

Sodalities of Our Lady

Atomic Leaders

By REV. ROY B. MORPHY
Diocesan Director for Sodalities

We present the two final talks given by four young Sodalists from Holy Family High School in Auburn at the November 18 meeting of the Rochester Students' Sodality Union...

Atomic Leaders: Sodalists in Social Life. We have all seen what energy the atom, the smallest division of matter, possesses...

A Sodality must be a leader and he must show his leadership by refusing to do anything which is against Catholic Morals...

It might enumerate, by way of illustration, 5's which every worthwhile Sodality could use to advantage...

1st Courtesy—Does our courtesy to our parents, teachers, classmates, fellow-Sodalists resemble the Courtesy of Christ?

2nd Cleanliness—Here, I am not referring to the cleanliness of person; rather, I am referring to clean speech, clean reading, clean living...

3rd Correctness—I am not discussing grammar now but I am suggesting that Sodalists have been known to act as bores, in their homes, by their selfishness to their parents, brothers and sisters...

4th Co-operation—After Christ's Resurrection, Peter said, on one occasion, "I go fishing."

5th My last C is Courage. When Macbeth, whom we are studying in our Senior Year was breaking, his wife, more daring than he in her ambition, tells him "to screw his courage to the sticking point"...

It is up to us, Sodalists, to generate all the energy that is possible to make us atomic in combating these wrongs in offices. Probably the most crooked of all business is politics...

It is not sufficient for a Catholic to go to Church on Sunday, receive the Sacraments, and then forget about his religion until the following Sunday...

one's breast to the saber-thrust alone in daring. Courage is to grieve, to have the hurt, and make the world believe we are not caring. Courage does not consist alone in dying for a cause; to die, is only giving. Courage is to bear the daily daggers of relentless steel and keep on living.

Theodore McLaughlin, Class of '47, Holy Family High School, Auburn, N. Y.

Atomic Leaders: Sodalists in Business

Today, we envision the atom according to its scientific definition, as the smallest particle of matter possible. We realize that the atom and isotopes of uranium have been a motivating force in making the people of the world stop and ponder the power of the atom...

Can't we use a similar power as Sodalists in Business? Business may be defined as "one's personal concern or rightful work."

What do we now consider OUR BUSINESS? That's right, the business of attending school. How many times do we stop and think of school as OUR BUSINESS?

If we start here in school and do the work, including all the activities of school life, we can and must be atomic. If we disregard the wrong things, such as skipping homework, talking back to teachers, disturbing classes, we can and should get those who are causing these disturbances.

It has happened more than once, that if a Sodality said something to a Non-Sodality, often the Non-Sodality will correct himself and follow the atomic Sodality in doing what is right.

Probably the most crooked of all business is politics. There was a case, where, because of what a man believed, he was deprived of the highest office in the government. We, as Catholics, and even more so as Catholic Sodalists, must do the same.

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John Fitzpatrick, Class of 1947, Holy Family High School, Auburn, N. Y.

Calendar of Feast Days

Sunday, Dec. 1—St. Eligius, who died in 653, was a goldsmith of Paris at the court of King Clovis. His great delight was in making shoes for the poor. His striking virtue caused him a layman and a goldsmith. He was made Bishop of Noyon, and his sanctity in his holy office was remarkable. He possessed the gifts of miracles and prophecy.

Monday, Dec. 3—St. Vibiana, Virgin and Martyr, was a native of Rome. After her mother and father had been killed, she was seized and an effort was made to destroy her faith. When this failed, the Saint was whipped with scourgings until she died.

Tuesday, Dec. 3—St. Francis Xavier, a young Spanish gentleman, was teaching at the University of Paris when St. Ignatius of Loyola influenced him to undertake the life of a missionary. After a brief stay in Rome he went to the Far East, where for twelve years he labored in Hindustan, Malacca, and Japan. He died in 1552.

Wednesday, Dec. 4—St. Barbara, Virgin and Martyr, was denounced before the tribunal by her own father, who was enraged to find that she had been secretly converted to Christianity. She suffered martyrdom.

Thursday, Dec. 6—St. Sabas, Abbot, who was one of the most renowned patriarchs of the monks of Palestine, was born in 422. After a number of years of monastic life he took up his dwelling in a cave high in the mountains above the Brook Cedron. A community was later established under his direction. He was ordained by the Patriarch of Jerusalem and made Superior-General of the Anachorites of Palestine. He died in 532.

Friday, Dec. 6—St. Nicholas of Bari, patron Saint of Russia, was born toward the end of the third century. His uncle, the Archbishop of Myra and Lycia, ordained him to the priesthood, and made him abbot of a monastery. On the death of his uncle he was elected to fill the vacant Archbishopric. All his life he was the special protector of the innocent and wronged.

