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Teen Talks
How Do You Look?

By NORMA DE PREZ

From top to toes, it is personal appearance that scores high. Have you checked up on that girl who has been peeking out at you from the mirror lately? Perhaps she is a Mona Lisa and a Bergman all rolled into a trim corduroy suit. Fine, or early morning dew? There is nothing more disconcerting to a girl than to have a halo of curls transformed into just a hank of hair before intermission at the Harvest Hop. A permanent wave may dispel all such worries and at the same time give more body to your teen-age tresses.



There are a few who can captivate the crowd with the long straight locks. You know, the Veronica Lake type. While on some the curls coils are good, on others they produce only that water-spangle look. Choose the hairdo that is most becoming, regardless of the current fad. Before you take the scissors in hand, remind yourself of the cutting remarks that may ensue. Bushy curls, a center part and bare ears are among the hair don'ts for those with round faces. If you have a long narrow face, soft curls and a high diagonal part will be most becoming.

YOU'VE HEARD it said often that beauty is only skin deep, but the depth of your loveliness may be determined by a clear and healthy complexion. Even the Jeanne with a thousand soaps and water facials are best. Every night the daily accumulation of dirt and makeup should be removed. There is no better recipe for a peachy and cream complexion than a good amount of exercise, fresh air and at least eight hours sleep.

Too many chocolate creams and root beer sodas are not at all advisable. That drug store glow of health cannot do everything. Large quantities of dark powder and cake makeup, or that vivid perpetual blush will never convince anyone that you have wintered in Florida. Most girls usually discover that it is the upkeep of heavy makeup that becomes bothersome. If we put the issue up to a male vote, we'll find that most boys prefer the sweet sixteen type, even if her nose does get shiny.

Some contend that position in life is everything. Whether it is or not, we may be sure of one thing: good posture is important. It may take a few gymnastics and frequent reminders from Dad, but correct posture is worth it. Head high, shoulders back and abdomen in may add a new lift to living (or walking at least).

Scuffing along in loafers always announces your arrival, but a knock at the door would be more acceptable. If you are self-conscious about your height, round shoulders and head hung low will only call more attention to it. Those in the five-foot-two-inch-and-under class will discover that erect carriage will enable them to get up in life.

A PLEASANT personal appearance depends upon those details so easily forgotten. Seldom any girl can get through a week (let alone a lifetime) without being reminded about the eternally hanging slip. They have camouflaged the information in sundry ways, but it is the same brutal truth.

Before you leave the house, check with a full-length mirror or with Mom. In avoid such gentle hints, PHD (petticoat hanging down) or a reminder of the climatic conditions in the south. Another little hint: stocking seams should always be straight (and not like the Burma road). Heels look best if straight; a clean handkerchief and immaculate white gloves are musts.

It might be "tea formation," a dinner date or a football game, but it is always best to wear the appropriate clothes for the right occasions. If the hostess

POSITION NOT EVERYTHING



Five-year-old Robert Cirilo is not exactly in his most comfortable position in Holy Family Hospital, Brooklyn, but he's not complaining. Run down by a truck, both of his legs were broken and the splints and pulleys, are dictated by medecois who are just as interested as Robert in getting the youngster back on his feet in a hurry. Sisters Loreta and Patrice are doing their best to make him comfortable while he partakes of a meal. (AP Photos)

Women's Viewpoint
The Old Upright

MARIE WEIDMAN



Later on, when our generation is merely another chapter for the history books, social historians will offer the proper profundities on our attitudes, progress and mores. But they will overlook one thing, though searching as their analysis doubtless is bound to be. It will certainly be unscarcely to note that this era has witnessed the Passing of the Upright Piano. Yes, that ugly perpendicular mahogany is fast disappearing from the American home. Once a symbol of middle class respectability and solidity, the old upright has been relegated to some dim and unmusical limbo of discards, since it no longer seems in keeping with our modern domestic interiors.

Perhaps this means fewer children than formerly "take" piano lessons, or now it may be that only those actually exhibiting some stirring of musical ability receive piano instructions. This more selective group probably does its practicing at the graceful and gleaming spinets now so much in vogue.

