Youth Movement News

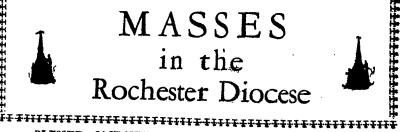
CATHOLIC COURIER, THURSDAY, OCTOBER 4, 1984

Of New Rochelle

Mercy High School Notes

First Students' Handbook of Our Lady of Mercy High School, "The Merciade," gift of the Journalism class of last year, is being distributed to students this week.

Foreword of this 32 paged book is written by the Rev. John M. Duffy, Diocesan Superintendent of Schools. go on tanr. ganizations; with a frontispiece of Mercy High School. It has an at-"The Merciade" contains general information; new course of studies; his-¹ tractive cover in blue and white, the tory of school activities, clubs, or- school colors.



BLESSED SAORAMENT

Oxford St. Rev. T. F. Connors. Masses: Sunday, 5:45, 7. 8, 9, 10, 11. Holydays, 5 30, 6, 7. 8, 9. Daily, 6:45, 8.

CORPUS OHRISTI Main St. East. Rt. Rev. Msgr. W. M. Hart. Masses: Sunday, 6, 7, 8, 9, 10, 11. Holydays, 5:30, 6:15, 7, 7:45, 8:80, 9.30. Daily, 6:30, 7, 8.

HOLY ROSARY Ave. Rov. W. A. Foory. Sunday, 6, 7, 8, 9, 10, 11. 5:30, 6, 7, 8, 9. Daily, 7, Lexington

Mazzes; Holydays, 7.30, 8.

IMMACULATE CONCEPTION Plymouth Ave. So. Rt. Rev. Magr. J. 8. ('ameron. Masses: Sunday, 7, 8, 9, 10, 11. Holydays, 5:30, 6:30, 7:30, 8:30, 9:30. Daily, 7, 7:45.

OUR LADY OF GOOD COUNSEL Brooks Ave. Rev. E. T. Meagher. Mass-Sundays, 7:30, 8:30, 9:30, 11. Holydays, 6: 7, 8, 9. Daily, 8. 9:30. First Friday, 6, 7, 8. Daily, 7, 8.

ST. AND REW'S Portland Ave. Rev. Geo. Eckl. Masses: Sunday, 6, 7, 8:30, 9:45, 11. Holydays, 5:30, 6:30, 7:30, 9. Daily, 7, 8. ST. BONIFAOE Gregory St RL Rov. ansgr. J. F. Boppel. Masses: Sunday, 6, 7:30, 9, 10:30. Holydays, 5:30, 7, 8:30, 10. Daily, 7, 8. able excitement ending with an adroit twist that leaves the audience pleasantly surprised. ST. MARGARET MARY'S Gerard Burke, Jack Murphy and Rogers Parkway, Rev. C. J. Bruton, Masses Sunday, 7:30, 9, 9:46, 11. Holydays, 6, 7, 8, 9. Daily, 8. Eugene Lynch are stage managers. St. Philip Church To

To Produce Fr. Whalen

Jemison, "the White Squaw."

Play on Mary Jemison

Orrtanna, Pa., (NCWC)-The Rev.

ST. MICHAEL'S Clinton Ave. No. Rev. F. P. Scheid. Masses: Sunday, 6, 7, 9, 10. Daily, 7, 8. First Friday, 6, 6:45 and 8.

ST. PATEICK'S CATHEDBAL Plymouth Ave. No. Cor. Platt. Rt. Rev. Magr. C. F. Shay, Masses: Sunday, 6. 7:30, 8:30, 9:30, 11. Holydays, 6, 7, 7:30, 8, 9. Daily, 7, 7:30, 8.

