Sports Comment OF INTEREST TO MEN Fraternal News

Msgr. Shay To Speak At Holy Name Meet

Holy Name Society of Blessed Sacrament Church will hold its regular monthly meeting, Monday, March 9, at 8:15 p. m.

The Rt. Rev. Msgr. Charles F. Shay, pastor of the Cathedral, will be the guest speaker. The subject of his talk will be "The National Eucharistic Congress." Monsignor Shay will show movies which he took of the various episodes of the Congress held at Cleveland, last summer.

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It's Open Season On "DUCKS"
Your pardon, Mr. Hamilton, we don't mean the flocks that fly in the Fall, but the frames that fall in the Spring. And it's a fact, in the last several seasons, Duck Pins have become increasingly popular with the bowlers of Rochester, who, tell us they find bowling the small balls less strenuous, and therefore more suitable when the weather's quite Spring-like and balmy.
DUCK-PIN LEAGUES . . . are going to be quite the thing this season. Consult us about organizing one.
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Along the Sports Horizon

By BILL LANG

If that eminent criminologist, S. S. VanDine, deliberately attempted to weave a web of mystery around the Olympic basketball situation, he couldn't do a better job than that now being performed by officials in charge of the court competition.

In a rather hazy way the public knows that there's going to be some kind of an elimination tournament involving an indefinite number of college teams at some unselected place some time between this date and the start of the Olympic program in Berlin this summer.

That, briefly, seems to form the sum and substance of the general knowledge plus the added fact that Notre Dame probably will have some influence upon the determination of ultimate winner.

After combing the sport pages of the dailies and asking questions on all sides, the answer earnestly desired finally was wafted across the air waves on wings of song the other eventide.

After you once are told of the setup, there's no mystery to it at all. In fact, it's downright simple. I understood it in a minute which means that you should grasp the situation in a split second or less.

In the first place, the final elimination series to be staged between eight teams at Madison Square Garden early next month will not be limited to collegiate teams. In fact only five of the eight finalists will sport college colors.

No, how are these college teams selected? The Intercollegiate Olympic Basketball Committee has divided the country into ten districts. Within the next three weeks, the champions of these ten districts will be crowned.

The district winners then will meet to determine the five teams to go to Madison Square Garden. The District One Champion will be pitted against the District Two titleholder, Three will meet Four, Five will meet Six and so on down the line.

Notre Dame happens to be in the Fifth District. The championship of this district will be decided in Indianapolis March 12, 13 and 14 when Notre Dame, Indiana, De Paul, Illinois, Northwestern, Ohio State and two other teams yet to be selected compete in an elimination tournament.

This practice will be followed on a similar scale throughout the country. Here in the east it goes without saying that such teams as N. Y. U., L. I. U., Syracuse, Niagara and the rest will get a crack at the sectional title. Incidentally the Niagara team took a four-point decision over the Orange at Archbold Gym the other night to establish itself as a real contender for top honors.

What about the other three teams in the nation-wide finals you ask.

Two of these teams will be selected at the Amateur Athletic Union national basketball tournament at Denver within the next few weeks. The winner of the A. A. U. title and the runner-up will qualify automatically for the play at the Garden.

The eighth team in the finals will be the national Y. M. C. A. title holder, selected through a series of elimination games.

Basketball experts point out that it is entirely possible that the two teams reaching the finals will be the A. A. U. entries. For years the A. A. U. brand of play has been adjudged higher than that shown in college circles.

Come what may the team which emerges victorious at Madison Square Garden must be regarded as the national basketball champion in the true sense of the word and a worthy representative of the Stars and Stripes in the Berlin games.

If these series do no more than focus national attention on the scope and quality of the basketball game in the United States, they will more than have served their purpose regardless of the outcome at Berlin.

The missive sent in by E. J. N. last week relative to the 1936 prospects for Catholic baseball in Rochester certainly struck a series of responsive chords.

By letter, telephone and personal contact came opinions of interested parties and, strange as it may seem most of them agreed with E. J. N. For instance Joe Pierce, who handled the destinies of the Immaculate Conception team in the Catholic League during the past few years comes through with a rather pertinent reply.

Joe writes that, in his opinion a round table conference of priests and laymen interested in the formation of a Catholic League for 1936 is absolutely necessary as the first step in the setup of such an organization.

He adds that Immaculate Conception is again ready to enter the league if and when it is formed. If you recall these Immaculate boys came within a game of tying Holy Rosary for the second half championship during 1935.

Although no definite steps have been taken at Cathedral, it was learned this week that a team representing that church is ready to take the field if and when. The same holds true of the four time champions from Holy Rosary. A committee has been appointed by the Holy Name Society of that parish to look into the situation and apparently all the boys are waiting for is the word "go."

