# Their Activities -:- OUR CATHOLIC WOMEN -:- Their Interests

## Our Lady of Perpetual Help Devotions

MARY, OUR MOTHER
"SON, BEHOLD THY MOTHER"

Have you ever thought of what a wonderful, grand thing it was for God to have a Mother—a real Mother—a Mother that pressed Him to Her Bosom—and sang Him to sleep with soft, baby lullabys; kissed Him, hugged Him, loved Him! And have you ever tried to think of what a glorious Creature that Mother of God must be? Such a thought must leave us breathless. It would be like an ecstasy—a vision of Heavenly Beauty—of Immaculate purity—and almost Divine loveliness. The most wonderful thought of all is that that exalted Creature—that peerless Mother of God is our own Mother, too.

We know that God loves us, my friends, and if ever a doubt about it could creep into our minds we would only have to consider the things He has done for us Shall I call your attention to the beauties of this Paradise in which we live? The new-born loveliness of Springtime—the full-blown beauties of summer—or the gold and scarlet glory of the autumn—those are the finger-works of God's love—His gifts to us. Do not blame God if you are blind to them Look down deep into your souls there you will find another gift of God—the breath of life—you will find your heart pulsing in the Hand of God. But I am not going to enumerate all the gifts that God has given to us, for great as they are in themselves, they merely lead up to His greatest gift Himself as the Food of our souls. All these gifts of God are simply proofs of His love for us, but there is one especially that I like to think about—and you do too, because it shows us the human side of God more than any other of His gifts.

When Christ hung with His Arms outstretched upon the Cross and said: "Son, Behold Thy Mother," He gave us the sweetest, loviest, purest Creature that ever lived to be our Mother. He gave us the most precious thing He possessed. On the night before He died He gave us Himself but that is only for the pure and clean of heart. No one that is blighted with sin can benefit by it. But did He not die for all—for the sinners as well as for the saint? Yes, and He provided for all. Before He died He said, "I will not leave your orphans, I will come to you." Those words of course, refer to Christ Our Lord Himself, but I am convinced that they meant more than what they seemed to mean. It seems to me that behind those words was a promise that He would give us someone to Mother us, someone to care for us as only a Mother can; someone to keep our straying feet on the way to Heaven. He heralded each of the gifts with a promise, and if we overlook these words we shall look in vain for the promise of a Mother.

So, my friends, we are not orphans in this world. We are members of a Family God is the Father—Christ is our Brother and Mary is our loving Mother. It would have been a terrible oversight on the part of Christ if He had neglected to give us a Mother. He who so loved our souls as to die for them would have died in vain for some souls if He had forgotten to say "Son, Behold thy Mother.

Motherhood is the most necessary thing in life Without it, there would be no Heaven for you or for me. A Mother is God's helpmate—a necessary instrument in the hands of God. He has a beautiful Paradise where unfading beauties grow—a paradise of Eternal Bliss, and He opened up that Heaven to share it with us. But the threshold of its pearly gates would be uncrossed, if Mothers were remiss in their God-given duties. The mansions of Heaven would be untenanted, if Mothers ever forgot the glorious privileges of their calling. If your Mother forgot, if my mother had forgotten neither you nor I would be here with our eyes set on Heaven, and the hope of eternity in our hearts. It's a Mothers' privilege to people the kingdom where Jesus Christ is King and the Mother of fair love is Queen.

But a Mother's duty imposes greater obligations than merely that. Her love must not cool with the dawn of that new-born life—it begins there and reaches down the long and devious avenues of her child's life, even to its end The love of a mother is the guardian spirit that follows the child of her bosom through life—moulding its infants lips to the accents of prayer, training its youthful mind to aspire to the nobility of goodness, and to spurn the allurements of evil God bless that noble Mother that gathered her children about her knees and said: "O my own dear children, what—might—a—happy—mother—I would be if I could only hope that even one of you might be numbered among God's holy saints." One of them, the youngest, climbed upon her knee and said "Mama, I will be the saint" That child never forgot the tender look his mother bestowed upon him when he uttered those words; and that child kept his promise, but not all the glory goes to him. Do not forget that his mother fashioned him—both in soul and body. How many children there might be in the world today, that would have that same desire—if only they were given the chance to have it if only mothers would not forget that they are the ones that are responsible for that chance!

