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 ROCHESTER, N. Y.

8 WAYS YOU CAN HELP SAVE GAS

- 1 Do not use your Gas Range oven or top burners for heating your kitchen.
- 2 Cook whole meals in oven.
- 3 Cook "one-dish" meals on top burners.
- 4 Don't wash hands, shave or wash dishes in running hot water. Repair leaky faucets.
- 5 Use as little hot water as possible. Heat no more water than necessary. Turn off burner promptly.
- 6 Keep room temperatures at 65° or lower.
- 7 Close bedroom doors at night. Close off unused rooms.
- 8 Never leave refrigerator door open. Cool cooked foods before placing in refrigerator.

Rochester Gas & Electric

Remember the folks

next door



... THEY NEED FUEL, TOO

A full coal bin in one home may mean no coal and, consequently, sickness and suffering next door. To assure everyone enough coal for current needs, delivered when it is actually needed, we must all play fair... all want share and share alike.

So please don't overstock. Put in only enough coal to keep you warm for a week or two days. And when ordering, always specify "blue coal," America's leading home fuel. It burns better... lasts longer... saves you money all Winter long.

'blue coal'

AMERICA'S LEADING HOME FUEL

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407 Chili Ave.—Gen. 7500
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- BAETZEL, FRED**
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271 Lyell Ave.—Chr. 811
Holy Apostles Parish
- FRIEDMAN, JOHN A. ICE CO.**
1148 Jay St.—Gen. 5519
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Stone 206
St. Andrew Parish
- HASLER FUEL SERVICE**
393 Thurston Rd.—Gen. 414
St. Augustine's Parish
- EDDIE J. KRAFT**
168 Cady St.—Gen. 715
Immaculate Parish
- LANGE FUEL SERVICE, INC.**
328 Main E.—Stone 4000
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Chr. 785
Sacred Heart Pro-Cathedral Parish

- LINDER, ALBERT J.**
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Holy Family Parish
- MCINTOSH, GOTT, INC.**
410 Conley Ave.
Gen. 3326
- St. Margaret Mary's Parish**
- PASCH, AUGUST COAL CO.**
515 Clinton Ave. N.
Main 368
St. Bridget's Parish
- PRENNER, I. & SON**
1511 Main E.—Culver 1046
Corpus Christi Parish
- RELIN, PHILLIP COAL & COKE CO.**
181 Rosedale St.
Mon. 8356
Blessed Sacrament Parish
- RING FUEL CO.**
1604 Dewey Ave.
Chr. 1748
Sacred Heart Parish
- ROCHESTER ICE & COAL STORAGE UTILITIES CO.**
55 Canterbury Rd.
Mon. 8700
Blessed Sacrament Parish

Farming For A Living

(A column of the National Catholic Rural Life Conference, 2001 Grand Ave., New Haven, Conn.)

When I left my urban friends that I plan to leave my work in the city and turn to subsistence farming, they ask me why. That's a fair question. There's the answer: I have a young daughter. She is approaching adolescence. All her life she has wanted pets: dogs, cats, rabbits, etc. But she hasn't had them. The neighbors object—she has got chickens. They are rabid soccer-star worshippers—baggy, clothes-conscious, picture-taking.

Before she is adult I want her to experience real companionship, the responsibility of living things. I want her to know the joy of God's wilderness, found in open spaces, the scent of clover, pure air, the melody of birds. I want my child to know the glory of God's creation before she succumbs to the artificiality of urban culture.

WAY TO LIVE

Most of my life I have been a white-collar man, working with pen, paper, books, reading, writing, talking. Now I realize that no man completes his life-education until he has had to toil long and hard physically. To put nine, ten, eleven or twelve hours of rough, sweaty, physical labor into some creative daily task, to be hot, dirty, dog-tired, ravenous for the evening meal; to rest in the calm of a summer's evening after the day is done; that is to live.

To be skilled with tools, to be adept in crises with animals, to be able to build and construct, to repair and mend, to be fence, harness or axe handle, to be round out character, I'll trade a Phi Beta Kappa key and a comfortable white-collar job if I can master the eccentricities of a wise male with a sore neck, wield a pitchfork with grace and ease, make those streams of milk sing their metallic tune, vaccinate a couple of hundred turkeys or chickens, or handle with facility and strength a team of spirited Percherons ahead of a mower or a plow.

CITES OTHER REASONS

There are other reasons why I want to farm for a living. I want independence and opportunity for creative thinking, lessened anxiety over material needs, the friendliness and "time-to-talkiveness" of a subsistence farmer.

There remains a greater reason. In the city man has little time for God. His mind is filled with material pursuits. He looks around, he beholds the creation of his genius: the skyscraper, the streamlined cars and trains, the huge printing press—everywhere, concrete evidences of mechanical and artistic genius. He pronounces his work good; his lip smacks with pride; he knows he is great. He forgets God because he sees only man's work. I don't want to forget God. I want to remember Him all day, every day. And where is there a better place than among His creation of living things: soil, crops, trees, wind, sky, water clouds.—E. T.

