Our Lady of Perpetual Help Devotions



ST. ALPHONSUS AND THE BLESSED VIRGIN MARY



the most elaborate and inspiring.

Saturday For Mary

It has ever been a traditional cus

So great was the devotion of St. Alphonsus to the ever Blessed represented by Mrs. Frank J. G. Mother of God, that he was not satisfied with admiring, defending Connor, president of the club. and loving her himself, but strove energetically and constantly to At the Cathone Women's Club instil this devotion in the hearts of others. For this reason, he next week placed the Congregation (the Redemptorist Fathers) which he had will start its eighth season Septemfounded, under the special patronage of Mary Immaculate, she will start founded, under the special patronage of Mary Immaculate, she ber 18th. was to be its chief patroness. And in order to foster a fervent and fillal decotion to her in the members of his Order, he em course of twelve weekly evening of hodied various devout practices in her honor in the rule and daily book reviews, talks on the theater routine of the Congregation.

adding thereto the disocation, "By The seed Mother Mary, make my body members of the parish solemnly, dedicting for any one evening, pure and my soul holy. They recall themselves to Mary, is by far peat this practice in the evening be-

Each morning they offer ad the thousants' words, works and suffer togs of the day to God, with the in chapet or church in their charge to whom they come in contact. to that whatever they do, shall conduct special services every Saturbe done "Ex amore Jesu et Mariae," day evening in honor of her who is "for love of Jesus and Mary."

They are to make a visit each day Mother. to the Blessed Sacrament, followed. By these and similar fractices: ty a Visit to the Mother of God, to Saint strove to keep alive and glowwhose honor they are likewise to say ing in the hearts of his subjects an

glorious Queen of Heaven.

However, he sure and get there be-

to bear in mind when pickling is to

use the best cider vinegar. Some

vinegar on the market is made with

lot of time and hard work.

in a flattering manner.

THE NEW swagger felt hats are

'(soun to dessert). Or, if you pre-

fer, they have A La Carte service.

P. S. Just a tip. Be sure and try

their pies. They are homemade, you

THERE IS a new material out. It

is a heavy-ribbed, knit fabric that

will not muss or sag or stretch. It

is an answer to the business wom

servant problem. . .

taurant, 14 Glbbs Street,

is now open in the eve-

ning. For 50c you can

get a delicious dinner

DO YOU KNOW? That

Will Represent Catholic Women's Club At St. Paul

At the thirteenth annual converstion of the National Council of Catholie Women to be held at St. Paul. Minn., October ? to 11, the Catholic Women's Club of this city, which, through its membership in the Rochester Diocesan Council, is an atfillated member of the National Council of Catholic Women will be

The Monday evenin French Class.

The Study Group will -open - 128 and dramatics, and lessons in en-Upon arising in the morning, they preach a sermon in honor of the larged vocabulary by Mrs. John J. are to place themselves under Mary's Mother of God. This sermon is Soble, on Thursday evening, under care and protection for the preached on Saturday evening, as the chairmanning of Mise George W. O'Grady. 'The Fault of Angels.' coming day. Prostrate on the floor Saturday is the day especially dedi-Paul Horgan's Harper Prize nevel of his room, each member is to re-cated to the Blessed Mother by the will be reviewed Thursday. Quen to cite three Hall Marys in hor honor, Church in her liturgy Of all the extitue public, registration may be made ercises held during the mission, this for the full course or persons interto Immaculate Conception of Saturday evening devotion, when the ested are cordigily invited to come On Friday evening the Mission

Group will have their first meeting and lay plans for the season.

tom in every Redemptorist convent, be placed under their care or with

Listen to what Canon Sheehan writes of the devotion of St. Alphonthe Mother of God and our own dear sus to the Blessed Sacrament and the Blessed Virgin.

.Source of Strength

""Where is your library?" said a at least five decades of the resary ever tender and constant love to the visitor to St. Thomas, you who have written so much?' And the Sains He counsels them to begin and con- Not satisfied with seeing his own produced his Crucifix. And I am clude their work, their study and spiritual children forvent sons of pretty cortain that the library of St. whatever else they undertake with a Marv, he inspired them by word and Alphonsus was the Most Blessed example to instit devotion to her into Sacrament of the Altar. Before that On Missions they are always to the hearts of the faithful who may investerious source of light and grace, he spent many hours of the day. He commenced on arduous work without first committing it to the protection of the Sacred Heart; and whenever he experienced those doubts that will come to all merely human intelligences, he sought the counsel of Him who was the light of the world. And grace supplemented human strength, light rom on High suppiemented the weakness of human

