

SECOND IN SERIES OF "SCHOOLS OF COOKERY" AT ST. ANDREW'S THIS WEEK

Rules Given To Obtain Best Results In Frozen Desserts

Manufacturers are constantly experimenting with the proper methods of freezing...

Women Brave Bad Weather To Attend First School Session

A real winter evening, wind, snow and near zero temperature...

GOOD LOOKING—GOOD EATING, TOO



This display of baked ham, chocolate cake, etc., certainly looks good enough to eat...

Vegetables Aid To Health Should Serve At Least Two A Day

(Miss Helen A. Smith, Director of the Home Service Department of the Rochester Gas and Electric Corporation gives the following information regarding vegetables and their preparation)

Sea Food Season's Here Now

This is the season when markets and stores are rich in special values of fresh, canned and frozen sea food...

Advertisement for Good Luck Desserts featuring a lemon pie and text: 'Anybody Can Make DELICIOUS LEMON PIE Every Time with GOOD LUCK (Lemon Flavor) and GOOD LUCK PIE CRUST'

What Glass To Use for Wine?

(From "Let's Talk About Wine" - a publication of the Urbana Wine Co., Inc., producers of Gold-Seal Wines and Champagne.)

Popular Lemon Pie Is Easy To Make

Lemon Pie, topped off with a thick meringue. A dish for a king, particularly the King of the family...

Vegetables Aid To Health

Vegetables are important to everyone, not only to please the appetite, but also to supply nutrients for growth and health.

Advertisement for Pillsbury's Best Flour featuring a woman's face and text: 'YOU KNOW what you're getting when you ask for... Pillsbury's Best Flour SO GOOD WE GUARANTEE EVERY INGREDIENT ON THE WRAPPER'

Lamb Combinations

Lamb and new peas are considered a perfect combination, but try serving lamb with green beans, spinach, cauliflower, or Brussels sprouts...

VEGETABLE CHART

Table with columns: NAME, PREPARATION, TIME TO COOK (Bake, Steam, Roll), and HOW TO SERVE. Lists various vegetables like Artichokes, Asparagus, Beans, etc.

Old Time Buckwheats For Cold Mornings

Pur into a large pitcher one pint of warm water, one teaspoon salt, two tablespoons molasses and stir well...

FOR REFRESHMENT

Advertisement for Royal Crown Cola featuring a bottle and text: 'ROYAL CROWN COLA and you'll be delighted with its delicious flavor!'

NO MORE "GUESSING" FOR ME—NOW I GET PERFECT RESULTS, EVERY TIME WITH THIS NEW, APPROVED ROASTING METHOD!

Advertisement for Rochester Roast Meat Thermometer featuring a thermometer and text: 'The Rochester Roast Thermometer takes "guesswork" out of roasting because it tells "at a glance" when roasting is done to your liking...'

CONCLUSION One job is to make vegetables attractive to look at and appetizing to taste, as much as it is to preserve or retain their nutritive elements.