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Official Newspaper of The Rochester Diacese With the Apprehation of the MOST HEVEREND JAMES EDWARD KEARNEY, D.D. Highop of Rochester

The CATHOLIC COURIER has my most enthusiastic approval. A diacesan newspaper has become an essential part of the growing of Cubalty action in very diacese. The CATHOLIC COURIER should be found to every Catholic hand to this state to the state of the chareh throughout the world as to this special as to that is transpiring in his chareh throughout the world as to tift appear movilable sources of information or even to seek as information whatever. Let us have a brief alogan "The CATHOLIC COURIER in every Calbolic hand."

JAMES E. KEAHNEY, Bishop of Rochester.

EDITORIALS

LENTEN PRACTICE

There is a negalive as well as a positive side to our Lenten programe Each side is important. Each should have its right share of

The negative side tells us what we must not do. Some of it is of precent, some of counsel. The law on fast and abstinence intends to tell as what we must not eat, even while it prescribes as to quantity and quality what we may out. Giving up movies and card parties is not of precent, giving up luxuries in food and drink even though allowed as not of precept. Partial or complete abstinence from drinking is up to our own choice. Filling up self-derial banks. will the nickels and dimes and quarters we save on all this may still be counted as part of the negative side of our Lenten Program, because it depends on proceeds from what we do not do. So with other

The negative side will mean little if we omit the positive side. Prayer and the spirit of sacrifice should accompany poniential works. The whole purpose of Lent is to remite us to God. Love of the world, of its homes, its pleasures, its good things, separates us from the perfect service of God: if carried too far, involves us in neglect of God, in sin, and even in mortal sin. The negative side of Lent tends to take away these incentives to worldliness: the positive side must lend our souls to better knowldege of, better love of God.

A singere Casholle will welcome Lont as a God-given opportunity to approach closer to God. There will be a lifting of his heart and mind to God, a definite effort to know more of God and His law. The Sunday sermon will be augmented by the Lenten Sermon during the weekt the Stations of the Gross will be a weekly prayerful review of the sufferings and death of Christ. Daily Mass will be looked to as practicable and worthy of following, Weekly or daily Communion will be on the list. Under all of these will be charity, charity that is the love of Coil and the love of our neighbor. Without charity, all our penitential works will be as nothing. Charity covereth a multitade of sinst where charity is, sin cannot be.

In practice, the positive and negative side of our Lenten Program are closely allied. There is something of the negative part in the posi-tive part, and viceversa. Attending daily Mass and evening services is a positive act; but involves salf-denial, a negative part. Fasting abstinence is negative in itself, but depends on that positive good will that flows from the love of God. God help us to make our Lenten Program complete, a true preparation for Holy Week and Easter Sunday, a remote preparation for our eternal sulvation!

INFORMATION, PLEASE!

The sir is full of it! Everybody wants to know! By the side of the xidio sits America, roung and old, weighing the varied questions on everything knowable under Heaven, attempting a possible answer or girligup betimes, an aiting eagerly the correct response of the victim. or reluctabilly the correcting one of the questioner. It is interesting,

if is entertaining, it is instructive! And we like it!
Every man an expert at his own line! Try to catch a mathematics professor off base on a question in arithmetic or algebra. Try to fool a shoemaker on the materials and the parts of a stroe. Try to catch a housewife on the ingredients of a cake, or her husband on the best

way to make the furnice go!

But try a Catholic on his religion! Ask him who made the world, Who founded the Church, the number and games of the Sacraments: and he will invariably answer correctly. But go a little deeper: ask Him about the written Word of God, the Bible: and will he invariably answer correctly? Let each reader question himself on this? Who wrole the Bible? Is it one book or many? What are its two principal divisions? (flave you doubted on your prize money so far?) How old is it? Is it a treatise on geography, history, ethnology, astronomy? Who is the Divine Author of the Bible? Name some of the human without What makes them different from any other authors? Would Chive Bible today were it not for the fostering care God's Church has given to it? Is all of the teaching of the Church contained in the Piblis? (Have you been sent back to your place with a professional word of sympathy from the questioner?)