OPPORTUNITY KNOCKS TWICE

= by Ernesi W. Veigel, Jr. =

President, Rochester Business Institute

Opportunity is fickle. She may indeed, in some instances knock but once. Certainly her visits are erratic and vary greatly as to their



It was Abraham Lincoln who said, "Opportunities come by chance, preparation never." Perhaps this is the key to success. What good is opportunity if the ability to reap the advantage of opportunity is localized. lacking a

In the past few years many young people have said, "There are no jobs, so why prepare?" Others have refused to accept this "defeatist" attitude. At

. first glance it would seem that there was some foun-dation in reason for the former statement. One difficulty however was this. In the case of business training it takes at least a year to acquire a satisfactory foundation. Times change rapidly. Positions do not wait. I have had the satisfaction in the last few months, of seeing many students who did prepare become the first to reap the rewards of returning prosperity.

Many students today recognize that opportunity has not ceased to knock. In proof of this we have registration figures at R. B. L. showing greater enrollments in both day and night school than for previous periods of from three to four years. Even more signifi-cant perhaps is the surprising number of students who have sought to enter school classes since the regular fall registration date (Sept. 4.)

This latter situation has presented a perplexing problem at R. B. I. Obviously business study groups that started on September 4 should not be held back by the entrance at irregular intervals of new registrants. It is a real hardship on the other hand for those wishing to start now to have to wait 'till the next main R. B. I. registration date. (January 1).

Aguinas Players June Guncheon Heard In Debate at College Will Appear In Comedy Oct. 16-17

Will W. Whalen, pastor of St. Ig-natius' Church here, has prepared a New Rochelle, — Miss June M. Guncheon, daughter of Mr. and Mrs. Ward C. Guncheon, 300 Maplewool Ave., was a member of the negative stage version of his story of Mary Students of Aquinas Institute will present a comedy, "The Late Chris-The play is to be given its first topher Bean" in the school auditorium, Dewey Avenue on Tuesday and Wednesday evenings, October 16 the College of New Rochelle argued presentation here, after which it will the question Monday night, Resolved:

and 17.

and Raymond Bopp.

Bean are worth a fortune.

Benefit From Bazaar

mittees in charge of various booths:

Ralph Foos, Henry Karniski; Ice

Diener; Candy, Virginia Sanders, Rita Fuller, Helen Westfall; Chicken,

Michael Ferrara, James J. Conolley,

Novelty, Vincent Mooney, William Trost, V. Russell, Elizabeth Mooney,

Bernice Mooney; Special Carton Booth, Leonard Cole, Virginia Cole;

Blankets, Frank Hilley, Mrs. Frank

Hilley, Robert Hilley, Harold Curry;

Refreshments, Henry Gress, Nelson

Schum, Cletus Schum, James Sander

and George Glosser; Kitchen, Mrs.

Albert-Schum, Mrs. Albert Williams,

Mrs. Benedict Sanders, Mrs. George Foos, and Mrs. Mary Dummer.

Physical Director

William Trost, M. Richards;

Bazaar.

Alfred Groves.

Hots.

"The Laste Christopher Bean," one

A tentative schedule for other forensic activities includes debats with Oxford University, Colgate Col-lege and Middlebury College. Miss Guncheon, a senior at the Col-gram will be the Rt. Rev. Magn. St. Hennard's Seminary will be the pro-cipal speaker. Others on the pro-cipal speaker. William Henry Londo Camp, And Nr. Cassell. Last words of computations of the pro-to the standard to take part in the formation of the pro-cipal concerns. In addition to holding office as vice-president of her class. Miss Guncheon is editor of Quarter. Miss Guncheon is editor of Quarter. Miss Guncheon is editor of Quarter. Wiss Guncheon is editor of Quarter. Construction of the class. Miss Guncheon is editor of Quarter. Construction of the class. Miss Guncheon is editor of Quarter. Miss Guncheon is editor of Quarter. Construction of the class. Miss Guncheon is editor of Quarter. Construction of the class. Miss Guncheon is editor of Quarter. Construction of the class. Construction of the best ten plays of the 1982-1988 season and on the Catholic White List, has its setting in New England. The story revolves around the discovery that the so-thought worthless paintings of the late Christopher "Abby," housekeeper for "Dr. Huggett's family" is the pivotal figure in this odd, amusing comedy. Throughout the play, there is said to be agree-

