

Their Activities

OUR CATHOLIC WOMEN

Their Interests

Our Lady of Perpetual Help
DevotionsSECRET OF OUR LADY SHRINE
AT ST. JOSEPH'S CHURCHBy THE REV. FREDERICK NASTVOGEL, C. SS. R.
Rector of St. Joseph's Church
(Written Exclusively for The Catholic Courier)

A passer-by asked the question one Wednesday afternoon: "What is the meaning of those crowds going to St. Joseph's today?" His companion, just as uninformed as himself, replied: "I myself would like to get behind the secret that brings so many people from all over the city to worship before a picture that, they say, has come down to us from the days of the Apostles."

These two evidently knew nothing of the innumerable holy and comforting thoughts that arise in the hearts, not only of devout Rochesterians, but also of countless others far and near at the mere mention of that simple, yet mysterious shrine of Our Lady of Perpetual Help, at St. Joseph's Church. They knew not the peace and satisfaction that flood the hearts of countless Christian worshippers, Catholic and non-Catholic alike, at the mere remembrance of that hallowed spot. Its very name rings with a sweet and subtle charm; it diffuses hope and comfort, breathes grace and blessing and calls into being a mental picture of an unpretentious image of the Virgin Mother of God.

St. Joseph's Church has ever held a unique position in the hearts of the

breathed by thousands of souls upon the foot of Her altar-throne.

Draws Through

Slowly but surely the devotion of Our Lady under a title so suited to our lives in this "valley of tears" has grown and has drawn countless throngs to Her feet, to Her Novenas and services the world over. And all Her clients attest that they have not prayed in vain; they have received strength and courage, grace and favor to carry on, to persevere unto the very end. Saint Bernard's words of trust and confidence in the Mother of God are daily, yes, hourly verified: "Remember, oh most holy Virgin that never was known or heard that anyone who implored Thy intercession and fled to Thy patronage, was left unsatisfied." If all the graces and blessings received at Her shrine, if all the help and favors accorded to disconsolate souls at the foot of Her altar, if all the blessings both spiritual and temporal imparted before Her miraculous image were reorganized, it would require volumes upon volumes to gather together and contain all that Our Lady of Perpetual Help has done in recent years alone to manifest Her Motherly love and concern for all Her beloved children.

Someone who had the leisure to observe what was transpiring at St. Joseph's, and who saw that there was scarcely a moment of the day that there were not a number of worshippers upon their knees before Her unassuming shrine, who saw the throngs that came to the services held in Her honor on Wednesdays, exclaimed: "I see the miracle of St. Joseph's; it is the miracle of Cana. Our Lady asking Her Son to change water into wine; Our Lady asking Her Son to change vice into virtue, despair into hope, fear into courage, weakness into strength, worry and desperation into peace and calm. We need no other sign of Our Lady's love and power."

Only those who have approached Our Lady's image with childlike simplicity and trust—a picture borne aloft on angel hands—know the peace and calm and hope it diffuses. Even unbelievers and skeptics have admitted in the presence of that image, that there is truly something strange, something mysterious, something beyond human understanding that emanates and flows from the earnest and kindly countenance of Mother and Child.

Surely, there is nothing earthly, nothing spectacular, nothing theatrical at work. Setting aside all the supernatural and wondrous gifts and favors received at that lowly shrine of Our Mother of Perpetual Help, can anyone according to human and natural standards account for the ever increasing love and devotion to that Mother of Perpetual Help, of which week after week, day after day multitudes of worshippers give evidence? Is it a mere curiosity, a mere love of novelty that brings suffering and sorrowing men, women and children to the foot of that little shrine to an unpretentious, simple image of a Mother of God? It cannot be, for there are not more beautiful, more artistic more charming representations of Our Blessed Mother to be found in nearly every Catholic church? It is a mother's love, and that of a Divine Mother, for all Her children, that God, for reasons known to Him, is pleased to let shine forth from that Picture. And He lets us all but feel Her kindly smile, lets us all but feel Her caressing hand, lets us all but rest upon Her Motherly Heart. Before that Picture priests and people alike are inspired to give honor and glory to God, and to offer love and worship to Mary under the sweet title of Mother of Perpetual Help.

