

WHAT'S DOING AT THE DALYS'

'To Market, To Market...'

By MARY TIMLEY DALY

Complete with soap and shortening coupons and empty soft-drink bottles, Markie, Ginny and I set off for the Saturday morning grocery shopping.

"To market, to market, to buy a fat pig..." Ginny sang. "Wonder what millionaire thought of buying a fat pig?" she went on.

"Two pounds of liver, please—not that calves' liver, beef liver will do."

"This is beef liver, ma'am?" the butcher said. "Calves' liver is a dollar thirty-nine. We keep it in the back refrigerator."

No wonder. Like crown jewels. We'd just have to have a third meatless day a week. We've had two, Wednesday and Friday, for a long time—so long in fact that Ginny thinks it's orthodox and came home shocked one day to report that a Catholic family down the street was "having meat on Wednesday!"

AND THAT THIRD meatless dinner a week is good—it's pretty, too, with its yellow corn, pale green aquadelle and lima beans, deep green string beans, the dark red beets, the golden-brown fried potatoes—all sorts of combinations or vegetables, just as there is variety of color and texture; some soft, some crunchy.

"Cheese biscuits!" "I could eat a million!" "Cheese biscuits or deviled eggs do add the necessary weight—in nutrition, not heaviness—and goodness knows, such a meal has plenty of vitamins! It's not the easiest sort of meal to prepare, as every housewife knows, with all those vegetables to be washed and cooked—and on a four-burner stove.

CALIFORNIA SALAD PLATE



Too hot to cook? Then this complete salad luncheon is the answer to your menu problems. The flavorful juicy California Valencia orange forms the center of interest, supplemented by other fruits and tiny sandwiches to make an appealing luncheon.

In order to make this salad plate, start with a delicious ripe Valencia orange. Peel the orange — one that is juicy and sweet, and just packed with healthful vitamins and minerals. Carefully peel the orange. Then stand it on end and cut across three times, being careful to leave enough uncut so the orange will hold together. Place the orange on a bed of romaine and fill the center with cottage cheese. Arrange sliced strawberries around the edge.

In one corner of the plate put slices of banana, boysenberries or blackberries in another spot. Add several small cheese-filled sandwiches and you'll have a satisfying, yet refreshing luncheon plate.

AMONG WOMEN

Family of Mary

By MARY LENNON SHYDER

"Recently as I was writing on the evils of the Planned Parenthooders, my clock struck ten so I interrupted myself mid-paragraph to tune in our local radio station WMBE to join in the Family Rosary for Peace. As I listened to Father Cirridone read the New Testament story of the Five Joyful Mysteries my mind traveled over what I had been writing.

The simple and lovely story of the first twelve years in the life of Jesus is an ever heartening reminder that every parent in a humble way shares in the joys and sorrows too, of Our Blessed Mother. What argument of the Planned Parenthooders can outweigh that?

And so it is, speaking for many, in a spirit of personal gratitude that I write today of the Family Rosary for Peace. So may we declare that we find as they pray for world peace a feeling of great personal peace is imparted to them.

ANALYZING this I believe the feeling comes in part from the thought that we are not alone in being concerned over world conditions. Furthermore while we may be unable to plunge ourselves into affairs of world import, it is reassuring to know that by praying the Rosary as Our Blessed Mother has asked us, we are using Her own peace formula.

I particularly like the word "family" applied to these devotions because, as often happens, although we may be kneeling alone, we are reminded as we join in with our unseen fellow worshippers that we are members of a vast family—the Family of Mary, the Mother of God and Mother of us all.

'Stars-Stripes' Lauds Nuns Work In Korea

Pusan, Korea — (NC) — The heroic job of medical assistance carried on here by U. S. Maryknoll and some native nuns rated a full-page spread in the U.N. Forces in Korea edition of the Pacific Stars and Stripes.

THE STARS and Stripes article described the work of the dispensary set up here under the direction of Sister Mary Mary Hirschboeck, graduate doctor and Maryknoll nun from Milwaukee. The dispensary provides treatment for over 400 refugees a day. Assisting five Maryknoll nuns in the work are seven Korean nuns of Our Lady of Perpetual Help.

In addition to treating refugees at the dispensary, the Stars and Stripes said, these "Angels of Mercy" visit "hundreds of hovels that serve as homes for Korea's refugees in Pusan." A jeep was recently donated to the nuns to help them in making their calls. In charge of this phase of nuns' charity work is Sister Agnes Therese Simpler, graduate doctor and Maryknoll nun of Philadelphia.

"CLIMBING down tiny trails that would tax a mountain goat," the Stars and Stripes said, "the Sisters visit patients too weak to come to the clinic. Crawling into the pitiful little shelters on hands and knees, they never know what to expect and are prepared for anything.

Exempt From Tax Columbia, S. C. (RNS)— Religious publications are among the few items exempt from South Carolina's three per cent sales tax, which has just gone into effect.

Only a handful of other items, mostly agricultural products or supplies, are untaxed.

Catholic Daughters Name Winners In Poem Contest

Syracuse — (Special) — Prize winners in the Creative Poetry Contest of New York State Court, Catholic Daughters of America, who will compete next month for national honors, were announced this week by Miss Marie C. Curry of Bellevue, state regent, after judging of 6,400 entries.

First, second and third place winners in each of three divisions open to Catholic school children will receive cash awards of \$25, \$10 and \$5 respectively. In addition, honorable mention awards will be made to four pupils, who also will have their poems judged in national competition.

STATE WINNERS announced are as follows: First division, (pupils in Grades 4, 5 and 6): David Burke of Beacon, first; Joseph Bender of Syracuse, second; and Patricia Muldoon of Mount Vernon, third.

