

MARRIAGE CLINIC SERVES ON HOME FRONT



Believed to be the first of its kind set up by any Catholic diocese in the United States is the matrimonial clinic set up recently in the Diocese of Wichita. Open to all creeds this specialist board, which has the co-operation of doctors, lawyers and judges, will give advice tending to minimize and curtail the increasing number of divorces and separations. Members of the advisory council are pictured at their initial session in St. Francis Hospital, Wichita, left to right: Rev. T. F. Ryan, director; Rt. Rev. Msgr. F. J. Morrell; Mrs. Ernest Bloom and Harry F. ... Photo courtesy Wichita Branch. (I.C.W.C.)

Getting On In The World

NEVER TOO OLD. Once upon a time a man who considered himself a great miser said that no man had any new ideas after he has reached his 30th or 40th birthday. Well, we don't know enough about this thing they call psychology or whatever it is, to pronounce a verdict on the miser's words. But we know men who have never ceased to study, who have tackled new problems long after they were 30 or 40 and did good work, too. There was the man, never so much as 40, who somehow came into possession of a farm. He had been a city merchant, knew nothing about agriculture. His confession of his ignorance as a wise man will, he consulted experts in farming, studied scientific agriculture, made a success of his farm. Another man, 60 at least, became interested in the Jewish question. He studied up on it and was able to talk with some authority at least on a matter about

GOING TO SLEEP

BY LAYNA GRAY

Issued by the National Kindergarten Association, 1 West 48th St., New York City. These articles are appearing weekly in our columns.

Peter was in bed in the dark, but he could not go to sleep. This was the evening of his birthday; he was six. He had had a wonderful party with many boys and girls and a lovely cake with six red candles. They had played delightful games, roared around and shouted. Then the guests had gone home. "Never mind your bath tonight, Peter. Hurry and get into bed," Mother had commanded the minute the last little girl had been called for. Mother seemed wound tight tonight—like his engine when he wound and wound it too much. She had ripped off socks, coat and vest, instead of letting him take them off himself. "Now go to sleep at once!" and even his hair was hard and wound up. "All right, Mummy," Peter had watched the rim of light around

the door disappear as she went out and closed it. But he could not sleep. He turned on one side then on the other, tried with arms out, then with arms in. If Mother would only come back, he'd call for a drink. Mother came. She was still wound up, and when she held the tumbler to his lips he found he did not want a drink at all, and some water was spilled on the bed. "Peter, you naughty boy! All that Mother has done! Now go to sleep immediately!" Peter tried once more, but couldn't. He was wound up, too. He tossed and tumbled and the time seemed, oh, so long. Then the front door opened, and Father's voice sounded. Peter sat up and called, "Daddy, Daddy!" then halted. Steps were coming up the stairs. Mother's voice: "Gentle! I can't understand why Peter is not asleep yet. He was dead tired, and he has been in bed hours." "I'll go into him," Daddy spoke quietly, as if someone were already asleep. The door opened softly. Daddy came, sat on the bed and took Peter up in his arms. Daddy was not wound up. "Daddy, I had a birthday and a whole lot of boys and girls at my party." Peter's hand was in Daddy's big cool one. "I'm sure you had a lovely time, Son, and in the morning you may tell me about it." Daddy's voice was soft, low. "Now let me make you comfortable, and some day you and Dad will go fishing." He laid the child gently back in bed. "Go on the big steamer?" Daddy's cool, steady hands were tucking up his blankets. "Please tell me a story," Peter asked drowsily. "All right, Son. Once upon a time there was a wee wee... Father began, but he had not gone very far when the little hand grasped his, and steady breathing told that Peter was asleep. Peter could not go to sleep when first put to bed because he was over-tired, over-excited and everything was "wound up." A child just can't work or play with all his might and then suddenly lie down and drop off to sleep. A time of restfulness, a chance to slow down is required. Little ones are sensitive to the attitude of mind of those about them. They cannot help themselves in this, for they have not yet developed the power to shut out emanations from others. Peter's father had not had quite such a strenuous day as his mother, and soon after he came into the room Peter was able to relax and sleep. Threats, punishments, commanding a child to sleep, merely drive sleep further away. Mothers are often overwrought, over-tired—striving to make life all that it should be for their husbands and children—but when they once understand the importance, they are more than ready to make definite efforts to lower their voices and to be especially gentle and cheerful as the children's bedtime approaches. Fights Undaunted How often we, with the shining sword of fortune and happiness in our hands, tempted for all that, to be laggard and cowardly. Lift our eyes to see some man who has lost his sword fighting with the scabard, undaunted, high spirited, unafraid, until we ourselves grasp our blades afresh and how ahead.