Yes, at St. Joseph's priests and people alike with the angels about Our Lady's throne and vie with one another in honoring Her. At that shrine priests and people bow down with the angels before the Queen of Heaven and ceaselessly call Her "Blessed." At St. Joseph's priests and people have already begun to gather at Our Lady's feet and with the choirs of Heaven have begun for eternity to come to sing the praises of Mary, the Mother of God, the Mother of our immortal souls. At St. Joseph's priests and people have with holy daring joined themselves with God Himself in honoring His Virgin Mother. God called to Her from Heaven: "Hail full of grace, be my Mother," and at St. Joseph's they call to Her from earth: "Hail full of grace, be our Mother." This is the secret of St. Joseph's—the growing faith, the unwavering confidence, the imperturbable peace, the foretaste of heaven that flow as in an unending stream from a simple, unassuming, perhaps even an inartistic representation of the Virgin Mother of God, of Mary under Her sweet title of Perpetual Help.

Reverence is the chief power and joy of life; reverence for what is pure and bright in your own youth; for what is tried and true in the age of others; for all that is gracious among the living, great among the dead, and marvelous in the powers that cannot die.

A cold meat fork is the necessary implement that should accompany a platter of cold cuts of meat. It is laid next to the platter.

A little salt improves all sweet puddings by overcoming the insipidity and bringing out the full flavor of the ingredients; but its presence should not be in the slightest degree perceptible.

Catholic Women's
Club Membership
Canvass To Open

The Annual Membership Canvass of the Catholic Women's Club will open at the regular monthly meeting at the Club House Monday evening, October 9, when Mrs. Joseph P. Doyle, the chairman of the Membership Committee of the Club, and her co-workers, will assemble and hear Rev. Benedict Ehmman speak on "Catholic Action," more especially as exemplified by the work of the Club, which has been characterized by the National Council of Catholic Women at Washington as being as broad and diversified as that of any kindred group in the United States.

The scope of the club includes the maintenance of the town house for women residents and a center for Catholic women's activities, a summer camp for girls on Canandaigua Lake and a religious vacation school in Norton Street. The Club maintains a scholarship at Nazareth College, at Mercy High School and at Nazareth Academy, and has three Girl Scout troops and a Big Sister Group. It has a Chorus, a Business Women's Group, a Poetry Group, a Bowling Group, and its Mission Group makes infant layettes and sews for local and foreign charities and conducts a weekly sewing class at Holy Angels Home in Winton Road North. Its Study, Business Women's and Poetry Groups offer cultural programs of poetry, talks on church history, current events, the theater, book reviews and vocabulary. In Lent special productions and lectures of religious significance are given. In common with the Protestant and Jewish women of the city, it has a group of workers at the Blind Shop in Monroe Avenue, and annually sponsors one day at the sale for the Blind. A group of Friendly Visitors assist in transporting Catholic children from School No. 5 to Lady Chapel for religious instruction under the leadership of the Sisters of the Blessed Trinity, and at Holy Trinity, bedside work and classes in religious instruction and vocal training for participation in religious services are conducted for the Catholic children there weekly. It is a unit of the Needlework Guild of America and a member of the Diocesan and National Council of Catholic Women. It yearly sponsors a retreat for Catholic women of the Diocese of Rochester, which will this year take the form of a Day of Recollection on the Feast of Christ, the King, the last Sunday in October. On this day also an Annual Corporate Communion and breakfast are held. Its members who are ill are remembered monthly in the Holy Sacrifice of the Mass, and at death a Mass is offered for the repose of their souls, and each year a Mass for the living and deceased members of the Club is offered at the annual retreat. At Christmas time it has a corps of workers at the Toy Bureau, the Church of the Annunciation in Norton Street, its Catholic Visitors bring Christmas cheer to every patient at Holy. Its Business Women's Group distributes baskets to those whose need is not known to public agencies. It contributes to the Christmas Cheer Fund of the Rochester Catholic Charities, and through its "Child Helpers" Division, each child of the families of the Catholic Charities is assured a toy, and it assists in community cure and charitable projects as occasion arises. It has classes in Contract Bridge and in French. It conducts supper meetings at which speakers are heard on subjects of current interest, and probably its most popular social activity is the Friday afternoon bridge teas which are held weekly throughout the season for members and their friends.

