MONUMENT HONORING LOST BATTALION TO BE BUILT

Paris—(N.C.)—Special permission has been granted by the French government for the erection of a monument in the village of Binarville in the Argonne Forest, to commemorate the heroism of the "Lost Battalion" of the Seventy-seventh Division and its commander, Major C. W. Whittlesey. Immediately after the Armistice the War Ministry ruled that only monuments commemorating major battles would be authorized. This ruling has been waived for the "Lost Battalion" which held out against the Germans although entirely surrounded.

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PEN PALS
INTIMATE CHATS WITH THE CATHOLIC GIRL
by Susan Russell

WHAT A NEW DAY BRINGS

My dear Girls: In a lenten talk I heard the other day on the subject, "Wait Twenty-four Hours" there was one part that struck me so forcibly I want to tell you about it, particularly because I believe that at some time or other it touches every life. It was not a brilliant talk—just one of the kind that nestles close to your heart against the hurt of the years. Among other things, the speaker told of the unwise act of writing and mailing a letter when one is very angry. He said he had found this sort of thing the cause of wrecking more lives than any other ten things. In his own words:

"Often and often it is the hard, bitter, unjust letter written in anger that wrecks a life. It came very near to wrecking mine when, years ago, hurt to the very heart by that I thought the most dreadful injustice ever known, I determined to write this party a letter that would burn his very soul with his guilt. I had thought him a sincere friend, and this hurt worse than all the rest, for I had few friends at this time.

"I lived alone and so had plenty of time to brood and to imagine and to magnify. It took me long hours to write the penciled copy and it was very late when I had completed the letter. Then I found I had no stamp in the house. As it was late there was nothing to do but wait till morning. But—and this is the point—when morning came, somehow I did not want to send that letter. I thought I had better change it a little, not make it quite so hard. I kept putting off getting the stamp until, before I did get it, this friend came to me personally and explained the entire affair. He complimented me upon being so sensible as to wait for an explanation, when on the face of it, things looked so different.

An Accusing Letter

"There on the table was that letter, and every time I looked at it I felt like a cheater; I knew I had not waited to write it, but something had held me back from mailing it. Of course in the heat of anger it was the lack of a two-cent stamp. It nearly cost me a priceless friendship and it taught me a very deep lesson. Since that day I have never kept a stamp in the house, and it has saved me many a heartache."

While he was talking my mind traveled back to a time not so long ago when I had a similar experience. I felt that I had been treated unfairly and I was very angry as well as hurt. As usual I went to Granny Nolan, when the world hurt me, and I told her the whole story. She was very sympathetic and she did not try to reason with me. She asked me what I wanted to do.

"I cannot talk without crying," I replied, "so I'm going to tell them what I think of them in a letter."

"That's the very thing to do," replied Granny. "Sit right down here and write it. Say everything you have in your mind and heart—get it all out of your system, and let the chips fall where they may."

When the letter was finished Granny said, "Sure you said everything you wanted to say in the way you wanted to say it? Then, just leave that letter here with me until tomorrow evening. Then if you want to mail it come and get it."

Wait 24 Hours

Thinking Granny wanted to investigate for herself, I left the letter. But the strange part of it is, when the time came to get the letter I didn't want to mail it. I was so glad it had not been mailed. Perhaps there had been some mistake, and I told Granny so. She smiled at me as she said, "Child, never mail a letter when you are angry. Write as many as you like, and say what you please, but wait 24 hours before you mail them. If this were done, nine times out of ten those dreadful letters would never be mailed." Later I found there was no real reason ever to have written such a letter. I learned one lesson then, about doing things when one is angry.

The speaker also said it was the little things in life that counted most. He quoted the old, old saying. Straws tell which way the wind blows, and he assured his hearers if they would take care of the little things the big ones would usually work out themselves. So, girls, let's be careful of the little things we do especially when we are angry. Better go off somewhere by ourselves and fight it out alone. To be captain of our own soul master of ourself, is a fine thing. To be able to give reason and common sense a chance is also great.

Some folks think words are just words, so they hurt to the very heart, and they are not easy to forget. There will not be half so much to remember if hard harsh things are not said or written. I shall not soon forget that little talk not brilliant, not scintillating, but one of those that nestle close to the heart singing to keep the hurt of the years with the master melody of kindness. Wait 24 hours and see what a new day brings.

OUR PEN PALS

Greetings to our new Pals: Ann G Weyheck, Bertha Wallace, Eleanor M Bowe.

Welcome letters have come from J L R J E D M M H A D A M B E McG F M C L M A N.

For those who don't know, if you want to join the Pen Pals just send me the name and address of your pastor, a 3-cent stamp and tell me something about yourself.

Dear Pals: We had many Pals in the stricken flood districts and as soon as we hear from them individually we are sure to have to answer emergency calls. It would be a good idea to have ready what clothing we can spare to send direct to them. At this writing we should not know where to reach them.

Last week we saw a real transformation caused by the gift of a pink bedspread and curtains from Mrs J J R. They transformed a dull little room and a drab lonely life into something very different, just because somebody cared enough to remember her. We sent a subscription to a Catholic paper to India, and also sent a beautiful scrap book to a Children's Ward there. This was the work of Sister Othilia's class, led by Marion McF. Julia L. R.'s two gift boxes to two friendless girls in a non-Catholic Charity Hospital—one of these girls has not walked in 14 years and cards, magazines and books to shutins, were all part of a splendid record for the week. Now, Pals, please a Hail Mary for one who is about to undergo a major operation. Thanks so much for everything—S. R.

(Copyright, 1936, N.C.W.C.)

We must not ask where hell is, but how to escape it.