St. Theodore Parish's

10th Anniversary Dinner, To Be Held Qct. 5-6 Festival Set Oct. 10-11

Arrangements have been com-Tenth anniversary chicken dinner and harvest festival of St. Theodor's Church will be held in the school hall, Spencerport Road on Wednedday and Thursday evenings, October 10 and pleted for the annual bazaar to be held at 1200 North Goodman Street for the benefit of St. Philip Neri Church on Friday and Saturday eve-Thursday evenings, October 10 and 11. The Rev. John J. Baier, pastor, nings, October 5 and 6. Special program^a of entertainment for the children is scheduled for Saturday afternoon, October 6, at 2:00 o'clock. The Rev. Francis X. Kunz, pastor, exinvites all friends to attend: tends a cordial invitation to all parishioners and friends to attend the Frank Taille, general chairman is

being assisted by the following comorchestra will play and on Thursday, Amesbury's orchestra will furnish the music. Many attractions will be provided for the festival. George Weitzel is general chairman of the affair and Mrs. Harry Trabold will be in charge of the dinner. Both will be assisted Ham and Sugar, Bernice Dockstader, Cream and Cake, Leona Foos, Pauline

St. Teresa of Avila Novena October 6 At **Carmelite Monastery**

Public novean in honor of St. Teresa of Avila; mother foundress of the ____the Blessed Virgin'never falls to Discalced Carmelite nuns will begin listen! in the public chapel, Carmelites Monastery, 1530 East Avenue, Saturday,

October 6. Novena Mass will be at 7:80 a. m. followed by novens prayers, short



and 17. Edwin Dolan, director of dramatics has cast Alfred Boylan and Benedict Duffy in the two leading roles originally played by Pauline Lord and Walter Connolly. In supporting roles will appear Jerry Flynn, Edward Conway, Robert Renner, Sam Gottry

iv, the college literary publication, to stiend the Transfer of Flass. On and was tapped for membership in account of the rumber of schools. Canolic Journalium, and Calicitat Alpha Nu Omicron, which is the participating only ith grade pupils for its project, the editing of An-nales, the college year book.

pils will sing in unison, "Guard the Fing" and "America the Beautiful" Natareth Academy Orchestra is scheduled to furnish music for the occasion: * * *

All Catholic schools in the city

letter of congratulations to George who founded the parish ten years age A ... Plaum, Publisher of The forms invites all friends to attend: The chicken dinner will be served each evening from 5:80 to 7:30. There will be music during the dinner and after for the social to follow. On Wednesday evening, Ray Hennessy's Jubiles. For a number of years 1 orchesta will blay and on Thursday. orchestra will play and on Thursday, have been familiar with this paper,

Boys and girls remember your ROSARY. October is the month of St. Theodore's Church will start Sun- the Rosary, and we should all make day with Masses at 8 and 10 o'clock. a special effort to thonor Our Blessed. Mother by assisting at Holy Mass every morning and reciting our towa-ry daily. Bay your beads for your own intentions, and those of your

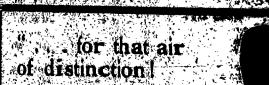
priests, teachers, parents; for the souls in Purgatory; in thanksgiving for the blessings you have received

Parents Will Be Guests Of Freshmen Class At SULTS .

published remularly during the seberation of the Catholic Job malian and Cathola and



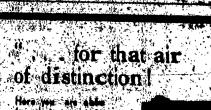




flore jest att ables to seles germantin mere steller frame seles er mere there seles er fange se

OVERCOATS

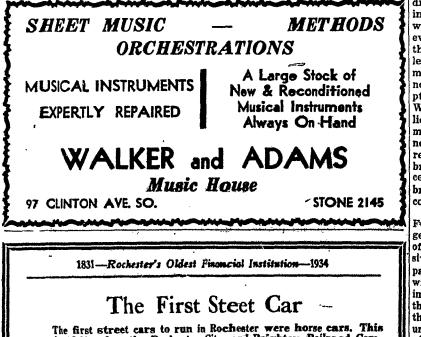




of the dinner. Both will be assisted by men and women of the parish. The winter schedule of Masses at

