Rochester, N. Y.

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GOD LOVE YOU! By MOST REV. FULTON J. SHEEN

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ONCE upon a time there was a man who was afraid he was getting heart trouble. Knowing that the heart must have plenty of blood, he bemoaned the fact that so much of it was being "wasted" by being sent out to the hands and the feet. Keep all the blood "at home" became his philosophy. So he tied tourniquets around his arms and legs in order to protect his heart before caring for the extremities. But lo and behold! He discovered that his heart began to fail the more he hoarded the blood. As soon as he took off the cords and allowed the blood to flow freely through the body, his health refurned.

Which being interpreted means: The more we sacrifice for others, the more we help ourselves. Our home parish, our home dioceses have grave needs and must be helped, but every now and then we must think of others, for by a Divine Paradox, only by "losing our life do we find it." As sending the blood to the extremities of the body aids the heart, so making sacrifices for poorer missions at home and abroad helps the heart at home. The persons and parishes that are most blessed are those who are most conscious of the yearning for Christ among the Christ-less people of the world,

The left side of the heart and the right side of the heart have no direct communion one with another. There is communication between them only after the blood pours out from one side, and flows through the entire body and back again to the other side. So in the Mystical Body of Christ, each Catholic and each parish has communion and strength within itself, only when it dispenses its plasm of self-denial through all the cells of the Mystical Body of Christ throughout the world.

Last year the per capits contribution of the Catholics of the world to the Holy Father for the poor missions was exactly 2 cents. The per capita contribution of the United States October 19th. Sacrifice a few days salary, a luxury for self of the world in hope that our homes and our families will of the holy faith.



PRESENTATION of beautiful Papal and American flags to Holy Cross Church by Robert Quinn and Robert Fleming, (left) .took place before the 9 p.m. Mass, Columbus Day. Taking part were: Rev. J. Joseph O'Connell, pastor, standing between Mrs. William H. Quinn (left) and Mrs. Rose M. Fleming who directed the donation program. Flags are gifts of Holy Cross parishioners and members of Ira Jacobson Auxiliary, American Legion. (Courier Staff Photo.)



Washington, D. C. - (RNS) - Postal officials here concede that they forgot about a stamp issued 60 years ago when they said that Adolf II of Nassau, Archbishop of Mainz, is the first member of the Catholic Hierarchy to be pictured on BEACHFRONT VILLAS United States postage. Archbishop Adolf, who appears Deluxe Apartments. Completely furn-ished. Right on Gulf of Mexico, Pri-vate beach. Make reservations now. on the current Gutenberg Bible commemorative stamp, is merely VENICE VILLAS the first to be honored in his

Postal Officials Forgot

About An Archbishop

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Venice, Florida

Serve it

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Gutenberg. ACTUALLY, THE honor of being the first pictured belongs to Cardinal Pedro Gonzalez de Mendoza, Archbishop of Toledo and Primate of Spain (1428 1495), who is shown on the 30-cent stamp of the Columbian commemorative series of 1892 with the court of Ferdinand and Isabella as Columbus appears to announce his discovery of the New World. Design for the stamp was taken from a painting by Prof. Luigi Gregori, which is preserved at the University of Notre Dame, South Bend, Ind.

own right for his sponsorship of

ON SEVERAL other stamps of the Columbian issue, the first commemorative stamps ever issued by the United States, members of the Catholic clergy, some in hishop's robes, appear. However, they are unidentified by the