

Supreme Council L. C. B. A. Declares Convention Here Greatest In History

Declaring the fifth quadrennial and sixteenth convention of the Supreme Council, Ladies Catholic Benevolent Association to be the "greatest in the history" of the L. C. B. A., delegates completed the business of the convention on Thursday afternoon. The convention was in session from Tuesday morning to Thursday afternoon.

The Committee on the above Resolutions wish to extend congratulations to every one who has in any way contributed to the success of this Convention, which we feel is the greatest in the history of the Ladies Catholic Benevolent Association.

FRATERNALLY SUBMITTED,
KATHERINE STANTON Br. 312
ELIZABETH J. SHEA Br. 1017
MARGARET FORREST Br. 502
Committee on Resolutions.

How and What To Serve Hints For the Housewife

Home canning is the best means of providing a sufficient supply of vegetables and fruit during the winter months in localities where markets are not easily accessible or the price of fresh products is high. For those who do not have gardens and orchards the farmers' roadside stands and home markets afford excellent opportunity to buy fresh fruit and vegetables in season at surprisingly low cost. Canning saves money, labor, time and energy.

The preservation of food is important for many reasons. It provides a method of equalizing the food supply from season to season or from year to year, and thereby helps to stabilize prices. It makes it possible to transport foods more easily for long distances so that the surplus products of one locality may be used to supply other localities where there is a shortage. It also provides a more varied, healthful and appetizing diet.

The increased uses of fresh and canned fruits and vegetables during the winter months does away with the need for a spring tonic. Many cases of undernourishment or disease may be traced to a too restricted diet. It prevents waste of perishable foods by providing a method by which they may be kept for future use.

Food spoils because everywhere, in the air, soil and water, and on everything we use, there exist tiny plants or organisms known as bacteria, yeasts and molds, which are so small that they can be seen only with a microscope. For this reason they are often called micro-organisms. When these organisms are allowed to grow in or on food they cause spoilage. If they can be destroyed, others form spores which are more resistant.

Currant Jelly
Select firm fruit, wash it thoroughly, and remove the leaves but not the stems. Crush the fruit to start the juice and then heat it quickly. Cook, stirring constantly, from five to eight minutes until the skins of the fruit are white. Strain through a thick cloth or three or four thicknesses of cheesecloth. Do not squeeze the bag, but press tightly to start the flow of juice as it cools. To each cup of currant juice add 1 1/4 cups sugar. Stir until the sugar is dissolved, then bring quickly to the boiling point in a pan large enough to allow the juice to boil rapidly. Currants have so much pectin that as a rule just boiling up once will give the jelly test; that is, the juice will sheet from the spoon. Remove the juice from the fire as soon as the jelly test is reached. Have ready hot sterilized jelly glasses and after removing the scum pour the jelly carefully into the glasses, taking care that the jelly does not drop on the inside of the glass near the top. Cover the glasses with cheesecloth. When the jelly has set cover with paraffin, rotating the glass so that a rim of the paraffin reaches the top of the glass. When this layer has hardened pour over it another layer of paraffin. Cover with the jelly glass tops or with paper. Label, and store in a cool place.

Women's Federation Sets Sausage Roast Tuesday
The Catholic Women's Federation will hold a sausage roast and picnic at Grounds No. 1 at Ontario Beach Park, Tuesday, July 25. Members and friends are invited to attend. Free coffee will be given adults with lolly pops and peanuts for the children. Races for all are on the sports program. Mary T. Klos is chairman in charge.

There is no wood more proper to enkindle and feed the fire of divine love than the wood of the cross. — St. Ignatius Loyola.

A man's extravagance may impoverish him but enrich someone else, showing profit and loss in one's transaction.

He who thinks his place below him will certainly be below his place.

Flower Day Party Held at St. Anne's Home For Aged

The third annual Flower Day party given the residents of St. Anne's Home For the Aged by the Independent Group Club Women was held Friday and proved a decided success.

Under the direction of Mrs. Walter B. Fogarty, general chairman, gifts were presented the 129 women and 39 men living at the home in addition to the nuns and general staff. Mrs. Carl Odis and Mrs. James White directed musical and dramatic entertainment.

Rochesterians Cruising On Great Lakes Trip

The following Rochesterians are cruising on the Great Lakes aboard the steamship Juanita of the Great Lakes Transit Company: Mr. and Mrs. W. H. Donnelly; Anne Donnelly; William Donnelly; Emma Prendergast; Mr. and Mrs. Gerhard Haase and Mr. and Mrs. Thomas H. O'Connor.


