

URGES CATHOLIC LAYMEN TO MAKE COMING RETREAT FOR OWN GOOD

(Continued from Page One)

for the offensive and defensive content in which he must engage.

Plan Future

The essential work of a retreat is constructive and has to do with the planning of the future. A good retreat has two phases: One is the rooting out process; the other is planting. One tearing down; the other building up. One destructive; the other constructive, and it is the latter phase that is the important one.

"Like a tonic, the retreat must rid the soul of impurities and hence confession may be necessary, but its chief objective is to invigorate the system.

"Though Laymen's Retreats are generally made in groups, a retreat is most individualistic—its whole course is directed toward group piety, but toward the building of the individual soul. It is distinctive of a retreat that every retreatant makes a retreat for himself.

Highly Recommended

"Why make a retreat? The first answer to this question for a Catholic is that the Holy Spirit and the spiritual needs of the laity of the Church so earnestly and insistently recommend it.

"In his better moments, every man wishes that he might live at least one day as perfectly as the saints did, in close contact with God and doing his duty completely and sinlessly. If it had no other advantage than giving one a chance to pass two or three days perfectly, it would be a valuable asset.

The utility and necessity of a retreat becomes obvious when one recalls that it is a system of spiritual bookkeeping, the balancing of ledgers as it were, and the settling of the soul's affairs. Just as the merchant annually checks over his books at least once to see how he stands financially, so the retreatant looks into their souls to see what has taken place there to ascertain their spiritual assets and liabilities, to weigh themselves in the balance, and if found wanting to obtain a new supply of spiritual capital, which is the Grace of God. Thus they insure themselves against spiritual bankruptcy.

"Who should make a retreat? Every man, for every man has a soul to save. Every man wants to make a success in life, and a retreat points the way to spiritual success.

"Saints admit the need of a retreat. The Church law prescribes retreats for the clergy and religious men and women. If these, with the many extraordinary graces they already have, need an occasional renovation of the spiritual lives, how much more the laymen who usually lack these helps yet have to live constantly surrounded on all sides by the temptations of the world.

There is no age limit; both old and young alike should take advantage of a retreat. It gives the aged a means of calmly and peacefully preparing themselves for the

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Boiler Insurance Needed, Says Ashley Firm Head

Heating and hot water supply equipment can explode with terrific violence, news stories in the press told. A. L. Griffith, vice-president of the Robert F. Ashley Co., "headquarters for boiler insurance" since 1852, this week points out the number and severity of such accidents in emphasizing the need for insurance on boilers, particularly on so-called low pressure type of boiler used in buildings heated by hot water or steam.

Mr. Griffith recalls that recently a fatal accident occurred in a home at Westness, Pa., where the explosion of a heating boiler scalded three little girls so badly that they died. Only a few months ago a school in Forest, Miss. the explosion of a small hot water supply tank killed one young student, injured 11 and caused about \$30,000 property damage.

About a year ago an accident occurred to a low pressure hot water heating boiler in a church near Rochester, likewise causing damage estimated at \$30,000. Fortunately, Mr. Griffith states, this happened when the building was unoccupied. To quote from a newspaper account of this loss:

"The explosion in the church occurred at three o'clock on a Sunday afternoon. Had it occurred during morning or evening services when the church was filled with people, a considerable loss of life would have resulted from the loss."

Mr. Griffith at the office, 212 Union Trust Bldg. or Main 444, will answer any and all inquiries concerning boiler insurance and explain what the insurance companies' staff of engineers and inspectors will do to reduce the probability of these accidents to heating equipment.

Lourdes Sends Welcome To St. Jude Pilgrimage

A cablegram of welcome to the tourists of the First National St. Jude Pilgrimage, leaving July 12 and 13, was sent by the pilgrimage directorate at Lourdes to the Rev. R. D. Coggins, O. P., national director of the tour.

The pilgrimage, which combines visits to the famous shrines with an European sight-seeing journey is sponsored by the Shrine of St. Jude, Thedus, Dominican Fathers, on South Ash and Avenue, Chicago. The itinerary includes visits to Paris, Carcassone, Nice, Venice, Florence, Milan, Lucerne and London, and also trips to the shrines of St. Jude, St. Dominic, the Little Flower and St. Catherine.

CATHEDRAL IN NIGERIA

Onitsha, Nigeria (NCWC-Fida) — The new Cathedral of Onitsha, southern Nigeria, which is to be dedicated to the Holy Trinity, will be opened at the end of this year, it is hoped, during the celebrations which will commemorate the fiftieth anniversary of the coming of the Holy Ghost Missionaries to Nigeria.

Coming from Gabon in French Equatorial Africa, the Holy Ghost Fathers established a mission at Onitsha in 1885. The present Vicariate Apostolic of Onitsha-Owerri is staffed and directed by the Irish Province of the society.

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