HOWEVER, a decade or more ago, in homes boasting both piano and children, inevitably the family instrument of the immortals was certainly to be played more or less accurately by at least one of the children. It was a dubious distinction for the one so chosen. The thrill of a new music roll the first awkward arching of stiff fingers over keys was short lived as it became obvious that one would definitely not be able to whet out When Lix Eyes are Smiling" by the third lesson.

There must have been a Sister Basil for every piano student in those days, you visited her on Wednesday afternoons between four and five. Across an open lot, up a crooked street, thru an iron gate and into the serene all of Sister's convent music room. This room itself was a joy to behold. Its walls were covered with vivid prints of the martyrs just as they were about to expire. Each Wednesday visit revealed some new agony and horror in the pictures, some fresh warning for good Christian children. One's mood were light there was a smiling St. Cecilia on the back wall, serene as she strummed a harp-shaped amid angels with divinely curly hair.

You could tell Sister Basil was a genius for besides being able to tell when you struck the wrong notes WITHOUT EVEN WATCHING YOU, she painted delicate china and best of all she mounted butterflies. These wonderful creatures, all crimson, blue and purple, impaled forever on deep green velvet, distracted nine-year old attention even from the benign Cecilia.

SISTER BASIL, herself was quick and incisive like a chromatic scale, and her face was round, a bit like a whole note. She hit lazy fingers throughout the lesson groaned at the sloppy F sharp scale, invoked the saints on St. Jerome's dull old finger exercises and by the time one reached "Edelweiss" (C#), she was ready to mount the quaking pushy next to the blue butterfly in the end case.

But as that wonderful minute hand neared five o'clock, Sister's humor became restored as she

Days of Recollection Set At Cenacle for Societies

Group Days of Recollection have been scheduled at the Convent of Our Lady of the Cenacle, Rochester's new retreat house for women at 698 East Avenue, while the Religious of the Cenacle await completion of facilities for closed retreats.

Rev. Richard T. Torrey, associate editor of the Catholic Courier Journal, will conduct the first of these Days of Recollection Saturday and Sunday, Oct. 9 and 10 for members of the International Federation of Catholic Alumnae, Rochester Circle. The program of each day begins with Mass at 9 a.m.

Social Workers of Rochester will take part in a one-day retreat on Sunday, Oct. 17, and on the following Sunday, Oct. 31, employees of the Telephone Company will be accommodated at the Cenacle. Rev. Dr. Elmer McNamara of St. Bernard's Seminary faculty will be in charge of exercises for the latter.

OTHER DATES have been tentatively engaged. Since the chapel will seat only forty persons, individuals and groups interested in making Days of Recollection are urged to make reservations as soon as possible.

A Day usually begins at 10:30 in the morning and includes three meditations, dinner at the convent and Benediction of the Blessed Sacrament. Closing is at 4:30 p.m.

The Religious will also open Discussion Circles beginning Monday evening, Oct. 3, and meeting fortnightly. St. Raphael's Guild for Professional Women, meeting monthly on the first Tuesday of each month at 7:15 p.m. will hold its first meeting Oct. 5 with Rev. Albert J. Sham on as director.

Catechism classes for young children will get underway Tuesday at 3:30 in the afternoon. All the youngsters enrolled must have their pastor's permission.

Information regarding Days of Recollection, Discussion Circles and Catechism Classes may be obtained by calling Reverend Mother Angela Murphy (Monroe 4500) or writing the Convent of Our Lady of the Cenacle, 698 East Avenue, Rochester.

recommends casual clothes, your stylish black taffeta would be out of order.

You may "live" in that wonderful sport suit weekdays, but Friday night's date for dancing demands the more delicate touch of waltzes or craps. Comfort is insured and self-consciousness abandoned if you dress properly for the occasion. Personal appearance is important! How do you look?

5 Sullivans' Mother Gets 1st Stamp Issue

Washington (AP) — The first sheet of the three-cent Gold Star Mothers commemorative postage stamp has been presented to Mrs. Thomas F. Sullivan of Waterloo, la., mother of the five heroic Catholic brothers who went down together aboard the cruiser Janau.