Saturday, Dec. 7—St. Ambrose, Bishop, was of a noble family and was Governor of Milan in 374, when a Bishop was to be chosen for that See. He was present at the election only for the purpose of maintaining order, but to his surprise the choice fell upon him, although he was only a catechumen. It was he who administered St. Augustine to the Church. He died in 381.

NCCW REPORT MADE BY BISHOP

Washington—(NC)—In the report on the activities of the National Council of Catholic Women submitted by Bishop John F. Noll it is noted that with spiritual formation of the laity as one of the basic elements of the N.C.C.W. program, a continued emphasis has been placed on the development of Religious Discussion Club leaders, on the sponsoring of marriage forums, Catholic libraries, retreats, and diocesan family life programs.

During the past year new Diocesan Councils have been established in the Columbus and Richmond dioceses, bringing to a total of 4,568 the number of organizations affiliated with the N.C.C.W. These now embrace 75 Diocesan Councils (4,568 affiliations), 17 national organizations, seven state organizations, and 138 affiliations in dioceses where the Council is not yet established.

It is reported that the N.C.C.W. was represented at four international, twelve governmental or semi-governmental, and 16 secular organizations' conferences during the past year. Indicative of participation by the Women's Council in the enterprises mentioned are times ago the sections of the report devoted to the United Nations, UN RRA, and war relief projects; regarding all of which problems the Women's Council has acquainted the U. S. legislators with their interest and support. Action taken by the N.C.C.W. in helping to arrange a welcome for Catholic foreign brides of servicemen also falls into this category.

Rochester Diocesan Council N. C. C. W.

BY REV. ALBERT J. SHANNON. It is said that the late Holy Father, Pius XI, once lauded women's groups for the fine resolutions they passed, and then added, "But do you execute the resolutions you pass?"

We, who have just completed the 12th Diocesan Convention of Catholic Women. It was a success in every way; a testimony, indeed, to the indefatigable work of the various committees. It gave us a most capable Diocesan President in Mrs. Frank T. Curtis. But it also gave us a group of fine resolutions. Now the real test of the Convention's success is on. Will we carry out the resolutions passed? Or shall they be like the proverbial good intentions with which the road to hell is paved?

To prevent this we urge Deans, directors and presidents to study the workings of N. C. C. W. Any national organization is intricate, and as a result hard to understand. Many a long hour we poured over Civic books to grasp the workings of our Federal government. An understanding of the National Council or Federation will demand no less effort. First, therefore, study what it is. Secondly, convince yourself of its necessity. For there are many who can see no reason why all the parishes of a diocese should federate, just as many in the days of the American Revolution could see no reason why the thirteen colonies should congregate to form the United States. Poor Benjamin Franklin had to tour the more than thirteen colonies to make dawn on them the truth that only in unity is there strength. Deans, directors and presidents, you will have the same difficulties. But what costs nothing is worth nothing. Go out to parishes not yet affiliated, therefore. Explain what the Council is; once they know, they will join of their own accord.

As regards organizations already affiliated, we ask them to work on two projects for the present. First, to foster homes. Will each dean strive to submit to the Diocesan Council of Catholic Women ten names of parents willing to give some homeless child the blessings of a home?

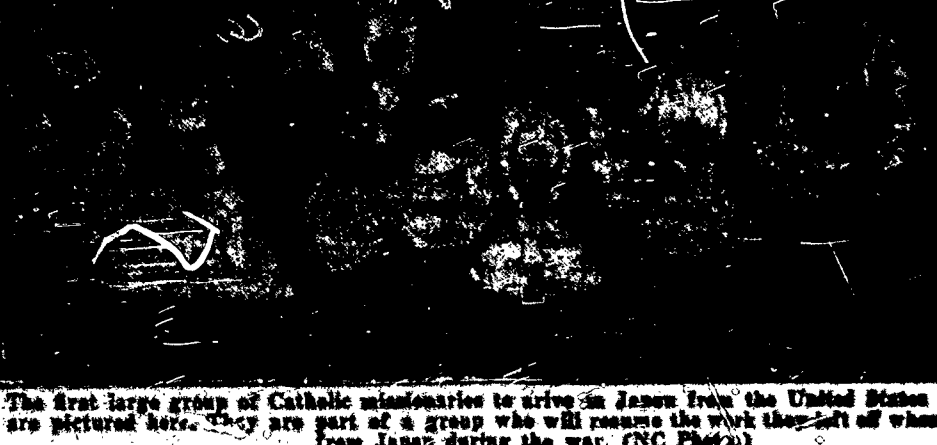
The second project is co-operation by the Diocesan clothing drive, Christmas is in the air. But Christmas is a time of giving. For that is why there is a Christmas. God gave—that was Christmas. His Son was given to give—to give His life. And ever since then, men have given to imitate God. But never have we had the opportunity to emulate God as today. For never since the first Christmas have there been so many in such dire need for gifts. Gifts as was given to you, and you shall receive a blessed Christmas and Christmas questing.

