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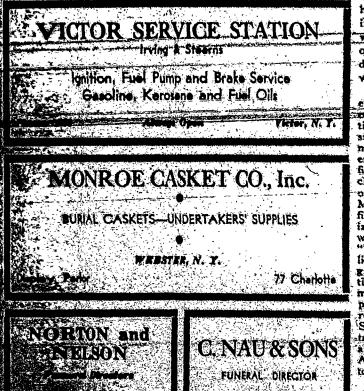
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BREATHING SPELL"

Continued from Poge 12

individual spiritual direction, of which retreats have had the whole-hearted at times all stand in med. It is a cooperation of the local clergy; of atrange phenomenon that men, of alfairs, keen about the things of fife, whose episcopate they were inaugurappreciate the necessity of periodic ated, of the late Bishop O'Hern of consultation writts their lawyers, dochappy memory, and of the present Ortors, dentists, beolers, bankers, and dimary, the Most Reverend Edward real-setate agents, and offen are will- Mooney, who in many ways has ing to say heavily for the advice they shown his fatherly interest in the ret yet when it comes to the new shown his fatherly interest in the set when it comes to the shown his fatherly interest in the

he most precious stiel they have, Flowering out of the local retreats they seem to talos it for stanted that and peculiarly a Rochester developthey can get along without direction ment, is the confraternity known as or committation. "At most they are "The Nocturnal Adoration Society," satisfied to ask an occasional question canonically established in the Cathein the confersionial about a problem dral parish, with Rt. Rev. Msgr. Shayof conscience. They do not realise as its Spiritual Director. It has a that they need very pollivs and spe- membership of 800, most of whom cille guidance mad appliance about have been retreatants. On the last how to make their prayer well, how Saturday of the month, through the to-receive the Sacraments more fruit- night, these men keep, each, an hour's fully how to grow-listhe opiritual adoration before the Illessel Sacralife, how, especially, to met the par- ment. Through this monthly recolticular difficulties associated with lection the spirit of the annual retreat their age, occupation or environment. is carried over and distributed through A retriet affords a splendid chance the entire year.

for just such guidance. The retreat That the local movement has been master is at the service of the re- so successful is mainly due to the treatants precisely for purpose of this type of men who have been sponsorsort, and they can have expert spir- ing it, and the energetic officers of itual advice suited to their individual the Retreat League. They have givneeds, and as much of it as they de- on instintedly of their time, energy, sire or require, without inconvenience, and means to make each retreat a embarrassment or expense.

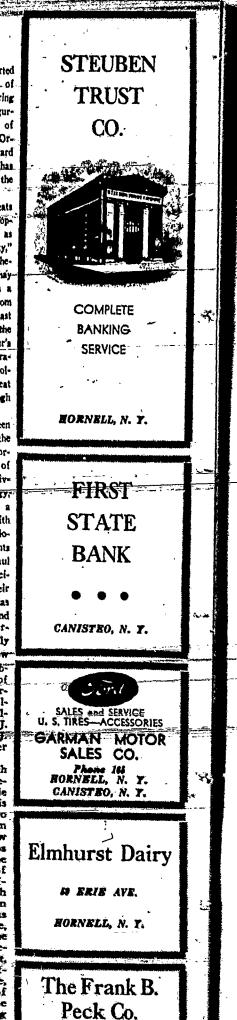
Historically retreats have always them, as should be, have been the lobeen made by men of good will. Our cal Catholic organizations, the Knights Lord's forty days of prayer on the of Columbus, the St. Vincent de Paul threshold of His public career was a Councils, and the Holy Name Sociretreat. The ten days passed by the ety, while guiding and inspiring their Apostles before Penetecoat was a reefforts for the past eight years has treat. Retreats are no novely in the been their beloved, enthusiastic, and Church though in madden times they have been systematized and popularized, and houses have been elablished of the Seminary Faculty, but now where, retiring from the distractions Pastor of Ste Mary's Courch, Atubof the world, men might spind a few with their God.

with their God. In the United States the movement liam J. Wynn, F. J. McInerny, J. J. extends back about a quarter of a Driscolly Iohn Mellinger, and F. J. contary and the got the initial impiration not from the chergy but from T. Simpson. small bands of earnest Catholic lay-The single drawback to the growth

tion not from the clergy but from 1. Simpson. small bands of earnest Catholic laymen. It is to the credit of the Reverend Terence Shealy; SJ, that the treat house, that might be accessible first house in the conservy devoted exfor ferreats every week-end, for it is clusively to men's retreats was obvious that not all who wish to opened on September 8, 1911, at Mount Manresa, Staten Island. The attend during the one week-end now first instance of a permanent organization for the promotion of retreats was probably the establishment of fir at Saita Clara. California, a group that today sponsors "El Retiro San Inigo" at Los Altos, Not to mention innumerable places where opportunities are offered for immer retreats, we have now in the United States twenty-five centers where retreats for men are held all the year Alverno, solemnly dedicated at Apple-Undoubiedly the depression through which we have now in the united tor, Wis, last June-Undoubiedly the depression through which we have now in the retreat the retreat the has made, and praying God to make the ideal of the Retrat League a reality.-a house that it can call its own, functioning the Retrat League a reality.-a house

Aiverno, soemning occurcation at oppression through the Retrat League a reality—a house Undoubtedly the depression through that it can call its own, functioning which we have just pussed retarded for twelve months of the year, for the movement, but recently it has God's glory, the spread of the Faith, gained a new impetus. During 1934 and the sanctification and happiness the Malvern (Philadelphia) retreat of the retreatants bouse reported an attendance of 1,750

an and this year, up to june, re-



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