Thformation, please! That's what you should have, ready and accurate, on the Bible. You are a Catholic, a member of God's Church, and you should have accurate information about the Bible!

Why not join in your parish one of the Discussion Groups, now? The subject for this Leav's the Bible: a helpful text is ready in the pamphlet available at your church. Report to your Pastor, approach him and with a real yearning for the knowledge you need on the Bible any Unformation, pleased?

PIRST IN WAR

Our country emercal into being through war! It was an anequal at where the olds were all against us. But we had as a leader the Our consentry entered little being through warf are was an anequal was absence the odds were all against us. But we had as a leader the great General Washington. We had the courage and the bravery and devil for your function. A converted level of the power of prayer for obtaining divine and who had the gift of section of a General work who had the gift of section of faith before he tackled his encourage and the bravery and well, had to make the most heroic for the internation of bringing about the power of faith before he tackled his encourage and the bravery overted level in before he tackled his encourage and the bravery and devil for your function. A converted level for the main power of selective means specified by Rochester Council, was a state most effective means of satisfying Divine Justice, we specified by Rochester Council, unge upon our members to assist the faithful for your function. A converted level for your fu

PRAYED IN NATION'S FIRST CRISIS



The anniversary of the birth of George Washington recalls the scene depicted here by the artist, the General kneeling in the snow at Valley Forge to pray for Divine Guidance, when faced by a crisis in the affairs of the nation Today, as in other wars, Bishops throughout the country are urging their flocks to pray for the welfare of the nation and its leaders. (N.C.W.C.)

=Along The Way=

An American Breakfast

By REV. DANIEL A. LORD. S.I.

The stout, well-to-do looking I saw a Jew once, fresh from the woman across the dining car from me came in for her belated breakfast as the rest of us were lunching. And it was a more or less typical modern American dieter's breakfast

She had a cigarette, a pot of creamless, unsugared coffee, and

Another cigaretts.

Then they tell us that the Church's laws of fasting are hard!

Speaking of Lobsters

How in the world did unfortu-nate, generally objectional people get themselves named after as get themselves named after as thoroughly delightful a fish as the lobster? As slang "lobster" is as passe as the insult "muttonhead" which used in my youth to be applied to particularly stupid people. (Queer how we use the same animal for endearment and insult. "You sweet little lamb!" is very sentimental: "You muttonhead!" is frank insult.) But I apologize to the delightful lobster for having in the past called less aftractive members of the human species after him.

When I arrive in Boston, I push aside other food and concentrate for a few days on lobster. Out in the midwest, we now, thanks to re-frigeration and frozen food, don't get our fish out of cans. Even at that, I siways eat lobster in Boston with the conviction that the one before me jumped right out of the ocean into the boiling pot. A mmm in the early days of good eating in New England, when a man in a restaurant ordered lobster, this was the routine: The waiter brought in six large crustaceans. He placed them on the floor. Then he cracked a whip. The lobsters all jumped. The one that jumped highest and farthest was the one that the customer selected for his meal. Legend, I' maure, but it lingers gratifying in my mind.

Yet can you fancy the heroism of the man who first decided to boil and sat a lobster? He must have been practically statued to death and on a desert island with no other food in sight. Tackling a lobster without centuries of prece-

waters of baptism, swallow his first oyster. And that was an act of high courage too.

But going back to that original hero, who do you think he was? hero, who do you think he was? served a bit of enesse or a sour-And how in the world did he ever belief egg in concession to our re-have the courage to pry off the ligion, we are likely to enjoy this. lobster's armor to find out if its My friend; Wilson Benoist, who flesh was edible?

did. I'm grateful too for the first ing as an air warden.

did. I'm grateful too for the first ing as an air warden.

I am grateful too for the first ing as an air warden.

The night he "graduated," he and his associates were invited to a buffet supper by one of his good unfriendity people after the delircious clarm? You lobster, you! That cold clarm? How we humans get our figures of special with a supper by one of his good friends. The party was largely cour figures of special with a supper by one of his good friends. The party was largely cour figures of special with a supper by one of his good friends. The party was largely cour figures of special with a supper by one of his good friends.

