

# NEXT 'SCHOOL OF COOKERY' DEC. 5 - ST. MICHAEL'S PARISH

**EXPOSED OUTLETS**  
Where electrical outlets are needed on porches, or other places of exposure to weather, a special outdoor outlet is recommended. These may be obtained in complete units, with an attached protecting cap which covers the contact area when not in use.

**INSTALL KITCHEN SHELVES**  
Many kitchens have a bare unused wall space that could be used fully and attractively transformed into recessed shelves. Painted in contrasting colors, such shelves may be used for cook books, recipe files and possibly a telephone extension.

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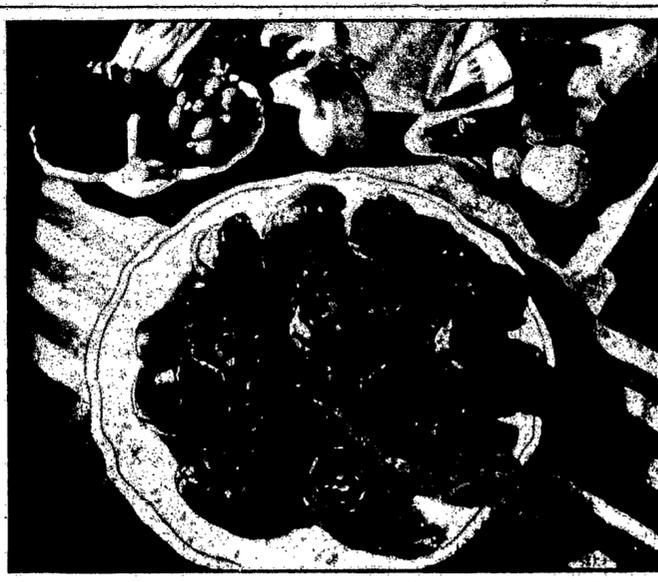
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### Lamb Chops Ideal for an Informal Meal



### Lamb Chops Are Truly A Matter Of "Good Taste"

Lamb chops are truly a matter of "good taste." We see them here, broiled to a deep golden bronze, served with broiled tomato halves and mushrooms wrapped with bacon. Easy to prepare and to serve, full and rich in flavor—nothing could be more satisfying for an informal meal, according to Inez S. Wilson, home economist.

Loin rib or shoulder chops of lamb are suited to broiling or pan-broiling. Broiling is the ideal method of preparing delicious lamb chops. If you have a broiling pan, place the chops on the rack and adjust so that the top surface of the meat is about two inches from the source of heat, or three inches when broiling chops are two inches thick. This distance gives a slow, even temperature necessary if we would have the chops as flavorful and juicy as possible with a minimum amount of shrinking.

**Twelve Minutes to Broil.**  
Lamb chops one inch thick will take about 12 minutes to broil. Chops need to be turned but once, broil one side until nicely browned, then turn and finish broiling. Turn chops carefully with a fork inserted into the fat. If you pierce the meat you'll lose some of the juices.

If you like, during broiling you can baste the chops with fresh mint sauce or while they're still hot spread with mint jelly.

**Chops May Be Pan-broiled.**  
Pan-broiling is a suitable method of cooking lamb chops on top of the stove. Place the chops in a frying pan and brown first on one side then on the other. Reduce the temperature and turn the meat as often as necessary to insure even cooking. Don't let the fat remain in the pan but pour it off as it accumulates.

It's hard to state definite times for pan-broiling. To test the doneness, cut a small gash close to the bone near the end of the cooking period and note the color of the meat. Lamb is served cooked well-done or nearly well-done, never rare.

**WOOD PROTECTION**  
Many builders seek to avoid the use of wood where it can become damp from moisture condensing on water pipes. If necessary the pipes may be protected against condensation.

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### Treat Windows To Curb Drafts

Chilling drafts can be prevented in new homes and they can be corrected in older homes. Here are three spots to watch:

See that the window frame forms a weatherproof joint with the rough framework. This may be done by caulking around the frame, use of "waterproof paper" or by using what builders call wide blind stop construction.

See that sash are fitted carefully to the window frame. This not only cuts down cold air infiltration but makes weatherstripping more efficient.

Drafts may result also through the cooling of warm air coming in contact with cold panes of glass, which causes the cooled air to drop to the floor. This can be largely overcome by the use of either storm sash or double glazing. In either instance, the principle is the same: a second pane of glass, with a dead air space between the inside and outside pane, to keep the inside pane from being cooled too quickly. Drafts are reduced, rooms are more comfortable, and heat is saved.

Window conditions may be improved with funds obtained from qualified lending institutions under the Modernization Credit Plan of the Federal Housing Administration.

**CEILING LEVEL**  
Architects today recommend lower ceilings, having established the fact that any space greater than 12 inches above a window head is of no cooling value unless ventilated.

**Regency Ensemble Simplifies Plans**

Every now and then the interior decorators of our country get their heads together and bring forth a new scheme for beautifying American homes.

Their current plan is one that will really prove a boon to home owners in search of help to gracious living.

The idea is this: to make it possible for people to plan their own decorating schemes everything from sofa to soap, without guesswork and without mistakes. The decorators have worked out a complete collection of home furnishings, which they call the "Regency Ensemble"; it includes wallpapers, floor coverings, fabrics, furniture, lamp shades, even table service and housewares.

The remarkable thing about all this is that no matter which furnishings you choose, they are bound to harmonize with all the others! And even more remarkable is the fact that a new device known as "WINDLIT" recently installed at Grand-Harman in this city can actually show you in miniature just how your room is going to look.

Each piece comes in seven key colors, and in a shade of each color. These colors were chosen after study and research in the Metropolitan Museum of Art in New York City, as appearing most frequently in art collections of the Regency period. Their character has not been changed, but they have been scientifically blended and correlated, so that no color can possibly quarrel with any other in the ensemble.

The Regency Period is particularly well suited to the understanding. It was a time of transition from the romantic classicism of the time of the Brothers Adam to a bolder, more vigorous style of furniture and decoration. For that reason, Regency blends perfectly with the 19th Century pieces, and the best American Colonial or Victorian. The Regency Ensemble is adapted to modern homes and modern living.

Patterns of the drapery and upholstery fabrics carry out the characteristic Regency motifs—rosettes, Greek keys, medallions and laurel wreaths. There are velveteens, flowery chintzes, satin-striped moirés—all in colors that sound almost as delicious as they look—Regency Rose, Windsor Gold, Brighton Blue, Trafalgar Turquoise.

Famous designers of dinner ware offer floral patterns in the most charming Regency tradition silver and crystal are available in lyre and laurel wreath designs.

The wallpapers deserve special note, used exclusively in the Regency House are Imperial washable papers. With these as well coverings, the charm of the Regency house because Imperials are really washable and fast-tight. They are available to Rochester buyers at Grand-Harman, 75 Exchange Street. There are eight patterns in all, each in several colors; they range from perfectly plain papers and dignified stripes to posed patterns gay with ribbons and "Rose-gays," and romantic pastorals. One style is particularly lovely, on a soft background, medallions outlined in what appears to be Yule-lace frame sturdy stalks of pastel colored hyacinths.

**KITCHEN LIGHTING**  
Since the work of the average housewife is in the kitchen, that room should be well illuminated. It is important that the kitchen be free from glare and shadows. It is suggested that supplementary lighting fixtures be used in addition to the usual central ceiling fixture. A general recommendation for adequate kitchen lighting is the installation of fixtures for over-all illumination and special lights at the range, refrigerator, and sink work centers.

Buy a Merrimac Cook Book