

Their Activities

OUR CATHOLIC WOMEN

Their Interests

Household Hints

Rust in ovens is due mostly to moisture that develops from baking or broiling. If the oven door is kept open for 20 minutes after use the moisture will evaporate and remove the cause of rust.

In order to measure molasses quickly and accurately, dip the measuring cup or spoon into scalding water before measuring. It will prevent the syrup from sticking to the sides of the cup.

To chop nuts quickly, place in a paper bag and roll with a rolling pin.

Left over cereals may be moulded in custard cups and served as dessert with a sweet sauce. They may be added to a muffin or griddle batter or used for stuffing meat and fish.

Good sense, kindness of heart, and a proper self-respect are the elements of the best manners.

To clean a flat iron, place a piece of beeswax between two pieces of old flannel and when the iron is hot, rub it on the flannel. Dirt will be removed from the iron.

A few drops of lemon juice will improve the flavor of apple sauce. If apples have a flat taste it will be improved by this addition.

Our Lady of Perpetual Help Devotions



MARY'S CATHOLICITY - FAVORS

Everywhere in the world, the Mother of God is a work. From Her resplendent Throne in Heaven Her favors fall unceasingly upon all that are devout to Her.

This fact is convincing proof that Mary is the Mother of all men, no matter what be their color or nationality. How strange it seems to us when we hear some sect, that is confined to restricted limits of a few cities, professing to be the teacher of truth and claiming Mary for their own. How loosely some minds reason! If there is anything in Mary's being that establishes Her as the Queen of any church, it is Her Catholicity. That quality is found in everything that pertains to Her. It is in Her love and the effects of Her love. That charity in Her Heart overflows upon the entire world—excluding nobody—embracing all. Why then should mere creatures restrict Her universality? If their Church is not spread over the globe, by what reason then can they claim the Mother of God for themselves? Admire Her, yes; love Her, pray to Her, venerate Her, yes, indeed. May all men do that, but let them remember that, She belongs only to the One true Church of Jesus Christ, which is distinguished by the unmistakable mark of its Catholicity.

Catholic Women's Club Schedule At The Clubhouse

So much interest has been manifested in conversational French at the Catholic Women's Club that a third class is being organized for beginners. To be held weekly on Wednesday evening at 8:45 with Miss Anne Theodore-Cummins as instructor. Registrations for this, and the intermediate class for those having a limited knowledge of the language, are now being received at the Club House.

At the Club House next week: On Thursday evening Mrs. John J. Soble will give her weekly book review and instruction in speech appreciation for the Study Group.

Friday afternoon hostesses for the weekly card and tea party are: Mrs. Charles W. Fields, chairman, Mrs. G. W. Love, Mrs. Charles E. Handy, Mrs. Charles H. Vayo and Mrs. Frank Teinerman. A walnut coffee table has been donated as the prize to be awarded at the end of the season for the highest score in the bridge tournament which is also being conducted Friday afternoons.

On Monday evening, November 6, Miss Mary MacCarthy will begin a series of seven lectures on Church History to be given on the first Monday of each month. Alternate months there will also be a book review and comment on Current Events. The lectures are sponsored by the Business Women's Group of the Club and are open to the public.

The Friendly Visitors of the Club, of whom Mrs. George J. bomb is chairman, have resumed their work for the season under the direction of Sister Catherine Marie, of the Missionary Sisters of the Blessed Trinity, in assisting to conduct the children from Public School No. 5 to the Cathedral for religious instruction each week. The Visitors will appreciate donations of material for dresses or undergarments or garments to be remodeled for poor children at the recently organized sewing circle which meets at the Cathedral School every Thursday afternoon. Donations may be left at the Cathedral Rectory in care of Sister Catherine Marie.

Invitation is extended to Club members and their friends who sing to register at the Club for the opening rehearsal of the season of the Chorus on Wednesday evening, November 8th. Mr. Theodore P. Figh, director.

The Junior Cook

Since so many of our Junior-Cooks are attending school it occurs to me that a lesson on the correct method of packing the luncheon box would be appropriate at this time.

Of course, neatness is an essential in an inviting luncheon box. All foods should be wrapped separately in paraffin paper, and placed neatly in the box.

Since some foods crush readily, it is not always possible to place the foods to be eaten first on top, but it is desirable to arrange the foods so that not all of them will have to be removed before beginning to eat the luncheon. The paper napkins should always be placed on top. It is unnecessary to say that foods should not come in direct contact with the newspapers or any printed matter.