God is good, the provident Fa-ther in Heaven who filled the earth and the gardens and the seas with wonderful and varied food. I sat once through a lenten dinner with a friend who considers fish as something to feed to cats. When I had finished be regarded me with complete disgust . . and let me add, a trace of frank envy.

QUERIES and REPLIES

Why Take Sides? I Believe In Withholding Judgment Even In Matters Of Religion.

Human life must be focused on a compelling and absorbing pur-pose toward which everything pose toward which every hing gravitates. Civilization must have a commanding center. The focus toward which buman efforts con-verge is either this world or the next. If the center of gravity is this world, we have secularism. If the focal point is in the other world, we have religion. The opposition between these

two tendencies is absolute and mu-tually exclusive. When the prin-ciples of religion prevail, we have a spiritualized civilization, when secularism predominates, human life is materialized and confined within its own horizon.

A survey of our day speedily re-

veals the fact that the supreme in-terest of the present is directed toward the things of this world. Secularism is stamped on our en-tire civilization. It has become almost a religion itself demanding the undivided loyalty of humanity. But real Religion rises to assert

The God-given instinct of selfpreservation and propagation is as strong today as ever. The result is a world conflict of unwonted bitterness. It would seem that the battle iscentering on its final and decisive phase. Mankind is really at the crossroads. We have arrived at the stage where compromiss is no longer possible. All men of good will must take this matter seriously and act accordingly, definitely and decisively NOW. Mere sympathy for Christ and His Church will not do. that is not with Me is against Mc (Matt. 12, 30) (From the pen of Father Richard Fellx, O.S.B., Defenders of the Faith, Conception, Missouri.)

"What possible merit can you get out of Friday?" he demanded. I'm afraid the answer is, "None."

Turning the Tables

As most of us have had the experience of dining out on a Friday with non-Catholics, and being with served a bit of cheese or a soft-

cold clarm! You lobster, you! That Catholic, so the table was spread cold clarm! How we humans get with fish in all forms, cheese of our figures of speech all mixed wide variety, salads, and description.

And as the party began, the host appeared with a small dish of cold ham:

"Just a little something," he said in all seriousness, "for the non-Catholics."

A person who butts in usually is the goat of an argument. -Illinois State Journal.

Diocesan Recordings

Many Thanks. To the various fon Catholic thought and principles Catholic lay organizations who to many laymen of that city. It have so wholcheartedly, during is furnishing a new forum for the their Catholic Press Month observed issemination of Catholic thought, ances, advocated reading of the It is bringing our Catholic men to-CATHOLAC COURTER, their own gether during the business day for

Reminder. It may have been passed over in the reading but the Rochester Branch, Catholic Central Verein at its December meeting adopted a resolution urging its members to assist at Dall In view of the urgency of His Excellency. Bishop Kearney, that the practice of Daily Mass to incor-porated in the Lenten devotions of the faithful, this year, the resolu-tion of the Central Verein was called to the attention of this decalled to the attention of this de-partment, this week. The resolu-tion states, in part: "that inna-much as the Holy Sucrifice of the Mass is the most effective means of satisfying Divine Justice, we urge upon our members to assist to often as possible at Daily Mass for the intention of bringing about on an are absolute and of secur-ing a just and lasting pouce."

diocesan newspaper, the staff says a period of concentration on the "thank you" with deep sincerity. spiritual side of their everyday existence. The club should result in better informed and even more enthusiastic laymen fortified fend their faith in times calling for

> Right Guidance. When constands on questions of the moment, the Best source for right guidance are the Encyclicals of the Holy Fathers. Whether it's Communism. Fascism or sanctions or reprisals, the Encyclicals have the answers.

much as the Holy Sacrifice of the Mass is the most effective means of satisfying Divine Justice, we seek by Rochester Council, urge upon our members to assist as often me possible at Daily Mass, as often me possible at Daily Mass, for the instention of bringing about an ane of nostilities and of securities a just and lasting peace.

Getting Remain. Organization of Cathelic Men's Improbance Club in Corning which meets every Friday at the Baren Steuben Hotel has been been the meaning the meaning of the Baren Steuben Hotel has been been been the meaning t