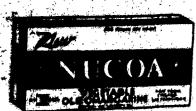
# OF COOKERY'

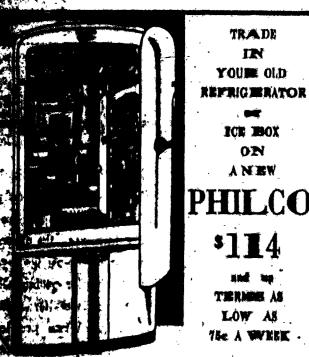


CONTAINS 33 00 Calories Per Pound 7500 Units Vitamin A

Endorsed By

### AMERICAIN MEDICAL ASSOCIATION GOIDO MOUSEKEEPING BUREAJI

Used Exclusively in SCHOOLS OF COOKERY



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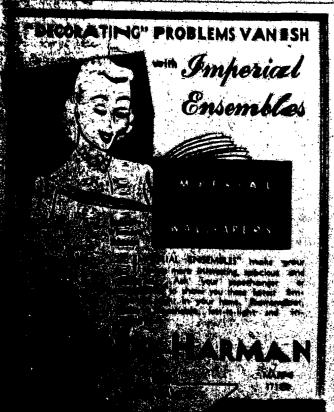
## Insist on Homogenized

Vitamin-D

MILK

BRIGHTON PLACE





### **Variety Keys** Tonight's Demonstration

The CATHOLIC COURTERS School of Cookery" veturns to Mi. Menicals parish Last year one of Menical parish last year one of the season was in attendance and from advance reports another banner audience will see the season tender will see the seamonstration. Included in tenight's testy menuars those dessets which are bound to this the spot and several distress for the Lenten season. The complete program presents a pleasant variations of but and meat climaxed by tanty dessets.

STRAWBERRY BAVARIAN PER Fill a bated pleahell with cream filling. Top with fitzawherry Ba-varian Cream and decorate with Barrien.

#### ATMAWAERRY BAVARIAN CHEAR

i pleg. Temon politic i g bodding wills i g prombed swelenood strawa honey eream

Disserve the pilities in heilitry valer. Chill to the several terrory of high growing and beat until spongy. Fold in the strawberries and the oream awestered with the sugar. Chill usett of casistency to hold its shape and then pile on top of filling. Or this may be poured into individual moids and chilled.

QUICK ANGEL FOOD CAKE Temperature: 436° F. Time: #minutes

cromm of latter

Yeal Chops Bestered flour l a water or tomalo judice l can poss Lis a cobsery

GINESH 6826 it the bealing point and turn burn-

IT cold water to boiling water c heavy cream T vinemar cucumber, diced

c mayounaise\* (Second Layer)

bkg. lamon geleling water c vinegar

t salt o cooked pear

is a mayoonnaise.

I can turn fish
Soften gelatin in cold water, dissolve in beiling water and cool.
Fold into the thickly beaten cream. then add the vinegar, oucumber and mayoranaise. Pour Into a loaf lin. Dissorve the gelatin in the beiling water, add vinegar and sait and cool to the consistency of thick cream. Add peas mayor raise and flaked turn fish and chill until mixture just thickens. Pour over the first layer and chill. Unmold on platter and garnish.

TRAY SMORGASBORD Unmold Balad Tuna Loaf ento center of large platter or tray. Arrange alternating slices of swiss cheese and sliced tomato on tray around loaf, garnish with creas and stuffed eggs. Serve with a variety of pickles and rye and white brand.

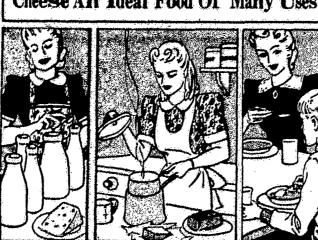
In Using the Above RECIPES

We Suggest You Try

For Shortening Naces Margarine

For Flour Pillsbury's Bont For Mills and Creams

Cheese An Ideal Food Of Many Uses



Chasse is a consintrated form of milk; it takes about five quarta of milk to make one pound of the cose. In the kitchen cheese can be used in more ways than almost any other food. It is also one of the heat protein foods.

of the versatility, economy and cheese recipe: taxtinem of Cheine. America's Caule for cheese has

yantly increased, with a 36 per cent rise in local U. S. consumption in ien years. There is utill room for improvement. In the opinion of the National Dairy Council, as many foreign national have a higher aver age contimption per person.

