

Our Lady of Perpetual Help

Devotions

THE MEANING OF THE PICTURE



By THE MOST REVEREND GERALD MURRAY, D.D.

Editor's Note: This article in the series appearing exclusively in the Catholic Courier...

The picture of Our Lady of Perpetual Help is to be found in so many Churches and private homes that its details have become familiar to millions of Catholics.

Our Lady holds her Divine Son, while the Archangels Michael and Gabriel appear to Him, bearing the instruments of His Passion.

Why has this picture of the Blessed Virgin and Child been given the title of "Our Lady of Perpetual Help"?

The Infant Jesus, in danger, nestles close to His Mother's heart.

Christ is our Model. Mary is our Mother. We, her children, are always in spiritual peril.

Why have we ever in danger—and we are—ever an ever-present guardian, powerful and kindly. The Mother

The Catholic World Over

(Continued from Page 1)

he had intended to make this year. The unprecedented influx of conversions, which began after the defeat of the communists last summer, is still taking the personal and resources of the Hanyang missions to the utmost.

Patna, India.—(NCWC—FIDES)—A Hindu, Shri Ram Nath Suman, has translated the first three books of the "Imitation of Christ."

Dublin.—(NCWC—The State radio station here is arranging with the Vatican City radio station to have relayed broadcasts of ceremonies held in connection with the visit to Rome of the Irish National Pilgrimage in celebration of the Extraordinary Holy Year of Jubilee.

Jena, Thuringia.—(NCWC)—The latest step taken in optical instrument construction will be demonstrated by the world-famous firm of Carl Zeiss here when it outfits the new Vatican Astronomical Observatory in Castelgandolfo, near Rome.

Rio de Janeiro.—(NCWC)—Now that revision of the Constitution is under consideration in Brazil, a group of 700 teachers and outstanding Brazilian intellectuals, headed by Dr. Fernando de Magalhães, are urging that the Constitutional Commission include in the proposed draft that "religious instructions are declared obligatory in the official schools."

Ottawa.—(NCWC)—The Customs Division, Department of National Revenue, has issued a circular to its collectors, Memo. No. 632, prohibiting the importation into Canada of two publications entitled "Film Fun" and "Calgary Eye-Opener," and prohibiting also the importation of the plates, films and other materials for the production of the Canadian edition.

Chicago.—(NCWC)—Construction of Chicago's first "penthouse" rectory has been begun. It is to occupy a part of the roof space of St. Adrian's combination church and school building. Saving ground space and economizing in construction costs prompted the pastor to make this departure in church architecture.

He who truly loves his neighbor and cannot efficaciously assist him should strive at least to relieve and help him by his prayers.

New Books

Regis College Review Service Denver, Colorado

CHRISTENDOM IN DUBLIN. By G. K. Chesterton. Sneed and Ward, N. Y. 1933. \$1.00.

This is a magnificent sketch of the glorious pageant of religious faith as it passed in review before any observer at the Eucharistic Congress held in Dublin last June.

To minds like that of Chesterton, the full significance of the Eucharistic Congress must be manifest. He stresses the appropriateness of the choice of Dublin for the congress and suggests that Ireland has a wonderful mission for the future.

LIVING TEMPLES. By Dele Jarrett. O. P. Kenady. 1931. \$1.00. For young men and growing boys, this little collection of easy compositions will be most helpful.

THE CHURCH IN THE SOUTH AMERICAN REPUBLICS. By Edwin Ryan, D.D. (Science and Culture Series). Bruce. 1932. \$1.50. The laudable purpose of this scholarly and instructive little volume is to present to an ever increasing number of readers interested in Latin America an accurate, authentic, and up-to-date survey of the history of the Church and its powerful influence in social circles in the southern hemisphere.

With laudable clearness and accuracy, the author compresses into comparatively few pages a great deal of historical data, alive with interest and romance. He analyzes the present condition of the church and from trends perceptible everywhere is able to forecast a rather optimistic outlook for the future.

HOURS OFF. By Daniel A. Lord. S.J. Queen's Work Press. 1933. \$1.00.

With his usual power of analysis and irrefragable charm of expression, Fr. Lord explains in this magnificent pamphlet the wonderful results of the proper use of time—the inevitable moments of joy and leisure. The amount of our free time grows from day to day. What weight of inestimable value enriches the moments we so thoughtlessly waste.

BY POST TO THE APOSTLES. By Helen Walker Homan. Minton, Bach and Co. 1932. \$2.50. This collection of fourteen playful, simple charming studies of the characteristics of the apostles, cast in the form of open letters addressed to the apostles themselves, makes delightful reading. Among Christian heroes the apostles, called, trained and sent on their mission by the Divine Master Himself, have a special claim to our regard and affection.

Prayer lends Heaven to earth; the supplications which the latter sends up to the former will bear in a soft dew to refresh hearts parched by the burning breath of affliction.

How and What to Serve

Hints for the Housewife By Molly Green

During the spring the atmosphere is filled with excitement over weddings and graduations which call for showers, luncheons, receptions or teas.

