

LAST SCHOOL OF COOKERY BEFORE LENT AT ST. MONICA'S THIS WEEK

Family Will Delight In Meals Offering Variety on Fast Days

Many families bring the spirit of life. In what MAKES your meals... Family will delight in meals offering variety on fast days...

Fifth School Held This Week Series Continues After Easter

Old Man Winter, in all his toughness, tried his best to put the damper on the Catholic Courier School of Cookery at Our Lady of Perpetual Help Parish Hall last Thursday night...

"BASIC" SALAD OF GRAPEFRUIT



Just like those smart, simple "basic" dressings to which you add your own accessories in the most "basic" grapefruit salad, here is how to make...

Tells How To Get Best Mixer Results

This is the third and final article on Use of Food Mixers prepared by Miss Helen Smith, Director Home Service Department of the Rochester Gas and Electric Corporation for the Catholic Cookery Home Pages.

These Tasty Sea Food Recipes Make Well Balanced Lenten Meals

By following these different recipes you will achieve a well balanced sea food diet that will be varied enough to make sea food dishes appealing throughout Lent.

BAKED SPAGHETTI AND OTHERS... FISH LOAF... Tasty Desserts for the Children... Good Luck Desserts Save Time Too... No Bother or Fuss...

What Do You Know About Your Foods? This is the first of a series of articles telling about the things we eat or use in cooking every day...

NO NEED TO EXPERIMENT WITH ROASTING OF MEATS

Some like it rare some like it well done to a crisp but no matter how well you cook a roast of beef it never satisfies unless it is done to the liking of those who eat it.

Good Luck Desserts... No Bother or Fuss... Good Luck Desserts are tasty and delicious of course, but they're wholesome too...

THOROUGH CLEAN-UP GIVEN "POP" BOTTLES

What happens to a "pop" bottle after it is emptied? With new ideas in serving beverages at ball games we don't have any more to throw it away...

FLAVORING EXTRACTS Vanilla Extract Vanilla is an extract of the Vanilla bean, a pod of a tropical orchid...

FOR REFRESHMENT ROYAL CROWN COLA and you'll be delighted with its delicious flavor!

Pancakes Ideal For Breakfast

Good old pancakes, a whole stack of them, covered with melted butter and your favorite syrup. What a breakfast to start a crisp winter morning!

TRY CRANBERRY SALAD FOR VALENTINE'S DAY

Don't let St. Valentine's Day pass without observing it in some way even though you do nothing more than eat the salad with a bright red cranberry heart.

With The Salad

QUICK CHEESE TRIANGLES—Trim crusts and cut sliced bread diagonally into four triangles. Dip in melted butter, roll in grated cheese; toast in broiler.

PILLSBURY'S BEST... Pillsbury's Best Flour... Pillsbury's Best Flour is the favorite flour of many of Rochester's Best Cooks!

OH BOY! This Roast is What I Call DONE TO A TURN... ROCHESTER Roast Meat THERMOMETER

WALLPAPER Bargains GAMROD-HARMAN THRIFT DEPARTMENT

NO SECRET... Here's a loaf that tells you exactly what's in it... Bond Bread SO GOOD WE GUARANTEE EVERY INGREDIENT ON THE WRAPPER

"GOLD SEAL" New York State WINES are the smart housewife's secret FOR GOOD COOKERY

Urbana Wine Co., Inc. URBANA, HAMMONDSPORT, N. Y. See Our Display at the "School of Cookery"