DO YOU KNOW THAT:

Since September and October are preserving months the economical housewife will take full advantage of the supply on the market and preserve as many vegetables and fruits for the winter months as possible? The large Molly Gavin Cookbook contains an entire chapter on the preservation of foods and contains almost 2,000 economical and appetizing recipes. The book, the only one of its kind, will be sent to any address for \$1.99 postpaid.

The "Preserving and Canning" pamphlet is especially helpful at this time of year. It may be had for five cents a copy (handling charges).

The free circular "Apple Recipes" contains many unusual recipes and is yours for the asking. With your request enclose a three-cent stamp. Address: Molly Gavin, 1311 Massachusetts Ave., N.W., Washington, D. C.

Rochester Diocesan Council of the National Council of Catholic Women

Office: 1020 Columbus Civic Center, 50 Chestnut Street

The Third Annual Convention of the Rochester Diocesan Council of the National Council of Catholic Women was held at the Columbus Civic Center on October 25 and 26, at the time this paper was going to press. Full particulars concerning the convention will be given next week. Officers and committees at the time of the convention were as follows:

- President—Miss Cecilia M. Yawman, Rochester.
Vice-Presidents: Mrs. Richard FitzHarris, Rochester; Miss M. Irene Cooper, Auburn; Mrs. Charles E. Giltner, Corning; Mrs. Charles Hughes, Elmira; Mrs. T. A. Kaus, Geneva; Mrs. R. Leo Sullivan, Ilwaco.
Recording Secretary—Mrs. E. J. Farrell, Geneva.
Corresponding Secretary—Mrs. M. P. Rockwell, Rochester.
Treasurer—Miss Alice F. Kirk, Rochester.
Assistant Treasurer—Mrs. Wm. M. Rossenbach, Rochester.
Auditor—Mrs. F. J. G. Conner, Rochester.
Parliamentarian—Mrs. Teresa Ganster.

- Organization Chairman—Mrs. Perry J. Burke.
Organization Vice Chairman—Mrs. F. W. Cauer, Elmira.
Activities Chairman—Mrs. Louise A. Langie, Rochester.
Activities Vice Chairman—Mrs. John H. McGannon, Corning.
Publicity Chairman—Miss Elisabeth Roby, Rochester.
Publicity Vice Chairman—Miss Mary Jennings, Rochester.
Hospitality Chairman—Mrs. Beekman C. Little, Rochester.
Hospitality Vice Chairman—Miss Margaret Wickham, Rochester.
Ways & Means Chairman—Mrs. E. J. Rooney, Rochester.
Ways & Means Vice Chairman—Mrs. Charles W. Mayer, Rochester.
Constitution—Mrs. Wm. Moylan, Rochester.
Public Affairs—Mrs. Wm. H. Rossenbach, Rochester.
Educational Questions—Mrs. Mark L. Sullivan, Canandaigua.
Convention Committees:
Program—Mrs. Walter McKittick.
Arrangements—Mrs. J. A. Coppinger, Mrs. Catharine Schwarz.
Hospitality—Mrs. Beekman C. Little, Chairman; Miss Adelaide Devine, Miss Louise Devine, Mrs. John J. Fink, Miss Augusta Hoss, Mrs. David H. Jewett, Miss Helen Little, Mrs. T. J. O'Connell, Mrs. Charles H. Stearns.
Registration—Mrs. Elisabeth Deau, Mrs. George J. Falls.
Constitution—Mrs. Wm. Moylan.
Wednesday Luncheon—Mrs. Richard FitzHarris.
Thursday Luncheon—Mrs. John Gysel.
Literature—Mrs. Emily O'Donnell, Chairman; Miss Florence Mills, Mrs. Moran, Mrs. Marguerite U. May, Miss Mary Buette.
Girl Scout Ushers—Mrs. B. E. Howland, Mrs. Charles J. Sackett.
Cooperation—Mrs. Teresa Ganster, Mrs. John McFarlin, Mrs. Catherine McEntee, Miss Elisabeth Harmon, Miss Louise Meyers.
Information—Mrs. John Lamphier, Chairman; Mrs. Charles Rohrer, Mrs. Martha Schuey, Mrs. Alice Dolan, Mrs. Agatha Luther, Miss Marina Ernst, Miss Elisabeth Krew, Miss Laura Schilling, Mrs. George J. Frey, Mrs. A. J. King, Mrs. Jennie Barry, Mrs. Leo F. Simpson, Miss Ann Fisher.
Credits—Miss Margaret Long.
Nominations—Miss Nan Hallinan.
Resolutions—Mrs. E. J. Lucas.
Elections—Judge, Mrs. Daniel Deegan; Tellers, Mrs. Richard Kalb.

