NUTRITION and RATIONING

IN THESE DAYS of rationing we have to be especially careful to get adequate nutrition.

Hard working war workers need plenty of wholesome and nutritious food. These two things present to housewives a problem in home economy.

Our Home Service Dept. will gladly suggest ways and means to keep your food up to the standards of present war time needs.

Rochester Gas & Electric

$200,000 War Bonds Sold By Rhode Island Daughters of Isabella

PROVIDENCE, R. I.—Ten thousand dollars worth of War Bonds and Stamps were sold by the Rhode Island State Circle, Daughters of Isabella, at a reception here in the St. Vincent de Paul Home. The sales brought the total of bonds and stamps sold by the Rhode Island members to an estimated $200,000.

THE SALE WITH A REPUTATION

Note in Progress! The Most Important Oddment Yet from an Investment Viewpoint!

McFARLIN'S

78th Semi-Annual "Original"

Oddment Sale

Despite the uncertainty of replacements in many lines, and despite the fact that quality merchandise is in great demand, we are staging this famous half-yearly clearance as usual. For just as we never deviate from our high standards, so we are not going to deviate from our established Oddment policy of cleaning out odd lots at bargain prices! The reductions, and the many year-around as well as seasonal items included, offer you a real inducement to invest. Make plans to come early. Remember, this is the sale classic in men's, boy's, and juvenile wear . . . more eagerly awaited than ever because of the demand for better quality! If you have to drive in, we ermind you that shopping for needed articles of clothing comes under the head of essential driving.

McFARLIN'S

195 MAIN STREET EAST "WHERE THE GOOD CLOTHES COME FROM"

Catholic Guidance Given In Current Events By Verein

Intemperance Attendant Evil of the War

Calling attention to the abuse of alcoholic liquors during critical times in general, and in the present situation in particular, the recent convention of the Catholic Central Verein of America pleaded for temperate living.

In all things temperate, a resolution on the subject points out, is a wise motto of Christian living. During critical times, however, there is a marked tendency toward intemperate living, particularly the abuse of intoxicating liquors. "The evil of drink is spreading," remarked Cardinal Dougherty of Philadelphia not long ago, "and warfare against it should be waged relentlessly."

In all too many cases, His Eminence further declared, young men and even young women "are carried intoxicated from hotels, taprooms and private dwellings."

Pulpit Rights

A similarly stern warning against the evil of drink has been expressed by the Archbishop of Quebec, Cardinal Villeneuve. "We consider it our pressing duty," he asserted, "to urge the public and military authorities to use all the means in their power to curb these abuses, which are so injurious to the common good and prejudicial to our hopes for victory. We would indeed be foolish to expect that any nation would be strong and vigorous in its morals and physically fit, without that self-mastery which can be preserved only by the spirit of sacrifice, self-denial and discipline."

Statistical figures appearing in the press, he added, "give more convincing evidence of the abuse of liquor than even the painful sights we witness every day."

Vigorously do we admonish our members to be temperate at all times and to do their utmost to impress upon others, especially those in their charge, the desirability of moderation and sobriety. At the same time they should not hesitate to call upon public authority, whenever necessary, to do its duty in suppressing the evils resulting from the lax enforcement of laws pertaining to the sale of intoxicating liquor, especially to minors, and to its consumpti

Daily Wants 'No Communism For America'

PHILADELPHIA (NC) — In an editorial titled "No Communism For America," the Philadelphia Inquirer states that while "latterly there have been indications that Communism, from both the Government's and the people's viewpoint, has lost ground in Russia," nevertheless it is "increasingly necessary for us to be perfectly clear in our minds about Russia's Communist ideology as apart from Russia's magnificent war accomplishments." The editorial continues:

"Monsignor Fulton J. Sheen, of the Catholic University of America, in a recent broadcast address set forth Russia's position with such truth and clarity that his words should be remembered and thought about by everybody.

"'What is making Russia great in this conflict,' said Monsignor Sheen, 'is not its atheistic Communism but its love of the fatherland, its fondness for its earth, its natural asceticism and self-sacrifice, its deep and righteous hatred of an invader.

"'We want Russia to drive the Nazis out of their land, we want their people to live in peace with themselves and with the world; but we do not want Communism in America or Germany or Poland any more than we want Nazism or Fascism.'

The editorial states no American knows what Russia's attitude toward Communism will be after the war, but adds that when Hitler's power is broken, Germany and the occupied countries "will be fertile breeding grounds for such deadly poisonous organisms as Communism." The editorial states if the Russians want a Communist Government, "it is their own affair"; if they seek to spread it to other nations, that is the affair of the nations concerned, but "we can not and will not tolerate Communism here."

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