

ROUND THE WORLD WITH THE CHAPLAINS

Cocoanut Logs, Japanese Shell Casings Made Into Communion Rail for Island Chapel.

Navy Chaplain Tells How Young Sailor Is Doing the Work of a Virtual Jay Apostle.

Servicemen Are Popular with Sailors Stationed in Greenland. United Chaplain Writes.

(By N. C. P. C. News Service)

Southwest Pacific

Coconut logs and empty shell casings from a captured Japanese airfield were fashioned into a Communion rail, while the men also were employed to make benches in a chapel built by natives of a Southwest Pacific island for the Rev. Patrick F. Regan.

Somewhere With The Navy

A Navy chaplain's letter is filled with glowing praise of the old reproduced to him and a fellow Catholic chaplain by a young sailor. The signatures of the chaplains and the

sailor, naturally, are withheld. The letter stated:

"Father _____ and I have been very busy in having a young sailor, _____, visiting us. He is in Ships Company on the base, but gives all his free time helping us in our work. He is well trained in catechism and gives excellent instructions, teaches Corporal Punishment, explains the Mass, gives oral recitation of the Mass and also does the vestments. He is not attached to the chaplains as a novitiate, but is one of those energetic Catholic young men who can do a great job for the Church. He has brought many a sailor back to Confession and has assisted in instructing nearly 20. His assistance has been a great help to us and a powerful example in bringing sailors back to the Faith."

Greenland

The Rev. Leonard W. Schaeffer, O.S.B., serving with the Army in Greenland, reported:

"Back at Base Camp again. Returned this morning (Ash Wednesday) after another prolonged visit to one of the camps. The men are conducting Novenas and they plan on one a month. During Lent they intend to have the Way of the Cross every evening. They are a grand bunch and that can well be extended to all the kids here in Greenland."

"The kids fixed up here while I was away. I only wish you could see the sacrificial vesting table and closet they turned out. In the center there is a new clothes tree, bookstand and lamp. Say, I will not want to come home. The place is a knockout."

Victory Recipes

For Health—Economy—Sharing Committee Committees, County and City War Councils

MEAT RECIPES USING CUTS WITH LOW RATION POINTS

Irish Stew

1 1/2 lbs. lamb (serves 6). Suitable cuts of lamb: Breast lamb, 3 ration points per lb.; Neck lamb, 4 ration points per lb.; Flank lamb, 2 ration points per lb.; Shoulder (fore), 4 ration points per lb.; Shank (fore), 6 ration points per lb. Salt and pepper, mace, 2 onions (diced), fat, 4 potatoes (diced), 1 carrot (diced), 1 turnip (diced), 1 teaspoon chopped parsley. If available.

Shoulder, neck, flank and shank of lamb or mutton are all good for Irish stew. Cut the meat in 2 inch cubes; sprinkle with salt, pepper and flour, and brown with the onions in 2 to 3 tablespoons of fat. Add water to cover and let lamb simmer 1 1/2 hours or until tender. Mutton takes more time, probably 2 1/2 to 3 hours. Add the diced vegetables and cook until tender. If the stew is not thick enough, mix 1 to 2 tablespoons flour with an equal quantity of cold water to make a smooth paste. To the paste add several spoonfuls of the stew, then stir the mixture into the rest of the stew and cook until smooth and thickened. Season with salt, pepper and parsley.

RAGOUT OF BEEF

1 lbs. Flank Beef, 4 ration points per pound, serves 6.

Salt and pepper, flour, fat, 1 onion (chopped), 1 green pepper (chopped), 1 cup chopped celery and carrots, 2 tablespoons chopped parsley, paprika.

Cut the beef in inch cubes and sprinkle with salt, pepper, and flour. Brown well in 2 to 3 tablespoons of fat and while browning add the onion, green pepper, celery and parsley. Sprinkle with paprika and water to cover, put on a lid, and cook slowly by 1/2 to 2 hours or until the meat is tender. If the stew is not thick enough, mix 1 to 2 tablespoons of flour to a smooth paste with an equal quantity of cold water. To the paste add several spoonfuls of the stew, then stir the mixture into the rest of the stew and cook until smooth and thickened. Season to taste with salt and pepper, adding, if desired, tomato catsup, or chili sauce, or grated horseradish.

Fewer Samaritans

(W. C. Foster Supplement)
One of the oldest of the fast-twirling Samaritan clan of Mt. Carmel near Nazareth died in November, thereby reducing to only 11 the Samaritan population of the country. The deceased, known as Shalem Maron, aged 70, was regarded the only surviving authority on ancient Samaritan music and an expert in the law of his ancestors.

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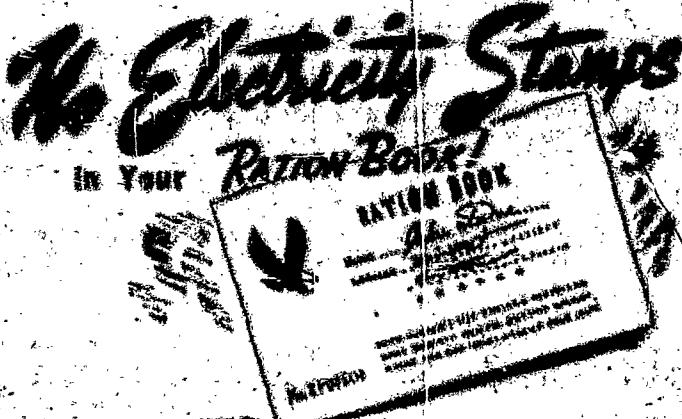
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