

AT OUR HOUSE We All Go to the Same Mass — at Different Hours

By MARY TINGLEY DALY

The week before Ash Wednesday, our house resembles nothing so much as a bunch of derelicts...

to know just what each one was giving up for Lent; also, that the penances mentioned were all right...

If they do observe the strict Lenten fast, it will mean extra-careful planning of meals to see that the "one full meal" allowed is truly that.

As to the small fry, the candy giver-upper will need some extra cookies and frosted cakes...

This no-eating-between-meals penance is harder to deal with — and it would be 10-year-old Mary who needs that extra glass of milk and cookies after school.

SO MUCH for the penitential idea of Lent — the self-denial part — but how about the positive side? How about prayer and inner spiritual growth?

From a 4-year-old's plucking "leathers" off a piece of cake, to the Head of the House's pulling himself out of the sack at 7 a.m. and giving up his two-packs-a-day, it's a unified effort.

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all others is the year of Our Lord, a true Anno Domini that this 1950 Jubilee Year will be remembered not for its bombs or cold wars or news headlines but for the prayer and penance of its people.

A 'TOM THUMB' WEDDING



Pictured following their marriage in Holy Rosary Church, Ashley, Pa., are Joseph Katalik, 4 feet, 6 inches, and Odette Piker...

Among Women Great Return To Books

By MARY LENNON SNYDER

President, Diocesan Council of Catholic Women

Catholic Book Week is improving, although that may be — to use a well worn phrase — darning with faint praise.



THIS WRITER is preparing a review of the Christopher Award Novel "The Three Wishes of Jamie MacRuin" and while this is in no sense a great novel...

To anyone raised in the Irish Catholic tradition its appeal is largely nostalgic, for it recalls the strong living faith of the Irishman at home or abroad.

In this field, not even the most enthusiastic copy writer of the best Catholic publishing house could claim indisputably that American Catholicism has produced any novelties of great stature.

Of course, the journey will be long and tiring. We will see miracles of tantalizing worldly things that will try to drive us off our course.

Finally, when we reach the summit of the hill and watch them crucify our Guide, not even His Cross will interrupt our view of the blue sky of God. It will, instead, redeem and make attainable that Heaven for us and for others because our Lent has been a good Lent — our penance has been hard penance — our prayers, strong prayers — our Holy Year, indeed a holy year.

Secs Cathedral London (N.C.) The massive all granite Cathedral of Oban, Argyleshire in Scotland, begun in 1831 on money collected mostly in the United States is expected to be completed this summer.

Youth Parade

Lenten Pilgrimage to Calvary

By MARY SULLIVAN

The other day the priest placed upon our foreheads blessed ashes in the form of a cross and told us to be mindful of our souls for until matoly our bodies would reduce to the value of an urn full of ashes.



At the time of this important sacramental of the Church, perhaps the only impression it made upon us was the black smudge it left on our foreheads or, perhaps, the only significance the priest's words has for us was the morbid warning that death is inevitable and laudable. True, the "Remember man," does say this, but it says much more.

IT SAYS THAT it is the Holy Year 1950 that this is the sacred year set aside by Pope Pius XII in which all the saints and the pleading figures of this century's apparitions will see their burst forth from their lairs.

Then the ashes and words of the priest turn into each one

AND YET, yesterday, with our ashens crossed on our brows, we all set out on a pilgrimage that will never take us to the catacombs or St. Peter's but will lead us, if we allow it, to the Cause of all churches and all martyrs' graves. We will walk alone across a burning desert alone except for the God Man on our right Who has taken our

Fawn's Fashion Flashes!!

AND RECOMMENDATIONS . . . TO ALERT SHOPPERS!

For those Lenten meals that so often present a problem why not try a tuna casserole as a variation (combining mixed vegetables with tuna, tomato soup and potato chips makes a hearty meal which the family will be sure to go for in a big way)

Now is the time to think about that new Spring outfit! If you want it to look your best and have your hip line smooth and becoming see Velma Chrome, Corset expert at the KATHERINE K CORSET SHOP, 1003 Temple Bldg. No appointment necessary.

