

250 Children To Compete In Annual St. Anthony's School Field Day

The Third Annual St. Anthony's School Field Day for boys and girls from the first through the eighth grades will take place in Eldridge Park on Tuesday, May 12 from 9 to 4 p. m., under the direction of Physical Director Alie P. Quatrano.

The entire school will hike from St. Anthony's to the park where the field events will be held. All the nuts from the school will attend. It is expected that 250 children will take part in the procession and will compete in the field events. Each child will bring a lunch.

All prizes are donated by the Rev. Bernard C. Hanna, pastor, who will supervise serving of refreshments consisting of ice cream and other items. He will be assisted by the Rev. Francis H. Vogt, assistant pastor.

Prizes will be awarded for each boy and girl, placing first, second and third in each division. The prizes will consist of appropriate ribbons.

Grades 1, 2 and 3 will compete in the 20 yard dash, ten yard backward race, sack race, soft ball throw for distance, shoe race.

Grades 4 and 5 will compete in the 25 yard dash, 15 yard backward race, sack race, shotput, shoe race and potato relay.

Grades 6, 7 and 8 will compete in the 60 yard dash, 30 yard backward race, broad jump, softball throw for distance, base running for best time, shoe race, shotput and potato relay race.

An Indian baseball game will have the fourth, fifth and sixth grades pitted against the seventh and eighth grade boys and girls. This game was devised by Physical Director Quatrano.



Catholic Rural Life Movement

(These articles are released to the CATHOLIC COURIER by the National Catholic Rural Life Conference, 2041 Grand Avenue, Des Moines, Iowa.)

Even though some of the following items may appear off the rural center as such their implications are rural. By which I mean that either their common sense is rural or their nonsense something else.

Mrs. Edward Howard, 80, moved off her land in Iowa by the defense plant, said: "I won't last long if we move to the city."

Invited into a small-town home in Missouri I was much impressed by a framed saying on the dining room wall: "Christ is the Head of this house, the unseen Guest at every meal, the silent Partner in every conversation."

I know a farm woman in Wisconsin who invariably says the same homely and hospitable thing at a particular point in the process of giving graciously of her hospitality. By this time she has served of her home-made wine—anywhere from four to twenty years old. She has busied herself between conversations setting the table with dishes and bowls and everything that goes into them—of which there is always much and of great variety. A long blessing is said and then comes that sincere and confident and superfluous little speech: "Now make out your dinner, folks."

Then there is the sophisticated city girl who bragged about the local airport. "How do you know it's the best," I asked. "Of course it's the best. Look at the size of it."

I have a good word for the farmer-boy—and so has a certain employer—who was asked: "What positions or jobs have you ever held to qualify you?" He answered, and not without dignity and a conscious just pride: "I was born and reared a farmer. That, sir, is my qualification." It was enough.

I do not know, of course, how sincere the Bell Telephone Company is about this particular advertising slogan, but there is nothing wrong with the slogan itself.

"Never too busy to be good neighbors."

Or the real estate company about advertising as follows: "Buy a home on the land and insure your bride's happiness."

Or the restaurant by the side of the road in the state of Washington displaying the sign: "Pie, the kind your mother tried to make and couldn't."

And now I want to answer a question already asked me by four different people: "Why are you so 'confounded' anti-urban?"

The pendulum of opinion can only be shocked or jarred from the other extreme. Because 99 per cent of the people are so "confounded" pro-urban (and for no good reason). Cities will become tolerable and so will my opinion only when they begin to lose about a third of their population to the country. This does not imply any sort of intolerance for city people themselves. ESG.

Charles Tucker Opens Religious Gift Studio

This week Mr. Charles A. Tucker opened his new Religious Gift Studio at 74 East Ave., opposite Chestnut St. Mr. Tucker features a full line of Church Goods and Religious Articles, and has also installed one of the most comprehensive Greeting Card departments in Rochester featuring both Everyday, Religious and Mother's Day Cards. Besides the new Studio he will continue to conduct his former branch of the business as the Seminary Bookstore of St. Bernard's Seminary.

For the past eight years Mr. Tucker has conducted a Church Goods Studio on East Avenue, and has been commissioned to decorate and install the furnishings of many of the new and remodeled Churches in Western New York. He has now extended his activities to include the retail field instead of concentrating solely on sales to the Clergy and Religious. His extensive knowledge of Church Liturgy has won him an excellent reputation as consultant in all matters pertaining to altar appointments of the Church.

