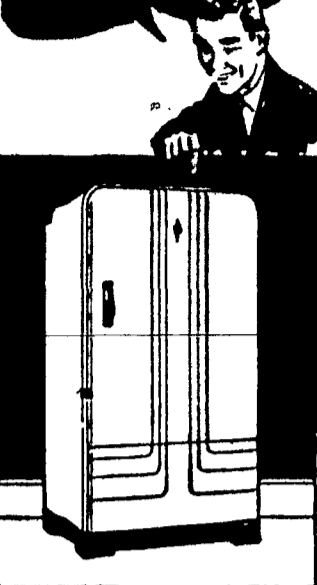


# HOME PLANNING SERVICE FEATURED AT "SCHOOL OF COOKING"

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GAS REFRIGERATOR



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has NO MOVING PARTS

WHETHER you're choosing  
your first refrigerator or re-  
placing your old one, see Servel  
Electrolux. Note its marvelous new  
adaptability. And remember, a tiny  
gas flame does all the work, which  
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- CONTINUOUS LOW OPERATING COST
- MORE YEARS OF SERVICE
- SAVINGS THAT PAY FOR IT

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Refrigerators Are Sold By  
Katharine Co. & Electric Corp.  
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48 E. Paul St.  
Walk Auto Supply Inc.  
127 Joseph Ave.

## Hearty Breakfast Builds Up "Pep" For Winter Days

Send the family out to meet the frosty morning with a hot breakfast. You send them out well equipped to meet the day.

### HONEY CODFISH CAKES

1 cup salt codfish, un-  
macerated  
1/2 cup dried raw  
potatoes  
1/2 cup butter  
1 beaten egg  
1/2 cup pepper  
1/2 cup onion  
1/2 cup parsley  
1/2 cup ham  
1/2 cup cinnamon

Wash fish in cold water and pick or cut into very small pieces. Wash, pare and cut potatoes into small dice. Cover fish and potatoes with boiling water. Cook slowly until potato is tender, about 15 minutes. Drain and mash well. Add butter, egg pepper and parsley salt if needed. Beat mixture vigorously until light. Take up by tablespoon shape in cakes and fry in a little hot bacon fat butter or margarine until brown on both sides. Add onion and simmer a few minutes. Sprinkle lightly with cinnamon.

## Toast For Breakfast Starts Day Right

Let's have toast for breakfast! Perfect toast—hot, golden, luscious to start the day off right. Just be sure to make plenty! Leave the crusts on butter it and cut each slice diagonally in half. Have a jar of marmalade or jam on the table; the family will do the rest!

How do you like your toast? Crisp on the surface, tender within or crunchy all the way through? Bread toast will toast as you want it. Here is a simple chart for toasting to your liking.

Soft, golden toast: Fresh Bond Bread toast quickly at high heat for about one minute. Butter at once.  
Crisp brown toast: Fresh Bond Bread toast slowly at moderate heat for about one and a quarter minutes. Butter at once.  
Dry, crunchy toast: Day old Bond Bread, toast slowly at low heat about one and a quarter minutes. Butter as eaten.

Perhaps you like the richness of toasted whole wheat? Try Bond Bakers' Wheat Bread or Cracked Wheat. And some Sunday morning, when there's time to linger over bacon and eggs, try Bond Bakers' Rye bread, toasted, buttered, and topped with a bit of orange marmalade. It's delicious. In any event, bring your toaster right to the table. Have the luxury of "toast piping hot" under the broiler flame. It goes for toast in quantity. Place tray about five inches below the flame. For soft toast pre-heat the broiler and toast bread one minute each side for dry toast begin with a cold broiler.

## HAM HASH

Chop fine equal parts cold cooked ham and cold boiled potatoes. Add a finely chopped green pepper. Put the hash in a deep skillet cover well with milk and cook down slowly stirring often. When it is very thick add a generous piece of butter.

## GROUND LIVER PATTIES

Four boiling salted water over beef or calves liver and let simmer just long enough for blood to coagulate. Remove tough membranes and skin. Put liver through food chopper. Season with salt, moisten with some of water in which liver was simmered and shape into patties. Wrap slices of partly cooked bacon around patties and skewer with toothpicks. Broil under low flame till bacon is crisp. These may be prepared for final cooking the night before.

## Popular Designs

French provincial and Early American are the leaders in the volume of furniture sold today. Early English has appeared in the market in pieces for every room in the house and a continued and increasing popularity is predicted for it. Swedish and German designs are among other types of provincial furniture now being. Biedermeier has come forward in the prestige lines and Spanish retains its popularity in California and Florida.