Winter months are a time to serve that old stand-by of a salad, grated carrot and raisins. Every cook has her own way of making but we like to toss ours with mayonnaise and then sprinkle with silvered roasted almonds to give it a delicious crunch texture.

What better way is there to start these chilly mornings than with a good hot cup of coffee? The ATLANTIC SUPPLY HOUSE, 330 Main St. E., has that popular Excello brand coffee priced at 75¢ per pound. For your wheatcakes, waffles and hot biscuits you'll discover that your family will go for Maple Syrup in a big way. The ATLANTIC has pure

maple syrup No. 1 Fancy at 70¢ a pint or \$4.50 per gallon; No. 2 Choice is priced at 60¢ per pint and \$4.30 per gallon. Tea is an economical drink and there's nothing like it to pep you up. The ATLANTIC has English Breakfast tea for only 80¢ per pound. If you prefer tea balls you can get Atlas Tea Balls in packages of 48 for 55¢ or a package of 108 for 85¢. That makes it less than 1¢ per cup!!! Why not plan on treating your family to Dainty, Tender, Juicy, Little Neck Clams? You can buy them in cans at the ATLANTIC SUPPLY HOUSE at the low price of 39¢ per can. You'll find they will be welcomed to your table with cheers from the family so why not stock up today? The ATLANTIC SUPPLY has all the provisions the busy housewife needs so stop and shop at the ATLANTIC SUPPLY. You'll be glad you did when you see the variety from which there is to choose and the big savings that will be yours. It's the ATLANTIC SUPPLY HOUSE, 330 Main St.

A real Spring tonic — a pretty, practical, easy-on-the-eyes "Lip-Mirror" Every single woman who uses a Lip-Mirror needs a Lip-Mirror when she is applying it. Now her mirror belongs to her lipstick . . . is a part and parcel of the shining gold-toned metal case itself! No fumbling with purse mirrors . . . she just whisks the Revlon Lip-Mirror out of her purse . . . and glides in her favorite Revlon lipstick with artist accuracy! In either the regular or Lip-Fashion size — whichever is her favorite at the moment — either in \$1.50 plus tax — and comes in the 12 most-wanted Revlon shades.

A diamond is as valuable as it is admired. Be it for yourself or your loved one D. E. COVILL, 5 Seneca Arcade, has the ring that will suit your taste as well as your pocket book. Each one a gleaming bit of perfection, the diamonds at D. E. COVILL'S are priced from \$20.00 to \$5,000.00.

Raisin bread makes a welcome change for toast and sandwiches. A cream cheese and chopped walnut spread flavored with a little grated orange rind makes a delicious filling. For afternoon tea, toast raisin bread and butter it generously while it's hot. Then sprinkle it with cinnamon sugar and pop it into a hot oven or under the broiler for a minute or two. Cut into strips and serve.

Now is the time for the permanent. Don't wait another day to make that appointment with CLARA PALMER OLIVER, 45 Clinton Avenue, N. You can take advantage of the worthwhile offer now introduced at one of the leading hair stylists in Rochester. You can have a \$15.00 wave at the special offer price of only \$8.50. A woman's crowning glory is her hair so why not look your very best by letting CLARA PALMER OLIVER give you a wave regularly priced much higher? You'll be glad you went to CLARA PALMER OLIVER because your hair will be styled to glorify your natural beauty. Call HA 4876 today and make an appointment for your earliest convenience.

For further information on food and merchandise suggestions address requests to FAWN N. SCHIFFEL, SHOPPING COLUMN, COURIER-JOURNAL, 33 BOIC STREET, ROCHESTER, NEW YORK.

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HOT CROSS BUNS - Every Day During Lent - Made from rich Kuchen dough - 49c Doz. and Worth Every Penny - BELLS BAKERY - 625 TITUS AVE.

