Mass.

The laity, on the other hand, need only begin their fast three hours before they will receive Holy Communion.

Explaining the new decree, His Eminence Alfredo Cardinal Ottaviani, Pro-secretary of the Supreme Sacred Congregation of the Holy Office, states that the rules for the Eucharistic fast

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New Camden Bishop Stricken

Camden, N. J. — (NC) — Bishop Justin J. McCarthy, new head of the Camden diocese, has been listed in "satisfactory condition" at Our Lady of Lourdes Hospital here after suffering what a hospital spokesman called "a moderately severe" heart attack.

The 58-year-old prelate was stricken (March 21) at his home in nearby Haddonfield two days after his installation as head of this diocese.

OFFICE OF THE DIOCESAN SUPERINTENDENT OF SCHOOLS
50 Chestnut Street • Rochester 4, N.Y.

Registration of pupils entering Kindergarten and First Grade in September will be held in all schools of the Diocese of Rochester on MONDAY, APRIL 8 and TUESDAY, APRIL 9.

These registration dates for Kindergarten and First Grade pupils were announced today by Monsignor Charles V. Boyle, Diocesan Superintendent of Schools.

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