In recent months, under the capable direction of Rochester architects, he has been entrusted with the selection of altars, lighting fixtures, stained glass windows, vestments, sacred vessels and statues for St. George's Church, Rochester; St. Ignatius Church, Hornell; St. Charles Church, Olcott; St. Stanislaus Church, Rochester, and the Chapel of the newly opened Convent of Our Lady of Perpetual Help Church.

Special Retreats Held For Munition Workers

LONDON.—(NC)—Workers in a Scottish munitions factory are attending special retreats arranged for them by the Jesuits at Craighhead, Bothwell.

In another Scots factory some workers have formed a praesidium of the Legion of Mary as they are unable to attend meetings in their own parishes.

According To The Doctor

TWELVE RULES OF CAUTION

You, and the average person, can do much to avoid being overtaken by the heart disease which follows in the wake of blood pressure. For instance—

1.—Ask the family physician for a periodic checkup. If this is done at least once a year, it would be impossible for high blood pressure to appear without detection.

2.—If the condition is found, place yourself under a physician's care and follow his advice to the letter.

3.—Stop worrying about it. You may live as long as any one else, if you take care of yourself.

4.—Have it checked at regular intervals.

5.—Get 8 to 10 hours sleep each night.

6.—Avoid undue excitement, emotional strain or nervous tension.

7.—Pace your day, your work, everything in a steadily paced schedule.

8.—Overweight persons MUST reduce, gradually and consistently. Maintain a general well-balanced diet.

9.—Eliminate the use of tobacco unless the physician permits it.

10.—Alcohol in excess is definitely harmful.

11.—Physical exertion may have to be limited very little if at all in cases where the blood pressure readily can be controlled and there is no involvement of the heart. Leave the doctor decide.

12.—The types of medication must be left to the discretion of the physician. There are a number of effective preparations ranging from mild to powerful.

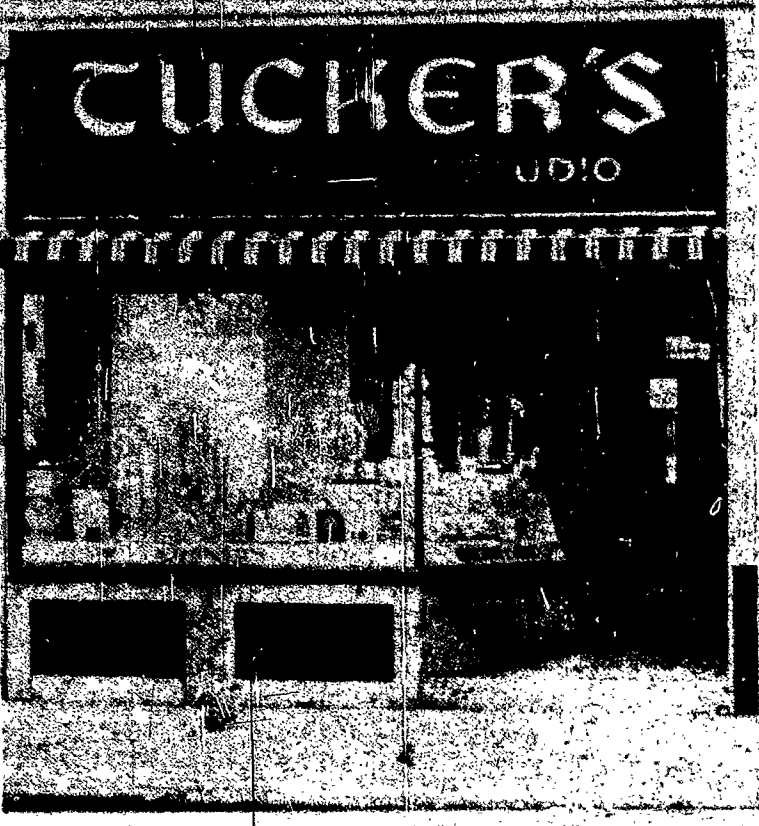
A high blood pressure patient who abides by these suggestions faithfully need not worry. Patience and perseverance will bring the desired results, and add long years to an otherwise endangered life.

Mass At Arlington

(Continued from Page 1)

United States Navy Chaplain, and the Rev. Edward McFague, Chaplain at Walter Reed General Hospital, Washington, D. C. Music will be furnished by the choir of the Catholic University of America, Washington.

