

We help many women

who work in Rochester's war plants

The tremendous demands on our facilities have delayed our service and we appreciate the cooperation of our patrons.

We hope that you will understand our problems—and that we are doing our best to please you for we want to keep you as a satisfied customer in the years to come.

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NUTRITION and RATIONING

IN THESE DAYS of rationing we have to be especially careful to get adequate nutrition.

Hard working war workers need plenty of wholesome and nutritious food. These two things present to housewives a problem in home economy.

Our Home Service Dept. will gladly suggest ways and means to keep your food up to the standards of present war time needs.

Rochester Gas & Electric

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EDWARDS, Fourth Floor

In The Beginning— And Now

A column of the National Catholic Priest Life Conference, 1943 (each Ave. One House Local)

"In the beginning God created the heavens and the earth." It was in the beginning that God designed and planned country life. And through the ages God has continued to work and express Himself through nature in a very realistic way. He spreads beauty lavishly on the mountains in the valleys along the rivulets and the great rivers; in the heavens and in the deep places of the oceans. He works through laws that are related to our total life, body, mind, soul, our relationship to Himself, to others, and to all of creation.

In the countryside the making of a living and the mixing of a life blend. Working and worshiping cannot be two separate departments in a normal person's life. The sources of the songs of Zion, the teachings of the Bible, the aroma of new-mown hay, the ripening fields of grain, the soul-stirring music of the birds, the gorgeous sunsets and the beauty expressed through flowers and in ten thousand other ways—all have the same source—God.

IDEAL PARTNERSHIP

This close intimate, recognized or unrecognized, relationship between God, man, land, and nature is one of the biggest factors in giving quality and meaning to rural living as a way of life. This partnership between God and man is as real and vivid as the relationship of the right hand to the left.

Some one has said that the rural home is the natural habitat for the family. It is in the rural home that more factors unite in bringing about harmony and unity and realistic, character-building activities than in any other type of home or institution.

In the rural home members of the family are interested in the same tasks. Recently I observed a grandson, two years old, take a hoe and join his grandmother in raking up grass on the lawn. This same grandson at times rides the tractor with his father. It is quite natural for the farm family to share in doing the chores as well as many other tasks on the farm. The sharing of these tasks is a great factor in bringing about a genuine spirit of family loyalty and fellowship.

As in the garden and in the fields the family and God work together, so in family life God and the family are partners in sharing and enjoying the fruits of their labors. So, too, the spirit of fellowship and comradeship in the rural home extends in rural living into neighborhood and community life. In the rural neighborhood folks know each other and share with each other in meeting their material, social, educational and spiritual needs.

In rural life all the essential elements for growth and development tend to combine and cooperate in achieving the purpose of all creation—the development of personalities that will be good companions of each other and of God here and hereafter.

—BK. A. H. RAPKING

Getting On In The World

ADVANTAGES OF NURSING— AS GIRLS' CAREER

Answering a young woman's question in her column of St. Anthony's Messenger, Susanne Livingston says:

While I am not trying to influence you in your decision, Catherine, I would like to point out certain advantages in a nursing career, since you feel that you are qualified in temperament to serve as health guardian to the public.

In addition to playing an important part in the war, a nurse's experience will provide a splendid background for marriage. With such training a girl learns tact, understanding, consideration, and how to care for infants and children. And if you shouldn't marry, you will hardly ever be out of a job. While the final decision must rest with you, Catherine, I hardly think you would be making a mistake in choosing such a profession, if you feel that you have the aptitude and stamina to carry through.

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Catholic Near East Welfare Association

Most Rev. Francis J. Spellman, D.D., President
 Rt. Rev. Mgr. Bryan J. McEnegart, LL.D., National Secretary
 Rev. John J. Corrigan, Assistant Secretary

Support A Missionary

It is not so hard as you might think. Our priests in the Near East need but Five Dollars a week to carry on their work. How many weeks will you sponsor?

A GREAT PONTIFF'S ENDURING INFLUENCE

St. Gregory the Great, whose Feast occurs on March 12, was one of the great Pontiffs of all time. He was Pope from 590 to 604 A.D.—a period of war and turmoil. Great in holiness and charity, he left a lasting impression on the Church as a preacher, a leader of men and an able defender of the authority of the Papacy. He it was who sent St. Augustine to England.

St. Gregory's name is also attached to the practice of having Mass said for a deceased person on thirty consecutive days, because he strongly recommended this custom which was well known before his time.

In these days we have good reason to give special consideration to Gregorian Masses. We are in the midst of a global war. Many of our fellow-citizens or friends have given their lives in defense of our country.

When such a tragedy comes to one dear to us, what better can we do than have Mass said for them? The Church has commended the sacrifice of the faithful in the Gregorian Masses as "speedily efficacious" for the deliverance of a soul from Purgatory.

Our missionaries are able to offer these Masses for one particular soul on thirty days without interruption. We invite you to help your departed by arranging for them with our Association. A little leaflet describing this custom will be sent free to anyone who asks for it.

EASTERN CUSTOMS No. 8

Some good Catholics never neglect to the presence of the Blessed Sacrament. Among Oriental Catholics, instead of a genuflection, a profound bow is made, accompanied by the sign of the cross. Before the crucifix and pictures of the saints a somewhat lesser bow is made with the sign of the cross. At many points in the Mass such occurrences occur.

FORGOTTEN

How soon we are forgotten after death! Yet we all want to make sure that prayers will be offered for the repose of our souls. One good way is to take out Perpetual Membership in this Association. Then you will share in the Masses, prayers and good works of all our missionaries in the Near East. The offering for Perpetual Membership is Twenty Dollars.

FOR THE NEW PRIEST

Every newly-ordained priest should have his own chalice. Soon ordinations will take place in our Near East missions. Many of the young priests are too poor to provide chalices for themselves—and their families are poorer than they. It would be a fine act of charity to give a Chalice to one of these priests. Ten Dollars will buy one. You may be certain the beneficiary will remember you every time he offers Mass.

INCENSE

The Oriental Rites use incense at nearly every service. Hence, a censer and boat are needed in every Oriental chapel. Many of our missions lack them. You can supply a censer and boat for a Near East chapel for Eight Dollars.

LENTEN SACRIFICE

Every Catholic wishes to make some sacrifice during Lent. What better way than to make an offering for the missions? Send us your Lenten offerings and tell us to use them for the support of our missions in the Near East. God will bless you for it, and our priests will remember you in their prayers.

CHRIST'S LITTLE ONES

The little ones in Christ—the children of our missions, want to learn Christ's teachings. They can have this opportunity in a Catholic school. Five Dollars will provide for a child in school for one term.

THE GREATEST NEED

The greatest need in the Church is an adequate supply of vocations to the priesthood. As the older men die or retire, young priests must take their places if the Church's work is to go on. This is especially true in the missions. That is why we ask support for the students in our seminaries in the Near East. One Hundred Dollars a year is required for each student. So all may have a share in this great work we have our Students' Support Club. Its members give One Dollar a month for this purpose.

AN ALTAR

No church or chapel should be without a proper Altar. It adds grandeur to the dignity of the Mass. Yet many of our missions have only makeshifts. Fifty Dollars will erect a suitable Altar in the Near East.

Send all communications to

Catholic Near East Welfare Association
 400 Lexington Ave. at 46th St. New York, N. Y.