(Continued Next Week)

## Belgian Nuns To Assist American Jesuit Leprosy Work In the Philippines

New York—The good news has just been received by His Excellency Bishop Hayes, S. J., of the Philippines, that the Belgian Canonesses of St. Augustine have sent four Sisters to assist at the Cebu Leper Colony.

This Leprosarium is under the spiritual direction of Rev. Clement Risacher, S. J., of Pittsburgh, Pa., who was formerly Novice-Master at the Jesuit Novitiate of Saint Andrew-on-Hudson, Poughkeepsie. There are about 600 lepers at Cebu and the advent of these Belgian Sisters, whose missionary achievement in the Philippines is already considerable, will help mightily to alleviate the misery of the poor unfortunate outcasts.

In the other Leprosarium cared for by the American Jesuits in the Philippines, that of Culion, where Father Hugh McNulty, S. J., of New York, is Chaplain.

## Catholic Women's Club Fall Season Opens Sept. 10

The early fall season at the Catholic Women's Club will open Sunday afternoon, September 10, when the Poetry Group will meet at 3:30 p. m.

Miss Blanche J. Thompson, the leader of the Group, has recently returned from a Holy Year pilgrimage conducted by the third order of St. Dominic to Lisieux, Orleans, Lourdes, Rome, and St. Dominic's country in the Pyrenees, including Carcasonne and Prouille. Monreal and Fanjeaux, where St. Dominic founded his first community and worked his first miracles, visiting also the home of St. Catherine of Siena.

At this first meeting of the Group, Miss Thompson will speak informally of the experiences of a pilgrimage to some of the earthly habitations of saints of the Catholic Church, and to the Eternal City in this Extraordinary Holy Year promulgated by Pope Pius XI in commemoration of the completion of the nineteenth century of the Redemption.

The meeting will be devoted also to the consideration of the anthology "Our Lady's Choir" edited by William Stanley Braithwaite and including an admirable selection of poems written by Catholic nuns.

Cordial invitation is extended to any one interested to come in to this first, or any subsequent meeting. All meetings are held on the second Sunday of each month at 3:30 p. m. at the Catholic Women's Club, and are without fee.

On Friday evening, September 8, the Board of Directors of the Club will meet at the club house.

## The Junior Cook

By MOLLY GAVIN

Now that vegetables are cheaper than they will be for some time everyone should try to use them as often as possible. Here is a recipe for a vegetable sandwich which is new and appetizing:

**Green Vegetable Sandwich**

Pass tender raw carrots, crisp celery, green peppers, a small mild onion and tender cucumbers through the meat grinder. Mix with mayonnaise dressing and spread between thin slices of white or graham bread that has been buttered.

DO YOU KNOW THAT:

Prices are cheaper now than they will be later and it is the economical woman who will take advantage of the present situation by preserving and canning as much food as possible? The large Molly Gavin cookbook, bound in a pretty blue and white washable cover, contains an entire chapter on preserving and canning. It will be sent to any address for $1.00 postpaid.

The "Preserving and Canning" pamphlet contains many excellent recipes. It is yours for five cents a copy (handling charges).

A new circular has been prepared for our readers this week, containing numerous appetizing and economical recipes. It is entitled "Corn Recipes." With your request enclose a three-cent stamp. Address: Molly Gavin, 1312 Massachusetts Ave., N. W., Washington, D. C.

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It is easy to form the habit of washing the tray from under the burners of the gas stove once a day after the dishes are done. Then hard crusts will never form from food that has cooked over and the stove will always have a neat, clean appearance.