With Catholic Poets

Evening Grace

Now as the west is swept with grey,

We bless the luminous gift of day
 And dusk, and bitter cold, we bless
 For inward fruit of loveliness.

Over the cloth a hand has spilled
 A light by which our want is blid.
 The sun tarries around the clock,
 And time is honey in the crock.

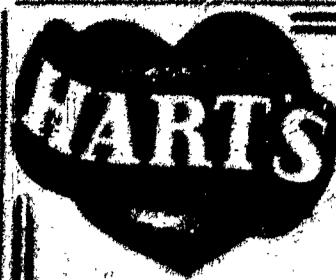
So spare thought, to cheer its mood,
 And give us love, the bodily food,
 Thus may the spirit last be fed,
 So may forgiveness, salt the bread.

—Howard Hanson

From "Spirit," a Magazine of Poetry, Copyright 1942, by The Catholic Poetry Society of America, 306 Fourth Avenue, New York City.

SEARCHER CARRY IMAGE OF VIRGIN IN PROCESSION

BUENOS AIRES.—On the Feast of Our Lady Star of the Sea, Patroness of Navigators, the venerated Stella Maris image was carried in procession through the streets of Mar del Plata by seamen from the Naval Base.



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Catholic Near East Welfare Association

Most Rev. Francis J. Spellman, D.D., President
 Rt. Rev. Messrs. Bryan J. McEgarty, LL.D., National Secretary
 Rev. John J. Corrigan, Assistant Secretary

For The Boys In Service

You can do no better thing for the boys in the service than have Masses said for them. If you have one of your own, ask our missionaries to remember him particularly. If not, ask God's protection for them all.

WHAT IS MEANT BY

A "GREEK CORPORAL"?

Every Catholic knows that for the celebration of Mass in the Latin Rite an altar stone is required. This stone, containing relics of the saints, is placed into the top of the altar. On St. John's feast Mass on a temporary altar, a stone must be placed under the linen corporal on which the chalice rests.

In the Oriental Rites, a different practice prevails. Instead of an altar stone, the priest uses a sort of enlarged corporal, into which relics are sewn. This is called an "antimensium." It is sometimes known as "the Greek Corporal." It is made either of silk or of fine linen, and upon it is depicted the taking down of our Lord from the Cross together with pictures of the Four Evangelists. The relics are sewn in at the intersection of the arms and trunk of the Cross.

Each "antimensium" is consecrated by the bishop with holy oil and it is the practice to give one to every newly-ordained priest.

This article, without which an Oriental priest may not say Mass, has to be replaced from time to time, since it wears out or becomes soiled. The bishops in the Near East need many "antimensia" both for the priests who will soon be ordained and to replace worn ones in their churches and chapels.

They have asked us to help them buy the material for making these "antimensia." It costs Five Dollars each. If you will donate one, your intentions will be remembered every time the priest spreads it upon the altar for the offering of the Holy Sacrifice.

MEMBERSHIP BENEFITS

Membership in this Association means being remembered in 15,000 Masses annually and in the Masses, prayers and good works of all the missionaries working in the Near East. The dues are only One Dollar a year. If you are not a member, join today. Enroll your friends, either living or deceased, so they may share in these benefits.

A BELL

A small bell to be used in the sanctuary during Mass, can be purchased for a Near East chapel for only Two Dollars.

EASTERN CUSTOMS NO. 9

In the Christian Bible fasting and abstinence are required on all week days in Lent. In this Rite fasting means taking no food from midnight until noon of the following day. Abstinence prohibits not only the use of meat, but of eggs, butter, milk and cheese as well. Even on the Sundays in Lent meat is forbidden.

NATIVE PRIESTS

A native priesthood is essential to the well-being of the Church in any country. In the Near East, where racial feeling runs high, it is sorely needed than elsewhere. We want to educate poor young men, natives of the Near East, to become priests among their own people. Their bishops have asked us to help them. So everyone may have a share in this great work, we have our Students' Support Club, whose members send us One Dollar a month for this purpose. Why not be a member of it?

FOR THE ORPHANS

Hundreds of poor orphans look to the priests and sisters in the Near East for home, food, clothing, education and care. They try to raise all in need, but often means are lacking to provide the necessities of life. Rescue a poor orphan by giving Five Dollars to support him in one of our orphanages for a month.

WE ARE GRATEFUL

We are most grateful to everyone who helps in our work for the reunion of the Christians of the Near East with the Catholic Church. There are many needs in our mission and we cannot make appeal for all of them. That is where our Stigmatist Gift Fund comes in. We use it for many pressing needs. Send us a donation—large or small—and say, "It's Stigmatist!"

LIGHT OF THE WORLD

To symbolize that Christ is the Light of the world the Church requires that candles be burned at most of her services. A supply to last a month chapel in the Near East a whole year can be provided for the Eight Dollars.

Send all communications to
Catholic Near East Welfare Association
 400 Lexington Ave. at 46th St. New York, N. Y.