Sodalists Schedule for Pope Pius XII

St. Louis—(NC)—The traditional Sodality triduum of Masses and Holy Communions before December 8, the feast of the Immaculate Conception, for the intentions of the Holy Father will take place again this year, according to announcements sent to Sodalists in the United States and Canada from the central office of the Sodality, 607 1/2 Masses and 6,360 Holy Communions.

Last April, the Pontiff received at an audience Miss Dorothy J. Willmann, representing the Sodalists of America, and told her: "From the bottom of my heart I thank them. . . . Just pray, continue to work and pray. Last year there were 723,941 Masses and 6,360 Holy Communions."

Missionaries Return to Japan



The first large group of Catholic missionaries to arrive in Japan from the United States and Canada are pictured here. They are part of a group who will resume the work they left off when repatriated from Japan during the war. (NC Photo)

Three Smart Girls Tell How They Plan Their Day

By SHEILA-JOHN DALY. TAKE any smart, smooth gal of 18 and ask her opinions on grooming, clothes, and the answers are bound to be interesting. But three smart, smooth gals and the conversation will reach really exciting points.

Sheila-John Daly, three girls in the case are Gloria and Consuelo O'Connor, young Conover cover girls, and Carol Wanderman, stage ingenue and model. They're smart and attractive and they seem to know all the answers.

The all three of the girls go to school and work, they find it easy to have time on their hands simply by keeping themselves on strict schedule. By getting up on time, planning their clothes the night before to facilitate fast dressing, and doing everything during the day at the time it is supposed to be done, all of the hard working trio find more than enough time for fun and just plain relaxing.

The twins, who are very fond of sailing, or their nautical excursions into their routine with little trouble at all. Carol manages to find sufficient time to pursue her interest in art, and all three fill a very full date schedule on week-end evenings. But they insist that because they budget their time and plan ahead the things they want to accomplish, their lives are not at all hectic.

Because none of the three wants to make modeling her life work (they think a gal tries it quickly, which seems to throw off all the glamorous, exciting ideas often connected with modeling for a living), all of them are working hard to prepare themselves for a different career when they are older. For Gloria it will be writing, since she has the journalistic bug, for Consuelo an interest in music is foremost, and for Carol art beckons with a paint-smeared finger.

But while they are all involved in modeling, the gals are able to give out with authentic advice when it comes to grooming and make-up. The three insist that all girls can be attractive with a little care and concentration on their part. Since cleanliness is the basis of all good looks, they advise complete and thorough cleanliness as the first step.

The main point of the appeal of the American look is the bright-eyed, fresh-faced, well scrubbed appearance, which any gal can achieve with a regular routine of soap and water. Clean, well brushed, and well groomed hair plays an important part, thus eliminating your sneaking off to bed without putting your hair up simply because you're tired of your styling in five minutes or your ready-for-bed routine to allow for a brisk hundred strokes to keep your crowning glory just that.

Attractive being is also an essential of skin well groomed, and this goes farther than mere cleanliness. It also presupposes an adequate and balanced diet, six to eight glasses of water every day, and enough exercise to keep you healthy. Also including in the girls' rules are bi-weekly manicures, with polish repairs made as time they are necessary, special attention to teeth and skin, and an organized program of clothes care.

For no matter how pretty the girl, she loses some of her appeal when her clothes are hastily put together and when her costume is unmatched. The triple-threat career girls advise on keeping a week-end wardrobe to keep your clothes in shape getting rid of such unfitness as safety pins holding various pieces of apparel together, run-down heels on your best loafers, and hems with a decided droop.

The talented, teen-agers were very emphatic about make-up, especially when it came to what to wear for going to school. Since they feel that gals can concentrate on work more easily if they don't have to worry about losing face, they recommended very little make-up for school wear. A lotion base, a light dusting of powder, and bright lipstick are all that are necessary to keep you attractive for the high school day line.

From girls who make clothes their business comes some excellent advice on choosing a basic minimum wardrobe. They suggest a black straight skirt, a basic suit and tailored blouse, plain black pumps, a good pair of flats, a basic dress, and two or three plain sweaters. For school they would rather stick to simple clothes like sweaters and skirts, because they believe girls work better when they're comfortably dressed and not conscious of their appearance. The three are sticklers for neatness and argue that a clean, neat and smart can look well put together and attractive if they are neat.

Even so, the girls emphasize the importance of making the

...that they... in a... these... are... on... world... should... the... in...

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