These are often used in the kitchen to be changed in 100 percent. Apples can be made into jam, marmalade, apple butter, jelly, sauce, conserves, and into dices. They are also used in many ways. It is a good idea to have a variety of apples, such as Golden Delicious, Red Delicious, Northern Spy and Rome.

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AS ONE WOMAN TO ANOTHER
By MEGANNE

AROUND THE CORNER FROM Monroe Ave. on Meigs St. (348 Meigs to be exact), you'll discover shoe values at budget prices. Don't let homely shoes take away from the smartness of your outfit, nor ill-fitted shoes from your comfort. To further enhance the chic of your new set grey dress, we suggest what else but a pair of set grey suede ties with kid trim. Lloyd's Shoe Parlor has these and many other smart combinations. Open evenings.

Huge velvet flowers are very popular for trimming evening dresses. When they match the dress, they are much more effective.

FASHION—THIS SEASON brings back women's lost femininity. Even street dress proclaim the new elegance mode. An oriental atmosphere is created by some of the new Chinese dresses in their bright greens, reds and blues. Then there are the new blacks contrasted with brilliant colors. For these and other last words uttered by Dame Fashion go to Ellen's Dress Shop, 527, Chilli Ave. Open evenings.

A little Worcestershire sauce makes an appetizing cocktail out of strained tomato juice. Serve ice cold.

IT'S TOO GOOD to keep! What? Why the news that the Nook Restaurant, 14 Gibbs Street, is opening an annex where bridge luncheons, parties or special dinners will be served. Now that we women know the secret, it'll be the talk of the town, just as the Nook's delicious homecooking is. Watch for the opening date. It won't be long now.

When washing wool blankets do not wring them—they will be softer and will hold their shape better; hang them on the line dripping wet; whip them lightly several times while drying and after they are thoroughly dry with a wire carpet beater; they will then stay soft and light.

REUPHOLSTERING and redishing done by experts of long experience are the guarantee of satisfaction. That is why Disbrow & Kofahl, members of the NRA, employ only skilled labor, in their furniture factory. They will call at your home with samples of the latest coverings and give you a free estimate on your work. Phone Main 4540.

To prevent a door from creaking, rub a little soap or vaseline on the hinges; if a door sticks, rub a bar of soap over the edges.

SPENDING MOST of Monday washing is no fun. Why do it when a Tatlock Damp Wash costs so little? Try it this week and convince yourself that laundry service is the modern thing. Au: 11-pound-wash is 91c. Telephone now for Tatlock Service, Main 3323.

Beltless dresses are now being sponsored by Paris. They help to make one look tall and slim.

WHO COULD BE afraid of the big bad wolf, if they've just finished having dinner at the Pine Tree Coffee Shop and Tea Room, 140 East Ave. Their food is prepared by a master chef at popular prices. Luncheons are 40c and 55c. Dinners, 50c and 75c. Sunday dinners are served from 1 p. m. to 3 p. m.

Washing light painted woodwork preserves the paint and keeps fingerprints from showing so easily.

LONG, WINTER MONTHS are ahead. You'll be sticking pretty close to your fireplace from now on. So start now to make your home attractive. Let H. J. McGuire give you an estimate on reupholstering your living room suite. He can show you all the latest samples, his prices are reasonable, and his work unsurpassable. Call Glen, 1326-W today.

To lighten handkerchiefs or linen, wash as usual; then take one quart of cold water, add one teaspoon of unsurpassable. Call Glen, 1326-W night.

ALL THE FIXINGS go with the turkey dinner that the Edith Ellis Shop, 38 East Ave., are serving Saturday night for 75c. Get your Hal-low'en candies and favors here also. You can be sure that the candy is the purest, and Suzanne'll guarantee that no more novel favors at any prices can be gotten in town. Be sure and inquire about our candy special. It's sure to please.

Boll a solution of washing soda inside of old pots and pans and they will be clean as new.

