

## Making Marriage Click

### How To Stay Married

By MSGR. IRVING A. DE BLANCO  
(Director, Family Life Bureau, N.C.W.C.)

How to get married, like how to tackle a runner, is being discussed constantly. But equally important is the discussion how to stay married—how to stop the runner!

Reputable Dr. Rossard of the University of Pennsylvania astoundingly indicated that our staggering divorce rate of one in four (400,000 annually) is not the whole picture. In his research, he estimates another one million couples who are separated but not legally divorced. He also indicates that maybe another 12 million couples consider themselves misnamed and unhappy.

Behind this problem of marital unhappiness there is of course, much ignorance and meanness of soul. Primarily there is an absence of true love. There are those who would share physical intimacies in marriage with a spouse, but not share spiritual intimacies. That attitude can lead to the lowest forms of degradation. Marriage then is selfish, corporeal, inhuman. Two souls must also be united, and it should be done deliberately, consciously, not left to chance.

Sometimes we priests lay too much emphasis on marriage being for the procreation of children and neglect to emphasize that marriage should also expressly and separately contribute to the happiness of a couple. The two points actually go together and are inseparable. For it is almost impossible to have children and educate them successfully for heaven if the couple are not themselves happy.

It was for man's own good that Christ made Matrimony a sacrament. So a Nuptial Mass should be a Solemn High Mass not only

because it concerns possibly the only sacrament a layman will ever perform, but it indicates one of the first rules for a successful marriage: a union of souls.

Is it not necessary, then, that a husband and wife arrange their every day so that there is a period for religion? At least one member of the family can go to Mass on weekdays—yes, as a delegate.

In order to share spiritual intimacies in worship, in prayer, in spiritual reading, one married party must constantly help the other as both grow together in their spiritual life. God cannot become a competitor in marriage, nor does He want to. It must be agreed upon within reason by both that, on certain days, both will assist at Mass together.

PRAYERS said together, one answering the other, will influence the life of a couple beyond all proportion to the time devoted to it.

Some more advanced couples are reading the same books together, commenting on them, and laying the foundation of a common spirituality. More and more are reviewing the daily Gospel of the Mass. Even if they are unable to attend the next morning's Mass, going over the text in their Missal keeps them in contact with the daily life of the Church.

Where there are children in the family, prayers together, especially the rosary, have tre-

## 200,000 Pray For Hungarians

Fátima, Portugal — (RNS) — More than 200,000 Catholics from all parts of Portugal gathered with Hungarian exiles at the Shrine of Our Lady of Fatima here to pray for the victims of Soviet military oppression in Hungary. The great throng also prayed for the conversion of Russia.

Cardinal Gonçalves, Patriarch of Lisbon, led the pilgrims, each of whom made at least part of the journey to the shrine on foot and in silence.

The patriarch himself walked four miles of the way behind a bearer carrying the Hungarian national flag draped in mourning.

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We have heard many priests who wondered why young people who before marriage showed great Christian fervor and generosity, soon lose both after marriage. Could it be that they have been absorbed and carried away by a softness, a materialism, an overemphasis of the physical found in marriage and their spiritual life is drowned out?

We must rediscover that refinement and strength unknown outside of the Faith. Once we possess them, we must consciously prolong these virtues in our families from generation to generation. If a family is united in God, there will exist a unity of souls which no unity can surpass, no power destroy.

## Nuns Earn Living Teaching Chinese Cookery

By PATRICK CARROLL

Tokyo — (NC) — In a tiny building, not far from the Russian mission in this city, two refugees from the communists are earning a living and continuing their Christian missionary work by teaching Chinese cookery.

For 20 years two American Benedictine nuns have been chased from mission to mission by war and communism until they have finally settled in Tokyo. They capped their successful flight recently by publishing an intriguing little book called, "The Art of Chinese Cooking."

THE TWO NUNS, Sister Francis and Sister Regia, began their mission work in the Catholic University of Peking, China, in 1930. Later they moved to Kaifeng, Honan Province, where their education in Chinese cookery began.

As smiling Sister Francis says, "We learned to enjoy the tasteless and infinite variety of Western style cooking wasn't generally available."

"When Ta-Shih-Fu, our cook, would prepare a meal we would be right at his heels."

"We watched everything he did and sometimes stopped him in midway to measure exactly how much soy sauce or how many bamboo shoots he put into the dish."