## SODALTALK

Recording the Activities of Rochester Parish Sodalities Union

Special delivery has just arrived from New York bringing greetings and news from the New York Summer School of Catholic Action. Miss Anne Brennan was our correspondent at the Summer School. We expect to hear great tales about it when she returns. Miss Brennan is a member of the National Parish Advisory Board.

Here is a bit of the Summer School for you. Father Lord writes in his kind and friendly way. "When the twenty-eight Rochester delegates arrived at the New York Summer School of Catholic Action, we knew the School was a success. All the pep and spirit and enthusiasm of Rochester is with us, and we are only sorry that the big group we met at the Rochester Convention is not all here. Greetings from the School to Rochester which sends us one of our finest delegations."

We are thinking seriously of framing the original of that greeting. With the responsibility of the summer school resting upon him and with a thousand things to do, wasn't it just like him, in spite of all that, to remember those who could not attend and wish that all might have been able to be present? We console ourselves with the well-known phrase "They also serve who only stand and wait."

Miss Dorothy J. Willmann also sends us a message: "The Parish Department of the S. S. C. A. sends greetings to Rochester where such exemplary, alert and spiritual Sodality work has been done."

Father Le Buffe, Eastern Representative, was heard to remark "By the attendance of religious, such as priests, nuns, brothers and seminarians, supported by the splendid delegation of lay people at the Summer School of Catholic Action from Rochester, true Catholic Action is carried on through the Sodality."

Father Roger Lyons writes: "The faculty of the Summer School of Catholic Action was delighted to learn that Rochester had sent a large and interested delegation of Sodalists to the Summer School. It clearly indicates the interest of the Rochester Union and gives promise of greater success for Sodality activities during the coming year." Father Lyons is director of sodality activities in the high school department.

The Rev. Robert J. Fox, Director of the Rochester Parish Sodality Union, gives us a little glimpse of the Summer school in his portion of the "Round Robin."

"The Third Summer School of Catholic Action began this morning. The Rev. Francis P. Le Buffe, S.J., the eastern representative of the Sodality of Our Lady, introduced the Rev. Daniel A. Lord, S.J., the National Director, who gave the first lecture. The subject for the first lecture was "The reasons for the Catholic Church's program of Catholic Action."

"About three hundred and fifty students, including priests, nuns, college and high school students and members of parish sodalities were present. This year the majority of those attending the School are priests and religious. To my mind this is a very significant fact, for it is palpable proof of the growing interest in Catholic Action, and the Sodality movement. Priests and nuns are the logical persons from whom people expect intelligent leadership and it is very intelligent leadership that so many are taking advantage of this means of informing themselves about Catholic Action, its scope and practical application to the individual Catholic.

Wednesday morning the Rev. Robert J. Fox, Diocesan Director of the Sodality of Our Lady celebrated the Mass which marked the formal opening of the Third Summer School of Catholic Action. This Mass was said in St. Francis Xavier Church, the whole student body attending.

And so runs the story from New York. Of the Central Office staff the Rev. Daniel A. Lord, the Rev. J. Roger Lyons, the Rev. George A. McDonald, Father Heeg, Father Eliard, Miss Dorothy J. Willmann, Miss B. Wolff, Miss M. Prendergast, Miss Stalksmith, are present.

To continue the litany of names, we include the names of the Rochester delegation of which we are terribly proud. The Rev. Robert J. Fox, Diocesan Director of the Sodality; the Rev. Leo C. Mooney, Diocesan Director of the Propagation of the Faith; the Rev. Benedict A. Ehmann, professor of English at St. Andrew's Seminary; the Rev. Norbert A. Wagner, chaplain at Nazareth College; the Rev. Francis Feeny and the Rev. William Ayers, assistant pastors of Blessed Sacrament parish; the Rev. Robert Fennessy, assistant pastor of St. Mary's, Auburn; the Rev. Francis Kleeliammer, assistant pastor of St. Andrew's Church; and Mr. John S. Whalen, student at St. Bernard's Seminary; Sister M. Joseph Mary, Nazareth College; Sister M. Rose Angela and Sister M. Consuella, Sisters of St. Joseph, Nazareth Academy; Sister M. Adelaide and Sister M. Florence, Sisters of Mercy, Mercy High School; Miss Dorothy Hall, Mercy

