

# St. John the Baptist (Elmira)

## ATTEND VERLEN SESSION

By MARGARET C. KENNEDY

Officers of the Holy Name Society, St. John's Society and the Sodality attended a joint meeting of the executive committee of the New York State Central Verlen and the National Catholic Women's Union, held in Syracuse Sunday afternoon.

Those attending from Elmira were the Misses Agnes Zeback and Margaret Kennedy and Messrs. Louis Lutz, Samuel Derans and Joseph Fischer.

Plans for the Central Verlen Convention, which is to be held in Elmira next September, were discussed, and Louis Lutz, president of St. John's Society, was named chairman of the Convention Committee. Mr. Lutz announces that a meeting of the committee will be called some time this month, to start work on the plans for the convention.

## Sodality Communion

Members of the Sodality will re-

## Printing of Hymnals Forbidden in Holland

NEW YORK.—The printing of hymnals and prayer-books has been forbidden in Nazi-occupied Holland, according to advices received here by the Netherlands Information Bureau.

The advices stated that when the order was issued a Catholic institution published a request for the loan of hymn books which had been printed in tens of thousands of copies before the war. Later it was reported that the appeal had been answered "graciously" and that many could be applied to those now without them.

## TWO MIA AWARDS

Washington.—Capt. Cassin Young, 44, heroic Catholic naval officer, who was killed last November in the Battle of the Solomons, had been awarded the Navy Cross for "extraordinary heroism" in the battle. It was disclosed here, previously, Capt. Young had received the Congressional Medal of Honor for heroism during the Japanese attack on Pearl Harbor.

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ceive Holy Communion Sunday, April 12, at the 8:30 o'clock Mass instead of April 13, which is the regular Sunday. The change is being made for this month only in order to allow the men to receive Holy Communion on Palm Sunday, the day on which they will hold their Communion Breakfast.

# ST. ANTHONY'S (Elmira)

## ENGLISH MISSION CLOSES

Solemn closing of the English mission, conducted by the Rev. Emmanuel Duffy, Franciscan Father, will take place on Sunday, April 12, at 3 p. m. Following the giving of the papal blessing and the candle services renewing baptismal vows, solemn benediction of the Blessed Sacrament will be offered. Special prayers for men in the armed forces and for peace will be recited.

## Communion Breakfast

The Holy Name Society will re-

# St. Casimir's (Elmira)

## Communion Breakfast

The Young Ladies Sodality of St. Casimir's Parish will hold a Communion Breakfast in the school hall on Sunday, April 12, after receiving Communion in a body after the 8 o'clock Mass. Mrs. Thomas Vezenyko of St. Casimir's Wanda Circle is in charge of arrangements.

# SS. Peter and Paul's Parish

## Begin Novena

The new novena in honor of St. Anthony and the Blessed Virgin will begin on Tuesday, April 13, and will close on the Tuesday before the feast of St. Anthony. Intention of the novena is for the servicemen of the parish and for peace. Letters for leaflets and requesting favors received have come in from many sources, the latest from Brooklyn, N. Y.

# Chaplain Tells of 'Greater Love' Death of Hero in Ship Sinking

PAWTUCKET, R. I.—The heroic and Christian death which befell Capt. Elwood J. Quast, U. S. Army, when the transport Coolidge was sunk in the Pacific was detailed in a letter to his parents, Mr. and Mrs. Elwood P. A. Quast, of this city, by the Rev. John F. Mahoney, chaplain, who was aboard the vessel with the captain.

"Greater love than this hath no man—that he lay down his life for his friends!" This was his production and will produce many men of heroic courage; but it is my opinion, and I am sure that of every man on that ship, there will be no greater hero than Captain Quast," Father Mahoney's letter read.

The letter stated Captain Quast had tied a rope about himself and fastened it to a railing to facilitate the rescue of many of his men on the slippery, water-filled ship. When the captain had expended nearly all his strength in saving others, two of his fellow officers were about to pull him to safety when the ship went down, the letter said. The two were shot to the surface as the ship submerged, but Captain Quast still was tied to the ship by the rope about his waist.

Father Mahoney assured the parents they need have no worry concerning the spiritual welfare of their son, who attended Mass and received Holy Communion every day, including the Feast of Christ the King, the day before his death.

"Captain Quast completed his service to his country and today he is in God's Heavenly Army," the chaplain wrote. "And with what rank he must have been welcomed by Him Who set us the example in giving His life that others might live! Captain Quast followed that example even unto death."

The letter told that a monument had been erected and dedicated to

Captain Quast's memory on shore just a few hundred yards from where the ship sank and a channel has been named in honor of the hero by the officers. Father Mahoney assured the grief-stricken parents:

"On the 26th of every month I will offer a Mass for him, and will pray that the first Gold Star Mother, who stood at the foot of the Cross of Christ, will help Capt. Quast's Gold Star Mother to stand bravely under the cross which now is hers."

## NORWAY ANTI-JEWISH LAWS APPLIED TO GENTILE MATES

NEW YORK.—Jewish property confiscation laws in Norway hereafter will apply to Norwegians who refuse to separate from their Jewish husbands or wives, the Stockholm newspaper Svenska Dagbladet reported in a dispatch received today by the Office of War Information.

The Quilting edict provides that those affected must either procure divorces or otherwise make amends for their "racial dishonor" or take the consequences, the newspaper said.

