

Catholic Hour Message Calls Humility Greatest Insurance For World Peace

NEW YORK (NC)—A devout practice of the virtue of humility will make for a better world, the Rev. John F. Cronin, S.S., Director of the Institute of Catholic Social Studies at the Catholic University of America, asserted here Monday evening in an address on the "Catholic Hour" radio program, produced by the National Council of Catholic Men.

Delivering the second in his series of five addresses over a coast-to-coast network of the National Broadcasting Company, Father Cronin, speaking on the theme "Humility Exalts," pointed to the fate of Benito Mussolini as the reward of a proud, unjust man.

Before The Fall

"Two weeks ago tonight," he said, "we rejoiced at the news that one of the criminals who led the world into war had fallen. We pride ourselves in the strength of arms and not in the justice of our cause. For the weak, he had but one recourse. To him, violence was a tonic, war a sacrament. In his madness, he imposed upon a gentle and cultured nation the mantle of tyranny."

"He made Rome, the eternal city, the sacred city, resound with the clash of arms and the hoarse cries for conquest and plunder—and this is the very shadow of the house of the Apostles. Strutting and prancing himself in a new drawn, this dictator formed an unholy alliance with other forces of evil that they might rule the world."

"They laid their plans without scruple, without pity. But today, in the ashes of their ruined cities, they eat the bitter fruit of pride. God has stricken them with confusion, as of old He did those presumptuous spirits who would raise

a tower to the very gates of heaven. What God did not tolerate in the rebellious spirit that led to the depths of hell, He surely will not accept from us, who are but the dust of yesterday."

Father Cronin declared that humility is justice and added that it would not be just for a person to hold his talents or talents in fruits which he does not possess. A humble man, he declared, is justice will acknowledge the good as well as the bad in him.

In conclusion, Father Cronin visualized an ideal, peaceful world through the fervent practice of humility.

"If each of us can learn this lesson in his heart," he said, "then we shall be better prepared to deal with our fellow man. We will be less likely to criticize and more willing to understand and cooperate."

"Capital will see the viewpoint of labor. The workers will be ready to admit that management has many difficult problems."

"All of us will take a more reserved attitude in speaking of government, particularly in view of the complex problems of war. Understanding will breed friendship and sympathy. There we shall be ready to march together as one, a great nation, united for victory in this hour of war, and for triumph in the day of peace."

Lunch Box Suggestions

In some families the problem of the lunch box has to be eternally solved. What to put in it is not enough, but how to keep the contents fresh and appetizing is, as Kipling says, "Quite another story."

We heard a clever idea the other day about keeping crisp foods cool in a War Workers lunch box. A jar of water was frozen daily in the quick freeze compartment and used in the lunch box to keep the food cool and appetizing until lunch time.

Something crisp and raw in salad, vegetable or fruits, gives the hot lunch an appetizing appeal. Lettuce, cucumbers, tomatoes, celery or carrot strips keep quite crisp if they are washed the night before and wrapped in wax paper or cellophane and put in the refrigerator, ready for adding to the lunch box at the last minute. A prepared salad made of new cabbage or your favorite potato salad is a good standby and it improves by mixing with the salad dressing a few hours in advance.

Variations for the protein or main dish of the lunch may consist of fish salads or sandwiches made of any cold fish combined with celery and something thick like lemon juice or pickles, to add zest. If sliced meat sandwiches are popular in your family, you may find that making your own home made meat loaf saves on your budget. Hard cooked or deviled eggs are always good, and cheap even at present prices, in terms of nutritive value. In general, summer lunches should include something raw and crisp in salad or appetizer, something hearty such as meat or fish sandwiches, eggs or cheese. Something juicy and tasty in fresh fruits and a beverage of one's choice. A pint of milk should be included sometime during the day.

The lunch should not replace the main meal of the day. Too hearty a meal is difficult to digest in the short periods usually allowed. The ideal place for the main meal of the day is still with one's family, where some relaxation is possible.

Getting On In The World

Of Frederick Douglass, founder of the Society of St. Vincent de Paul, biographers tell us that he was always considerate of others. When he found it necessary to protest in the name of truth, he managed to do so without hurting the feelings of others. This made him respected even by those who differed from him and gave additional weight to his protests

ST. GERARD

THE PATRON OF MOTHERS
By Rev. Thomas R. Scola, C.S.B.

How true it is that man's life begins and ends in the midst of dangers to his existence. It is likewise true that these dangers confront him intermittently throughout his life but unless it is the one eternal danger of death to which he succumbs, he always survives the threat to his existence.

At his birth death is not far away, and it would seem an anomaly that at the moment life begins, death is often those steps of hand to terminate either his incipient existence or the life of the mother who bore him.

This fear of impending death, together with the many hazards and uncertainties of child-bearing and the uncertainties of child-rearing await a human individual upon whom God has called to the career of parenthood. An operation to pregnancy is implanted even in the hearts of God-fearing women which only he often recalls in the frustration of God's designs.

The fear of unpleasant consequences of pregnancy which brings the satisfaction deriving from the future of life, and completely offsets the honor and dignity of self-sacrifice. In pure and disturbing are the anxieties in the hearts of women during this critical period that helpful prescriptions in their manner of living are recommended and a more abundant assistance from God is necessary.

A REAL CRISIS

No man can question the seriousness of the situation, and from the viewpoint of the important matter, it is of the utmost gravity. It is a real crisis that demands a full measure of confidence, courage and determination, supplemented and strengthened by divine aid from the God and Father of all life.

Unfortunately many women lack the necessary courage and determination and have chosen their paths to the assistance of divine grace. Overcome by fear and yielding to an impulsive desire, for motherhood they resort to various immoral and illegal means to prevent the unwanted situation and thus circumvent their sacred duty to God and to mankind.

In this way they become failures as married women, violate the laws of God, and incur the certain risk of eternal perdition. The unnatural practice of birth-control has become a national and world-wide curse. It begets a heathenish immorality, a perverse purpose to marriage and in the end the loss of eternal life.

This ungodly condition has grown into a spiritual crisis that calls for an efficient and prompt remedy, which surely lies within the providence of God. Wherever it more than sufficient to combat this unholy perversion of married life.

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NAMED RECTOR

Tackay, Ill. — The Very Rev. Peter Wayland, S.V.D., has been installed as the new Rector of St. Mary's Mission House. The Very Rev. Anthony May, S.V.D., the outgoing Rector, has been named Mission Procurator in the place of Father Bruce Haggard, who was in the Eastern Province of the Society for further mission activities in that Province.

against erroneous assertions. Sometimes we seem to think that graceless, even downright abuse, is necessary to impress people. It does, but not favorably. Goodness wins far more in the end. Heavy chains may seem to have been broken.

Movie Menace

One Christian organization active in any country which shows the moving picture trade in a

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