Postmaster General Jesse M. Donaldson announced here. The Sullivan brothers, Albert, 20; Madison, 22; Joseph, 23; Francis, 26; and George, 29, enlisted and asked to serve on the same ship in a sea battle off the Solomon on November 14, 1942. The Juneau was sunk. Survivors said George had died on a life raft and the others were caught below decks when the cruiser went down.

Mr. and Mrs. Sullivan have received many honors from the Church and the nation for their sacrifice.

School Model



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Men who do not wish to become priests but feel called to the SOCIETY OF JESUS AS BROTHERS are invited to write to REV. JOHN J. MCKAY, 23 501 East Portland Rd., New York 58 N.Y. — Tel. 882-6100. AD. (elementary education) or 882-6100 (high school education) preferred. Ages 18-45. Jesuit Brothers do not study or teach but help in the temporal concerns in colleges, churches and foreign missions.

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Good Bye, Heroines!
This month five more American Medical Mission Sisters leave for India, where we have a free hospital for the sick poor at Mary Girl. They must bring with them much needed medical supplies, obtainable only here. We have to provide \$300 for them, and we beg you to be among those who will help us.

CAN YOU ADOPT HIM?
Giorgios Melosa just nineteen has recently begun his last six years of training for the priesthood at Cheron East Africa. Can you make him your adopted son in Christ and give the six hundred dollars needed. He will pray for you every day.

BEAUTIFUL FACES
On the island of Sera off the coast of Greece Bishop George has a humble little cathedral, no bigger than a parish church. He wants to adorn it with two special pictures of Our Lord, the other of Our Lady. Each will cost fifty dollars. Can you give one?

ROSE OF CARMEL
On October 3, feast of the Little Flower, we ask old members to renew. Won't you be a new member? One dollar yearly, twenty perpetually entitles you to remembrance in 15,000 Masses of grateful missionaries. We use everything received for our stringless gift fund.

CRUST OF BREAD
The smallest gift for ORPHAN'S BREAD will be deeply appreciated by our thousands of homeless children, particularly in the Holy Land. You are their only hope. Do not let them starve in the land where Jesus taught us to love little children.

IN MONIA'S NAME
Members of the MONICA GUILD Near East Avar Societies give a dollar monthly to provide vestments for needy missionaries. Recently Bishop Denis Varouch asked for five hundred dollars to replace tattered vestments. Your dollar added to others will help.

THINK OF THIS
St. Michael's Chapel in Shanghai has the largest number of Russian Catholics in the world, only five hundred. Next to it are two schools for poor Russian children, run by the Jesuit Fathers and the Sisters of St. Columba. Father Witkec urgently asked us for five hundred dollars when we visited there. What you help him? God stays with Russia through China.

OVERWHELMING
A food package costs only ten dollars, but when we are asked for hundreds of them the cost is staggering. Won't you help us? For years we have been sending them to our refugees in Europe but now some pitiful pleas from Palestine, Nazareth and Bethlehem are full of starving homeless children. Please do help us.

WHY NOT DO THIS?
We have beautiful Mass cards for the living and dead. Why not have one of our missionaries offer Mass for a friend? We notify through a love card.

DEVOTED DAUGHTER
You may extend Christ's Kingdom through your own devoted adopted daughter. A Sister of Perpetual Help at Harissa, Lebanon, her name is Marie Khrouf, nineteen years old, now called Sister Andrew. Her two years of training will cost three hundred dollars. Won't you adopt her?

IS IT TRUE?
The bell summons others to church, but never goes there itself. The little sanctuary bell, given for four dollars to a humble mission chapel, heralds the Lord's coming at Mass.

JUST A LEGEND?
Was St. Dismas the Good Thief once the leprous baby cured by the Christ Child? Write for "TWO FACTS" which we send to all who add even a mate to our Damien Lepers Fund. We help thousands of these outcasts every month.

CHURCH SONG
Gregorian chant official song of the Church, is named after Pope St. Gregory the Great. So are the FACTS" which we send to all who after days for thirty days for a loved one departed. Write for our leaflet.

Send all communications to
Catholic Near East Welfare Association
480 Lexington Ave. at 46th St. New York 17, N.Y.

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