## Right Lamps For Bedrooms

Of the accessories for the bedroom beyond the necessary toilet articles, the lamps are most important, for they must be right for the room. Two on the dressing table are a necessity. There must also be a light for the chest of drawers. If a wall fixture cannot supply adequate light there should be one on a table and convenience is always added by a small bedside table lamp and since neither is an item of great expense both should be included. Good reproductions of old glass lamps with attractive paper shades are to be had for so little these days that one can supply bedroom lighting needs at very little cost.

Driving Nails In Plaster Before driving a nail in plaster place it in hot water for a few minutes and it will not crumble the plaster.

## SEARCHING FOR LIGHT UNNECESSARY



"I STILL CAN'T FIND THAT LIGHT SWITCH!"

## Why Not Hunt for the Facts, Too?

By ANN RUXTON  
Which is more foolish? To use electric lighting without adequate switch control or to use a meter's lamp and a flashlight when the house has electric lights? Obviously one is just as silly as the other.

Homes that are adequately wired are equipped with enough wall switches, conveniently located on the latch side of each commonly used doorway to each room and hallway. This provides light ahead and control of lights as they are left behind, without taking one step into a dark room, a dark hall or a dark stairway.

Groping around in a dark room for a light may look pretty funny when someone else is doing it, but every one knows that a barked pair of shins and a frayed set of nerves is no fun at all. Nor is it a particularly refreshing experience to tumble down stairs in the dark or to run smack into the edge of a door in a frantic search for a light switch. Authorities constantly report high totals of frequent home accidents caused by an absence of light switches where they are needed. In addition to a certain number of branch circuits, lighting fixtures and convenience outlets adequate home wiring includes multiple control switches where they are needed for "safety" in lights throughout the house. They can be easily planned by using the following simple rules of thumb:

## Fifth School At St. Monica's

The fifth in the series of Catholic Courier "Schools of Cooking" conducted by Miss Irene Winters will be held in the Parish Hall of St. Monica's Church, Geneva Center of Mine St. FRIDAY evening, February 2nd, at 7:30 P. M. This school is free to all women of the parish and their friends and will be the last of the series until after Easter. Nine more schools will be held during April and May.

## Moisture Aids In Preserving Foods

What is food? Why do low temperatures help to preserve foods? These two questions are easily and quickly answered in the Servel Electrolux Refrigerator manual. Food is everything which, when taken into the body, builds and repairs the tissues, or furnishes heat and energy. If the food substances have a high water content which choose our daily menus undergo no changes, they would be of little value as nourishment to the body. Food does not stay in status quo. Therefore, because food does go through the processes of change, refrigeration is essential in helping to retard the growth of bacteria, yeast and mold.

## Art Enters the Dining Alcove

Dining alcoves have become so notably a part of the American home, that we now find decorators, stores and home-makers paying particular attention to the furnishing of them. What used to be a table and a couple of chairs now has become a complete miniature dining room, for a charming breakfast nook. Even period pieces have been copied, in sizes more adaptable to the smaller room, and not one detail has been neglected. Some of the old-time curios have moved into the dining alcove. It has been found that small corner hanging shelves, that once may have flourished under the name of "whatnots" serve a decorative purpose. On these shelves tiny china animals, small vases, and little wooden figures are placed. These pieces are very often painted a bright color, which is carried out in the curtains on windows and china cabinets. Yellow and white gingham curtains very often match a yellow sofa or a bright red vase might find its mate in matching gingham curtains.

## Home Service Clearing House

For Readers of Catholic Courier

By DOROTHY CASTLE  
Kitchen Planning and Remodeling Consultant

Some readers of the COURIER have written in to ask me just how far extends the assistance which we have offered to those anxious to re-plan their kitchens, to accomplish general remodeling or to build new homes. It extends just so far as it must in order completely to serve your needs!

Now, this does not mean that we at the COURIER are oracles, knowing by divine inspiration the answer to every home problem it does mean, however, that we know where to get the answers and how to help you to apply them to your own set of requirements.

It is the COURIER's desire to set for its readers as a clearinghouse of reliable information on the new and technical developments which contribute so much toward making a home a home. As part of this service it offers general information, individual detailed designs every possible feature necessary to the complete and personal assistance of each of its readers who contemplates making changes in the home. These pages will attempt to direct attention away from the alluring gadgets which so frequently assail the home-owner's domestic economy, focusing that attention upon the really important and essential features.

