

Better Housing FOR THE HOMEMAKER Household Hints



IN THE KITCHEN
With **MOLLY GAVIN**

A SUNDAY DINNER
Celery Gravy
Roast Lamb
Brown Gravy
Parley Potatoes
Baked Beans
Stuffed Pepper Salad
Lemon Dessert
Irish Sponge Drops
Coffee
After Dinner Mints

If your family doesn't like fish even if it is Lent you are in the unfortunate position of having to find something that is neither fish nor fowl. Macaroni and its allied products meet this requirement.

It is a rare family that does not care for some member of the macaroni family spaghetti, noodles, or vermicelli and it must be an imaginative woman who cannot find innumerable ways in which to prepare it for her family.

Macaroni spaghetti and vermicelli are made from wheat flour

rich in gluten, matted to a stiff dough with water and rolled through small apertures in an iron plate by means of a screw press. Various Italian pastes are made from the same mixture. Macaroni, however, are manufactured to a large extent in this country. When macaroni is colored, it is done by the use of saffron, not by eggs as is generally supposed. Egg macaroni is manufactured in strips.

These products are combined with other things that are stronger in flavor like potatoes, cheese, mushrooms and vegetables such as carrots and peas.

Noodles are not only delicious in soup but they satisfy fancy a very delicious noodle pudding for dessert.

Noodle Ring
1 lb. whole noodles
2 eggs, butter
1 cup brown bread crumbs
1/2 cup milk
1/2 cup melted butter
1/2 cup grated cheese
1/2 cup milk
1/2 cup melted butter
1/2 cup grated cheese
1/2 cup milk
1/2 cup melted butter
1/2 cup grated cheese

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Life of Christ in Picture and Story

By Father Francis

ON THE SEA SHORE



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Do you know of anything that is had a chance to play in the sand on the seashore? Maybe His mother or St. Joseph sometimes took Him in the form of a little boy to play on the beach.

Do you think the Boy Jesus ever

CATHOLIC ACTION Weekly Calendar Of Feast Days

Canada

By L. I. McMAHON, K. S. G.

It cannot be said of Catholic Action in Canada, as has been said of in some other countries that it is something only spoken of. This brief survey will show it to be very much more and growing rapidly. Before considering it at all, however, we should realize that while Catholicism is the religion of the United States and Alaska combined, its population is only about 11 million, mostly centered in about a dozen states close to the border line between Canada and the United States, and stretching right across the continent.

Further, in one place or there 10,000 English-speaking Catholics and in only Montreal Quebec and a few other French-speaking Catholic centers, and the work of the Catholic Action in Canada among the English-speaking Catholics is not so great as in other countries. It is not so great as in other countries. It is not so great as in other countries.

Farm Life Solidified
Every year a three-day conference is held. A program is outlined and carried through by the groups themselves by debates, talks, etc. These are over 340 such study groups everywhere in farming, good work and reporting regularly.

Farm Study Groups
The effects of this movement are being felt in the surrounding Dioceses and throughout the Maritime. The Study Club Movement has taken firm hold and through them certain purchases are making very definite efforts towards Catholicism. One parish in particular was actually saved by the movement. The farmers had lost all hope and had decided to leave their homes. Far-sighted leaders organized study groups and the result is that the single one has left and the parish has become noted as a model farming community. Many other instances of this nature could be cited in some of the very poor sections of the country. The movement has been made with mountain goals.

BISHOP RYAN DECORATED
Ottawa, Neb. March 9. The decoration of the Order of Polonia Restituta, the highest honor granted by the Polish Government, was conferred upon the Most Rev. James H. Ryan, Bishop of Omaha, here today by Wladyslaw Sokolowski, Counselor and Charge d'Affaires of the Polish Embassy at Washington. Bishop Sokolowski came to Omaha as the personal representative of Stanislaw Patok Polish Ambassador to the United States who is now in Poland.

SODALTALK

Recording the Activities of Rochester Parish Sodality Union

"AS RADICAL AS CHRIST"

Any thinking man will agree that we have a purpose in being from religion, conscience, etc. We realize that that purpose is the honor and glory of God through that honor and glory which we have our souls. Every one of us has a niche in life, some definite place that can be filled by no other person. It stands to reason that unless we find and fill that place we are going to be as the saying is, "a square peg in a round hole."

The result of course, unshowered ambitions, discontent, unhappiness and defeat. Thus the choice of a vocation in life is of utmost importance and worthy of thought.

March 22 has been set aside as National Vocation Week among Sodalties. The purpose of this is not so much to make a final decision on the matter but to encourage thought on the subject of future vocation for those who have not made the decision and to bring home the importance, obligations, etc. of the vocations of those who have become established in life. To this end vocation programs are planned including, for example, speakers from different professions, week of prayer, special books on the subjects of vocations, talks by directors, consultations, etc. We suggest that Sodalties give the matter thought.

SS. Peter and Paul Sodality honored the fathers of the Sodalties living or dead by placing a rose upon the altar for his intention. The General Communion of the Sodality was also offered for the fathers.

Miss Anne Pennessy was guest speaker at Holy Rosary Sodality Monday evening. Her topic was "Our Lady of Good Counsel, Mother of Sodalties."

Blessed Sacrament Sodality held its March meeting on Monday evening. Miss Jane McNally is the newly-elected Prefect (congratulations).