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EVERYBODY'S TALKING... About the way we clean formal and fancy cocktail dresses... they say, "You've got to hand it to Longman's." - Longman's DRY CLEANERS - 475 SOUTH AVE. - Phone HAMILTON 1080

BUY U.S. SAVINGS BONDS Near East Missions - Francis Cardinal Spellman, President - Messrs. Thomas J. McMahon, Nat'l. Sec'y - Rev. Andrew M. Regan - Rev. Joseph F. Connolly

Spring Training - That's Lent! An annual period for intensive conditioning of the soul. And the basic conditioning program is the same... exercise and diet. The exercise and diet of the soul are prayer and mortification. Mortification takes our minds off creatures. Prayer turns our minds to God. Let your Lenten prayer be the perfect prayer of Eucharistic Sacrifice. Have our missionary priests offer masses for yourself and your loved ones. Gregorian masses can be arranged for the living or the deceased.

RECEPTION CENTERS - The Baptistry and the Altar... terminal points in your church. At one end the Baptistry, where the new Christian is received into the Church. At the other end the Altar, where the Church receives Christ in the Eucharist. Without these reception centers church is just another house, not God's House. And that's the state of the Armenian Catholic Church in Hasace. With our help Bishop Zohrabian built the house a Baptistry for \$400 and a marble altar for \$500 will make it a house to receive Christ and Christians. Can you help?

FIVE LOAVES AND TWO FISHES - Christ, in His Church, is still trying to multiply a little to feed a lot in His own home-land. And he wants your help for this miracle. Five dollars means another blanket and supplies ten dollars another food package.

HOT STOVE LEAGUE - On a cold, snowy day in Tripoli Monsignor McMahon visited Bishop Kallias. "I found the poor old Bishop full of fire, and hovering over a little foot stove, the only heat he could boast... The Bishop was surely not in the right spot to cure the flu. But he was full of plans for the future, proud of what his priests have been able to do, thanks to the kindness of CNEWA benefactors." Out of this "Hot Stove League" session came an idea that will cost \$150 — a simple altar, tabernacle, chalice and ciborium for one of the most needed. To Bishop's small mission chapel, give that support is to raise a priest to the altar \$100 annually, \$500 for the course is the amount of need for each student.

MOVING PICTURES - No pictures are more moving than those telling the tragic story of the Way of the Cross. It is the story that moved God to pardon, men to penance, the Church to minister to the poor. The Near East missions need many Sisters. Many real women of sincere charity are eager for the work, but they need help: \$300 for two years of novitiate support. Mary supplied the word, Christ supplied the wine. Will you supply the wealth?

ACCENTUATE THE POSITIVE - That's the real spirit of Lent. Do something! "Giving up" things may mean leaving something undone. For positive mortification we suggest an occasional donation to altar candles. And you can "eliminate the negative" by making your donation a STRINGLESS GIFT. That's a donation without reservation, a gift to be applied where most needed. Your Stringless Gifts are our "emergency ration." We can draw on them to fill the unforeseen needs that occur without warning. \$1, \$100, any amount is a real help to the missions.

NAKED FOREST? - Tall, thin, naked lines traced against the dim twilight glow in the window behind the Altar—the altar crucifix and the candle-missions. And you can "eliminate the negative" by making your donation a STRINGLESS GIFT. Play in childhood days. A chilling sight—ill the warm flame of the candles, like the light of faith recalls the true, stirring meaning of the Cross and Redemption. We want to equip several mission churches with the crucifix and candle-sticks of our meditation. Fifty dollars is the cost.

Send all communications to: Catholic Near East Welfare Association - 400 Livingston Ave., at 46th St. New York 17, N.Y.

during LENT it's important to remember: TUNA is other delicate and delicious... or it isn't! A tuna dish is either a glorious success... or a dismal failure! There is one easy way to be sure that every tuna dish is a success... by getting this famous brand every time you buy tuna. It's always the same high quality, for only the tender light meat is packed. There's never any more... with this quality tuna. AT YOUR GROCER'S