The sentiment in these three parishes is indicative of the general thought on this rather vital matter. There is a very definite need of very definite action in the immediate future. What form that action will take remains to be seen.

Inasmuch as the original Catholic League was founded in 1930 in this very column, it seems no more than fair that interested parties be allowed to voice their opinions here during the next few weeks. Consequently this pillar will be left open for a fortnight or so for discussion. If such a line of thought breeds any action it will be well worth our while. I am rather anxious to see the results, if any.

Another game melted from the lead of the Holy Redeemer team in the hectic Catholic Bowling League race during the past week when the leaders dropped a single contest to Corpus Christi while the second place St. Michael's team swept the series with St. Boniface.

With five weeks to go, the Holy Redeemer boys have a four game lead.

In the other matches of the week St. Stanislaus swept the series with the St. John's quintet while Blessed Sacrament won all three from Mount Carmel.

Scores were unusually low. Mike Kocinski of St. Stans led the pack with a 616. Guerin of St. Boniface had 614, Orzel of St. Stanislaus 612, Howie Denk of St. John's 611 and Herb Hazel of Blessed Sacrament 605 for his third successive 600 total on the Holy Redeemer alleys. Jackman's 243 was high while Denk had a 238 to celebrate his revival after a fortnight slump into the 400s.

Although St. Boniface has the Knights of St. John League pennant all wrapped up, they suffered a severe drubbing at the hands of the District Commandery during the past week, losing all three games. Johnny Schnorr's 528 was high for the winners, while Frank Dell with 558 topped the champs.

St. Eustace took two of three games from SS. Peter's and Paul's thanks to Joe Heinzle's amassing 666 total, including games of 257, 194 and 215. A 517 by Barker was the loser's best. St. Mauritius took two of three from the Cathedral-St. Michael's quint, Kress turning in the high score with 569, while Ryan headed the losers with 551.

Art Scheuch's 654 total in the triple victory of Wallock's Garage over Staub's Toppers highlighted the week's performance in the Holy Redeemer League. R. Staub topped the Toppers with 542. Wittman's Confectionery rode to an easy triple decision over Meyer's Shoes, thanks to a 635 by Maier. Halowka with 559 was best for the Shoes.

After losing the first game, Yaniski's Market came back to take the next two from Pete's Grill. Ed Yaniski paced his team with 563 while a 495 by J. O'Neil was best for the Grillmen.

In the other series of the week H. R. A. A. Boosters took the measure of Ace Drugs in all three games. Stephany boosted the Boosters to the top with a 580 while Carroll's 467 was the best the Drugmen could do.

Hibernians Plan Nationwide Drive

In accordance with a motion approved at a meeting of the National Board of the Ancient Order of Hibernians, National President John E. Fenton has separated the states in which the Hibernians are organized into districts and assigned them to the various national directors.

Monroe County officers state that all indications point towards a new and prosperous era under the new arrangements. This year is dedicated to a nationwide membership drive, each member being urged to secure at least one additional member.

Officers of the A. O. H. point out that the organization is the only Irish Catholic order in the United States and Canada that requires its members to be of Irish birth or descent.

Besides numerous benevolent activities, the organization has established a celtic chair at the Catholic University of America, Washington, D. C., and a fund for the Irish College in Rome, Italy.

Preparations are being made to observe the 100th anniversary of the founding of the order which reports disbursements of approximately $25,000,000 in sick and death benefits in addition to other large benefactions.

All-Star Court Team Named as School Loop Ends Season

Picked for the All Star Basketball team from the Parochial Basketball League are the following:

Bernie Ruff, R.F., Holy Redeemer.
Henry Borawski, L.F., Holy Redeemer.
Edward Potnan, F., Nazareth Hall.
Joseph Stocklein, C., Holy Redeemer.
Howie Connors, R.G., St. Mary's.
St. Raymond, L.G., St. Mary's.
J. Vella, L.G., St. Mary's.

Honorable mention:
Reitz, R.G., Holy Redeemer.
Kubiak, L.F., St. Theresa's.
Adams, C., Nazareth Hall.
Talaska, L.G., Holy Redeemer.
Sapikowski, R.G., St. Theresa's.

For the first time in the history of the Rochester Parochial Basketball League, Holy Redeemer's Stars was the only team to go through the entire season undefeated. It is also the first time in the history of Holy Redeemer school that they defeated St. Mary's Boys' Home team.

The Holy Redeemer boys are noted for their snappy passwork and fine shooting for points. Led by Captain Bernie Ruff, high scoring forward, the Holy Redeemer Stars have scored a total of 372 points in 12 games and held their opponents to 103 points. Ruff scored a total of 130 points with Browski 103 and Joe Stocklein, center, 102.