Better do humble work and keep busy than be idle and dream of great tasks, and never accomplish them. Keep doing something useful.

"Better a law without love than a love without law." — Ben Hur.

Rochester Diocesan Council

National Council of Catholic Men

DEAN CITIES
Rochester
Geneva
Canastota
Auburn
Elmira



CATHOLIC HOUR
Nation-wide Broadcast

By FREDERICK J. MIX
President, Rochester Diocesan Council, N. C. C. W.
The Monthly Bulletin of the N. C. C. W. just received carries some important items of interest to all admitted societies.

Dr. Thomas E. Purcell, L.L.D., National President, has just received a distinguished honor in his appointment as dean of the School of Dentistry at St. Louis University.

This is one of the largest and finest dental schools in the country, and may be gathered from the fact that, on the average, over 400 patients a day are treated in its clinic.

Dr. Purcell was a member of the faculty of Kansas City Dental College for many years, and was for fifteen years head of the Missouri State Dental Examining Board.

The knighthood of the Order of St. Gregory was conferred upon him several years ago by the Holy Father.

A microphone was also placed by the local station KATZ. On the backwalk a large sign was showing the various pictures throughout the country. Pictures of the speakers of the Paulist Chorists, and of our announcer, John F. Young, who had just received the honorary degree of doctorate of laws.

The Catholic Knights Guild of Washington, D. C., has lately picked up some very live competition. The guild's permit for speaking in Franklin Park runs from three to five o'clock.

Exactly at five o'clock each Sunday, when the Guild speakers have finished, some gentlemen who seem to be a true lance evangelist take over the crowd already gathered by the guildmen and proceed to expound in the good old evangelist style.

And what is more he and a number of other men, who may or may not be associated with him, come early in the morning to the Guild speakers. The Guild speakers, however, report that the evening addresses of their competitor serve only to show that more striking relief the reasonable mass of the Catholic position as simply and dispassionately stated by themselves.

The six addresses on the Church and the Guild given by Reverend Doctor Paul Hanly Purley, are now

NOW... WE ARE READY TO ANNOUNCE

AN OFFICIAL PLAN FOR INCREASED CIRCULATION

FOR 18 MONTHS the CATHOLIC COURIER has been in the throes of reorganization, carrying toward realization the plan of the late Bishop O'Hern that this newspaper should be . . . and must be . . . worthy of its designation as the official diocesan newspaper, and worthy of the attention and support of the Catholic public throughout the Rochester Diocese.

REORGANIZATION has meant complete revision of every phase of newspaper production . . . new policies, new principles, new methods. The editorial and news content of this publication has been raised to a consistently high level. Type and printing have been improved to lend a distinction in character with the reading matter. Business procedure has been standardized to conform with sound ethical principles.

NOW THE GOAL is in sight! This newspaper has been remade, new in everything but its name. And already that name connotes a new force in the ranks of the Catholic Press, gaining national as well as local recognition.

NOW WE CAN look up from our task of carrying on toward an even greater improvement to say: "Here is an exceptional Catholic newspaper. It lacks but one element for complete success — increased circulation. Without more readers our usefulness is limited and our problems multiplied. The CATHOLIC COURIER is your official diocesan newspaper. It is readable, informative, and a unique source of authoritative Catholic news. We need you as a regular reader of every issue!"

- "ONE OF THE BEST Catholic newspapers that comes to my desk . . ." says the Business Manager of "America," a national publication.
- "THE BRIGHTEST SPOT in the Catholic Press field," says a national leader in Catholic journalism.

BELGIAN BISHOP VISITS SCENES OF REPORTED APPARITIONS

Brussels.—(N.C.W.C.) — The administration of the Sacrament of Confirmation has been the occasion for a visit of the Most Rev. Thomas L. Heylen, Bishop of Namur, to Beauraing, scene of the reported apparitions of the Blessed Virgin to five children of the town.

Albert Volain, one of the children who have reported seeing the apparitions of the Blessed Mother, was a member of the class confirmed by His Excellency.

Bishop Heylen has granted permission for the erection of a church on the spot where the children declare that they saw the apparitions.

His Excellency also has authorized Father Lambert, Beauraing pastor, to be present as the children recite the Rosary every evening on their knees near the tree where they say the apparitions occur.

Catholic Courier

OFFICIAL NEWSPAPER OF THE ROCHESTER DIOCESE