

Our Lady of Perpetual Help Devotions



LENTE THOUGHTS

By THE REV. THOMAS F. O'CONNOR, C. SS. R. (This article on the Holy Season of Lent has been written exclusively for the Catholic Courier, diocesan newspaper, by Father O'Connor, Redemptorist priest at St. Joseph's Church, in connection with the Novena of Wednesdays in honor of our Mother of Perpetual Help now being conducted in preparation for the Feast of the Annunciation.)

What About Your Will?

Is your last will and testament an evidence of your spiritual allegiance? When making your will you should first consider your soul...

Ever New Story Lent brings to us the story of God's redeeming love. It relives the deathless episodes of Christ's Passion. It is the epic of Calvary portrayed in the vivid panorama of the liturgy.

Knights of St. John Fourth Degree Change Meeting To March 16

The regular meeting of Rochester Chapter of Chevaliers No. 3, Fourth Degree members of the Knights of St. John, which was to be held on Friday, February 16, has been postponed one month.

their Saviour, and fail to mend their ways? Observe Spirit

We cannot contemplate all this in a detached way. We must live these holy memories in a spirit of compassion and compunction. Holy Mother Church, in her wisdom, affords the means and prepares the way; she decrees that Lent be passed in a practical, sensible manner.

In the Lesson of the Mass on Ash Wednesday the Church calls to us in the words of the Prophet Joel: "Be converted to me with all your hearts in fasting, in weeping and in mourning." Our blessed Lord Himself tells us that unless we do penance we shall all perish.

Those who are not legitimately dispensed, or excused, are expected to observe the law of fast and abstinence. Which leads us to the usual topic of who are supposed to fast. As we heard in the Lenten letter of His Excellency, the Archbishop, all between the ages of twenty-one and fifty-nine, are bound by the law of fasting.

Has Been Fashionable Some consider fasting more or less of a medieval hangover in our day, a thing that is worn-out and outmoded in our fast and furious modern tempo.

Lent is a time to regain the Grace of God, lost perhaps in the mad pursuit of pleasure. It is the acceptable time, the day of salvation. It is well that Holy Mother Church does set aside this season of penance.

Do not let the same way? Not today. When this business is finished, when this temptation is over; when this sin loses its attraction. But when is the convenient time? Will it be when our souls are steeped in iniquity; when our hearts are grown cold in sin; when our minds are in vice; when our consciences are dulled through excess; when our will is weakened through cowardly compliance?

Whatever is worth doing at all, is worth doing well.—Earl of Chesterfield

ST. BERNARD'S GRADUATE IS NAMED BISHOP

(Continued from Page 1) He was recalled and finished his studies at St. Bernard's Seminary, Rochester, N. Y.

Named Assistant Pastor After his ordination, Bishop-elect Keough was appointed to St. Rose's Church, Meriden, Conn., as assistant pastor. Later he labored in the capacity of Diocesan Director of the Catholic Mission Aid Society.

Bishop-elect Kiley, who becomes fifth Bishop of the Diocese of Trenton, succeeding the late Most Rev. John Joseph McMahon, was born in Margaree, Inverness County, Cape Breton, N. S., November 13, 1876.

Returning to his archdiocese, he served as assistant pastor at St. Agnes' Church, Chicago, for five years. For eight years he was in charge of the Holy Cross Mission in Chicago. He was also the organizer of the Diocesan Charities. Since 1916, he has been in Rome. In 1926, he succeeded Monsignor O'Hern as Councillor for the United States in the work of the Propagation of the Faith.

Ordained in Rome Bishop-elect Lucey becomes the second Bishop of Amarillo, succeeding the Most Rev. Rudolph Aloysius Gerken, now Archbishop of Santa Fe. The new Ordinary was born in Los Angeles, March 10, 1891.

Returning to this country, he was appointed assistant pastor at the Cathedral of St. Vibiana, Los Angeles, in August, 1916. He later served at the Cathedral Chapel, St. Paul's Church and the Church of the Immaculate Heart of Mary in his native city. He held the position of Diocesan Director of Charities from October 27, 1921 to 1926. He is a member of the Executive Committee of the Catholic Association for International Peace.

He was born in Chicago in 1878 and, after making his studies of philosophy and theology in Kenrick Seminary, St. Louis, was ordained to the priesthood in 1903. When the Extension Society was organized, three years after his ordination, he volunteered his services to the late Archbishop Quigley for this new missionary organization and became associated in this work with Fathers Francis C. Kelley, now Bishop of Oklahoma City and Tulsa, and Emmanuel B. Ledvina, now Bishop of Corpus Christi.

In addition to his duties with the Extension Society, he is pastor of St. John's Church, Chicago.

Scouting Awards Given K. C. Boy Scout Troop Members For Year's Work

Meritorious work among members of Knights of Columbus Troop No. 141, Boy Scouts of America was recognized, Friday evening when a Court of Honor was held in the K. of C. rooms, Columbus Civic Center attended by priests, Scout officials, parents and friends of the Scouts.

In nearly every case when you exclaim, "There ought to be a law against that!" if you'll look it up, you'll find that there is.—Atlanta Journal

CATHOLIC PRESS PROGRESS TO BE DISPLAYED BY ELABORATE EXHIBIT

(Continued from Page 1) Chief in interest at the exhibit will be the diocesan newspapers of the country. On display will be Catholic weekly newspapers from New York to San Francisco and from New Orleans to St. Paul.