Much praise should go to Dominic Bruno, coach of the team for the splendid work he has done in moulding together one of the finest teams ever to represent a parochial school in this city.

Final League Standings

	Won	Lost
Holy Redeemer	12	0
St. Mary's	8	4
Nazareth Hall	2	10
St. Theresa's	2	10

Holy Redeemer would like to hear from Elmira, Brockport, and any other teams in their class. For games call or write to Domonic A. Bruno, 938 Clifford Ave., Rochester, N. Y., or call Stone 6340.

New Catholic Youth Group To Aid Scouting

New York (NC) Co-operation with the Boy Scouts of America in the extension of scouting under Catholic auspices will be part of the work of the newly formed Catholic Youth Association, it is announced today by Daniel P. Higgins, president of the Association.

Scout troops under Catholic auspices are organized in 12 councils of the Boy Scouts of America in the 10 counties comprising the Archdiocese of New York.

BEQUEST FOR NUNS

San Francisco (NC) A bequest of $1000, half of which is to be donated to the Little Sisters of the Poor and the other half of which will be for Masses for herself and her husband, is contained in the will of Mrs. Katherine Jennings, whose death was a result of severe burns which were reputedly suffered when she sought to light a blessed candle.

The Catholic press is subject only to such borders of influence as the Catholic people impose on it.

Boys Their Interests

EXTRA! EXTRA! Parochial Track Meet will be held at Edgerton Park at Building No. 4 on March 19. Get your registration blanks and fill them in at the Athletic Office of the Columbus Civic Centre. James Ellmann is in charge of the Meet. As that day is a holiday it is expected that a big crowd of boys and girls will follow their team to the Meet.

The Registration Blanks must be filled in before you can enter the Meet. Be sure to enter the right class according to your weight and other qualifications. Read the Blank carefully and have your gang look it over. It costs nothing to enter the Meet. Just get the Blanks give them to your gang and get going on the training. In training we suggest that you get some boy in high school or college who is a runner or jumper to show you his stuff. There will be running races, the sprints, relay, etc. and then the high and broad jumps. The school getting the highest number of points accumulated in the different events will win the pennant. But there will also be individual prizes for winners in each event. Stupendous! Colossal! Don't miss it!

The old adage "A sound mind in a sound body" is often quoted by Catholic priests and laymen but very little is done about it in our Parochial schools. Very few schools have any kind of physical training, in fact it is held in a sort of contempt. Even two Catholic High schools have no gymnasium and no type of athletics at all. Yet these same schools will do anything for the mental and spiritual health of their pupils. They do not realise that spiritual and mental health is often a direct result of physical health.

The Parochial Basketball League Season is over. Holy Redeemer's boys won the pennant with ease. They deserve it. Their's is one of the best teams in the history of the League. Congratulations! And that is primarily for the priests of the parish who have encouraged them and for the coaches who have trained them. A special party is being planned for the transference of the pennant the giving of a silver cup. At this party it is planned to have present all of the players who have been in the League.

By defeating St. Joe's Aquinas shows that it has an unusual team. They partake of the versatility and finesse of the old teams that made the name of Cathedral and Aquinas a name to conjure with in basketball circles. All we would like to see is a game between Aquinas and the winner of the non religious public schools.

Very few seem to realise the importance of historical studies in trying to understand the crisis of our culture. The usual way is to damn Communism, Socialism and the extreme forms of Capitalism and rest on the oars. What's left is supposed to be our culture. But what is that culture? What are its roots, its formation and its history? Dawson's little book "The Modern Dilemma" (Sheed & Ward) gives a beautiful diagnosis of the elements of European culture.

A great hero was laid to rest the other day. Amid a vast throng of people silent in their tribute to his greatness, Archbishop Orozco of [illegible] was carried on his last journey. The history of his life reads like a modern thriller. Hunted, pursued, hiding in the mountains and cities, assuming like Lon Chaney many different disguises, this great Christian hero fought for the Faith. While Communism and Fascism may persecute the Church she shall always have great heroes for God and Faith.

Figure this one out. A prisoner behind the bars was asked by a guard who the man was who had come to see him. The prisoner replied "Brothers and sisters I have none, but that man's father is my father's son." What relation was the visitor to the man behind the bars?

SECULAR PAPER CURBS OFFENSIVE CARTOONS AS CATHOLICS PROTEST

St. Louis (NC) Vigorous protests instigated by the Third Order of St. Francis here and joined in by other Catholic groups and individuals against the offensive character of a number of cartoons employed by a local morning newspaper in a circulation building contest has led the paper to announce that the objectionable material would be eliminated.