## Rochester Diocesan Council of the National Council of Catholic Women

Office: 1020 Columbus Civic Center, 50 Chestnut Street

Those of our members who attended the pilgrimage at the Martyrs Shrine will appreciate the following poem which appeared in The Auriesville Pilgrim:

CATHEDRAL OF THE WOODS
Auriesville Review

The walls are lapestried with young fresh leaves,
The hedges send up incense, row on row;
In organ-loft of boughs the wood-birds choir
The praises of the dead who sleep below.

Through pillared aisles of trees the sunbeams glide
The altar's carpet at the long day's close;
Mosses and last years leaves are altar cloth,
Beneath, the Relics every altar knows.

In silent nave no worshipper is nigh,
And all the prayer is prayed by growing things,
Bees in the hearts of flowers that fringe the sod,
And all a prayer the whirring of soft wings.

Burned out the tapers at Our Lady's feet,
Spent, like the lives of three who loved Her Son;
Behold, O Mother, these, thy martyred ones!
Behold thy Mother, Isaac, Rene, John!

—Mabel A. Farnum.

The accounts of successful conventions among our Catholic organizations give evidence of a courageous sacrifice which will not fail in the hour of challenge to our Christian forces. Our National President, Miss Mary G. Hawks, calls upon this spirit, upon our realizations that here and now we must, as Catholics, unite to meet the opportunities of the times to make the N.C.C.W. Convention an unprecedented meeting.

This will be the Thirteenth Annual Convention of our national organization. It will be held in St. Paul, Minnesota, October 7 to 11, 1933. Please register at our Diocesan Office as soon as possible if you think going. All Catholic women are cordially invited and earnestly urged to attend.

Save the old blankets for pressing for the ironing board. There is nothing that can take their place. Wash them and then tack firmly over the board. Over this stretch a piece of unbleached muslin and you have the finest ironing surface possible.

## Household Hints

Wrap leftover pie crust and pastry in a damp napkin, or cheesecloth wrung out of cold water, and place it in the refrigerator. It will keep for a week or more.

Instead of grating onions for onion juice, cut the onion in half and press it through the lemon squeezer; the juice will be of better flavor and no tears will be shed in the operation.

To make a slice of ham exceptionally tender, soak it in milk over night. In the morning wipe it dry and dip it in flour before frying.

Never sprinkle pongee. Roll in a towel while wet and iron while damp.

Keep knitting needles and crochet hooks in a box with plenty of powdered starch. They will not rust.

High School; Misses Margaret Larkin, Ruth Webber, Bernadette Welch, Doris Ransom and Margaret Hendricks, Nazareth Academy; Misses Margaret Blumerick and Winifred Murphy, Nazareth College; Misses Eva Heuer and Anne Brennan, member of National Parish Advisory Board, SS. Peter and Paul parish; Miss Ruth Ehmann, St. Boniface Parish; Miss Catherine Wendelgass, St. Andrew's Parish; Misses Marion Luckett and Florence Dempsey, Blessed Sacrament Parish.

As ONE WOMAN TO ANOTHER

By SUZANNE

THE SEASON of entertaining is just around the corner. Make your reservations now at Crissy's Tea Room, 232 Chili Avenue (Opposite Rugby Ave.) for your bridge luncheons. No charge for cards, tables and score cards. Luncheon can be had for as low as 35c per person. They also feature a Sunday dinner from 1 to 7 p. m. of steak or chicken for 60c.

WHEN BATHING the baby during the hot summer months, add a little baking soda to the water to remedy prickly heat.