udrcentions "But had be any other source of strength? Yes, and I dare not -1 cannot forget it. The sublime vision that struck the eyes of St. John in "Patmos with its splendor -the woman clothed with the sun -- had also FOR LADIES ONLY! A brightness on our Saint, and kindled these ideals or some suggested inhaircut can make or break a love within him, which broke forth tonition. Moetings must be planned sweet potatoes and appress and tonition, which broke forth tonition. Moetings must be planned but have you ever tried sweet, polar but have you ever tried sweet potatoes and appress and ap quet cloths face. You can become a To his pure and lofty mind the awful and limits must govern all meetings postoes and then put them in layers and luncheon in Miss Florence J. Graffley's Beau, seals shown for the Salon, 518 Taylor Bldg. (328 perpetual source of wonderment, and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers in the stop of the subject and activic cheese. This is a delicious dish and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and then put them in layers and limits must govern all meetings postoes and them put them in layers and limits must govern all meetings postoes Rochester are to be found at to be found at the fine of the fine o labove earth to perceive that one of the meeting. Check up and see if DO YOU KNOW THAT; God's human creatures could be made you are gullty of some of these over capable of such splendors of virtue sights. fore September 20, for prices will RACCOON trim is seen quite fre and power as the Mother of God posquently on the new Fall coats, sessed, and falling human speech to Others feature a soft fur. In some paint her spiritual beauty, he had recases, the sleeves are entirely of fur course to the words of the Divinity. and enlisted on her belight the Palmist and the inspired author of the Canticle of Canticles to praise and

Appeals To Human Heart And once possessed of these sublime ideas, he cannot rest until the faction in knowing that your clothes world adopts them, and sends up to everyday. Well, old dear, classes man heart to love her, for she has started today. While I'm searching power beyond angels to save and for knowledge. I suppose you're protect; and the lightnings of God's searching for buys at 527 Chill Ave- anger cannot smile those who rest under the shadow of her protection. To all things of darkness and evil HAVE YOU made reser- she is the remaining of her purity, she vations for your bridge keeps far from her and from those luncheons yet at Crissy's she protects all things of slime and Ten Room, 282 Chill Ave. sin; the very thought of her alone nue (Opposite Rugby chases impure suggestions; the very Avenue)? These can be whisper of her name scatters the either in the afternoon or evening, strength of spirits that are defiled; says "Keep your engagements with Makes no difference what time lunch the slightest homage ensures her enis served either. It all depends on dearing protection; and he exhausts you. Bridge Luncheons 35c and up. all the resources of his own eloquent language to persuade men of her dig- to her. nity and privieges, of her mercy and PRICES ARE on the up and her power. And, for himself, well. up. You'll save money by he is amply rewarded in being her acting now. Your home de servant and her preacher; and he reisats very often, with ever increasing Call Glen. 1325-W and have consolation: 'They that work by me

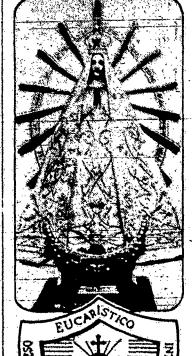
make the whole house look like new. Alphonsus for the Mother of God has break when you take it out, of the borne its fruit. For thanks to her special patronage, the members of in one of those convenient Do the fine points of social usage ever the Congregation of the Most Holy ment cooking sheets or Redeemer have ever kept all thickness of cheesecloth.

GIVING A DINNER to help you. If you wish her advice on the Institute the devout practices esthe Congregation of the Most Holy ment cooking sheets or a double tablished by their saintly Founder in Mary's honor, and have found a holy happiness in spreading devotion to

> Moths in carpets can be killed by spreading a cold, damp cloth on the carpet. Iron the cloth with a hot

Two vegetables are sufficient with vine leaves between them when lang meat or fish course.

Patroness



Above, statue of Our Lady of Luian, who has been selected as the patroness of the 32nd International Eucharistic Congress to be held at Buenos Aires, October 10th to 14th, 1934. The famous shrine of Our Lady of Lujan, is in the city of Lujan, Argentine. Below, the official emblem of the congress.

SODALTALK

Recording the Activities of Rochester Parish Sodalities Union

In carrying out the idea of "Fraying and Planning," Father Lord listied the reasons why sodalities fall: Three major reasons were, a tack of process, a tack of plan, a lack of definiteness. In the first place, the Sodality must have definite ideals

For your first General Communion why not suggest offering the Communion for some good intention church and his assistants?

The three prayers in the Missal and said by the priest just before he receives Communion may be used by the Sodalists as beautiful thanksgiv. ing prayers after their General Com-

One more Sodalist has chosen "the part." Miss Josephine Sodalist of Cathedral Parish Famed. and graduate of Nazareth College has entered the order of the closs tered Dominicans in Albany. We pray God to bless her and grant her a happy life in His service.

