

# Chase After Glamor Takes Time From Catholic Women's Duties

Admitting that it is every woman's inalienable right to look her best at all times, a professional woman, writing anonymously in the CHRISTIAN FAMILY magazine, nevertheless deprecates the fact that to do the pursuit of American glamor has become for many women a "vacation" or a release, or living a "twenty-four hour job, and a lifelong dedication."

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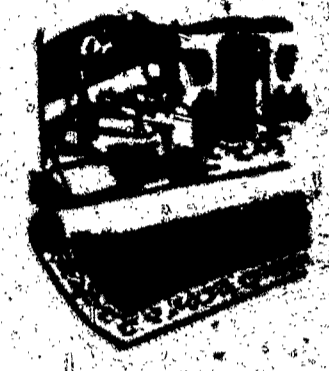
**Catholic Courier**  
58 CHESTNUT STREET

glamor is optional, but rather because the women have enough sense of their dignity to be both glamorous and interested in religion. "Glamor" though we hear from Catholic women, and not only from those busy with the care of young children, the little angels...

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# HELP for HOME CANNERS

Save that garden-fresh flavor and all the food value

—Check your canning operations—  
Be sure you are using 1943 methods

**A PRESSURE CANNER** is recommended for canning non acid vegetables and meats, as it gives a greater degree of safety. However, if none is available, the Boiling Water Bath Method may be used, provided the right directions are followed carefully.

**IMPORTANT:** When using vegetables and meats, canned in the boiling water bath this winter, do not taste unless they have been boiled. Empty contents of the jar into an uncovered sauce pan. Bring to the boiling point and boil actively for 10 minutes. Throw away all food having a bad odor or that looks spoiled. Do not taste.

**BOILING WATER BATH**  
The Boiling Water Bath is preferable for canning fruits and tomatoes. They are acid foods and will can safely at boiling temperatures, and the texture, color and flavor of the finished product are better.

**OVEN METHOD for CANNING FRUITS and TOMATOES**  
Oven Canning may be used for fruits and tomatoes. An oven which has a Heat Control that maintains a 275 degree temperature must be used. Have your oven temperature checked if you are in doubt.

**NOTE:** It is absolutely necessary to read jars according to directions for the type used in order to get perfect results and no breakage.

Ask for R. G. and E. **CANNING BULLETIN**, or consult Home Service Specialist who is on duty every day at the **CANNING CENTER**, 67 East Avenue. Also available is "War-time Canning, 1943" prepared by the Nutrition and Consumer Commission of Monroe County and Rochester Fair Councils.

## Rochester Gas & Electric

A War Industry

"Many women," observes the writer, "look at the picture of feminine glamor-seeking women, dressed, then on part of a hectic but business-gone that is inconspicuously shut to women's hearts."  
"But if the truth is admitted, the excessive activity of the glamor chase is having a noticeable effect on a large number of Catholic women who no longer have enough time left in their day or in their weeks for several Catholic things."  
"Even a casual observer knows that the average Catholic woman is not as glamorous as her pagan sister. Anyone who thinks about the matter at all admits that equality of achievement by the two types is impossible. No woman can wrangle with an array of cosmetics, hair, lotions, nail-polish, deodorant, blouses, dresses, shoes, day packs, hand mirrors, skin fresheners, toilet water, perfume, bath salts, hot applications, cold compresses, trowels, skin foods, toothbrushes, curlers, hairbrushes, wigs, and hair pins, liquid and semi-liquid soaps, mascaras, lip sticks, chin guards and hair lotion in the way that the makers of these products have planned, and at the same time have enough leisure to follow a Catholic ideal of daily living."  
"Of course Catholic women can be perfectly groomed. Grooming is, after all, only a means to an end. When combined with neatness and good taste, these simplicity is still the ultimate achievement in creative styling. Catholic girls and women can also be completely well dressed. Why, then, do so many Catholics feel inferior and apologetic about their lack of glamor?"  
"It is difficult for many women, and especially for Catholic women, to find time for the beautifying processes that are considered necessary for those who would appear sophisticated. Most Catholic wives and mothers, as well as employed women and girls, are interested in their families and their homes, and to a degree in works of charity, in parish activities, in Catholic literature, in the advancement of their religion."  
"All these interests take time. Many Catholic women like to retain cherished practices of piety, to hear the extra Mass occasionally, to say the Rosary now and then, to make the Way of the Cross, to attend Holy Hour or Benediction, or to drop into a church for a brief visit. Prayer also takes time."  
"But is all appearance glamor and religion not mixing very well. Not, as some will think, because glamor is worldly and religion is spiritual?"

### How To Get Rich

It was that excellent little Roman Catholic monthly, "The Liberator," we believe, which ran this modern parable of the vagaries of logic:

A stern looking individual once met a man who was smoking a large cigar, apparently with great enjoyment. He started the following conversation:

"How many cigars do you smoke a day?"  
"About ten."  
"What do they cost you?"  
"About 25c apiece."  
"Tak, tak? That's 250c a day. How long have you been smoking?"  
"Thirty years."  
"Two dollars a day for thirty years is a lot of money."  
"Yes, it is."  
"Do you see that office building on the corner?"  
"Yes."  
"If you had never smoked in your life you might own that fine building."  
"Do you realize?"  
"No, never did."  
"Do you own that building?"  
"No."  
"I do."

### Perfection's Meaning

"Perfection is a word that frightens some folk. Perhaps they do not grasp its meaning. To strive to do everything perfectly does not necessarily mean without error, or without fear. It merely means to act with the degree of perfection of which we are personally capable."—F. Ford