WINS STATE CONTEST

Topeka, Kans.—(NC)—A group of the Doctrine of the Immaculate Conception has won for Geraldine Marnell, a student of St. Joseph's Military Academy, Hays, Kans., first place in the state-wide apologetical contest sponsored by the Kansas State Sodality Union.

CO-EDS SISTERS MAKE A TEAM

Smiles help when these three debating sisters of Marquette University, Milwaukee, go into forensic action. Left to right are Helen, Jean and Catherine Schwartz who team together. Their father, E. Perrin Schwartz, is managing editor of Father Coughlin's new publication, "Social Justice." (Milwaukee Journal photo.)

IN THE KITCHEN With MOLLY GAVIN

SUNDAY'S MENU

Breakfast
Orange Juice
Hot Cereal with Milk
Scrambled Eggs
Buttered Toast Raspberry Jam
Coffee

Dinner
Consommé
Celery Sweet Pickles
Pot Roast
Brown Gravy
Baked Potatoes Creamed Onions
Tomato Jellied Salad
Apple Pudding
Rolls Coffee

Supper
Grape Juice Cocktail
Hot Baked Beef Sandwiches
Brown Gravy
Pineapple Delight
Chocolate Wafers
Tea

How and What to Serve

Almost invariably we think of a Lenten dish as a fish food but there are other foods that can be made into attractive and delicious dishes. Creamed vegetables are ideal Lenten dishes. They may be served as the first course at dinner and form a very valuable part of the meal, as a hot liquid taken into an empty stomach is easily assimilated, acts as a good stimulant and thus prepares the digestion for the remainder of the dinner.

Creamed soups can be made from vegetables, cereals, fish or both. The vegetable is cooked until soft, rubbed through a sieve and blended with [illegible] and thickened with flour blended together.

The proportion of [illegible] to milk or cream is one part vegetable pulp to two parts milk or cream. To thicken each cup of vegetable pulp use one tablespoon flour and one tablespoon butter. To prepare cream of celery, for example, wash and cook enough celery to make one cup of pulp. To thicken this cup of pulp melt one tablespoon butter in a saucepan, add one tablespoon flour and stir until well blended. Add one cup of milk or cream and cook, stirring constantly until thickened. Add the celery pulp, season with salt and pepper and serve. Cooked celery leaves may be used for the seasoning. Serve this soup at once.

Cream of Carrot Soup

[illegible] cup grated carrots
[illegible] small onion
2 cups milk
1 tsp salt
[illegible] celery cream
[illegible] tsp pepper
1 tbs butter
Few grains soda
Boiling water

Cook the carrots and onion in boiling salted water until soft. Rub through a sieve. Scald the milk and add to the carrot pulp. Melt the butter and blend with the flour and add to the soup. Cook in double boiler for 10 minutes. Then add the cream and season with the seasoning and serve.

Every little girl delights to make fudge or cake. To make a good cake you do not have to be clever but you must follow the directions very carefully. Here is a very simple recipe that I know you will like very much.

ONE EGG [illegible]

[illegible] cup butter
[illegible] cup sugar
[illegible] egg
[illegible] cup milk
[illegible] cup flour
[illegible] tsp baking powder
[illegible] tsp vanilla
[illegible] cup chopped nuts

Cream the butter and sugar together until light and fluffy. Add the egg and beat well. Add the milk and flour alternately, a little at a time, beating well after each addition. Add the vanilla and nuts. Pour into a well-greased and floured cake pan and bake in a moderate oven 25 or 30 minutes. Spread when cool with a small quantity of fudge frosting made by using confectioners' sugar with a small piece of butter and hot cream. Put back in the oven for a few minutes to dry the frosting. Then cool and cut in squares.

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Caught Without Protection?
April showers remind us that, that good old American expression, "Save for a Rainy Day," as a means of financial protection, isn't American after all. It really comes from England!
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GOD AND YOUR CHILD

By Marie Cecilia McGrath, Ph.D.

HOW CHRIST LIVES IN THE FAMILY

We say we are [illegible] family. [illegible] idea that even the young[illegible] children can have [illegible] ideas in regard to the family. They are: God makes families; God makes families so that people can be very happy and love and serve Him. The children should also know that: God makes families so that people can be good and come to live with Him in Heaven, forever and ever.

The family will be happy if [illegible] with God in peace and [illegible] single one [illegible] every single one was good and served God on earth. The best way to learn about serving God is to love our Lord and our Blessed Mother very much. That is why the family is dedicated to the Sacred Heart [illegible].

They show their love for our [illegible] by doing [illegible] Mass together on Sunday and [illegible] Holy Communion. All the children [illegible] that the family [illegible] and children [illegible] Lord [illegible] very much. [illegible] that they are our Blessed Mother's own children. How to [illegible] do it is [illegible] God could not [illegible]. You always want to do the things which people whom you love [illegible]. And so the [illegible] God does.

The family is a gift of God and we should say, "Thank you dear God, for this wonderful gift of our family." Every [illegible] should say it because God [illegible] us him mother and the [illegible] another should say it because God has given [illegible] father and the [illegible] dren. The children should say it because God has given the Father and Mother as Brother [illegible] ters.

The reason we say [illegible] to God is to show Him how much we appreciate His gift. [illegible] people do not have a family [illegible] has been very good to [illegible]. A child who shows that he is grateful to God for His gift [illegible] to be very happy.

These things are all very [illegible]

Ladies Society To Hold Card Party April 14

Combined Ladies Societies of Our Lady of Victory Church, Portland street, will resume their monthly card parties on Tuesday, April 14, at 8 p. m. in the school hall.

Prizes for every table. A social will follow the card party at which light lunch will be served. Mrs. [illegible] Mrs. [illegible] Mrs. [illegible]