Cheese complines most of the nutritive factors in milk and is from 10 to 22 per cent digestible. Cheese is am important vitamin source and valuable for its supply need for calcium. These factors until thickened, Add dieed cheese youngsters and soults.

There are few, if any, loods in protein foods which are more exconstant use today that can boast pensive. Here is an interesting new

> Savery Cheese Soup I ishlesmoons minded onlon 4 tablespoons butter 14 tableapoons flour 2 cups maile

I cups chicken stock, or bouillion 4 lb. sharp American cheese f cup minced cooked carrot

% one minced cooked celery 4 cup minced cooked green

Saute onion in butter, do not of calcium and phosphorus. One allow to brown, Add flour and blend ounce of hard cheese furnishes well Place over hot water, add about onethird of am adult's daily milk and chicken stock and cook make it one of the anest foods for and silr until melted. Add cooked vegetables, heat thoroughly, Serve Cheese can be served in innumer topped with chopped paralley, pop-able ways in place of other staple corn or croutous. Makes 6 servings

# Hints For Housewives

inde park and hele in a preheated aven. This cake may also be baked for I hour at 126 V.

VEAL CHIOFS WITH PRAS AND CELERY

Tripology

Tripolog in all, and you will fired your aptinach clean yet umbreised.

aprouts a neutronia dising to grace with the second that they are tised Land, saind has been eaten and on the day of the wedding.

Informal Daytime Wedding

beans can harbor grit, yot when pass muster.

Noarly every-body knows something about salad, and they know that a handsome appearance is no sign of a good salad, just as an attractive personality is no sign of a good salad. The day of the wedding do not detect these foreign particles, pour the beans through a folded sheet.

A salad to be a salad must-be appearance onto the standard must-be appearance on the standard mus

excess juice from running out or ples such as rhubard, cherry, and

# Bit some sugar; measure and sift a kines. But agg whites modified and sift and series and sift a kines. But agg whites made in the sugar i T at a time that far and heat until atlet. To prevent git in spinach, cut off the roots and about an with early with the mediately with the wedding gift should be a card, of course. A calling card is sufficient or a plain white early like a fail in the sugar i T at a time line heat and heat in the stem and place the spinach in a kettle full of on it. Congratuations and best warm water. Sourse the spinach around carefully in the wishes are offered after the ceremony and so a wedding gift card water, then lift it from the kettle.

Ever since the children of lirael. The first step in making brussel Ever since the children of Israel sprouts a delicious dish to grace started out of Egypt for the Prom-

wise to rub them between the hands to see them no foreign mat-

the remains.

Other vegetables such as parsnips, pottes, carrots or beets may contain bits of soil even though scrubbed with a vegetable brush. If this is the case, try a live brush or scourer. This method is also useful in scraping new help to digest them. Salad makes one who has eaten a satisfying carrots or potations and is much easier than using a knife.

Julce in Ples

The offen difficult to keep the state of the offen course the digestive tract, which gives renewed interest in the dessert that ing room for wedding refreshments. If gifts are displayed guests they course stands on the instance of full; and it also slightly stimulates the digestive tract, which gives renewed interest in the dessert that ing room for wedding refreshments. If gifts are displayed guests they

Use for lemons

-What Do You Know About Fruits-

TODAY—Uses of Apricots

### Weddings Are IIDRANA Occasions For **Good Manners**

While the brade is making preparations for the big event the poo-ple invited to her wedding have plans to make also.

When invitations are received three weeks before the wedding. the prospective guest must answer as soon as possible. That means within a week after the invitation is received and certainly not later than two weeks after. And the invitations should be answered in ind-a formal invitation calls for a formal reply. An informal in-vitation calls for a note written in the first person.