Why does the COURIER take all this interest in YOUR home? Simply because it's good business, good policy for the COURIER to do so. This is above all, a home, a family newspaper. It is concerned with a Church whose very effort is bent toward not merely preserving but improving the harmony and sanctity of family life. It is not impressed of the home a logical furtherance of the ideal of the Catholic family!

The COURIER's position of liaison between laity and clergy forces upon it the sort of clear presentation of policy which prompts this Home Service Centre. Both temporal and spiritual leaders are urging higher standards of home construction greater conveniences in existing houses. Everywhere progress that more now is available for the home-building and remodeling dollar than will shortly be the case, yet concrete information of how to secure this increased yield still is difficult for the average family to come by and for the average family it is a greater need than for families whose income places them either above or below the average.

## Milk Pasteurizing Process Retains Material Flavor

Pasteurization of milk is your protection against the growth of large colonies of bacteria naturally found in milk. The old systems of pasteurizing milk, that is cooking the milk in a large vat for 30 minutes at 163 degrees temperature, tend to take away the original flavor of the milk. The new process "High Temperature-Short Time" method of pasteurization assures the same results in so far as the bacteria is concerned. The "Short Time" method is a fool proof system that means milk is heated to a higher degree (163 degrees) for a shorter period of time (15 seconds) undesirable bacteria are destroyed. Each particle of milk is properly pasteurized. It also retains the sweet natural flavor the genuine "raw milk" taste. In this process the milk travels over thin sheets, up and down, of stainless steel; no agitation is required—retaining the high butter fat content and better cream line.

Such is the system of pasteurization used in the Blue Boy Dairy plant at 1044 University Avenue. This new type "Short Time" equipment was installed in February, 1939, the first equipment using the "Short Time" principle to be installed in a Rochester Dairy. It was the model for many subsequent installations.

By using milk from a "controlled" source of supply, their own farms at Oakfield, N. Y., where sanitation and an excellent product are the by-words, the use of this new pasteurizing system for natural flavor milk untouched by air or hands from the time it leaves the cow until the bottle is capped in the home-protected by "Cover-All" caps, the Blue Boy dairy lay their claim to "A superior bottle of milk at standard prices."

Blue Boy invites visitors to their production plant at Oakfield, N. Y. at milking time and to their plant at 1044 University Avenue.

**CREAMED SPINACH**  
Wash and cook the spinach. Drain and reserve the liquid for soup. Chop the spinach very fine. Hard-boil 4 eggs and chop medium fine. Prepare a white sauce, using plenty of butter and 1 teaspoon of Worcestershire sauce. Blend in the spinach and chopped eggs. Serve on hot buttered toast for luncheon.

**FROZEN APPLE SAUCE**  
Drain 4 cups of apple slices thoroughly. Add 2 cups of shredded pineapple. 2 tablespoons each chopped preserved ginger and cup chopped maraschino cherries. Freeze in trays of automatic refrigerator until about the consistency of sherbet.

## FOR BEST RESULTS Use the Modern Cooking Guides Recommended by Cooking Experts!



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\$1.25

## Edwards

SAVE  
in our February  
**SALES for the HOME**



February Sale Marquisette  
**Ruffled Curtains**  
2 1/4 Yds. Long  
36" Wide  
Values to 2.49  
Rose — Peach  
Gold — Orchid  
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Turquoise — Blue

No need to force your worn curtains through "just one more season" ... not when you can bring new life to your windows at this very thrifty February Sale price! A favorite manufacturer of ours sent us these at an off-price. That's why we can save you as much as 70c a pair now!

2000 Yds. of Curtain Yard Goods  
All types and all colors of curtain yard goods in 36" to 48". All new, perfect goods, no seconds.  
EDWARDS, Fourth St.

# Red Tag Sale

SAVE up to  
**20%**

- \* GAS RANGES
- \* REFRIGERATORS
- \* L. E. S. LAMPS

and other GAS and ELECTRIC APPLIANCES

Look FOR THE RED TAGS  
Save up to 20%

## \* REDUCED FOR CLEARANCE!

\* A clean sweep of our stock of remaining 1939 models and floor samples to make room for new, 1940 appliances. Prices slashed up to 20% for quick clearance. Look for the Red Tags on these specials. They save you as much as 20c on the dollar. Only a limited number of models. All in good condition. Come in and look around but come in early. Small down payments and our regular convenient terms.

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