The Club is non-profit making and is made self-supporting by the dues of its Sustaining and Active members, without whom it would be impossible for its work to be carried on. Earnest appeal is being made this year for the continued support of Catholic women by renewal of membership. The active membership dues are nominal, and special invitation to join is extended to the many unknown friends of the Club who are in sympathy with its work but who may not be reached in the canvass. This may be done by calling the Club House at 215 Alexander Street.

Household Hints

Leather bindings that have become moldy should be rubbed with a cloth which has been slightly moistened with ammonia. When books become mildewed from dampness, the mildew can be arrested by washing the cover of the book with alcohol and leaving it in the sunlight for several hours.

To keep the baby covered on cold nights sew a double piece of tape on each corner of the blankets long enough to tie around the corner rods of the crib; tie the ends of the tape loosely to the corner rods—and the blankets will remain in place no matter how much the baby kicks or moves about, yet giving freedom of movement.

When preserving never put the ingredients into vessels of brass, copper, or tin, as the action of the acid on such metals often results in poisoning the pickles. Porcelain or graniteware should always be used. A damp day is not a good time to select for jelly-making.

Rochester Diocesan Council of the National
Council of Catholic Women

Office: 1020 Columbus Civic Center, 50 Chestnut Street

PRELIMINARY PROGRAM GIVEN FOR
3RD N. C. C. W. DIOCESAN MEETING

A report on the National Convention of the N. C. C. W. will be made by the Rochester women who attended at the first of the luncheon given during the Rochester Diocesan convention of the N. C. C. W., to be held at the Columbus Civic Center, October 25 and 26. The Preliminary Program of the Third Annual Convention of the Rochester Diocesan Council is as follows:

Wednesday, October 25

MORNING

9:00 A. M.—Mass at Corpus Christi Church, East Main and Prince Streets. Rt. Rev. Msgr. William M. Hart, S.T.L., Celebrant.

10:00 A. M.—Registration of Delegates—Third Floor, Columbus Civic Center.

10:30 A. M.—Opening Session—Bathroom, Columbus Civic Center. Cecilia M. Yawman, presiding; Invocation—Rt. Rev. Msgr. George V. Burns; Greetings to Delegates and Visitors—Cecilia M. Yawman, President Rochester Diocesan Council; Announcements, Adoption of Rules, Appointment of Committees: Amendments, Credentials, Nominations, Elections, Resolutions; Minutes of 1932 Convention; Minutes of Meeting of Board of Directors at Geneva, New York; Communications, Report of President—Cecilia M. Yawman; Report of Treasurer—Alice F. Kirk; Report of Auditor—Mrs. F. J. O'Connor; Report of Committee on Constitution—Mrs. William Moynihan; Reports of Diocesan Members of National Committees.

11:30 A. M.—Address—"Early Missionaries in Western New York"—Rev. Edward J. Byrne, Ph.D., S.T.D.

12:15 P. M.—National Convention Luncheon—Rev. Thomas P. Connor, presiding. Two-minute talks by Women who attended the St. Paul Convention; Address—"Some Effects of the Depression"—Rev. Walter A. Foery, S.T.L.

AFTERNOON

2:00 P. M.—Rt. Rev. Msgr. Walter J. Lee, LL.D., V.F., presiding; Address—"Social Work"—Sister M. Paulette; Songs; Reports: Activities; Medical Missions—Rev. John Lynch, C. SS. R.

EVENING

8:15 P. M.—Welcome to Most Rev. Edward Mooney, Bishop of Rochester; Catholic Women's Club Chorus; Address by The Bishop; Songs; Reception to Officers.

THURSDAY, OCTOBER 26

MORNING

8:00 A. M.—Mass for Deceased Members at St. Joseph's Church, Franklin Street; Rev. Frederick Nastvogel, C. SS. R., Celebrant.

9:30 A. M.—Rev. J. Emil Goffel, presiding; Report of Credentials Committee; Report of Nominating Committee; Election; Report of Ways and Means Committee.

11:00 A. M.—Songs "Our Leisure Hours"; Rev. Leo C. Mooney, presiding; "Catholic Guidance for Motion Pictures"; Rev. Benedict Ehmman, presiding; "What Our Women Can Do"; Mrs. William Baker, Motor Corps Service & General Volunteer Work; Miss Elizabeth Morris—Big Sister Council.