WHO LIKES to cook on Sunday? No answer. Therefore I take it you agree with me that the thing to do is to go to Grisy's Tea Room, 232 Chilli Ave. (Opposite Three course steak or chicken dinner on Sunday for 50c, from 1 p. m. to 7 p. m. Bridge luncheons, by reservation only, are 35c per person and up. Gen. 7136-W.

When paper is used on the pantry shelves, use three thicknesses. It can be removed one by one as soon as they become soiled and will not have to be replaced until the last one is changed.

DO YOU KNOW that Mary C. Meyer's is offering a special oil permanent wave complete for \$3.50 or a hot oil scalp treatment and wave complete for \$1.25. You'll also be interested in knowing that you can get a combination shampoo and finger wave for 50c. It's a 70c value. Lill Marie Beauty Shoppe, Room 520 Case Bldg. (82 St. Paul St.) Call Main 3373 for your appointment today.

If vegetables must stand after parking, cover them completely with cold water to prevent wilting and discoloration.

SHOW ME your books, and I'll tell you what you are. Permit your children to form an early acquaintance with good books, for such a habit will help them in life. The Children's Shop, 293 Alexander St., wishes to announce the opening of their Children's Bookshop, where you will find an unusual selection of children's books. Bring the kiddies and let them help select their own book.

THE ARBITER Do the fine points of social usage ever puzzle you? Perhaps SUZANNE can help you. If you wish her advice on matters of etiquette, address your inquiries to her in care of this column.

Should a woman's signature include her husband's first name? Yes, her signature is the same as when her husband was living. Hence she remains Mrs. John Smith and does not change to Mrs. Mary Smith.

A Double Loss

In a certain city a young priest was attempting to gather up the stray sheep of his Catechism Class. On one of his tours he chanced upon a case that impressed him deeply. After an exchange of greetings he told the mother of a certain child the reason of his visit. Then the storm broke. She told him he had no business coming there because the family were no longer members of the Catholic Church. They had left it. The argument lasted nearly two hours.

The young priest despaired of regaining this lost portion of the flock of Christ when another thought struck him. "Have you no love for the Mother of God?" he asked the woman. By all that was holy she declared she did have. "Then why do you leave the Church which alone venerates Her?" "My church has never would I have joined it if it didn't. Not for a million dollars, not for five-million dollars would I be a member of it, if it did not have Mary, because I love Her. Yet that woman took her children away from Christ's true Church simply because she had lost the sale of a few groceries. She thought that a certain organization should have patronized her instead of a larger concern; thought, perhaps, that they should have made it their business to search out her establishment from the countless others in the city in order to reward her Catholicity.

Although that young priest vainly used Mary as his final argument to convince her of the wrong she had done, he is convinced that someday that woman will return to the Church—if she perseveres in her love for Mary. Did not our Blessed Lady herself reveal to one of Her favorite Saints that all sinners can find refuge in Her Heart, if they repent of their sins?

Favors Universal Mary's Goodness is not restricted merely to Catholics. Many non-Catholics attend Her services and have received and acknowledged remarkable favors from Her Hands. Is this not proof that Her love is universal—a charity that makes all mankind dear to Her?

Some months ago there appeared in these columns an account of a most amazing cure obtained through the intercession of Our Mother of Perpetual Help. The subject of the article was a non-Catholic man who willingly agreed to be blessed by an image of O.L.P.H. The man was suffering from an incurable disease. Doctors had pronounced his recovery impossible. Besides the blessing, he consumed the little wafers of O.L.P.H. Today there is no trace of the disease and he is walking about strong and hearty.

Proof of Love Another proof of Our Blessed Lady's love was given to a mother and her boy. The boy had been neglecting his religious obligations and was giving his parents great concern. He was stricken suddenly with an acute case of appendicitis. He was rushed to the hospital and Doctors found that the appendix was ruptured and agreed that his life was in immediate danger. They had no hope at all for his recovery. He would certainly leave this world during the operation or shortly after it. That was the opinion of the surgeons. The boy's mother had one wish as she rushed to the hospital. One prayer was on her lips. "Mother of Perpetual Help send a priest to hear my son's confession before he dies." On her arrival at the hospital, the priest was bending over her child. She thanked Her God and Her Blessed Mother. "If would be her son's last confession," she thought. Yet, Mary had obtained this grace and Her arm is not short-

ened. So again a mother's fervent prayers started Heavenwards. She begged Mary to save her son's life. He recovered from the operation—a few days later he was beginning to get strong and after two months was robust and healthy again both in body and soul, grateful to Our Mother of Perpetual Help.

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