Inaugurated three years ago, the annual Mass has taken on national significance in honoring the memory of the nation's war dead and the unknown soldier. Following the solemn Mass in the Amphitheater, representatives of 31 national and local Catholic groups will gather at the Tomb of the Unknown Soldier to place wreaths in the name of their respective organizations.



Here is attractive store front of the new Religious Gift Studio operated by Charles A. Tucker at 74 East Ave., Rochester.

Finals In Spelling Contest Set Saturday At Geneva

Twenty-four winners of the regional spelling contest sponsored by the CATHOLIC COURIER under the auspices of the Catholic Education Office, will compete for diocesan prizes and honors Saturday morning at De Sales High School, Geneva.

side contest, with Doris Kahl, of St. Boniface, Richard Ostry of Blessed Sacrament and Carl Hestler of St. Ambrose School running up.

These contestants will all meet in De Sales High School on Saturday morning. Prizes to be awarded by the CATHOLIC COURIER include a first prize of \$10.00, and a second and third of \$5.00 each. The winners will be entertained at luncheon following the contest.

Lucy Dagon, St. Ann's School, Hornell, led spellers in the Des Moines Contest. Ranking next in order were: Conrad Donovan, and Ernest Daley of St. Patrick's School, Danville, and Joan Teitworth, St. Patrick's, Mt. Morris.

In the Elmira area contest, Thomas O'Connor of St. Patrick's School, Owego won the first prize and following him were Joseph Kennedy of St. Peter and Paul's, Elmira; Jean Fleury, Immaculate Conception School, Ithaca, and Harold Hart of St. Casimir's School, Elmira.

June Shirley of St. Stephen's School, Geneva, spelled down the contestants in that area. The next three in line were Betty Babcock, St. Patrick's, Seneca Falls, Erwin Dowd, of the same school, and Emma Brauli, St. Francis de Sales School, Geneva.

Heading the contest of west side schools of Rochester and Monroe County was Eleanor Chapuka of Holy Cross School. Joining her in honors was Edward Meagher of Our Lady of Good Counsel, Theresa Dieter of Sacred Heart School and Marilyn Woodruff of St. Monica's School.

Anna Flechuck of St. Michael's School won first place in the east

side contest, with Doris Kahl, of St. Boniface, Richard Ostry of Blessed Sacrament and Carl Hestler of St. Ambrose School running up.

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Novena To Our Lady Of Scapular Opens

NEW YORK.—Led by the Most Rev. J. Francis A. McIntyre, Auxiliary Bishop of New York, 900 persons attended the first service in the new weekly novena in honor of Our Lady of the Scapular at the national shrine here. The service marked the first anniversary of the Scapular Militia. A guard of honor composed of six Catholic soldiers and sailors escorted the Bishop. Scapulars were distributed during the service.

Work overtime; save overtime. Buy U. S. War Bonds every payday.

Holy Name Tourney Summary In May 14

Secretary Irving Nienting reports that a summary of winners in the Holy Name Bowling Tournament which closed in Rochester Tuesday, this week, will be available for the May 14 issue of the CATHOLIC COURIER.

