

WAR WORKERS HEAR MASS IN ARMS PLANT

War workers going to work on an early Sunday shift, attend Mass said for them in a clubroom of the Colt Patent Fire Arms Manufacturing Company, Hartford, Conn. Rev. Jeremiah J. Broderick (celebrant), pastor of St. Peter's Church, Hartford, is pictured in front of the improvised altar, a table raised on cartridge boxes. It is planned to say two Masses every Sunday at the plant for the duration of the war. Hartford Times photos (N.C.W.C.)



A Catholic Rule of Life

1. Say your morning and evening prayers. Prayer is necessary for perseverance and is certain to obtain it "Ask and you shall receive"
2. Often call to mind that you are to die you know not when, nor where, nor how; only this you know if you die in mortal sin, you will be lost forever. If you die in the state of grace, you will be happy forever
3. Never miss Mass on Sundays and holydays of obligation. By uniting our hearts with all the Faithful in Mass, we offer first an act of infinite adoration to God; and second, we bring down the choicest blessings of Heaven. A dark cloud hangs over the Catholic family that neglects Mass.
4. Be careful about what you read. Bad reading is poison to the soul. Provide yourself with Catholic books. Have a Catholic newspaper and a Catholic magazine in your home.
5. Remember that a man is known by company. Fly from the danger of sin.
6. If you are so unhappy as to fall into sin, be not discouraged, but quickly beg pardon of God by an act of Perfect Contrition, and seek the first opportunity to go to Confession and start again a new life.
7. Go to Confession and Communion once a week if possible, at least never allow a month to pass without approaching the Sacraments. By Confession our souls are cleansed from sin and strengthened to resist temptation. By Com-

munion our souls are nourished by the Sacred Body and Blood of Jesus Christ. "He that eateth my flesh and drinketh my blood shall live by Me," says our Divine Lord.

Near \$5,000 in Bonds

Grand Rapids, Mich. — Grand Rapids Court, Catholic Daughters of America, bought \$2,100 worth of War Bonds during June and now owns a total of \$4,225 worth, it has been announced by Mrs. Thomas F. McGuire, Grand Regent of the Court.



A FINE AND FEMININE simplicity marks the decor of the new footwear sale in the S. Forman Co. redecorated and enlarged fashion store.

Cardinal's Backing

Boston, Mass.—William Cardinal O'Connell Archbishop of Boston, has issued a statement asking the people of Massachusetts to support the War Bond Campaign.

SO LITTLE EFFORT

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A DUAL PURPOSE

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