A solution has been effected through the organization of coach-ing classes. By special coaching classes those who enter R. B. I. not later than this week will be enabled to "catch up" with September groups and graduate with them,

Opportunity may in certain instances knock more than once. The important point to realize is that at some definite time on any given proposition it will cease to knock. The opportunity to enter coaching classes at R. B. I. and complete business courses with regular R. B. I. (all groups may in your case represent a high point on Opportunity's schedule for YOU1-(Adv.)



The first street cars to run in Rochester were horse cars. This was in 1860, when the Rochester City and Brighton Railroad Com-pany was organized. It gave this city for the first time means of mass transportation.

The cars were of wood and ran on four wheels over very light rails, with motive power supplied by "Old Dobbin," who plodded ahead. Speed was maintained at a rate equal to a man's walk.

By 1890 this primitive mode of travel was crowded out by the advent of the electric car.

When the first horse car appeared, the Rochester Savings Bank had already rendered nearly thirty years of service to this community. Being organized in 1831, the "Old Bank" has served for one hundred and three years, helping thousands of its depositors to attain financial security.

We invite you to have a savings account, too, and to learn with others that-

THERE IS NO SUBSTITUTE FOR A SAVINGS ACCOUNT



Presents Rules For Maintaining Health

Wilbur E. Quinn, Physical Director of Columbus Civic Centre discusses the digiestion of starch and protein foods this week in his series of articles on maintaining health. DIGESTION OF STARCHY Holy Cross Parish Will

even neutral. Digestion of starchs, furnish music. Cards will be played. therefore, starts in the mouth. Un- Mrs. James Quinn is general chairless the starch foods are thoroughly man. masticated and insalivated these will not be sufficient mixture with the ptyalin to insure proper digestion. Washed into the stomach by other liquid before it has become properly mixed with the saliva, digestion cannot proceed and fermentation is the and plans were made for the coming result. The old supposed standard year at the first meeting of the El-

bread or toast dipped in soup, tea or coffee. DIGESTION OF PROTEIN Szupello; Secretary, Marie Kruckow; FOODS. Protein foods are di-gested by the acid gastric juices

of the stomach. Eating protein sive flow of these acid julces and im-pairs the digestion of the starch. Like-wise the digestion of protein will be impaired. Excessive fermentation in the stomach of undigested starch and the putrefaction in the intestines of undigested protein should be prevent-the putrefaction in the intestines of undigested protein should be prevent-the putrefaction in the intestines of undigested protein should be prevent-ced by avoiding the mixing of protein the stomach of undigested starch and the putrefaction in the intestines of undigested protein should be prevent-ced by avoiding the mixing of protein the stomach of undigested starch and the putrefaction in the intestines of undigested protein should be prevent-ced by avoiding the mixing of protein the stomach of undigested starch and the stores included. Bob Nullie the putrefaction in the intestines of undigested protein should be prevent-committees included. Bob Nullie ed by avoiding the mixing of protein and starchy foods at the same meal. Art Sanderl, Paul Streb, Joe Ciraldi, year and placed greater responsibil-

til you feel satisfied is a bad furnish the music. habit and not a necessity. People

your liver and other organs. The excess you est goes into stored-up fat and is not needed for use at the time you eat it. That stuffy feeling one experiences after enting too much is

are slow and hard to digest.

Drink plenty of water before meals ments. Tickets are 25 cents.

and directly after, but not while esting. terve crabs here?

down.-Stray Stories.

readings from the Life of St. Teress and veneration of the relic. Benedic will take place after Mass.