Cakes suitable for the spring and summer luncheons or teas are light and spongy. They may or may not be frosted. A pretty rose colored frosting made with the juice of strawberries or raspberries is appropriate for serving the month of May or June, although when the color scheme is yellow and white a yellow sponge cake can have white frosting or a coating of powdered sugar.

To mix sponge cakes, separate the yolks from the whites of eggs. Beat yolks until they are thick and lemon-colored, then add sugar gradually, beating constantly. Add favoring, beat whites until stiff and dry and add to yolk mixture. Mix and beat four baking powder and salt. Add oil and fold in egg mixture. If water or milk is used beat it with the yolks of eggs. Do not beat sponge cake batter after folding in the flour or you will beat the air out of the batter.

Genuine sponge cakes do not contain powder or any other rising ingredient. The beating of air into the yolks and whites of the eggs and the expansion of that air when baking is what makes a cake light and spongy.

When cool cut in dainty small pieces for serving with ice cream, berries, cream, delectable or tea.

Sponge Cake Yolks 4 eggs 1 cup sugar 1 tsp. lemon juice 1 cup flour 1 cup milk 1 cup oil 1/2 cup salt

Beat yolks until thick and lemon-colored, add sugar gradually, and continue beating, using egg-beater. Add lemon juice, rind, and whites of eggs beaten until stiff and dry. When yolks are partially mixed with oil and fold in flour mixed and stiffened with salt. Bake one hour in a slow oven. In a buttered angel-cake pan or deep narrow pan.

Sponge cake contains no rising properties, but is made light by the quantity of air beaten into both yolks and whites of eggs, and the expansion of that air in baking. It requires a slow oven. All so-called sponge cakes which have the addition of soda and cream of tartar or baking powder require some oven temperature as butter cakes. When mixtures are made in sunshine and in a hot oven, they are usually traced to baking in too slow an oven, and removing from the oven before thoroughly cooked.

Hot Milk Cake 2 well-beaten eggs 1 cup sugar 1 cup flour 1 tsp. baking powder 1/2 cup hot milk 1 tsp. vanilla 1/4 tsp. salt

Beat eggs and add sugar. Beat thoroughly. Add flour mixed with the salt and baking powder. Add hot milk and vanilla. Stir until smooth. Bake in a greased and flour-dusted cake pan for 35 minutes in a moderate oven. Turn out of pan. Cool and ice with banana filling.

Former Nazareth Academy Socialists in Religious

Nazareth Academy socialists were pleased to read in last week's "Catholic Courier" of the religious reception in the Sisters of St. Joseph of the following former Academy socialists:

Catherine Quigley in religion Sister John Joseph; Genevieve Schaeffer, Sister Marie Alice; Marjorie Rockwood, Sister Mary Benedicta; Dorothy King, Sister Mary Edwin; Rose Penman, Sister Marie Rene; Lucy Lynch, Sister Mary Ida; Monica Schaeffer, Sister Marie Ursula.

Word has also come to the academy of the first profession in the Missionary Sisters of the Divine Child, Buffalo, New York, of Lena Vernehl, Sister Mary Anthony, an active socialist of 1930-1931.

Annunciation Church Card Party on May 19

The second after-Easter card party for the benefit of the Church of the Annunciation, Norton Street near North Goodman, will be held in the Church Hall on Friday evening, May 19, at 8:30 p. m. The Rev. George Weikmann, pastor, invites all friends of the mission to attend.

Bridge, pinochle, five hundred and dominoes will be played. Prizes will be awarded and refreshments served.

NAME VIADUCT FOR PULASKI

Trenton, N. J.—(NCWC)—The New Jersey City Viaduct will be named for General Pulaski, according to a bill passed by the Legislature and signed by Governor Moore this week. The viaduct will be known as the General Pulaski Skyway.

JAILED FOR CHURCH SLANDER

Dessau, Germany.—(NCWC)—The playwright Franz Bauer, was sentenced to one year and nine months in prison by the Court of Aldermen here because he presented a play for the Socialist Young Men's Association allegedly meant to slander Christian domination.

Rochester Diocesan Council of the National Council of Catholic Women

Office: 1020 Columbus Civic Center, 30 Chestnut Street

We would again remind our members that on Saturday, May 13, Mary's Day will be celebrated for the sixth time. As usual, it is the Saturday directly before Mother's Day.

Our members are also reminded that the first annual convention of the Sodality Union is to be held on Sunday, May 14, at the Columbus Civic Center. Rev. Robert J. Fox, diocesan director of the Union, is honorary chairman, with Miss Helen Guntart, president of the Sodality Union as general chairman of the committee in charge of arrangements.