This should be noted, however An invitation to the church only does not call for an answer and does not mean that a gift must be sent. If a reception card is in-cluded an answer must be sent and a gift is compulsory. Invitations to home weddings must always be acknowledged and a gift sent Wedding Giffe

As has already been mentioned a ome or reception wedding invitation calls for a gift. This hole true whether the invitation is r This holds:

jected or accepted All gills are sent to the bride Even if the guests have never met the young lady and are intimately associated with the groom, their wedding presents are sent to the bride's home and addressed to her Gifts should not be taken to the

bride on her wedding day She is too busy and excited to fully appreciate them. Then, too, she often ans one room in which she displays prosents and late arrivals have a way of rangement. The thoughtful sender sees that the gift is delivered two-weeks or 10 days before the wedding day. This gives the bride an opportunity to acknowledge it im-

with a verse to that effect is au-perfluous If, however, a guest from out of town cannot attend he may write his best wishes in a letter, accompanying the gift, or enclose his card on which he has written, "Best wishes for worlds of happiness" or something to that effect It would be very nice, also, to send a congratulatory wire to the counter

FANCY SQUE-PACK

TENDER-TASTY

INSTITUTIONS

J. F. TAGGART, INC.

shortening and broll a to sminutes.

depending on thickness of fish furth, brush with shortening and then slices.

Turn, brush with shortening and then slices.

The Sure!

Although asparagus may look for these. Broll until cheese melts and is bubbly. Sprinkle with papting and place under broller just like asparagus in lukewarm water like enough to teast.

SALAD TUNA LOAF

(First Layer)

It is hard to believe that dried to the free pass muster.

Attention to each stem cut into who dec'are that an onion eaten just before going to bed will ture formal Evening Attire

After six in the evening the correct masculine attire consists of full dress. Swallow tailed cont saind, which has been the theme of single or double-breasted waist cont with V-front trousers of same material as cont, one or two-stud wash undermeath.

It is hard to believe that dried to be just thrown together and slik hose patent leather pumps to the just thrown together and slik hose patent leather pumps white handleerchief White or red

the beans through a folded sheet of paper towelling a few at a time and examine them carefully. After the beans have been soaked, it is wise to rub them between the place at which the salad should be received. Why do we insist that it

usually look at these after they

other similar fruits. Here's an idea that helps beat an egg lightly, mix it into the augar the pic requires, adding a little flour and mixing thoroughly. Then take the pic as usual and you will find that the juice stays in.

Children's books may be kept bright and clean if their covers are shellacked.

Use for lemons there is for lemons to the fowl inside and but with a cut lemon to the meat more turby and tender. Save your lemon halves, after the pic as the

#### Ham Stacks Are Delightful Snacks

If you've never tried the combination of top milk and 2 tablespoons brown sugar liquid apricots that you can pour out of their container in a 3 teaspoon pepper colorful fluid stream, as a topping for cereals, there's some 1 pound ground smooked ham

For Milk and Craim

Brighten Place Dairy

For Pie Filling

Apricots that your can pour out of their container in a colorful fluid stream, as a topping for cereals, there's something new under the sum for your breakfast menus.

Apricots of top ripeness have been liquided for this, and many breakfast menus.

Apricots of top ripeness have been liquided for this, and many breakfast menus.

Apricots of top ripeness have been liquided for this, and many breakfast menus.

Apricots of top ripeness have topping your cooked wheat-heart Salt Salt Salt some penn liquided for this, and many been liqu

# RETURNS TO ST. MONICA'S PARISH TONICHT

Presents

### PARTY POINTERS

For the Smart Hostess

Women Prefer FOR PARTIES Beeause..

PARTIES for moderns should bust in good taste. And they should leave the hostess' beadget with operating to spare. That why more and more women are serving "Cold Seal" Wines They are simple to serve, easy to buy, good to taste. And they save the budget. For your next party try, a fine Cold State. Sparkling Burguendy of Champagne.

• GOOD wath FOOD • GOOD in FOOD •

See our duplay at the "School of Cookers"



California, Department C - a.

famous comking school com-

ductor! Write to Westgate Sea Products Co., San Diago,

ix I tin Browst - O'-Chicken Turions slightly-bookan oggs, I cup brand then minerally contain safe and pomote with I can madium white sake Strape on platter with 2 cupi ite wee whole kernel com in center. Six servings. Gamish with persitory.

895 ELLICOTT SQUARE - BUFFÁLO, HEWN YORK WHERE IN HIS IN HER IN HIS IN HER IN HIS IN H efreshing L with good things



FINEST PIE CRUST

Saves Time-Saves Work Good Luck

A. L. Anderson & Sions Stone 664

Prepared Pie Crust

And Good Luck gives results that are truly "like Mother used to make" ---tender, flaky and rich -delicious tothe last crumb Good Luck Prepared Pie Crust contains the best New York State flour - pure vegetable shortening, and all ingredients are identifical-



EASY AS THIS

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