

Diocese Opens Two Homes For Aged

Matthew P. Brady of Manchester and Laconia. He added that it was tentatively planned to dedicate the Mount Carmel Home in Manchester and the St. Francis Home in Laconia on September 12.

The buildings, which will accommodate 551 persons each, were constructed at a cost of approximately \$300,000 each and mark the beginning in a long-range program inaugurated by the New Hampshire Catholic Charities for aid to the aged and infirm.

An appeal from the big city really different from those in a small town? ...

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At Our House Worries Somehow Vanish

Ever feel swamped with trouble? Worries fly around your head thicker than dust from a vacuum cleaner when the bag suddenly loosens. Everything seems wrong. Life is just one complication after another, blended together into a vast maze of misery.

Guess that happens to all of us, occasionally. You try to think the thing through, get muddled up worse than ever. No wonder we read articles in magazines, month after month, entitled "Why Worry?" They all have good advice but it's hard to remember vague generalities when those worry-thickened days arrive.

Prayer, of course, is the great panacea; but it's easier to pray when your mind is clear, and there's a worldly trick I've found that helps direct that prayer into the right channel. It helps localize the worries — the way you put hot compresses on an infection ...

It's a childish trick, perhaps, but we're all childish when in trouble. Maybe you've tried it too: listing those troubles — writing them down 1, 2, 3, 4, 5 and 6, in the order of their importance. Chances are even on the worst days, the list won't be longer than six. Then the first prayer goes for No. 1, and so on down the line.

AT OUR house, we were all in a fix over a business upset the Head of the House was going through. It looked discouraging, financially. We were on edge from anxiety. Then it seemed as though everything else went wrong at the same time.

Three weeks later, the business deal was still discouraging — better make another list, with a check mark beside most of the items. There was the business deal, all right, still unchecked, but it was No. 5 on the list. And what of

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NO. 1, checked, read: "10 pounds (minor)." I had to laugh when I list annoyances as well as troubles, just to extend the list and to show how awful things were ...

I tore up the paper — said a prayer of petition for a happy outcome of the business venture, of course, but also prayers of thanksgiving that a mere financial upset could be No. 1 worry in a family the size of ours, eight people!

Dionne Quints Will Go To Lourdes Paris — (RNS) — Mrs. Oliva Dionne, mother of the Canadian quintuplets, has announced she will bring her daughters on a pilgrimage to Lourdes next year. She made the announcement after a visit to the famous Catholic shrine during which she prayed at the grotto each morning. Two nuns accompanied her on her visits to the shrine.

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FUTURE U. S. AMERICAN CITIZENS



Foreign-born war brides of American servicemen learn the requirements of American citizenship, in a special instruction course at the U.S.O. Club operated by National Catholic Community Service, at Columbus, Ga. More than 50 wives, representing 10 foreign countries are taking the USO instruction to prepare them for becoming U. S. citizens. In the photo, Mr. B. O. Quillan, Jr., University of Georgia, Off Campus Center, explains the meaning of the American flag to wives of servicemen stationed at Fort Benning, Ga. Left to right: Mrs. Charles O. Cook, from Berlin; Mrs. Joan Thurman, Swetwick, England; Mrs. Eva C. Snyder Budapest; Mrs. Wanda V. Freese, Florence, Italy. (NC Photos).

Institutes To Seek 1% Good People To Counteract 1% Bad

St. Paul, Minn. — (RNS) — The Confraternity of Christian Doctrine is hunting one per cent of the people who will attempt to counteract evil done by another one per cent, according to the Very Rev. R. C. Bandas, director of the Confraternity for the St. Paul Catholic archdiocese. Into the new campaign will be incorporated the principles of The Christophers or "Christ-bearers" founded by Father James Keller, Maryknoll missionary. The introduction will be effected, Father Bandas said, through one-day institutes to be conducted in the 13 deaneries of the St. Paul archdiocese.

"ONLY ABOUT one per cent of humanity is causing all of the world's major troubles," Father Bandas said. "But each one of this small group is a missionary."

