Chase After Glamor Takes Time From Catholic Women's Duties

Admitting that it is every woman's inalienable right to look her best at all times, a professional woman, writing anonymously in the CHRISTIAN FAMILY magazine, nevertheless deplores the fact that today the pursuit of feminine glamor has become for many women "a vocation, a reason for living, a twenty-four hour job, and a lifelong obsession."

"Many men," observes the writer, "laugh outright at the picture of feminine glamor-seeking antics, dismissing them as part of a horrible but harmless game that is incomprehensibly dear to women's hearts.

"But if the truth is admitted, the feminine activity of the glamor chase is having an insidious effect on a large number of Catholic women who no longer have enough time left in their days or in their modest fortunes for normal Catholic living.

"Even a casual observer knows that the average Catholic woman is just as glamorous as her pagan sister. Anyone who thinks about the matter at all admits that equality of achievement by the two types is impossible. The woman out wrestle with an array of creams, oils, lotions, astringents, depilatories, deodorant, rinses, dyes, clay packs, mud masks, skin fresheners, toilet water, perfumes, bath salts, hot applications, cold compresses, treatment, skin foods, eyebrow pencils, enamels, brilliantine, wave set, nail polish, liquid and non-liquid rouge, manicure, lip stick, skin powder and hair tonic in the way that the makers of these products have planned, and at the same time have enough leisure to follow a Catholic ideal of daily living.

"Of course Catholic women can be perfectly groomed. Grooming is, after all, only spotless cleanliness combined with neatness and good taste. Since simplicity is still the ultimate achievement in creative styling, Catholic girls and women can also be exquisitely well dressed. Why, then, do so many Catholics feel inferior and apologetic about their look of glamor?

"It is difficult for many women, and especially for Catholic women, to find time for the beautifying processes that are considered necessary for those who would appear sophisticated. Most Catholic wives and mothers, as well as employed women and girls, are interested in their families and their homes, and to a degree in works of charity, in parish activities, in Catholic literature, in the advancement of their religion.

"All these interests take time. Many Catholic women like to retain cherished practices of piety, to hear an extra Mass occasionally, to say the Rosary now and then, to make the Way of the Cross, to attend Holy Hour or Benediction, or to drop into a church for a brief visit. Prayer also takes time.

"But as all appearances glamor and religion are not mixing very well. Not, as some will think, because glamor is worldly and re-

How To Get Rich

If you find another little Redemptorist monthly, "The Liguorian," we believe, which ran this modern parable of the vagaries of logic:

A stern looking individual once met a saint who was smoking a large cigar, apparently with great enjoyment. He started the following conversation:

"How many cigars do you smoke a day?"

"About ten."

"What do they cost you?"

"About 50c apiece."

"Tsk, tsk! That's $5.00 a day. How long have you been smoking?"

"Thirty years."

"Two dollars a day for thirty years is a lot of money."

"Yes, it is."

"Do you see that office building on the corner?"

"Yes."

"If you had never smoked in your life you might own that building."

"Do you smoke?"

"No, never did."

"Do you own that building?"

"No."

"I do."

Perfection's Meaning

"Perfection is a word that frightens some folk. Perhaps they do not grasp its meaning. To strive to do everything perfectly does not necessarily mean without error, or without flaw. It merely means to act with the degree of perfection of which you are personally capable."—F. Fehl.

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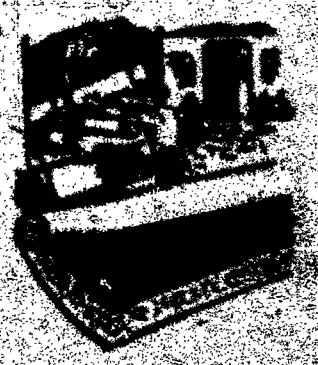

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HELP for HOME CANNERS

Save that garden-fresh flavor and all the food value

—Check your canning operations— Be sure you are using 1943 methods

A PRESSURE CANNER is recommended for canning non-acid vegetables and meats, as it gives a greater degree of safety. However, if none is available, the Boiling Water Bath Method may be used, provided the right directions are followed carfully.

IMPORTANT: When using vegetables and meats, canned by the boiling water bath this winter, do not taste unless they have been boiled. Empty contents of the jar into an uncovered sauce pan. Bring to the boiling point and boil actively for 10 minutes. Throw away all food having a bad odor or that looks spoiled. Do not taste.

BOILING WATER BATH

The Boiling Water Bath is preferable for canning fruits and tomatoes. They are acid foods and will can safely at boiling temperatures, and the texture, color and flavor of the finished product are better.

OVEN METHOD for CANNING FRUITS and TOMATOES

Oven Canning may be used for fruits and tomatoes. An oven which has a Heat Control that maintains a 275 degree temperature must be used. Have your oven temperature checked if you are in doubt.

NOTE: It is absolutely necessary to seal jars according to directions for the type used in order to get perfect results and no breakage.

Ask for R. G. and E. CANNING BULLETIN, or consult Home Service Specialist who is on duty every day at the CANNING CENTER, 89 East Avenue. Also available is "Wartime Canning, 1943," prepared by the Nutrition and Consumer Committees of Monroe County and Rochester War Councils.

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