DON'T EVER be without candy in the house particularly if guests are expected. Odenbach's Week-End Box is a great favorite with Suzanne. It is only 49c and contains an assortment of delicious homemade candies, made in Odenbach's own candy kitchen. It makes a big hit with everyone. Odenbach's Coffee Shoppe, 19 Clinton Ave. South.

BE YOUR OWN interior decorator! Start by purchasing one of the new, white alabaster lamps featured by Howe & Rogers Co., 89 Clinton Ave. S. The lamps are an urn shape and come complete with a 15-inch hand-tailored shade for $11. "Striking" is the word that describes their effect. Also to be had in porcelain, lennox china and wood.

SOME FASHION NOTES: Hem lines about the same as last season,—just below the calf. Skirts are straight with little or no flare. Shoulders accentuated. Leading materials are, velvet and satins, with wools playing a close third and black is the present outstanding color.

THE DOG DAYS are over, and has my appetite returned! But Fridays were still a problem until the other day I discovered that the Nook Restaurant, 14 Gibb Street were serving that famous New England clam chowder on the 6th day of the week. It's good!

ARE YOU MAKING any money? Whether or no, you can't afford to miss Tatlock's Laundry blanket special. Two for the price of one is the idea. To have two single cotton blankets washed with a guarantee costs you only 30c, two doubles will be 60c. For 75c two double woolen blankets can be washed, for 50c two single woolen. Call Main 3291.

TO REMOVE the odor of onions from knives that have been used in cutting onions rub them off with a damp cloth, then rub thoroughly with salt and wash well with warm water.

NOW THAT your ship is safely anchored in the harbor, after battling with the sea of depression these last four years, it is time to get out your binoculars and give your house the once over. You'll find that your living room is in a sad state, so call H. J. McGuire and have it done over. Simple, isn't it? He has the latest samples and knows what's what in the upholstery line. Call Glen. 1325W.

CANDY—You don't know what you've missed if you haven't tried some of Colebrook's Colonial Chocolates. (Also assortment of chocolates and bon bons, milk and dark chocolates assorted, or all dark chocolates.) Visit the Colebrook Candy House, 413 State Street and be tempted.

"THIS IS my own, my native land." The man without a country is no worse off than a woman without a new fall dress. Elinor's Dress Shop, 527 Chili Avenue (Near Thurston), has the new satins, wools, sheers and travel crepes at $6.95 and $10.95. Get yours early for you miss a lot by delaying. Open evenings.

GOOD FOOD is an aim that all eating places strive for, but not all attain. The Columbus Civic Centre Dining Room however, has reached and surpassed its goal. Come in for dinner some noon. 4th Floor, Columbus Bldg., 50 Chestnut Street.

FOR YOUR NEW fall chapeau, go to the Genesee Millinery, 170 Genesee Street (Near Bronson). They have all the smart styles in both brims and close fitting hats. A wide selection in black, brown or eel grey available at $1.85. Open evenings.

THE ARBITER

*Do the fine points of social usage ever puzzle you? Perhaps SUZANNE can help you. If you wish her advice on matters of etiquette, address your inquiries to her in care of this column.*

Is it necessary to send invitations to the men and women who will take part in my bridal procession—for instance, the ushers and bridesmaids?

Although invitations are not exactly necessary, it is more courteous to send them.

Do service plates remain throughout the dinner, or are they removed after the first course is served?

Service plates are removed, ordinarily, when the entree is served. It is at this point that warm plates are placed before each guest for the meat course.

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Last fall the Liturgical Arts Society—a national, non-profit making, Catholic society of America's leading church artists, architects, and craftsmen—published the first number of *Liturgical Arts*, a quarterly which has been welcomed by all who as the most beautifully printed and illustrated periodical in America, Catholic and lately have hastened to acclaim each succeeding issue as a magazine of whose existence we should be proud as Catholics. Praise from the pens of prominent men has come to us not from the Catholic; and the universal response, including words that appear at the head of this advertisement from the letter of a Catholic reader.

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