Although September is not dedicated especially to Mary, there are quite a few of her must days in this month-September 3rd-Mother of the Divine Shepherd: Sept. 8th-Nativity of Our Lady, Sept. 12th, Holy Name of Mary; Sept. 15-Seven Dolors; Sept. 24-(vir Lady of Ran-Did you know our Lady has a date book? On the blue cover it your Queen and bring her roses when you come- Holy Communions received in her honor, prayers said

Household Hints

Vinegar used for pickling should be made from the best of cider or white wine,

To make sure the fish won't kettle, it's a good thing to the it up

If the prescription for the invalid or child calls for just a half tablet, it is wise to break all the tablets in halves as soon as you receive the medicine. Then there cannot be the danger of an overdose if one's mind is so tired from sleeplessness and worry that it is not functioning as

To green pickles, put green grape

Rochester Diocesan Council of the National Council of Catholic Women

There is a growing realization that

the economy that detera from par-

ticipation in these great pocasions

for mutual attimulation, extended co-

ordination and more definite plan-

ning of Catholic work is, Indeed,

. Correspondence to date Judicates

that delegates and visitors will at

tond from Michigan, Wisconsin

Ithoda Island, Wroming, New Jer.

sey, Dolaware, Indiana, Massachus.

stis, New York, Illinois, towa; Con-

Diocesan Council Prosidents from

the following dioceses have signified

their intention of sitending; Des

Moines, Milwaukue, Duluth, Charles

ton, Bolloville, St. Paul, St. Augus

tine, Buffalo, Great Falls, Breet

Bay, Dabugue, Montorey-Fresh

Whooing and Minnesota and Wiscon.

by the Diocesan Council President

The Monthly Meeting of the Roch

Election of deanery council officer

for the coming year will be held at

this mosting, and a full attendance

ganisations is desired.

ain State Council Presidents. Rochester will also be represented

necticut, Now Hampshire,

faire economy

Office: 1020 Columbus Civic Center, 50 Chestnut Street

ly directed CATHOLIC ACTION. THE ST. PAUL CONVENTION-AN INVERSION The National Council of Catholic Women extends to all Catholic women a most cordial invitation to attend its Thirteenth Annual Convention to be held in St. Paul; Minnasota .- October - Seventh to Eleventh, Ninctoon Hundred and Thirty-three.

The Success of This National Meeting Depends. Upon the Response, To This invitation We quote from the Message of our

National President for August: "Conventions are not a luxury but

an absolute necessity if we would keep Christian principles allve and powerful in every department of our social organization. Without occasional association, a retiorether, it ie almost impossible to visualiza and realize our interdopondence in the great common task of ecclusiastical-

New Fashion Salon of B. Forman Co. Has Feminine Charm matteral prosident of the Ladles

Auxiliary of the Knights of St. John, Charm, allure, a bit of sophistica-Mrs. F. J. Q. Connor, representing tion, an air of refinement, a Juxurious the Catholic Women's Club of Rochs offect, and you have H-the new ester, and Mrs. Joseph Plannery, turbion ration on the necond floor of We will welcome additions to the the B. Forman & Co. Femining on list of Ruchester Diogonal representhusinsm is aroused. Aswork of art, tation at the convention, the woman's apparel department has left nothing to be desired. Oriental sater Deanery Council of the N. C. O walnut panels in longs of soft browns, W. will be held on Beptember 12. rust, and buff blond with the deep canary yellow and blue lounges. 1933, in the library of the Columbu

The new fall styles are enhanced Civic Center, 50 Chestnut Street when glimpsed through the spacious glass cases, moderaly equipped with novel, indirect lighting system.

Comporcialism and a store-like of representatives of amliated or. sphearance fades before the rich beauty of the unique little Bhop. Carpeted stops lead to a room ornamented with tiny alcoves, small benches, and long paneled mirrors: Models, attractively, gowned, chic window displays, appropriate velours and furnishings complete this charjaing semi-circular retreat.

At the style shows this week feminine onthusinats were initiated in what the correctly gowned miss and matron will wear during this season, Pinids, woolens, crepes, sating, and velvets in the predominating fall colors, black, green, brown and grey presented a striking array.

The Junior Cook

By MOLLY GAVIN

Of course I know that you have it might be used for the main di

Cookbooks are the best sellers? Nothing is more interesting than a cookbook containing directions for one of the absolute necessities of life for every age. A real cookbook is interesting to everyone who can read such as for the Pastor of your Molly Cavin's Own Cookbook is more than interesting—it is practical and valuable to the Catholic housewife for whom it was especially compiled It is also attractively bound in a blue and white washable cover. This book will be sent to any address rol

\$1.00 postpald. Preserving and Canning pamphlet contains many excellent recipes and may be had for five cents (handling charges).

