

Physical Director Presents Rules For Learning To Swim

In a series of articles which will run in the CATHOLIC COURIER, Wilbur E. Quinn, Physical Director at Columbus Civic Center, asks teachers of swimming to follow him for a few weeks and he will review fundamentals and technicalities connected with the art of swimming and proper instructions in swimming.

vised, the one which gets the swimmer the greatest distance in shortest time with the least effort — the American crawl stroke. No one could learn the whole stroke at once; here one simple feat is added to another until the total sum is the crawl. Both children and adults can be taught from this method; you need not know how to swim in order to learn it (the instructor doesn't have to get into the water unless he prefers to); in fact, from it you can teach yourself to swim.

"The fundamental steps are: 1. The pupil must stay in the water no more than shoulder deep. 2. The pupil must learn to relax; this will be the greatest asset. Don't hurry past any step before the pupil has learned what it teaches; it is a good idea to recheck the various steps now and then, in order to master all preceding ones. And don't force the pupil; maneuver him into a mental state of wanting to learn and you'll both fare happily."

(To Be Continued)

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Along the Sports Horizon By BILL LANG



BOYS Their Interests

While the Legion of Decency is mobilizing its ranks for a mass campaign against movies which do not measure up to the proper moral standards, serious thought must be given the task of filling in the recreational gap caused by adherence to the legion's ideals.

In other words our boys and girls, men and women must turn their energy, for the time being, into new channels of legitimate entertainment if and until the movies once more ally themselves with the moral code they have denounced.

Now to get down to golf. Don't for a moment think that such an expression puts this game into the lower species of sport but just show me a man, woman or child of any age, color or temperament who can't swing a golf club and I'll show you a fit subject for psychiatric treatment.

A certain element will tell you that an active interest in sports is all well and good for the younger element but they maintain that "Life Begins At Forty" in the field of so-called more sedate entertainment, i.e., the movies, the drama, the concert hall and bridge.

The death of Edward J. (Ed) Thorp during the past week removed one of the most colorful and important figures from the nation's football scene.

Nationally known as a college referee, Thorp was a star in all sports during his scholastic career at Holy Cross Academy, De La Salle and Manhattan College.

In view of this situation, every effort to encourage worth-while sporting projects in Catholic circles should be given wide support.

During the winter we have various Catholic bowling leagues. There are basketball teams here and there which carry on even without any semblance of organization.

What strange spell Joe Witzgman has been able to weave over the Holy Family batsmen still is very much of a mystery but the fact remains that Joe set down the Dutchowners with a couple of hits this week and scored his second straight triumph over the team whose batting prowess once was the marvel of the Catholic League.

In the two meetings between the teams thus far, Witzgman has allowed exactly three hits and such a minute number in eighteen innings certainly wins no ball games.

Sunday's triumph may prove the turning point in the second half race inasmuch as it gives Holy Rosary a running start with two straight wins. Right in the thick of the race with the champs is the surprising Cathedral aggregation which stormed under the team from Immaculate in convincing style.

Catholic Baseball League Teams STANDINGS

Table with columns for EAST DIVISION and WEST DIVISION, listing teams like Blessed Sacrament, St. Boniface, St. Andrew's, etc., with W, L, and Pct. records.

in the baseball vernacular, it must be applied to Blessed Sacrament's surprising victory over St. Andrew's in the opening game of the eastern division's second half.

Charged with new blood, Bob Kalb's charges flashed some mighty good baseball especially young Mr. Kuhn, who was making his first start of the year in the pitching box.

The newly crowned first half champions from St. Boniface had things pretty much their own way against O.L.P.H. while Joe Drexler, St. Ambrose team handed St. Theresa's a 12-7 setback.

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At Camp Madonna

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Kind Old Lady (after watching golfers looking for a lost ball for half an hour): Excuse me, young man, will it spoil your game if I tell you

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