Petitions may be sent to the Carmelite monastery and they will be placed before the status of St. Teresa in the Sisters' cloister.

dium in the intestines. The ferment will be held on October 17 in the gan. Refreshments: - Ritar Dealbr, in ptyalin in the saliva ceases to act parish auditorium, Latta Road. Dan Esther Reed, Mary Bigham, Marion when the mixture becomes acid or Fagan's Old Time Orchestra will Odenbach, Margaret Grant, Mary even neutral. Digestion of starchs, furnish music. Cards will be played, Scalin, Isabelle Mocejunas; Agner

> Elmira Catholic High's Sodality Names Officers

Elmirs-New officers were elected

bread and milk is not good, nor mirs Catholic High School Sodality Fr. Daniel McCarthy cereals soaked in cream or milk, or of Our Lady, held September 25. Officers are: President, Mary Rose Conway; Vice-president, Casimera

of the stomach. Eating protein sive flow of these acid juices and im. PLAN SOCIAL FOR OCTOBER 5

Omit acid fruits with starch but eat Ertz Ciraldi, Joe Dreschler, George ity on new leader's elected at the them with protein. A GOOD RULE TO OBSERVE is Nellis, Marie Roth, Martha Mandry, to get up from the table be- Monica Kress, Beverly McLaughlin. fore you are full. Eating un- Pelee Imhof and his court jesters will blaski; Treasurer, Mary Looliron

usually est too much. Do not overtax Amnunciation Church Plans

So eat enough to prevent actual Arrangements are being made un-hunger after you have left the table, der the direction of the Rev. George but not too much. The habit of over. Weinmann, pastor. Bridge, pinochie eating to satisfy an abnormal hunger pedro, dominoes, five hundred will will pass as you practice eating less, be played with prizes and refresh at the Barsar.

Nazarein Louere oci The Freshman Class of Nasarath College will hold a reception for their. parents on Friday, October 5, at 3 o'clock at the college. Miss Margaret Beahon, general chairman, has appointed the following committees:

DIGESTION OF STARCHY FOODS. Starch foods should be eaten as dry as possible. The reason for this is because starch foods digest in the alkaline medium of saliva and by alkaline me-dium in the intestines. The ferment

Schickel, Agnes Nolan, Florence Cuddy, Florence McCarthy, Margarete

Quinn. Entertainment: Norma .Ranson, Virginia Kupferschmid, Sabina Lyons Winifred Clark, Ruth Crowley, Holly Fromen, Betty Fromen, Fanny Mathens, Elinor Deegan and Elleen Hayes.

Addresses Sodality

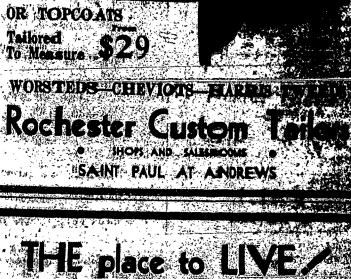
Elmira - Spiritual Director of the Young Ladies' Sodality of SS. Peter. and Paul's Church here, the Rev. Dan-

Committees included: Bob Nellis, their co-operation during the past Schlueter, An Sanderl, Genevieve meeting. Officers are: President, Mary-Rose Conway; Vice-president, Sara E. Blabee; Secretary, Mary Kuand Public leader, -Kathleen Brett.

Maryknoll Sisters Will Card Party On October 12 -Conduct Annual Bazaar

you eat it. That stuffy feeling one experiences after eating too much is a species of suffocation due to over-loading the stomach with foods that are slow and hard to digest. iraining at their Motherhouse. Japanese tea, propared in authentic Oriental fashion, by a Japanese Sa-ter, with sandwickes and rice cakes and a Chinese dinner will be features

Drink plenty of water before meals ments. Tickets are 25 cents. Ments. Tickets are 25 cents. Ments. Tickets are 25 cents. Hubby: What became of that an-lected old and rare bits from Kores lected old and rare bits from Kores China, the Philippines and Japan. Me to us? Wite: Oh, that? I sent it back wite: We serve anyone; sit owm.-Stray Stories. Transcipt.







Single: 54 to 7 per week

Transient: \$125 \$1.50 with Connecting Build Running water in merry roo

The marth of right a

MODERN CONSTRAILES NO SWIMMING POOL HAND BALL COURT

DINING ROOM