12:15 P. M.—President's Luncheon; Rev. Joseph H. Goffel, D.D., M.I., presiding; A Word from the Deansy Presidents, Mrs. Richard J. FitzHarris, Rochester; Mrs. William H. Meagher, Auburn; Mrs. Charles E. Githler, Corning; Mrs. James G. McCarthy, Elmira; Mrs. T. A. Kane, Geneva; Mrs. R. Leo Sullivan, Ithaca; Address—"One Phase of Catholic Action"—Rev. Leo C. Mooney.

AFTERNOON

2:00 P. M.—Cecilia M. Yawman.

Catholic Women's Club Schedule

At the Clubhouse

Sunday, Oct. 8, the Poetry Group will meet at 2:30. Braithwaite's Anthology of poetry by American poets "Our Lady's Choir," the presentation of which was postponed last month, will be the chief subject for discussion. New members will be cordially received.

On Tuesday evening, the Chorus will open its season with an informal supper and card party at 6:30 p. m. when announcement will be made of the opening date of rehearsals. Reservations for the supper should be made at the Club House by Monday, October 9, at noon. Miss Margaret G. Kelly and Mrs. Edith Rudenauer are in charge.

Thursday evening the Study Group will meet with Mrs. John J. Sobie when she will review "The Argonaut" by Honore Morrow featuring the life of Mrs. Henry A. Strong and "No Second Spring" the \$20,000 International Prize Book by Janette Beith. Mrs. Sobie's talks are open to the public.

On Friday the second of the afternoon card parties with tea will be held; when Mrs. Charles E. Callahan who is chairman will be assisted by Mrs. R. J. Blum, Mrs. William Malloy, Mrs. Charles Furthner, Mrs. Joseph Doyle, Mrs. Martin Moll, Mrs. Henry Howe and Mrs. William Erdie. The first evening card party of the season for men and women will be held on Wednesday, October 10th.

the St. Paul Seminary. The above river drive will lead to the summit of the College of St. Thomas, which is the Northwest leading Catholic center for women. Our Lady of Victory Chapel which overlooks the scene is an exact replica of St. Stephen's Church in France.

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AS ONE WOMAN TO ANOTHER
By SUZANNE

MAKE HAY while the sun shines. Before the snow starts to fly, consult H. J. McGuire for an estimate on reupholstering your living room suite. You're sure to find something you'll like among his new samples. It's in accordance with the new deal. Phone Glen 1,325-W.

Cook prunes in the water they are soaked in. Don't drown them in sugar.

SHOES IN THE MONEY, whether you wear or no, you'll save by buying your shoes at Lloyd's Shoe Parlor (348 Meigs St. near Monroe). Ties, pumps, in black or brown are here in a large variety of styles. Suede, the Fall favorite, reigns supreme.

The most recent development in ironing machines is the press type ironer. They are giving most satisfactory results.

TEA AT 8, for you and me! At the Nook Restaurant, 14 Gibbs Street, every day from 3 to 5. Perfect for reminiscing. But for an honest-to-goodness meal, we recommend their evening dinners, (30c plates, 50c dinners, or a la carte service). A fan you'll be, try it and see.

Give cheese on your table the importance it deserves. It lends distinction to the humblest meal.

YOU'LL STAND out from the crowd, if you're wearing one of Elinor's Dresses (\$6.50 up). They have the latest in the tailored and the new elegance mode. Elinor's Dress Shop, 527 Chiff Ave.

Open evenings.

YOU'LL BE cheered by the whole family if you so much as show the cover of an Edith Ellis special weekend candy box. But its contents of delicious chocolates are what make a lasting impression. The hard candy season is now on and Edith Ellis has all colors and flavors. 38 East Avenue.

YOUR VACATION days continue on and on when you use Tatlock Laundry Service. And you can depend on Tatlock Service. A trained personnel carefully handles your work from the time your bundle leaves your doorstep until the finished package is delivered. Call Main 2291, and ask about the four laundry services.

Candy

THERE'S NO substitute for candy... no equal of Colebrook's Colonial Candies. Their Melon Moon Jellies and Colonial Packages of chocolates are 54c a lb. A visit to Colebrook's Candy House is a treat in itself. They have candy for everyone.

Candy

Candy

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