"LITTLE DID we know that our interest would someday provide our daily bread," she adds smilingly, "and sometimes a little butter."

The butter she mentions was a long time coming. The pair were in Kaifeng when World War II broke out. Within a few days after the start of the war they were interned in a civilian concentration camp as enemy aliens.

They remained there for the duration of the war and at the end of hostilities returned to Kaifeng to continue their missionary work. Three years later, in 1948, the communist guns were booming at the gates of Kaifeng. The nuns moved to Shanghai but the Communists pushed them from there also. Finally they set up house on Formosa.

It turned out that this, too, was only temporary. With the outbreak of the Korean war the American consul there ordered them to Japan.

HERE IN TOKYO they moved into an already crowded Benedictine convent.

A big question remained. How could they help support the convent and themselves? The two searched for an idea and finally found it. They decided to teach the Chinese cookery they had learned so casually. There were hundreds of American service wives in the area plus embassy personnel and other foreign mission workers who would be interested in such an art.

Without advertising, except by word of mouth, the classes grew until they were crowding 150 students into the little convent classroom each week.

There was a secret to the popularity of the class. The students naturally got to eat such delicacies as the sweet-sour pork and Shrimp Foo Yung that they helped to prepare during each class.

MANY WOMEN brought their husbands to the classes. At one time there were the wives of several foreign ambassadors in class and also the wife of a four-star general commanding all United Nations and American troops in the Far East.

Before long the nuns' Chinese recipes were showing up on the menu cards of the better Chinese restaurants in Tokyo. This was a sure sign of their popularity.

It was climaxed recently with the publication of their book by the Tuttle Publishing Co. of Tokyo and Rutland, Vt.

On its cover the nuns have used a version of an ancient Chinese proverb: "Better that a man should wait for his meal, than the meal should wait for the man."

President Appoints Catholic Economist

Washington — (NC) — Dr. Raymond J. Saulnier, newly appointed chairman of President Eisenhower's Council of Economic Advisers, served as president of the Catholic Economic Association in 1943 and 1944.

Dr. Saulnier succeeds Dr. Arthur F. Burns as CEA chairman. One of the primary purposes of the Catholic Economic Association is the promotion of economic justice in the light of the social philosophy of the Church.



Noted author and lecturer Erik V. Keuhnelt-Leddihn told students at St. Bernard's Seminary last Sunday that Yugoslav President Tito seeks top spot as head of satellite nations, perhaps also a Kremlin post. He is shown with Rev. Robert McNamara, seminary professor who arranged the lecture.

## Lecturer Says Tito Seeks Top Red Role

Marshal Tito, "Independent Communist boss of Yugoslavia," aims to form a new "soviet union" of eastern European communist nations, and eyes a possible throne in the Kremlin.

This Tito goal accounts for the recent revolts against Russian domination in Poland and Hungary, according to the journalist and lecturer Erik von Keuhnelt-Leddihn.

Leddihn was in Rochester last Sunday for an address to students at St. Bernard's Seminary.

IN AN INTERVIEW, he stated that the Polish and Hungarian revolts are evidence of a "sharp division" in the Kremlin's once monolithic unity during the Stalin era.

Kruschev, communist party chief in Moscow, and one of Stalin's personal proteges, is bitterly opposed by deputy premier A. I. Mikoyan, he explained.

Mikoyan, according to Leddihn, is supported in Kremlin politics by satellite party leaders Tito in Yugoslavia, Gomulka in Poland, and Nagy in Hungary. Nagy, according to news reports, is currently safe in the Yugoslav embassy in Budapest.

THE VETERAN lecturer stated that the rise to power of Red leaders Gomulka and Nagy threatened Krushchev's position in the Kremlin. The Kremlin leader ordered Russian troops into Hungary in order to save his own neck and to warn Tito to mind his own business, he said.

A Hungarian victory for Tito-style communism would have been followed by a similar revolt in Czechoslovakia, then Bulgaria, and on through other satellite nations, the lecturer said.

With at least five nations in his proposed new east Europe "soviet union," Tito "could deal with the Kremlin on his own terms, even perhaps take it over completely," according to Leddihn.

Russia's intervention in Hungary is a temporary set-back for the Tito empire, he admitted but

recalled that Janos Kadar, the new premier in Budapest was once a friend of Tito. "Perhaps Kadar thinks the present climate demands collaboration with Krushchev rather than friendship with Tito."