The free circular on Pickles contains a number of helpful recipes and is yours for the asking. With your request enclose a three-constamp. Address: Molly Gavin, 1312 Marrachusetts Avenue, N. W., Wash. ington, D. C.

Sacrament

When you let us carry out the last services you may be assured that they will be unrivaled in beauty and true feeling.

Superb Automobile Equipment at a Moderate Cost

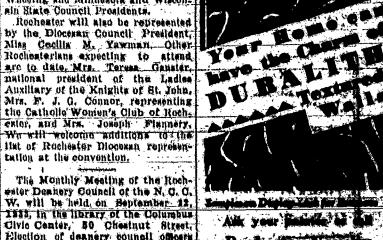
Anthony J. Ryan's Son Joseph E. Ryan UNDERTAKER

196 Main St., Wiet

To pravent a bowl from and turning when whispens also, with a bester, part a tiwel under the bowl.

Many housekeepers keep a best of bouldon gubes on hand at all these so they care sailly and quickly serve





Works, Inc.

GUESSWORK --- the ENEMY of your EYES

MEDICAL ARTS BLDG.

OBE CERTAIN the your syst see the Consulty year ov physician (oculiat) there is the salighter

that his prescription is properly filled. " We' specialize in making and fifting glasses to doctors orders...

Diocesan Newspaper

FOR IS MONTHS the CATHOLIC COURTER has been in the throes of reorganization, carrying toward realisation the plan of the late dishop O'r farn that this newspaper should be . . and must be . . . worthy of its designation as the official diocesan newspaper, and worthly of the attention and support of the Catholic public throughout the Rochester Diocese.

REORGANIZATION has meant complete revision of every phase of newspaper production --- new policies, new print ciples, new methods. The editorial and news content of this publication has been raised to a consistently high level. Type and printing have been improved to lend a distinction in character with the reading matter Business procedure has been standardized to conform with sound othical principles.

NOW THE GOAL is in sight! This newspaper has been remade. new in everything but its name. And already that name connotes a new force in the ranks of the Catholic Press gaining national as well as local recognition.

NOW WE CAN look up from our task of carrying on toward an even greater improvement to say: "Here is an except tional Catholic newspaper. It lacks but one element for complete success, increased circulation. Without more readers our usefulness is limited and our problems multiplied. The CATHOLIC COURIER is your afficient diocesan newspaper. It is readable, informatives and unique source of authoritative Catholic news. We need you as a regular reader of every issue!"

* "ONE OF THE BEST Catholic neverpapers that cours is my disk..." says the Business Manager of "Awarica" a mailtonal implication.

"THE BRIGHTEST SPOT In the Calholic Press Mill, was ational leader in Catholic journalism. READ

Catholic & Courier

OFFICIAL NEWSPAPER OF THE ROCHESTER DIOCESE

COLUMBUS CIVIC CENTRE

50 Chestnut St.

an's prayer.

night? Call the Edith Ellis Shop, 38 East Ave. nue and order your Don't neglect those salted nuts, however. If you're going, or have just been on a week-end, it would please

your hostess immensely to receive a 60c or 90c box of Edith Ellis chocolates. They have got that way about them. They please every-

ONE OF THE most important things on cloth coats,

ap acid, and is apt to eat into the fruits and vegetables preserved in it. - A-SURE CURE for the Keep them happy by using a Tatlock Laundry Service. A Damp costs less than one dollar a week, but saves a phone Tetlock Laundry, Main 3291.

very smart. Ideal to wear with a Fall tailored costume. The crowns Tise high in back and slope forward PASS THE WORD ALONG! It's an open secret. The Nook Res.

matters of etiquette, address your in-

Does a woman guest at a bridge her among the faithful. party remove her hats and wraps? Certainly. It is very much more comfortable to play without one's hat on, and the new etiquette is

when another man enters the room? Not unless the newcomer is elderly or distinguished.

De SUSANNE

yet, they haven't raised their prices.

EXTRACT FROM & collegienne's letter. "Even though I didn't have time to see you hefore leaving filled it for God's wonderful dealings to see you before leaving. I took your advice and with his handmaid went down to Elinor's Dress Shop. Undying gratitude and the like are yours forever. There's lots of satishave a distinctive look, and to be Mary's throne in Heaven the incense able to get such at \$6.95 to \$10.95 of its praise and veneration. And he is something that doesn't happen appeals to the selfishness of the hu-

serves your first considera-H. J. McGuige re-upholster your shall not sin." furniture. The new Pait shades will And this constant filial love of St.

THE ARBITER

sensible before it is fashionable.

Is it necessary for a man to rise

from and the steam from the cloth well as usual, will kill the moths.