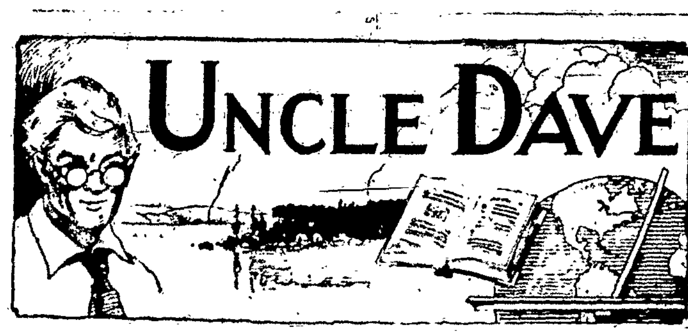
The material it was said does not originate with the newspaper itself but in New York. Confronted with the numerous protests, the paper asked a few days' time in which to make necessary adjustments.

CRYPT IN CATHEDRAL

London (NC) Permission has been given by the Ministry of Health for the exhumation of the body of former Archbishop Whiteside of Liverpool with a view to its interment in the crypt of the new Liverpool Cathedral. The Cathedral was begun as a memorial to Archbishop Whiteside. The crypt will be devoted to the Archbishop's memory.

St. Francis de Sales is patron of the Catholic press.

UNCLE DAVE



RELAXATION AND CHARACTER

Last week I mentioned some of the benefits that come from calmness and relaxation, and some of the ills that come from fear, anxiety and worry. These emotional disturbances tend to set up a chronic condition of over-tenseness in our bodies, to tie us into bundles of knots and this tension is communicated to the mind making pleasant living and constructive action difficult or impossible.

You remember in Hamlet Shakespeare's advice to the players. He tells them "Do not saw the air too much with your hand thus but use all gently; for in the very torrent, tempest and as I may say the whirlwind of passion, you must acquire and beget a temperance that may give it smoothness. Suit the action to the word, the word to the action; with this special observance that you o'erstep not the modesty of nature."

Shakespeare here conveys the idea of calmness and relaxation, as pervading all our thoughts and actions even in circumstances that evoke the deepest emotional responses. The principal of relaxation and easy self-control runs through all of life and all of art. It communicates an impression of great reserve power of easy masterfulness, of smooth flowing rhythm, of patience sovereign over transmuted ill.

Father Sebastian Carlson, O. P. discusses this subject in a recent issue of Dominicana. His article is entitled "Peace, Fear Not." Of the lives of so many of us today he says "All day long, noise drums at our ears and through them at our brain; at night it breaks our sleep. Aeroplanes over head and automobiles in the street shriek out blatant advertisements, radios yell with static, flat-wheeled streetcars and aged, overloaded trucks thunder by on the broken pavement; whistles pierce the air, newsboys shout raucously, drills and noise devices are busy minutely nearly daily. Our whole physical life is speed, hurry, and rush, and unless we struggle strongly against the usual course of nature, our minds will soon bow down before suggestion and seem to at themselves to undo precipitation.

"Psychologists insist on tranquility and serenity of mind as necessary for the full development of personality and the maintenance of mental health. The authority of Dom Thomas V. Moore, M. D. suffices for this point. 'every man has a duty to harmonize his own interior life so as to maintain interior peace and mental stability and thus attain that fullness and perfection of beauty only to be found in a noble character.'"

St. Augustine, Father Carlson writes speaks of peace as "serenity of mind, tranquility of soul, simplicity of heart; the bond of love; and the fellowship of charity." Charity, welling up from love of God is the real source and cause of peace. But this divine virtue is found only in the souls of those who are in a state of grace. The just alone possess peace, being at peace with God. Therefore they may and can enjoy peace with their neighbors and with themselves. This great blessing, no man, no tribulation or trial, or suffering can take from them; never need they lose it."

We are in the midst of the holy season of Lent. We should strive to draw nearer to God. Many of us doubtless can profit from a bit of recollection, recollection that helps us to remake our souls. We can work toward that habitual peace of mind, with its accompanying bodily relaxation that is so necessary to satisfactory living and the development of our faculties for constructive action. Spiritual readings are of wonderful effect. Apart from scripture and the parables of Our Lord I know of none better than Thomas a Kempis' "Imitation of Christ." St. Theresa's story of a soul and the letters of St. Francis de Sales. They help us to cultivate a sense of humor, a serious purpose and preserve us from making much ado about nothing. In a word, they help us to keep fresh in our minds and hearts the vision of the Kingdom of God.

(NCWC Features)

WINS SCHOLARSHIP

Quebec (NC) Jean Louis Delisle, vice president of the Quebec regional committee of the Catholic Association of French-Canadian Youth (ACJC) has won a Rhodes scholarship which will enable him to pursue his studies at Oxford University, England.

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