Asked about living conditions in Iron Curtain countries, the lecturer said it was "immensely bleak."

"What about photos showing apparently prosperous life in Moscow?" he was asked.

"Moscow is a show case—net only for foreigners but for propaganda purposes throughout the provinces," Leddihn answered.

Moscow's prosperity is even at best far below ordinary standards of American or European village life," he said. "The automobiles you see are for the most part government owned—and used by government workers. But out in the provinces, conditions are bleak, immensely bleak."

He thinks the internal struggle in the Kremlin should deter the Soviet leaders from launching an all-out war.

But he feels that the breach in the west's unity caused by the British-French invasion of Egypt without America's knowledge or consent has bolstered Russian confidence. It may be that the Kremlin believes that it can now defeat the western free world and then settle its own differences later, he said.

LEDDIHN is an Austrian born writer and lecturer. His travels have taken him throughout America and Europe for first hand observation of events and attitudes of the people in these areas. Before World War II he served in Moscow as a newspaper correspondent for Hungarian newspapers. His columns are now carried in many American Catholic papers.

Princess Rainier  
New York — (NC) — Princess Rainier II of Monaco (Grace Kelly) has accepted an honorary membership on the board of directors of the Guild of the Infant Saviour here.

### "DON" BLANCHARD

"Don" is ready to help you decorate your home, office or saleroom in gay, festive spirit for the holidays. He has recently been in New York getting new ideas at the Metropolitan Flower School and buying different little items that you won't find duplicated all over town.

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## McQuaid High Jesuit Recalls Red China Prison Ordeal

(Continued From Page One)

of his spiritual director, a priest known to all of them. "Last night I went to confession in this room," he told them, "these things were not here—and you know it."

The Hungarians realized they had been duped and turned against the Red police with a quiet contempt of disbelief.

### "I WAS SICK AND YOU..."



Experienced missionaries have found the quickest way to the soul of a pagan is through his body—especially a sick or injured body, like this poor man. Missionary Nampalaramb, the pastor in Kaseer, India, agrees. In this town of 20,000 he has almost 7,000 Catholics and is eager to preach the "Gospel of Mercy" to the sick and lame at MARY, QUEEN OF INDIA HOSPITAL—it's still a dream. Won't you send a dollar TODAY, and soon I'll be a reality. Set costs \$25; you can order for \$25 or the operating room for \$2,000.

WHO WILL REMEMBER YOUR SOUL WITH MASSES? ARRANGE FOR THEM NOW. ASK ABOUT OUR SUSPENSE CARD.

**CHRISTMAS SHOPPING TROUBLES?**

We have an easy answer. Make all your gifts spiritual this year, and take care of it all from your armchair. Ask us to send to your relatives, friends, priests or nuns our new CHRISTMAS GIFT CARD—see beautiful that they'll keep it all year. It'll say you arranged for a Near East missionary to say Mass for them at Christmas time. Or that in their name you gave a sacred article to a mission chapel—Altar... \$75 Chalice... \$40 Altar Stone... \$10 Mass Bell... 5 Pictures... 15 Crucifix... 25 Candles for year... 25 Statue... 30 Vestments... \$50

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Would you like to have a heart full of grateful love to pray for you every day? **SISTER ELRED** in India will never forget the friend who helps her in her present difficulty. She needs \$150 each year for two years' training. Her poor family cannot help. Won't you? Send it anyway as long as you send it within a year—\$3 a week is enough.

**ST. JOHN OF THE CROSS**

His feast this week reminds us that in India we have two young lads, also named John, who hope one day to become messengers "of the Cross" to their pagan countrymen—that is, if we can find friends who will send us the sum we need each year (\$100) to keep and train them during the required six years. Can you find \$600 in six years in any installments, like \$2 a week, to help a future "John of the Cross"?

IS GOD IN YOUR WILL? PLEASE REMEMBER THE GOOD LORD AND HIS NEAR EAST MISSIONS IN YOUR LAST WILL.

HAVE YOU FORGOTTEN YOUR DEAD? November is almost past but his never too late to enroll them so that they share in 15,000 Masses offered each year for our members. They share also in the prayers and sacrifices of thousands of missionary priests and nuns in the Near East. Individuals are enrolled yearly \$1, and perpetually \$20. For perpetually enrolled deceased we have PURGATORIAL MEMBERSHIP CERTIFICATES which are a true work of art.

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