National Legion of Decency List

CLASS A—Section 1—Unobjectionable for General Patronage		
About Face	Shoot Town Law	Rousing Frontiers
Alas Boston, Blackie	Gold Rush, The	Satterwood Ridge, High
Atoms In My Heart	The Great Gun	Secret Agent of Japan
Arizona Cyclone	Hearts of the Rio Grande	Secrets of the Lone Wolf
Babe on Broadway	Hello Annapolis	Ship With Wings
Bandit Trail	Hold That Ghost	Small Town Deb
Beautiful Bachelor, The	Home in Wyoming	South of Santa Fe
Behind the Border	House of Errors	U. S. Coast Guard
Birth of the Blues	How to Succeed	When You Wish, Emma
Blondie Goes To College	Kid Glove Killer	Stage Coach Express
Bombay Clipper	Law of the Jungle	Sullivan Squadron
Borrowed Hero	Law of the Timber	Sundance Jim
Broadway Big Shot	Let's Go Collegiate	Suspect on the Desert
Bugle Sounds, The	Lone Rider in Cherokee	Target for Tonight
Bullets for Bandits	Lone Star Ranger	Texas' Secret Treasure
Butterfly Parade	Major General	They Die With Their
Casual Zone	Mayor of 41st Street	Boots On
Casle in the Desert	Melody Lane	They Met Again
Case Call forillery Queen	Mississippi Gambler	This Time For Keeps
Code of the Outlaw	Mr. Box Goes To Town	Thunder River Fued
Come On, Danger	Mitchell V	To the Shores of Tripoli
Corsican Brothers	Monkey	Tramp, Tramp, Tramp
Courship of Andy Hardy	My Favorite Blonde	True to the Army
Crazy Sweeney	Nancy Sweeney	Twilight on the Trail
Dawn Express, The	North of the Rockies	Under Pines Stars
Dive Bomber	Obliging Young Lady	Unseen Enemy
Don't Get Personal	Pacific Blackout	Vanishing Virginian, The
Down in San Diego	Parachute Battalion	What's Cookin'
Down Rio Grande Way	Private Snuffy Smith	When Knights Were Bold
Driftin' Kid	Raiders of the Range	Whispering Ghosts
Drugs Are Pretty People	Raiders of the Wild West	Whoopi
Edie, Em Cowboy	Riders of the Purple Sage	Yank on the Burma
Fingers at the Window	Right To The Heart	Road, A
Flying Billie	Roan Agent	Young America
Frackle Comes Home	Rolling Down the Great	You're in the Army Now
Trace Ltd	Divide	
Gentleman from Dixie		
CLASS A—Section 2—Unobjectionable for Adults		
Adventures of Martin	I Was Framed	Ship Ahoy
Eden	Kings Row	Sing Your Worries Away
Affairs of Jimmy	London's Fury	Skylark
Valentine	Lady Be Good	Sleepers West
All That Money Can Buy	Lady For A Night	Sleeping Beauty
All Through the Night	Law of the Tropics	Strange Case of Dr. X
Anatomy Gangster	Law of the Tropics	Sunday Punch
Black Dragons	Life	Sundance
Blue, White and Perfect	Male Animal, The	Sun Valley Serenade
Blonde's Blessed Event	Man Who Wouldn't Die	Suspicion
Body Disappears, The	Man With Two Lives	Swing It Soldier
Brooklyn Orchid	Martini Bachelor	There's One Born Every
Bull's Eye	Men of San Quentin	Minute
British Minds the Baby	Miss Polly	This Gun For Hire
Captains of the Clouds	Mr. Wise Guy	This Was Paris
Continental Express	Moon Over Her Shoulder	To Be or Not To Be
Dangerous Lady	Mystery of Marie Rolet	Today, I Hang
Desperate Chance for	Niagara Falls	Too Many Wives
Rillery Queen	No Hands on the Clock	Tragedy at Midnight, A
Drums of the Congo	Perfect Snob, The	Two Yanks in Trinidad
Falcon Takes Over	Powder Town	Unfinished Business
Fleet's In, The	Ric Ric	We Were Dancing
Fly By Night	Rings On Her Fingers	When Ladies Meet
Gambler's Daughters	Saboteur, The	Who's Hope Scherzer?
Gentleman at Heart	Sailors on Leave	Woman of the Year
Ghost of Frankenstein	Shadow of the Thin Man	You'll Never Get Rich
Grand Central Murder	Shepherd of the Hills	
Great Man's Lady, The	Shot in the Dark	
H. M. Train, The	Shot My Big Mouth	
Honolulu, I		
I Killed That Man		
CLASS B—Objectionable in Part		
Almost Married	I'll Sell My Life	Out of the Fog
Alone of the South Seas	In This Our Life	Pack's Wives, The
Arizona	It's All in the Mind	Shanghai Gesture
Bedtime Story	Jack and Jill, The	So Ends Our Night
Bloss in the Night	Lady in Distress	Sullivan's Travels
Call Out the Marines	Lady Is Willing, The	Swanee Woman
Confessions of a Cheat	Louisiana Purchase	Three Girls About Town
The	Major Barbara	Three Hearts
Dinner Hall	Man Who Came To Dinner	Time to the Sun
Drunk Girl	Master and the Girl, The	Too Many Girls
Gambling Lady	Monte Carlo	Tattle of Tahiti
Gentleman After Dark, A	Navy Blues	Two-Faced Woman
Gene With the Wind	Night Before the Divorce	Wife Takes A Viper, The
Neaky Teak	Npt. A Ladies Man	
	Only Wife	
CLASS C—Condemned		
City of Sin	It's All in the Mind	Secret Shadow
Damned Goods	Look of the Fool, The	Secret Saithe
Dangerous	Marrage Forbidden	See, La (French)
Destroyer the White Slave	My Bachelor	Secret Spies
Dr. Trade	No Greater Sin	Stigma Paradox
Dr. Trade	Face to Face	Time in the Sun