

Streamline Your Meetings

By MARY LENNON BRYDEN
President, Diocesan Council of Catholic Women

As we are in the midst of the preserving season a little story about pickling seems apropos. For years the mother of a friend of mine laboriously made mustard pickles, putting in everything which the recipe called for—cucumbers, cucumber pickles, onions, cauliflower, peppers, celery, string beans, and so on. Then each winter she watched the family equally laboriously fish for the universal favorites, cauliflower and tiny onions.

After having observed this family routine over a period of years this housewife decided that she might save herself a lot of work and keep her family very

After-Movie Hamburgers



Just the thing for that after-the-movie-party these hamburgers are appropriately served with assorted relishes and your favorite beverage. They make a hit with the children for lunch, too.

Recognize Various Veal Cuts In Dealer's Display

If the homemaker is puzzled over the various veal steaks in her meat dealer's showcase, here are some clues to their identity.

Mrs. Homemaker can easily recognize a round veal steak (commonly known as cutlet) because it has the same muscle and bone structure as a beef round steak. This is also true of a veal and a beef sirloin steak. However, two shoulder steaks—blade and arm—may be more of a problem to her. A blade long slender blade bone and the rib bones it contains. A veal arm steak is known by its round arm bone and rib bones.

All veal steaks are correctly cooked by grating. The veal flavor lends itself to many savory combinations. For instance, veal steaks may be served with a

Golden Fritters Perk Up Drab Fall Meals

Serve golden fritters to dress up a plain meal. Prepare these deep fat fried treats with meat or with vegetables or fruit to accompany the meat course. The point to remember in frying fritters is to keep the lard at a 360° F temperature. At this low temperature the fritters will be cooked through by the time the outside surface is browned.

What fritters to serve? If the refrigerator reveals leftover roast, pot-roast or steak, here is the homemaker's answer. Fresh meat may be used also—sliced, cubed or ground. Or the selection can be made from a number of the ready-to-serve meats.

Crisp vegetable fritters are often made with whole kernel corn, carrots, sweet potatoes or turnips. Common main course fruit fritters include pineapple, banana and apple.

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WHAT'S DOING AT THE DALY'S

By MARY TINLEY DALY

"Judge not, that you may not be judged..."

Solemn words, these, and we've tried to live up to them in dealing with our six children. We've found, though, as all parents find, that we must pronounce judgment to protect the rights of the underdog.

At our house, where a fast round is considered just a warm-up exercise, we've found ourselves often in the role of umpire. Thought we were doing all right, too. Thought so until recently—until we found our "strict justice" unappreciated, even by the underdogs.

Take last week, for instance. After Johnny went abroad he turned his magazine business over to Pat who tells patiently, getting renewals and nicking away at the "debtors' prison"—the still unpaid. The other night she worked particularly long, finally joining us on the side porch for a breath of air before turning in.

"Been trying to trace a check," she sighed. "A check Johnny endorsed and cashed without signature. I can't find who got away with a free subscription for an expensive mag. too."

"That boy!" the Head of the House thundered. "Careless and impetuous—turning over a mess like that for you to straighten. I'll tell him a thing or two when he gets back!"

"Does seem," I chimed in, "that the least he could do would be to have everything in order before he asked you to..."

"How can you even say such things!" Pat bridled. "Why,

The Book Is Right; Markie's Not A Disturbing "Elephant"

phant—or whatever you called her."

"But we think she picks on you, Mary," we said.

"She doesn't!" Mary as close to tears and trying desperately to express herself not an easy task for an 11-year-old against grown-ups. "Markie doesn't do anything more'n I do. I think it's mean to talk about people like that. I love Markie and it sounds like you don't."

We declared our love for Markie, said how we missed her and the zip she gives to our house. Mary picked up her fork and went on with her dinner.

THAT NIGHT we self-styled umpires got together.

"What'd'ya think?" asked the Head of the House.

"I think the books are right," I said. "That brothers and sisters are closer to one another than to either of the parents."

From now on we reserve judgment.

Hospitals Needed In Mission Lands

New York—(NC)—The vital need for more hospitals and other charitable institutions in mission countries was emphasized by Bishop Thomas J. McDonnell, Auxiliary of New York, in a statement concerning the October mission intention of His Holiness Pope Pius XII, "Care Of The Sick In The Missions."

Pot-Roast Variation
Prepare a pot-roast with a horseradish touch. When the pot-roast is browned, season with salt and pepper then spread drained horseradish over the meat. Add 1 cup of water, cover tightly and cook until tender. Thicken the liquid for gravy.

Catechism Attracts Emperor's Daughter

Kamakura, Japan—(NC)—The Canadian Redemptorist Fathers here were honored recently by a visit of Mrs. Higashi-kuni, daughter of the Emperor Meiji and aunt of His Majesty, the present Emperor. Mrs. Higashi-kuni has shown herself most friendly to the Redemptorists on various occasions and during her last visit was much impressed by the Stations of the Cross. After listening attentively to the explanations given, she asked: "Why don't you teach me the Catechism?"

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Spread Variety For Sandwiches

Every year at this time homemakers are on the lookout for sandwich ideas. What are some tasty and nutritious sandwich fillings that will interest youngsters who carry lunch to school, "day after day"?

First of all, turn to the many meats in your market. When buying a roast or pot-roast, plan for leftover meat. Then there is the wide assortment of cold meat cuts. These may be ground and combined with chopped vegetables for tasty sandwich spreads.

CANNED meats offer additional variety. For instance, little Vienna sausages may be split and spread lightly with mustard butter and placed in frankfurter buns for a surprise addition. Or ready-to-serve dried beef may be combined with cream cheese, a bit of horseradish and minced onion for a grand spread.

To increase the change, different breads may be used. Along with white or whole wheat include rye bread, Boston brown, Vienna, fruit and nut bread and hamburger and frank buns.

LETTUCE and tomato are good in many sandwiches, but they have a tendency to make the sandwich soft. To overcome this, wrap the lettuce and tomato slices separately and let the children make up their own sandwiches.

Pickle relish or other dressings for meat sandwiches also may be wrapped separately and included for pleasing lunchbox finds.

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