The lecture by Rev. Francis P. LaBue, S. J., on May 21, under the auspices of the Rochester Diocesan Council, will be given in the ballroom of the Columbus Civic Center. The subject of the lecture will be "Catholic Evidence." The committee in charge, headed by the Rochester Diocesan President, Miss Cecilia M. Yawman, is as follows: Mrs. Louis A. Whalen, Mrs. Wm. H. Rosenbach, Mrs. H. F. Rockwell, Mrs. F. J. G. Connor, Miss Alice Kirk, Mrs. Teresa Ganster, Mrs. M. J. Lucea, Miss Kathleen O'Holler, Mrs. F. H. Hall, Miss Katherine Decker, Miss Elizabeth Roby, Miss Margaret Wickham, Mrs. M. H. Keogh, Miss Kate Connolly, Miss Ann Fisher, Mrs. Richard Fitz Harris, Mrs. Agatha Luther, Mrs. Austin J. King, Mrs. Catherine M. Schwarz, Mrs. Elizabeth Dean, Mrs. Geo. Wm. Finagan, Mrs. James J. Tighe, Miss Elizabeth Kross, Mrs. Leo Prater, Mrs. Martin Wahl, Miss Mary Jennings, Mrs. Wm. Moynihan, Mrs. Arthur C. Proser, Mrs. John M. Foley, Mrs. John McFarlin, Miss Martha Ernst, Miss Anne O'Donoghue, Mrs. Arthur Ross, Mrs. J. A. Coppinger, Mrs. Walter McKittrick, Miss Mary Moran, Mrs. Leo F. Simpson, Miss Louise Myers, Mrs. Beckman G. Little, Mrs. Louis Langie, Mrs. E. J.

Rooney, Miss Eva Schreiner, Mrs. Emily O'Donnell, Miss Miriam Prohaska, Mrs. Richard Kalk, Mrs. Frank Keogh, Mrs. Alice C. Dolan, Mrs. Geo. J. Hall, Miss Florence Miller, Mrs. Laura Schilling.

These lectures will be given in all places and will not fail to provide the most important things.

The speaker prepared and made in prayer the greatest of men in his profession.

When the man who declares he doesn't believe in a heavenly God is inclined to use swear words during a bad storm.—The Catholic News.

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Household Hints

If you are tackling the papering by yourself and strike a section of wall where the plaster is loose, paste a piece of white cotton cloth over the bad place before apply the paper. The wall will then be as solid as if replastered.

If you have a quantity of gasoline left over after cleaning your garments, strain it through filter paper and return to the can. It will be clean and can be used when the next occasion arises.

When you bake apples again add a few red cinnamon candies. It makes them so colorful and adds to the flavor as well.

The juice of a lemon added to the water when broasting roast lamb will greatly improve the flavor. Baked beans will be more attractive and digestible if a teaspoonful of ginger is added to them before baking. Should you break a jar or bottle containing liquid in opening it, fasten a piece of absorbent cotton over the end of a funnel and strain the liquid through it; the cotton will catch any tiny pieces of glass and make the liquid safe for use.

To keep a perfect polish on the dining-room table or other furniture, rub it every three days with a mixture of equal parts of olive oil and turpentine, apply with flannel cloth.

Before putting away the baby's woollens for the summer soak them in gasoline; when dry, fold and place them in a paper bag until needed for winter use. This destroys all germs and they will be unharmed by moths.

The Junior Cook

By MOLLY GAVIN

I think there is nothing more delicious or prettier than a Strawberry Shortcake. To my mind it is easier to make than cake, and less expensive. The whole secret of making good shortcake is in handling the dough, which should be as soft as possible. The following recipe will be exceptionally good.

NEW ENGLAND SHORTCAKE 2 cups sifted flour 1/2 tsp. salt 4 tps. shortening (lard, butter or substitute) 3 tps. baking powder 1 tsp. sugar About 2/3 cup milk or 1 or 2 tps. less of water.

Sift together dry ingredients cut in shortening and mix lightly with milk or water until like biscuit dough. Divide in two equal portions and pat each into a sheet about 1/2 inch thick. Spread melted butter on top of lower layer and then place on top layer. Bake in a shallow pan. Or, cut the dough, after patting out, into rounds as for biscuit, placing two rounds upon each other separately by a thin layer of butter. Bake in a hot oven 12 or 15 minutes. Separate layers and spread with well-sweetened berries. Serve with whipped cream. All kinds of berries and fruits may be used with this shortcake.

DO YOU KNOW THAT:

At this particular time of year many socials are being planned? Since cake is served on almost every occasion a free circular has been prepared for our readers. It is called "Cakes." With your request enclose a three-cent stamp. The pamphlet "Salads for All Occasions" may be had for five cents (handling charges). The large Molly Gavin Cookbook which has been prepared especially for Catholics and is the only book of its kind published, may be had for \$1.00 postpaid. Address: Molly Gavin, 1312 Massachusetts Ave., N. W., Washington, D. C.

Vigil

He stared through his window at the man in the moon. And watched small stars play hide and seek;

He winked at the faces on the wall Through the lonely tears trickling down his cheek.

He tossed to and fro in his little bed; In the lonesome silent night he cried;

For, you see, he was but a little boy— He was just six when his mother died.

—Margaret Behan. Nazareth Academy '34.

The truth that is not charitable comes from a charity that is not true.

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