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Catholic Near East Welfare Association. Most Rev. Francis J. Spellman, O.S.A., President. Rev. John J. Corrigan, Assistant Secretary. The Holy Annunciation. Thursday, March 25, will be the Feast of the Annunciation. Mary was chosen by God to be the Mother of our Redeemer. Help make her universally honored. Donate her statue to one of our mission chapels or schools by your offering of Fifteen Dollars.

THE CATHOLIC'S DIGEST. In recent years "Digests" have become very popular. Many think they are a modern method of giving information. But, as a matter of fact, the Catholic Church has used "digests" for many centuries. The purpose of any digest is to give briefly, accurately, interesting and important information. No information is more important than God's revealed truths. They are summarized in the "Catholic's Digest" called the Catechism. Even a child can read and study that little digest of theology. It teaches what one must believe and what one must do to get to Heaven. For many years the people of Russia, especially the children and the young, have been taught that there is no God. To provide for the missionary effort of the Church in Russia the Holy See has prepared the "Catholic's Digest" in Russian. Thousands of copies are needed. The smaller catechism will cost ten cents a copy, the larger one twenty cents in publish. They will, of course, be distributed free. In thanksgiving for your faith and your knowledge of Christ, the Saviour of mankind, we ask you to help the Church distribute the "Catholic's Digest"—the Catechism—among the people in Russia. Ten Dollars will provide a hundred small or fifty larger editions. In the name of the Sacred Oriental Congregation we appeal to every reader for a donation, large or small. Surely you will not fail the persecuted members of the household of the faith.

FOR THE PRIESTHOOD. Nothing makes us so happy as to receive an offering for the education and support of young men in the Near East, who are preparing to become missionaries. Each student spends six years in the major seminary. It costs \$100 a year or \$600 for his seminary years. Perhaps you will sponsor one student for a year or more. If you cannot, send us something for this important work. AN ORPHAN CHILD. Your Five-Dollar donation will begin and feed one of our orphan children for a month. DURING THIS MONTH. March is the month of St. Joseph. A lady, the other day, asked if we wanted donations for statues of St. Joseph. We do. A large sized statue of St. Joseph can be purchased for fifteen dollars. A missionary poster would be grateful for the gift of St. Joseph's statue. HAVE YOU ANSWERED? Last month many of our members received a letter asking for a renewal of membership. Membership dues are One Dollar a year. Family membership is Five Dollars a year. To date some have not responded. If you have not, please do so today. All our members, living and deceased, share in 12,000 Masses every year. In addition Holy Mass is offered in the Vatican Basilica for our deceased members every morning. NOW THIRTY DOLLARS. You would not care to see the priest offering Holy Mass using vestments that are so old that they are almost falling apart. This is the case in some of our poor mission chapels. The cost of vestments has increased. But you can supply a missionary with a set of vestments for Thirty Dollars. INDISPENSABLE. Missionary Sisters to teach, to care for the orphans and for the sick, are indispensable for a successful mission center. Many young women in the Near East desire to join the sisterhoods. We lack the means to support them while Novices. Sixty Dollars will maintain a Novice for a year.

GREGORIAN MASSES. Have you accepted our invitation to read our leaflet on Gregorian Masses? We wish you would. You will find it interesting and instructive. It explains and answers questions about the old custom of many religious orders of having Mass offered for thirty consecutive days for a deceased person. Write for a copy. It is free. LENTEN DEVOTION. The Stations of the Cross is a favorite Lenten devotion with most Catholics. Our missionaries desire to foster this service among their people. A set of Stations of the Cross can be bought in the Near East for Ten Dollars. Give that gift in thanksgiving to our Lord for the sacrifice of His life for the redemption of all people.

Send all communications to Catholic Near East Welfare Association, 400 Lechstron Ave. at 46th St., New York, N. Y.

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