## AVERS CHRISTIAN VIRTUE MOST DOMINATE PEACE

JERSEY CITY.—There can be no peace without justice and no justice unless "the people submit to the yoke of Christian virtue," U. S. Senator Edward J. O'Mara declared in an address at the forty-third commencement of St. Peter's College here. The Most Rev. Thomas J. Walsh, Archbishop of Newark, presided at the ceremony.

A class of 43 students was graduated, including ten in absentia now in the armed service.

We sincerely hope that ants realize that sugar is being rationed. —Lewiston Sun.

## Death Roll of Week in Southern Tier

Mrs. Elizabeth Isurky, 1531 Canton Ave., died Thursday, April 1, 1943. She is survived by her husband, Daniel J. Hurley; son, Paul; Rev. Joseph J. Hogan celebrated the Requiem Mass Monday, April 5, at 9 a. m. at St. Mary's Church. Burials were William Miller, Daniel Mahoney, David Kane, Truman Snyder, Thomas Leary, Frank Dunn. SS. Peter and Paul's Cemetery.

Mrs. Deane Leman, 1000 Lake St., died Monday, April 5, 1943. Surviving: Her husband, James T. Leman, Sr.; son, Pvt. James J. Leman, St. Petersburg, Ga. The Requiem Mass was celebrated Thursday, April 8, at 8 a. m. at St. Cecilia's Church. SS. Peter and Paul's Cemetery.

John Frederick Miller, infant son of Mr. and Mrs. Francis Miller, 287 Harrison St., died Friday, April 2, 1943. He is survived by his parents; sister, Patricia;

## HONOR ROLL

First Honor Roll for SS. Peter and Paul's School is as follows:

First Grade — William Bennett, Kathleen Fennell, Mary Frances McWhally, Kathleen Robock; Second Grade — Rita Lergus, Nancy Krot, John Bacon, Paul Mulvaney.

Third Grade — Peter Fennell, Thomas Richards, John Mulvaney;

Fourth Grade — Mary Hinta, Rose Mary Kennedy, Mary Ann Lee, Nancy Quilley, Gerald Schrago, John Sullivan.

Fifth Grade — Betty Lane.

## In Palestine



Representing the Holy See in Palestine, Egypt and Trans-Jordan is the Very Rev. Arthur Walter Hughes, Acting Apostolic Delegate. Well known as a preacher and educator, he is a member of the Society for African Missions (White Fathers). Born in England, he is a convert and spent many years in Uganda and elsewhere in the missions in Africa. (N.C.W.C.)

## Priest Writes Book On 'Interest-Usury'

WASHINGTON.—Many years in the making a book titled "Interest and Usury" has just been published here under the authorship of the Rev. Bernard W. Dempsey, S.J., professor of economics at St. Louis University. The work summarizes modern thought on interest as expressed by several authorities, and brings together three late scholastic writers on interest, comparing their principles and conclusions with those of the modern economists. The book shows a remarkable aptness in the thought of Thomas Aquinas, and de Lugo to fit into current debate, although they lived three centuries ago.

## Bless Buildings

Montreal.—The official opening and blessing of the new University of Montreal buildings on Mount Royal will take place on June 3. The award of diplomas and degrees as well as honorary degrees will be made at the same time.

## MRS. SULLIVAN CHRISTENS DESTROYER NAMED FOR HER FIVE SAJOR HERO SONS

SAN FRANCISCO.—Walls tears streamed down her cheeks, Mrs. Thomas E. Sullivan, of Waterloo, Iowa, smashed a bottle of champagne against the bow of a new destroyer here Sunday and christened it in honor of her five Catholic hero sons—U.S.S. The Hull-venant.

Her five sons were lost last November when the cruiser Junco, on which they were serving, was sunk in a Pacific sea battle.

"I am proud to christen this lovely ship in the name of my five boys," Mrs. Sullivan told a throng of 5,000. "I only wish that my boys could be here to see this warship, but I know they must be happy that this ship is ready to go out there and carry on the fight. My boys and boys like them must be expected to defend our country. Instead of being sad and sorry, I am proud. I am proud that they were able to qualify for duty with the United States fleet."

Mrs. Sullivan was accompanied by her husband and her daughter, Genevieve, who soon will join the WAVES. Rear Admiral Clark H. Woodward, chief of the Navy's Incentive Division at Washington, paid a glowing tribute to Mrs. Sullivan for her heroic spirit in making a tour of the country's war plants to speed up production after she had been visited by the greatest tragedy of the war to strike one family.

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**NUTRITION and HEALTH**

1. What foods are needed in the diet every day?  
A. Meat, milk, eggs, potatoes, vegetables, fruits, cereals, fats and sweets.
2. What are the three functions of food?  
A. To furnish energy, build and repair body tissue and regulate body processes.
3. What foods contain complete proteins?  
A. Meat, milk, eggs, cheese, fish and poultry.
4. What is an adequate or complete protein?  
A. A protein that contains all of the indispensable amino acids; a protein that will maintain life and promote growth.
5. What proportion of the protein in our diet should come from animal foods?  
A. At least half.
6. Why do children need more protein per pound of body weight than adults?  
A. Because in addition to repairing their broken down tissues they are growing and need protein for building new tissue.