PILGRIMAGES to the SHRINE of Ste. Anne de Beaupre and C-O-O-L CRUISES of the ST. LAWRENCE and SAGUENAY RIVERS - CANADA Departing Sundays AUGUST 28 SEPT. 4 - SEPT. 11 - SEPT. 18 SPIRITUAL LEADERSHIP - ESCORTED MAKE RESERVATIONS TODAY! AMERICAN EXPRESS - CATHOLIC TRAVEL LEAGUE 300 Delaware Ave. Dept. B Buffalo 2, New York Telephone MOh461 7373

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Philanthropist Dies Elizabeth, N. J. — (NC) — Albert F. Bender, 65, realtor, lawyer and Catholic philanthropist, who died August 9 at his home in Montague Mass. established St. Walburga's Orphanage in Roselle, N. J. and the Bender Memorial Academy here. BUY U. S. BONDS

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Near East Missions Francis Cardinal Spellman, President Mgr. Thomas J. McMahon, National Secretary Rev. Harry M. O'Connell Rev. Andrew H. Rogosh

Christ's Vicar Begs As we sat in conference this morning with the workers of various relief agencies—and listened to heart-breaking but official reports about the Refugees of Palestine, we could not forget the words of the Holy Father "The situation of the Refugees is so uncertain and precarious—they cannot bear it much longer. We beg and exhort noble and generous souls to help—according to their means—these exiles who are suffering, who have been deprived of everything" ... For starving children, emaciated nursing mothers, for homeless and hopeless families we ask at least— Food Package! ... Will you give one (or more)? They cost us ten dollars.

MARY NEVER FORGETS Next Monday—August 22nd, at every altar the wide world over: Holy Mother Church will honor the Immaculate Heart of Mary ... Won't you join in this litany of praise by making a donation to the National Shrine Chapel-of-Our Lady which we hope to build in Tiruvannam, India? She will never forget your generosity—but will reward you for every gift—one dollar, ten or one hundred.

A HOSPITAL ON WHEELS Mother Six the Superior General of the Ladies of Nazareth has been asked by Bishop Assaf to establish a mission in Transjordan, where there is overwhelming poverty, sickness and disease. The good sister has just come back from Amman and writes us that the only solution is a portable hospital that will be able to go into the outlying and hidden villages—to minister to the sick—and teach these poor people in the name of the Compassionate Christ. We need fifteen hundred dollars to equip the Sisters in this Christlike work ... It will bring God into many a home and heart. If you can't give the whole amount—would you give ten or twenty dollars for this Hospital on Wheels?

FAGGALAH Patriarch Mark Khouzam of Egypt is building a Cathedral at Faggalah in Cairo. The sketch he sent us shows it will be of lasting and unusual beauty ... He asks pictures (twenty-five dollars), statues (fifty and eighty dollars), marble altars (one hundred and fifty dollars) ... If you want to honor some patron saint—or establish a beautiful memorial in a grand and lofty Cathedral—here is your golden opportunity.

OUR MYSTERY GIRL She really is not a problem—but her name is Josephine Mistrich. She has completed her preliminary studies and the Rosary Sisters of Jerusalem will accept her as a postulant if we can find a kindly benefactor who is looking for a "Little Sister" ... We need three hundred dollars for her two years of training ... Would you like to adopt her—and have your own "Little Sister" praying for you and your loved ones—through the years?

SHARE IN THE PRIESTHOOD Perhaps you cannot afford to educate a priest—but you can share in the priesthood's wondrous powers—by joining our CHRYSTOSTOM'S ... Your gift—or your dollar-a-month dues, supports our students in the Seminaries of the Near East ... Vocations are plentiful—support is our problem ... God must bless those who help our future priests on their way to the Altar.

DWARFS THE ATOMIC BOMB One Mass is far more potent than a thousand bombs. For the Mass touches and moves the very Heart and Hand of God ... A Mass of thanksgiving—of petition—of reparation is the most acceptable offering you can make to God ... Our Near East priests—or Refugee priests need Mass Intentions ... With your Mass offerings they support themselves and some of their people ... Send your Mass Intentions to our office—for they will speak eloquently to God for you—while at the same time they aid our penniless priests.

RAGS - RAGS - RAGS According to a recent report of a trained United Nations observer our Refugees will be in rags by the end of October ... Please send any used clothes that you will not need to our CHRYSTOSTOM'S Warehouse 52-15 Flushing Avenue, Maspeth, L. I., N. Y. ... God and Our Refugees will thank you for clothes—or any donation to our Refugee Fund. Send all communications to: Catholic Near East Welfare Association 480 Lexington Ave. at 44th St. New York 17, N. Y.