Second division, (pupils in Grades 7, 8 and 9): Jessie Fordey of Hempstead, first; Rose Broccione of Kingston, second;

smarter than girls?

Compare your school record with the record of the average girl in the country. You'll find you're ahead!

Compare your school record with the record of the average girl in the country. You'll find you're ahead!

Convent of the Sacred Heart

6 Union St. Rochester 7, N. Y. Since 1857 Boarding and Day School for Girls Conducted by the Religious of the Sacred Heart College Preparatory, Primary Departments Academic.

B. Forman Co. advertisement featuring a woman in a dress and text: "Black beauty—carved velvet 29-95. Your little size for lunch and later, slim but curved, with softness everywhere..."

O-NEH-DA advertisement: "Wine that is Wine NEW YORK STATE Delaware Wine A PREMIUM GRAPE WINE AND A FULL LINE OF NEW YORK STATE WINES. These Fine Wines are sold at most neighborhood liquor stores. PRODUCED AND BOTTLED BY O-NEH-DA VINEYARD Since 1872 CONESUS, NEW YORK"

OUR LADY OF PERPETUAL HELP SUNDAY MASSES: 8:30, 9:45, 11:15. REV. FRANCIS J. HOFFER, Pastor

STOESSER SERVICE STATION 556 Norton St., cor. Seneca Ave. - EMpire 0149 MOBILE TIRES, BATTERIES & ACCESSORIES

G. Baries & Son PERRY'S PHARMACY EVERYTHING IN FOOTWEAR 826 JOSEPH AVENUE

OUR LADY OF GOOD COUNSEL BROOKS AVE., cor. Genesee Ek. Blvd. REV. LEO W. SMITH, Pastor

DECKER'S DAIRY WOLFF PHARMACY CREAM COTTAGE CHEESE GUERNSEY AND HOMOGENIZED MILK

Hunt's Hardware ICE CREAM & SHERBET JACKSON-BAILEY

A REQUEST TO THE MISSIONS AT DEATH! WILL STRENGTHEN YOUR MISSION IN LIFE! HENNER'S LIQUOR STORE

U. S. Pilgrims Attend Spain's Patronal Rites

Sanlúcar De Campeleón, Spain (NC)—The traditional observance of the feast of St. James the Apostle, patron of Spain, was held with special solemnity this year because of the participation of numerous foreign pilgrims. Among them was a group of about 200 from the United States headed by Archbishop Richard J. Cushing of Boston and Joseph E. Ritter of St. Louis. Other American pilgrims present included Bishop John J. Wright of Worcester and Edward F. Ryan of Burlington.

ANOTHER FOREIGN pilgrimage was led by Bishop Emile Blanehet, rector of the Catholic Institute of Paris.

NEED HELP? Come to the New service of St. Anthony and St. Jude Thursday every Tuesday of 12:15 and 5:15. At Our Lady of Victory, Pleasant St.

Country Cottons advertisement featuring a dress illustration and text: "No. 2081 is cut in sizes 10 through 40. Size 16, 4 1/2 yds. 33 in. or 4 1/2 yds. 39 in. Send 25c for each Pattern with address, style, number and size to Pattern Bureau, Box 42, Old Chelsea Station, Station, New York 11, N. Y."

CARDINAL FARLEY MILITARY ACADEMY advertisement: "First of modern tropical buildings under construction for fall term. CARDINAL FARLEY MILITARY ACADEMY. 618 Grand Street, Rochester, N. Y."

ROCHESTER BUSINESS INSTITUTE advertisement: "EARN WHILE YOU LEARN! LEARN WHILE YOU EARN! Half-Day Positions Available For Day School Students Registering For FALL TERM STARTING SEPT. 4th. Courses Available: SECRETARIAL, MODERN OFFICE PRACTICE, MEDICAL SECRETARIAL, BUSINESS ADMINISTRATION AND ACCOUNTING, SELLING AND ADVERTISING. 172 CLINTON AVE. S. ROCHESTER 4, N. Y."

Holy Cross advertisement: "4423 LAKE AVE. Masses Sunday: 6:30 A.M., 8:00, 9:00, 10:30, and 12:00 noon. REV. REV. EDGE LAWRENCE B. CASEY, Pastor

Charlotte Appliance advertisement: "4331 Lake Ave. 4433 Lake Ave. Furniture & Appliances Best Deal in Town Charlotte 1534 Charlotte 2223

WELLER MOTORS, INC. advertisement: "DODGE AND PLYMOUTH CARS Dodge JOB BATED Trucks New Cars and Trucks New on Display Five Selection of Used Cars Station St., cor. Thomas Ave. Charlotte 2600

PRAY advertisement: "It's A Grand Habit."

N. J. Miller's Son FUNERAL HOMES advertisement: "706 South Ave. - Monroe 0050 Richard J. Miller, L.S.M. 1625 Mt. Hope Ave. - Hillside 2810 EDW F. MILLER, L.S.M.

AUTOMATIC RUG CLEANING CO. advertisement: "674 South Avenue Repairing - Moth Proofing Phone MO. 0678

PETER ROUSSOS CONFECTIONERY advertisement: "Home Made Candies, Ice Cream 943 Clinton Ave. St. Monroe 9125

Reff's Bakery advertisement: "WE SPECIALIZE IN WEDDING CAKES AND CAKES FOR ALL OCCASIONS. 689 South Ave. MO. 4835. BUY FROM COURIER ACCOUNTS THEY DESERVE YOUR SUPPORT"

Vertical text on the right edge of the page, including "Rochester", "Big", "Alton's Fr", "W", "For list call City", "wiz", "and".