Books on Display Publishing houses—or reputation throughout the country and in Canada, England and Ireland have furnished books by Catholic authors, and books, Catholic in subject, recommended by Catholic authorities for reading by all interested in the Church.

Local cooperation in the matter of furnishing books for the Exhibit will be furnished by Sibley, Lindsay and Curr Company, Scranton, Pa., Trant's and Predmore's book departments.

Special Exhibits Special displays will be presented by various groups. An intensely interesting display of mission literature of the Maryknoll Fathers will be shown under the direction of representatives of the noted Maryknoll Mission Society.

Schools Assist Nazareth College will assist in the general exhibits and will furnish information and display publications of all Catholic colleges in the country. Nazareth Academy will sponsor a display of the "Queen's Work" publications, many of them written

How and What To Serve

Now that the Lenten season is at hand, thoughts of the average household turn to fish dishes. Modern living conditions call for speedy methods of cooking fish and as a result fish cookery has suffered greatly in many kitchens wherein the tender fish is subjected to too quick a heat for too long a time, or else is fried in grease until it is hard and indigestible.

By employing the methods of over-frying or broiling, fish may be properly cooked in less than 15 minutes. And there will be no stale odor in connection with the preparation. Fish fillets, freed of every vestige of scale and bone when purchased, lend themselves excellently to quick cookery.

To determine freshness of fish, examine the flesh to see that it is firm; also see that there is bright, shiny and that the eyes are bright, shiny and bulgy; the gills a bright clear red and the scales shiny.

The Junior Cook

By MOLLY GAVIN Junior Cooks can help mother prepare many of the side dishes. This week's menu calls for fresh ham with apple sauce as a side dish. You know, apple sauce is always served with fresh ham or roast pork. Therefore, I am going to tell my Junior Cooks just how to make a delicious dish of apple sauce:

Wash, wipe, quarter, core and pare eight apples; add one cup boiling water. Cover pan and boil until apples are soft. Remove from fire and add 3/4 cup sugar. Mix well into apples. Cinnamon, cloves or nutmeg may be added if desired. A little lemon juice added will hasten the boiling of the apples.

Weekly Calendar Of Feast Days

- Sunday, February 18.—St. Simeon. Monday, February 19.—St. Barbara. Tuesday, February 20.—St. Eusebius. Wednesday, February 21.—St. Severianus. Thursday, February 22.—St. Peter's Chair at Antioch. Friday, February 23.—St. Peter Damian. Saturday, February 24.—St. Matthias.

Faith rests entirely on God; it is some mystical way of uniting oneself with God. Some people think that they need their mind on arguments and truth. When they are older they know that they just rest on God.

by the Rev. Daniel A. Lord, S.J. Other Jesuit publications, including "America," will be shown. Our Lady of Mercy High School will have two exhibits, both featuring the Catholic Courier, diocesan newspaper. The Rev. Benedict C. Ehmann will sponsor an Exhibit for the Catholic Evidence Library recently opened in the lobby of Columbus Civic Center Building which will feature the publications of Sheed and Ward.

Deliveries of Vogue

Wholehearted support has been offered by officers and members of Catholic lay bodies including the National Council of Catholic Women, Ladies Catholic Benevolent Association, Catholic Daughters of America, Catholic Women's Club, Rochester Parish Sociality Union, Ladies Auxiliary, Knights of St. John, Catholic Women's Federation, Ladies Auxiliary, Ancient Order of Hibernians, National Council of Catholic Men, Rochester Diocesan Holy Name Union, Knights of Columbus, Knights of St. John, Catholic Men's Federation and others still to be heard from as this goes to press.

The Rev. Leo C. Mooney, managing editor of the Catholic Courier who is directing arrangements for the Exhibit states this week that every Catholic man, woman and child in the diocese is invited to participate in and to view the exhibit and also to bring their non-Catholic friends. If in the rush of arrange-

B. JORNAN



This is the second of a series of original etchings by Geo. Frettinger of Paris.

REFRESHINGLY different... with an air of smart sophistication... this new Antonine coiffure is just the thing if you are bored with the way you are wearing your hair. It is youthful and very chic... but above all is flattering no matter what your type.

An Antonine finger wave is \$1.50 An Antonine permanent wave is \$15.00

ANTOINE SALON... THIRD FLOOR

Your Informant talks about Valentine's on page 3 of the Society Section



FORMAN'S digs up a novelty "The Shovel Brim"

Brim is the focus of attention. And Forman sponsors this fetching novelty, "The Shovel Brim" in the quality of a hat of red berries to add color to your blue. \$16. (Forman's)

ing for this exhibit... The purpose of the Exhibit is to show the progress of the Catholic press in America. The exhibit will be held in the lobby of Columbus Civic Center Building.

VOGUE magazine advertisement.

KNOPF CLOTHING advertisement.

Wine for Lent! advertisement featuring REISLING, CHABLIS, SAUTERNE, PORT, SHERRY, and MUSCATEL.

Liturgical Arts advertisement: A QUARTERLY DEVOTED TO THE ARTS OF THE CATHOLIC CHURCH. Includes a coupon for subscription.

Formal advertisement for Liturgical Arts Society, Inc., including contact information and a coupon for subscription.