St. Bridget Sodality planned an interesting and unusual Vocation Week program. The line-up reads as follows:

- 1. Social Worker Mrs. Elizabeth Randall, social worker who spoke on "A Day with a Social Worker."
- 2. Teacher Mrs. Ryan, No. 43 School Mrs. Ryan discussed "The Holy Eucharist, Growth and Service and the Changing Curriculum."
- 3. Business Woman Mrs. Mary Little, Head of the Stenographic and Employment department of Bausch and Lomb. Her topic was "Regular or Appropriate Occupation of Time."
- 4. Nurse Miss Marjorie Storey, Assistant Directress of Public Health Nursing Association.
- 5. Religious Vocation The Rev. Lawrence Thaler, O.S.B., "The Grace of a Religious Vocation."
- The Rev. Ralph Neagle, Director of the Sodality, introduced each speaker on the program.

St. Bridget Sodalties are planning to receive Holy Communion at 7:00 Mass on Thursday St. Joseph Day, for the intentions of their fathers.

The Rev. Robert Fox Director of the Rochester Parish Sodality Union was guest speaker at St. Ambrose Sodality meeting Monday evening.

WANTED Old Christmas cards colored paper religious magazines children's magazines, to be used for vocation school materials. Mrs. Margaret Kenney, Chairman of the Union Apostolic Committee (Office 2134-D) would be only too glad to have them.

Holy Apostles Sodality have extended a cordial invitation to Miss Mary Leary, to give a book review at the March meeting Tuesday March 24.

We trust that many of our Sodalties are planning to attend the Lecture to be given by the Rev. James M. Gillis, C.S.P., on March 23. For this reason we are postponing the usual meeting of the Rochester Parish Sodality Union to March 29. It is interesting to know that the Summer School of Catholic Action and the Flow and Why of Junior-Senior Sodalties will be a part of the Union program for that evening.

We were so happy to hear that the Corning meeting was such a success. St. Patrick's own color green, predominated in the attractive decorations. The Communion Breakfast was lovely. The support of the Pastor and the amercement and heartening words of encouragement given by the Pastor augurs well for the future success of the Sodality. Miss Helen Gantner, who spoke placed the responsibility of active Catholicity upon the part of Sodalties as a challenge to the Sodalties.

The annual Western New York Symposium will be held at Nazareth Academy Sunday March 22, at 8:00 P. M. The topic is "Anti-Communism." Such a pressing and pertinent topic deserves a representative audience. We hope you will be numbered among those who attend and take active interest in the question.

15, 10 and 5 Years Ago

Catholic News Highlights

FOURTH WEEK IN MARCH, 1921
In the death of James Cardinal Gibbons at Baltimore on Holy Thursday, March 24, the Catholic Church in the United States, has lost the greatest figure in its history. For 37 years Cardinal Gibbons had been primate of the Church in this country. During his long career as primate, Archbishop and Prince of the Church, he had not only made for himself a record of incomparable achievement in the field of ecclesiastical endeavor, but by his patriotism, his intellectual force and winning personality had become a leader of public opinion and endeared himself to all Americans of whatever creed and of no creed.

FOURTH WEEK IN MARCH, 1920
Religious tolerance was the keynote of the great public meeting held under the auspices of the Calvert Associates at the Alcazar in Baltimore this week to commemorate the 32nd anniversary of the landing of the Maryland Colonists. Sir John Howard, British Ambassador to the United States, and Governor Albert C. Ritchie of Maryland, were guests of honor and principal speakers.

FOURTH WEEK IN MARCH, 1931
Catholicism is enjoying steady development in Japan and is bound to flourish in that country. Katsumi Doehi, Ambassador of Japan to the United States, declared in an address this week when Georgetown University awarded him the first fellowship in the new John Carroll Academy of Diplomacy. (COWC FEATURES)

Many men have two ambitions first, to quit being the under-dog, second, to make an under-dog of somebody else.

The basis of confidence is just the Cardinal O'Connell.

CHURCH THREE SENTENCED
Montreal (N.C.)—A sentence of two years in the penitentiary was given Charles A. Duharré, who admitted two charges of attempted burglary and one of theft. The theft charge was laid by the Rev. J. N. Bourassa, of Sacred Heart Church, who accused the man of stealing articles valued at \$30 from the church.

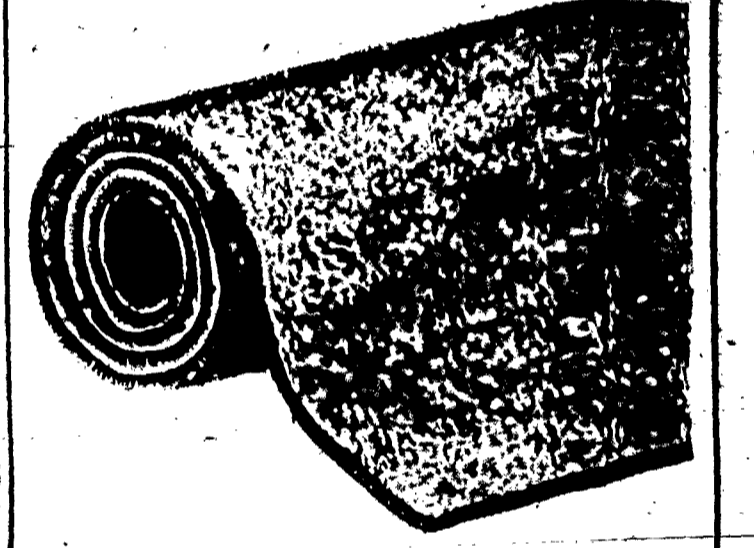
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